

Behavioral Health Training Partnership
Asynchronous (Self-Paced) Community Recovery Services (CRS) Orientation Course

Module 1: Overview of CRS and ForwardHealth Updates 2010-94 and 2018-17: 1:20:03

[Fulfills #1 A review of ForwardHealth Updates 2010-94 and 2018-17 in CRS DCTS Action Memo 2018-10]

Chapter 1 – CRS Overview	10:10
Chapter 2 – CRS Services	06:00
Chapter 3 – CRS Enrollment	05:31
Chapter 4 – Documentation (Periodic Progress Notes)	32:40
Chapter 5 – Critical or Non-Critical Incident Reporting	13:06
Chapter 6 – Provider Training	06:18
Chapter 7 – Quality Assurance Processes	06:18

Module 2: Client Rights and Confidentiality: 6:55

[Fulfills #4 and #5 training topics in CRS DCTS Action Memo 2018-10]

Module 3: Recovery Concepts and Principles: 28:17

[Fulfills #7 “The Substance Abuse and Mental Health Services Administration’s Recovery Model” topic in CRS DCTS Action Memo 2018-10]

Chapter 1—10 Guiding Principles of Recovery	12:12
Chapter 2 – Recovery Oriented Systems of Care	16:05

Module 4: Trauma Informed Practice: 55:19

[Fulfills #7 “Trauma-Informed Care” topic in CRS DCTS Action Memo 2018-10]

Chapter 1—Introduction to Trauma Informed Practice	6:02
Chapter 2—Types of Trauma	8:41
Chapter 3—Prevalence of Trauma	4:08
Chapter 4—Impact of Trauma/ACES	17:33
Chapter 5—Impact of Trauma on the Brain	10:05
Chapter 6—Trauma Informed Practice	3:32
Chapter 7—Trauma Informed Systems	5:17

Module 5: Person-Centered Planning: 1:20:01

[Fulfills #7 “Person-Centered Care and Planning” topic in CRS DCTS Action Memo 2018-10]

Chapter 1—Person-Centered Planning	30:45
Chapter 2—Writing the Plan	17:28
Chapter 3—Goals, Objectives, and Interventions	31:48

Module 6: Psychosocial Rehabilitation: 13:50

[Fulfills #7 “Empowerment in mental health services” topic in CRS DCTS Action Memo 2018-10]

Mental Health Overview:

[Fulfills “#6: ...current knowledge about mental disorders, substance use disorders...” topic in CRS DCTS Action Memo 2018-10]

Module 7: Schizophrenia: 39:04

Chapter 1—Overview	7:17
Chapter 2—Anti-psychotic medications	13:12
Chapter 3—Other Treatment Approaches	10:09
Chapter 4—Crisis Considerations	8:26

<u>Module 8: Affective Disorders:</u>	46:12
Chapter 1—Intro to Affective Disorders	12:59
Chapter 2—Treatment of Depression	11:55
Chapter 3—Treatment of Bi-Polar	11:56
Chapter 4—Crisis Considerations	8:26
<u>Module 9: Anxiety Disorders:</u>	19:14
Chapter 1—Introduction	2:11
Chapter 2—Panic Disorder	7:30
Chapter 3—Phobias	5:58
Chapter 4—General Anxiety Disorder	3:35
<u>Module 10: Personality/Borderline Personality Disorder:</u>	45:39
Chapter 1—Intro to Personality/Personality Disorder	16:03
Chapter 2—Treatment Considerations	20:42
Chapter 3—Crisis Considerations	7:54
<u>Module 11: Trauma and Stressor Related Disorders:</u>	23:17
Chapter 1—Trauma and Stressor Related Disorder	2:17
Chapter 2—Acute Stress Disorder	2:21
Chapter 3—Post Traumatic Stress Disorder	7:23
Chapter 4—Adjustment Disorder	2:45
Chapter 5—Reactive Attachment Disorder	4:28
Chapter 6—Disinhibited Social Engagement	4:03
<u>Module 12: Obsessive Compulsive Disorder:</u>	7:17
<u>Module 13: Substance Use Disorders:</u>	38:10
Chapter 1—Alcohol, Abuse and Dependence	18:03
Chapter 2—Cannabis	5:25
Chapter 3—Stimulants	8:17
Chapter 4—Opiates and Opioids	6:25
<u>Module 14: Psychopharmacology:</u>	30:27

[Fulfills “#7: Mental Health Awareness” topic in CRS DCTS Action Memo 2018-10]

Total time: 8:51:44 + Quizzes/Review: 1:10:00 = **Course Total: 10 hours**

Agency-Based Orientation is expected to fill the remaining training hours to meet the 20-hour requirement. For example: remaining training hours for topics #2, #3, and #7 (#7 topics: culturally humble care, strength-based care and treatment, self-directed care, empowerment in mental health services, holistic wellness and living your best life, peer supports in mental health, building respect, responsibility, and hope in treatment, de-escalation techniques, and non-violent crisis interventions)

This training is not to be used to meet the minimum of 8 hours ongoing training per year requirement.

Recommended additional trainings (available through BHTP at UWGB and DHS):

- *Best Practices in Outreach, Engagement and Safety (self-paced/asynchronous)*
- *Treatment Planning and SMART Goals*
- *Wisconsin DHS – Person-Centered Planning Training via Cornerstone*