

Behavioral Health Training Partnership

Web-based Mental Health Technician (CSP) Modules

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| <u>Overview and Philosophy:</u> | 48:40 |
| Chapter 1 – Overview and Philosophy | 32:37 |
| Evidence-Based Treatment video (YouTube) | 3:51 |
| Chapter 2—10 Guiding Principles of Recovery | 12:12 |
| <u>Voluntary and Involuntary Care:</u> | 15:37 |
| <u>Trauma Informed Practice:</u> | 55:19 |
| Chapter 1—Introduction to Trauma Informed Practice | 6:02 |
| Chapter 2—Types of Trauma | 8:41 |
| Chapter 3—Prevalence of Trauma | 4:08 |
| Chapter 4—Impact of Trauma/ACES | 17:34 |
| Chapter 5—Impact of Trauma on the Brain | 10:05 |
| Chapter 6—Trauma Informed Practice | 3:32 |
| Chapter 7—Trauma Informed Systems | 5:17 |
| <u>Person-Centered Planning:</u> | 1:20:02 |
| Chapter 1—Person-Centered Planning | 30:45 |
| Chapter 2—Writing the Plan | 17:29 |
| Chapter 3—Goals, Objectives, and Interventions | 31.48 |
| <u>Overview of CSP and Qualifying Diagnoses:</u> | 54:33 |
| Chapter 1 – Overview of CSP and Qualifying Diagnoses | 50:55 |
| Auditory Hallucinations Video (YouTube) | 3:38 |
| <u>Substance Use Disorders</u> | 38:10 |
| Chapter 1—Alcohol, Abuse and Dependence | 18:03 |
| Chapter 2—Cannabis | 5:25 |
| Chapter 3—Stimulants | 8:17 |
| Chapter 4—Opiates and Opioids | 6:25 |
| <u>DHS 63: Community Support Programs:</u> | 30:58 |
| <u>Psychosocial Rehabilitation:</u> | 13:50 |
| <u>Psychopharmacology:</u> | 30:27 |
| <u>Suicide and Risk Assessment:</u> | 43:02 |
| Chapter 1—Introduction | 13:36 |
| Chapter 2—Risk Assessment | 8:37 |
| Chapter 3—The Ones We Miss | 17:51 |
| Chapter 4—Summary | 2:58 |
| <u>Client Rights and Confidentiality:</u> | 6:55 |

Total time: 6:47:33 + Quizzes (75 questions): ~1:15:00 = **Course Total: 8.0 hours**