

UW- Green Bay Student Resource Guide

Campus Resources

Campus Cupboard and Clothes Closet provides perishable and non-perishable foods, new and gently used casual and professional clothing, cleaning/personal hygiene products, and office/study supplies at no cost to ensure adequate basic needs are met for all students, faculty, and staff. It is located in Rose Hall 140 (in the corridor section between Wood and Rose Halls) and is open Monday-Friday 8:00am-8:00pm and Saturday and Sunday 8:00am-5:00pm.

For more info visit: uwgb.edu/cupboard/

The Career Closet is located in Career Services, Student Services Building Suite 1600. Students may visit the Closet between the hours of 8 a.m. to 4 p.m., Monday through Friday; no appointment is necessary. The closet offers new and gently used professional apparel items. Availability of items is based upon donations received by Career Services. Items that can be found in the Career Closet include: suits, dress pants, dress shirts, blouses, suit coats, sport coats, blazers, skirts, dresses, neckties, scarves, and belts

For more info visit: uwgb.edu/careers/professional-toolkit/professional-attire/

Flash Frozen Meals are available for anyone who needs them. Visit the Commuter Lounge, (UU109) behind the Phoenix Club to pick up a meal. There is no tracking and anyone who would like to, may take a meal with them. Please note the following meal instructions:

- Refrigerate within 1 hour of pick-up if you don't plan to heat it and eat it right away.
- To ensure that all students have access to the program; take only what you need.
- The containers are microwave and dishwasher safe
- This program was started to limit food waste. The food is marked with the date it was placed in the freezer. This allows for us to ensure none of the leftovers are going bad!

For more info visit: dineoncampus.com/uwgb/dining-news

PHLASH Meals Program provides students in need (i.e. facing economic challenges, unemployment, inequality, violence, etc.) with 5 on-campus meals per request. Meals are usually available within 48 hours and can be used at any on-campus dining location. If accessing a meal at the Marketplace inside the Cloud Commons, meals will be available when swiping your ID. At any other campus dining location, students should indicate they are using a "transfer meal." One request of PHLASH Meals is allowed each month and meals expire at the end of the spring academic term.

For more info visit: uwgb.edu/cupboard/phlash-meals/

UREC serves UW-Green Bay students and the campus community through outstanding sport and recreation facilities, inclusive programming, and leadership opportunities in pursuit of mental and physical well-being. Through the Kress Events Center and Outdoor Adventure Center students have access to fitness classes and opportunities like Learn to Lift, Personal Training and Personalized Exercise, Swim Lessons, Fitness Events/Programs, Try It Night, Group Fitness, Group Fitness Instructor Training Program, Bodyweight Strength Classes, Mini Band Workouts, Tabata Workouts, Yoga Classes, Intramurals, Adventure Trips, a Climbing Tower, Outdoor Equipment Rentals, and more.

For more info visit: urec.uwgb.edu



The Phoenix Childcare Support Program offers childcare funds to students who:

- Are in good academic standing or able to create an action plan with their Academic Advisor to return to good standing.
- Have a dependent child or children between the ages of 6 weeks and 12 years of age.
- Have completed a FAFSA and demonstrated a financial need or Pell Grant eligibility.
- Have not reached their cost of attendance financial aid cap.
- Complete an educational online module through the Phoenix Childcare Support Program each semester during which funds are awarded.
- Apply online and submit the appropriate documentation with the application prior to consideration.

For more info visit: uwgb.edu/phoenix-cares/childcare/

Phoenix Emergency Grant is available to all UW-Green Bay students, regardless of home campus.

To meet the minimum requirements for any emergency funding, students must apply online and:

- Be currently enrolled at UW-Green Bay as a degree-seeking, full-time or part-time undergraduate or graduate student
- Be experiencing an unexpected financial hardship
- Have overdue tuition charges or having difficulties paying expenses

For more info visit: uwgb.edu/phoenix-cares/financial-resources/emergency-grant/

The Wellness Center is located in Student Services Room 1400 and provides free or low-cost services for students including counseling, medical and wellness services, medications, and labs. Counseling services include: support with academic matters, trauma/crisis management, general mental wellness, group sessions, and more. Other free services available: supportive evaluation and management of various chronic conditions, MyPrevea, Prevea Care After Hours, and Prevea Virtual Care. Medical and Wellness Services are available M/W/F 8am-4pm, T/TR 9:30am-5:30pm, and Saturday 8:00am-12:00pm and Counseling Services are available 8:00Am -4:30pm M-F.

For more info visit: uwgb.edu/wellness-center/

The Richard Mauthe Center for Faith, Spirituality, and Social Justice provides opportunities for students, faculty, staff, and the Greater Green Bay Community to explore faith, nurture the spiritual life, and serve others. The Mauthe Center provides 1:1 spiritual support for all faiths, morning meditations, drum circles, volunteer opportunities, event spaces and more.

For more info visit: mcenter.org

Dean of Students supports the four campus, access-oriented university by cultivating safe and inclusive environments for academic and personal growth. Their staff strives to answer questions, address concerns and meet students' needs; so that students can be successful inside and outside of the classroom. Whether helping an individual student work through a personal problem or coordinating a campus-wide program, the Dean of Students office works to strengthen the student experience at UW-Green Bay and address barriers to success. DOS provides student assistance and advocacy in cases of bereavement, extended absence, temporary impairment, misconduct, sexual assault, and more. The Dean of Students office is located in the Student Services Building, room 2000, on the Green Bay Campus.

For more info visit: uwgb.edu/dean-of-students/



Multi Ethnic Student Affairs (MESA) aims to enhance cultural, social and academic experiences of underrepresented student groups with multi-ethnic and/or racial backgrounds. MESA strives to advocate, advance and cultivate the student experience, their stories and their success by championing equity, diversity and inclusion. Through its services and resources MESA seeks to:

- Provide academic, social, and cultural support to help multi-ethnic students achieve their educational goals
- Orient new multi-ethnic students to the culture of the institution
- Promote and deepen student's understanding of their own cultural heritage, ethnicity, and identity
- Provide training in leadership and cultural development for multi-ethnic students and for those seeking to assist them
- Enrich the educational experience of all students and model how to live in a multi-ethnic and inclusive world

For more info visit: uwgb.edu/mesa/

The Pride Center at UWGB was named as a top school in the U.S. for LGBTQIA2S+ students by the Campus Pride Index. The Pride Center is committed to providing a supportive environment and community for students and employees. The Pride Center hosts over 50 events each semester across all four campuses, providing opportunities to participate in professional development, educational presentations, national holidays celebrations, craft nights and special events like Lavender Graduation and the Hallowqueen Drag Show!

For more info visit: uwgb.edu/pride-center/

The Safe And Inclusive Living Community is a campus housing option in which students agree to share a university apartment with others regardless of sex assigned at birth, gender identity, gender expression, and/or sexual orientation. This community is an open and supportive environment for everyone to be their authentic selves and be surrounded by others who value those same things. While this space was created out of a need for LGBTQIA+ students to have a safe floor, allies can also self-select to live on this floor, so long as they agree to abide by the Community Living Agreement. The philosophy is simple: all on-campus residents deserve to feel safe and welcome in their residential community.

For more info visit: uwgb.edu/housing/get-involved/communities/sail/

Student Accessibility Services works with UW-Green Bay students with physical, learning, hearing, vision, psychological, health and other disabilities substantially affecting a major life activity (e.g., walking, communicating, learning, seeing, breathing, reading, etc.). Many students have non-apparent disabilities such as depression, anxiety, autism spectrum disorders, learning disabilities, ADHD and health impairments such as Crohn's disease or fibromyalgia. SAS helps give equal educational access to students on all four UWGB campuses. As part of the student accommodation process, they work collaboratively with students and instructors to provide and support effective accommodations. The Student Accessibility Services office is located in the Student Services Building, room 1700.

*Students who are also UWGB employees (e.g. student hourly, work study, teaching assistant) can request employee accommodations through Human Resources & Workforce Diversity Office.

For more info visit: uwgb.edu/student-accessibility/



Phoenix Cares is your place to go to share a concern about another student or disclose if you need assistance yourself. In fact, please also feel free to give any feedback about UWGB that you think could help us better serve students. Each student matters at UWGB and student success is the goal of every member of the Phoenix family. You can choose to provide insight under the following subjects: Self Reporting, Bias and Hate Incidents, Students of Concern, and General Concerns For more info visit: uwgb.edu/phoenix-cares/

Community Resources

Green Bay Salvation Army provides a multitude of services and resources to community members. Among resources provided are: food pantry and other hunger relief programs, rental assistance, energy/ utility assistance, hotel vouchers, transportation assistance, coats for kids, youth and senior support services, and more. Green Bay Salvation Army can be reached at (920) 497-7053 or 626 Union Court.

For more info visit: centralusa.salvationarmy.org/greenbay/

We All Rise African American Resource Center aims to create and help restore a vibrant African American community. Through uplifting, skill building, and intentionally targeting root causes of systemic oppression, we actively promote the healing of all. The mission of We All Rise calls for the collective liberation of African Americans navigating at the margins of society.

This holistic approach inspires a village mentality that includes the following supports:

- Housing and Transportation
- Education Services and Employment
- Mental and Emotional Health Service
- Skill Building and Mentorship
- Victim Health Services
- Family Support and Community Connectedness
- Legal Assistance

For more info visit: weallrisearc.org

Casa ALBA Melanie Hispanic Resource Center aims to nurture the well-being and wholesome development of all members of the Hispanic community living in the greater Green Bay area. Casa ALBA serves as a hub for information and referral, bringing together persons seeking assistance with service providers in the community. Staff and volunteers serve community members through classes, consultations, aid and assistance, support groups, and many phone calls and walk-in concerns.

For more info visit: casaalba.org

Habitat for Humanity Brown County partners with people in the community, and all over the world, to help build, preserve and finance a place they can call home. Habitat Homeowners build their home alongside volunteers and pay an affordable mortgage with zero interest that helps create a lifetime of positive change for families in our community. The Habitat for Humanity ReStore helps fund home builds and is a place where the community can bring donations of new and gently used items, as well as shop! The ReStore is open to the public and offers a variety of home improvement, repair and remodeling tools and items as well as home furnishings at discounted prices.

For more info visit: greenbayhabitat.org



Community Services Agency Inc. (COMSA) works to meet the special needs and challenges affecting refugees and immigrants by building a resourceful community that contributes to the wellbeing of its members and those of the communities in which they live. They offer the following services on a drop-in or appointment basis: culturally responsive childcare, citizenship classes, employment and education, housing, interpretation/translation (Dari, Pashto, Somali, Swahili), health services, and referrals.

For more info visit: comsausea.org

Sesini Law Group, S.C. focuses on immigration law in order to assist individuals and families through complicated immigration laws and procedures. They offer clients the support they need through family immigration, naturalization, federal litigation, deferred action, deportation matters, asylum, and investor visa matters. The firm's goal is to guide clients towards the best possible outcome for their immigration law matter including. Sesini Law Group, S.C. is dedicated to people looking for a better life and persistently works for their interests.

Their website also includes blog posts to help keep you up-to-date on the ever-changing immigration laws.

For more info visit: sesinilaw.com

Ecumenical Partnership for Housing (EPH) provides safety, stability, and solutions leading to self-sufficiency for families with children experiencing homelessness and families at risk of homelessness in our community. Programs include transitional housing, long-term supportive housing, and eviction prevention. With 20 homes available to families at no cost and 16 long-term supportive homes, EPH offers safe, stable housing options for families in need.

For more info visit: ephgb.org

NeighborWorks Green Bay serves Green Bay neighborhoods and the broader community with homeownership preparation services, down payment and closing cost assistance lending, community-interest real estate development, home repairs and renovations, workshops, post-purchase counseling, and other services.

For more info visit: nwgreenbay.org

The Society of St. Vincent DePaul Green Bay volunteers offer tangible assistance to those in need on a person-to-person basis through a Home Visit. It is this personalized involvement that makes the work of the Society unique. This aid may take the form of intervention, consultation, or often direct dollar or in-kind service. An essential principle of the Society's work is to provide help and advocacy while conscientiously maintaining the confidentiality and dignity of those who are served. St. Vincent de Paul also has 4 thrift store locations in the Green Bay area where anyone can shop clothing and household items at a low cost.

For more info visit: svdpgb.org

The American Red Cross Northeast Wisconsin Chapter provides support for service members, home fire and other disaster relief, and training in first aid, CPR/AED, swimming and water safety, care giving and more. Additionally, community members may donate blood for disaster victims or find volunteer opportunities that match their skills and interests.

For more info visit: redcross.org/local/wisconsin/about-us/locations/northeast-chapter.html



Aging & Disability Resource Center (ADRC) is a Wisconsin idea designed to partner with persons with disabilities, adults 60+, and their caregivers, empowering them to live their best possible life. ADRC of Brown County offers a broad range of services from activities, events, and workshops, to assistance with the challenges of aging and disability. They provide support with managing doctor's visits, medical conditions, financial decisions, home maintenance or repair, and more. For more info visit: adrcofbrowncounty.org

Volunteer Resources

CUEGB is the name of UWGB's volunteer platform; it stands for Community-University Engagement at Green Bay. At cuegb.com you can find opportunities to volunteer virtually, on-campus, and/or in the community. Customize your profile to include causes and organizations you care about to get notified when new opportunities are posted. You can also adjust your volunteer search to include opportunities that match your skills and interests. Additionally, this platform allows you to track your volunteer hours, and for each volunteer shift you track, you will earn 2 Involvement Points that can be redeemed for prizes. CUEGB is also available via the CauseConnect app. Sign up using your UWGB login info. Some opportunities include:

- Childcare at Freedom House; interact with children for 60-90 minutes while their parents attend classes offered at the shelter and work toward stable housing
- Film Programmer/Technician for Film Green Bay; upload film and create slides to be presented to sold-out audiences before screenings
- AIS Monitor for Project RED; Kayak Wisconsin rivers looking for invasive species for Fox-Wolf Watershed Alliance in Outagamie, Brown, Calumet, Winnebago, and Fond du Lac Counties
- Garden Box Sales Assistant for New Leaf Foods; address healthy food access and put your business skills to use by empowering others to grow their own food
- Foster with Lucky 7 Dog Rescue; dog lovers- consider fostering a rescue until they find a forever home

Visit: cuegb.com or download the app by scanning the QR code below

Android



Apple

