## **University Staff Fall Conference 2018** hosted by the University of Wisconsin Green Bay University Staff Professional Development Committee Agenda "The Joy of Work: How to Make Your Work Environment Sizzle!" Friday, September 28, 2018 Tundra Lodge Resort and Conference Center 865 Lombardi Avenue, Green Bay, Wisconsin http://www.tundralodge.com/ **Registration** (Conference Center Atrium) 7:30 am - 8:15 am Hot Breakfast (included in registration fee) (Ballroom A/B/C) 8:15 am - 8:45 am Welcome (Ballroom A/B/C) 8:45 am - 10:00 am **Break-out Session I** James Beversdorf - Handling Life through Movement and Exercise (Ontario) Paul Braatz - WRS Benefits for Employees Nearing Retirement (Michigan) Bonnie Nussbaum - Livin' Your Kick Ass Life (Superior) Sara Wagner - Body Kindness and Intuitive Eating: Putting the Joy Back into Eating and Movement (Huron) 10:15 am - 11:30 am **Break-out Session II** Paul Braatz - WRS Benefits for New and Mid-Career Employees (Michigan) Liysa Callsen - Sizzle with Silence (Ontario) Bonnie Nussbaum - How to Find Joy in Your Work (Superior) Sara Wagner - Body Kindness and Intuitive Eating: Putting the Joy Back into Eating and Movement (Huron) 11:30 am - 12:30 pm **Lunch** (included in registration fee) (Ballroom A/B/C) 12:30 pm - 1:45 pm **Break-out Session III** Lucy Arendt - Grit: The Secret to Success - and Maybe Happiness! - At Work and in Life (Huron) Liysa Callsen - YES, AND (Ontario) Tina Hallis - Creating a More Positive Workplace (Michigan) Bonnie Nussbaum - Livin' Your Kick Ass Life (Superior) 2:00 pm - 3:15 pm Break-out Session IV Lucy Arendt - Grit: The Secret to Success - and Maybe Happiness! - At Work and in Life (Huron) James Beversdorf - Handling Life through Movement and Exercise (Ontario) Tina Hallis - Maximizing Communication, Collaboration & Connection (Michigan) Luke Konkol - Gamification: Building Winning Into Working (Superior) 3:30 pm - 4:30 pm **Closing** (Ballroom A/B/C) Liysa Callsen - Now...Get Your Sizzle On!

USFC 2018 Committee - Closing remarks, door prizes

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