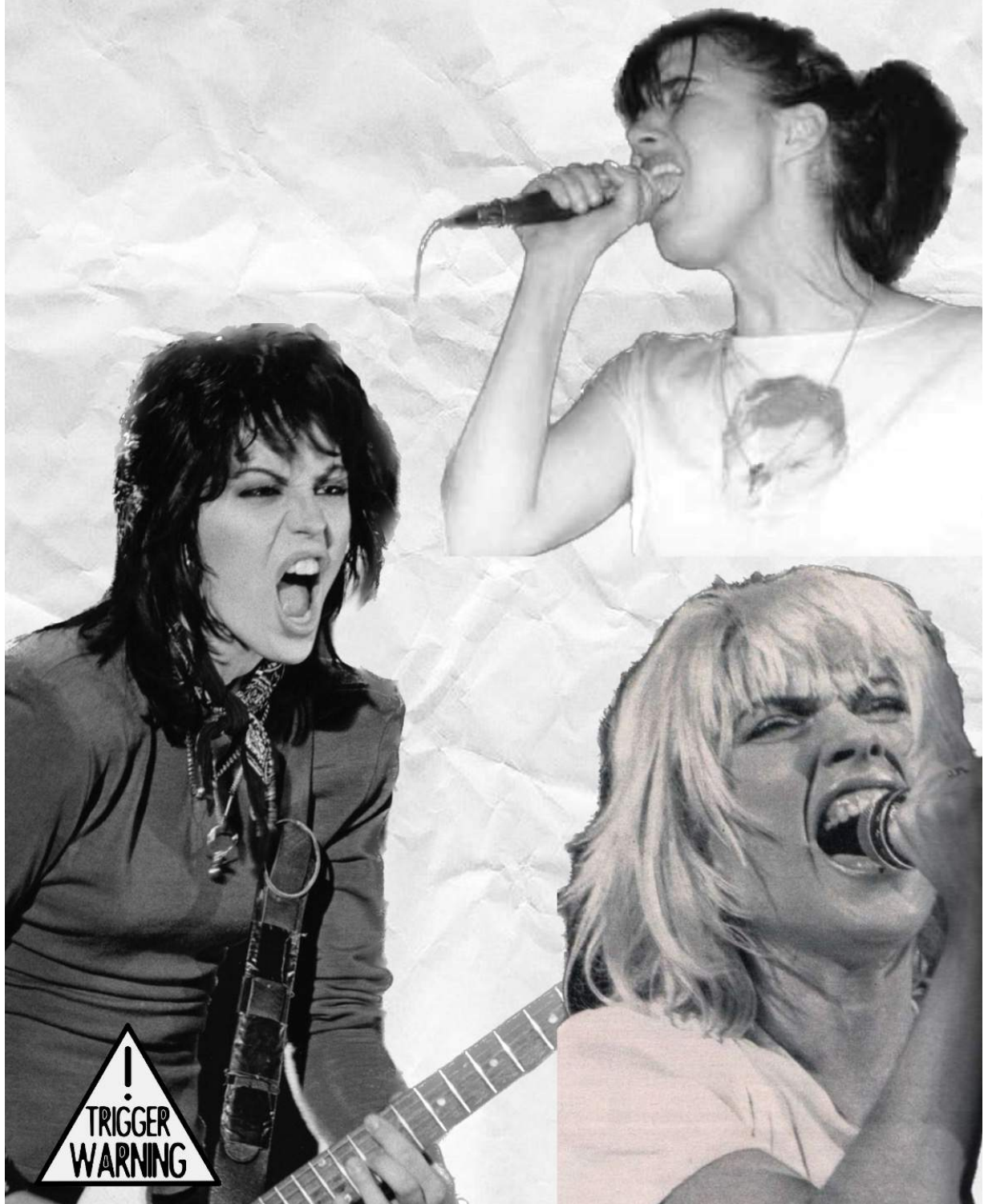


#CALLOUTTHE BULLSHIT

an anonymous zine

stories shared by women who are sick of misogyny



**“Riot grrrl is the beginning of
a discussion, not the end.”**

-Kathleen Hanna of Bikini Kill



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#METOO

a social movement and awareness campaign against sexual abuse, sexual harassment, and rape culture, in which people publicize their experiences of sexual abuse/harassment.

"I started getting catcalled by grown men by the time I was eleven-

No eleven year old should feel the need to carry pepper spray when she just wants to bike around town."



"I cannot even begin to list the experiences I've had as a woman when it comes to sexual harassment. It is genuinely never ending and I can't even remember where in my life it even started. At my current job I wear clothes that are triple my size because men will comment on my figure, and it's not an over exaggeration when I say **everyday.**"

"I was raped my junior year of high school by my ex boyfriend. I told someone I thought was my friend and they told everyone.

No one believed me.

I was msgd from different cities, and from my own about how I should off myself and stuff like that."

"**I said no,** but he still kept touching me and holding me down even when **I repeatedly told him to stop.**"



"I was sexually abused by my step brother for just over a year straight. And I'm not the only one."

"The first time it happened I was 9 and he said he wanted to buy me ice cream. We went outside to the ice cream truck and were supposed to come back inside but instead he took me to his backyard. Now, at the age it 18, **I have been raped 27 times.**"

"I said no and tried to leave but he grabbed my arm and pulled me back. He then started pinning me to the ground as I tried to pull away. **I kept saying 'no, no, no' over and over again.** He was able to pin me down with on hand and while he was sitting on top of me, he started to take off my clothes, we were outside in the open, during the day. He then proceeded to rape me, all I did was cry and I couldn't move, I couldn't find the strength to yell. After it was all done he just left me there.

Like I was nothing."

"My best friend was raped for years by her grandpa."



#MANSPLAINING

is a hashtag meaning (for a man) to comment on or explain something, to a woman, in a condescending, over-confident, and often inaccurate or oversimplified manner

"People at my work want to talk to a male crew member over me- being the female manager in charge."

GIRLS
TO THE
FRONT

"At my place of work , my knowledge is often **underestimated**. Consistently, men will mansplain things to me I already know the answer to. Most of the time what they say to me is inaccurate anyways. There's been numerous times/examples of men at my workplace **assuming I'm incompetent and incapable** of my job **due to the fact that I am a woman.**"

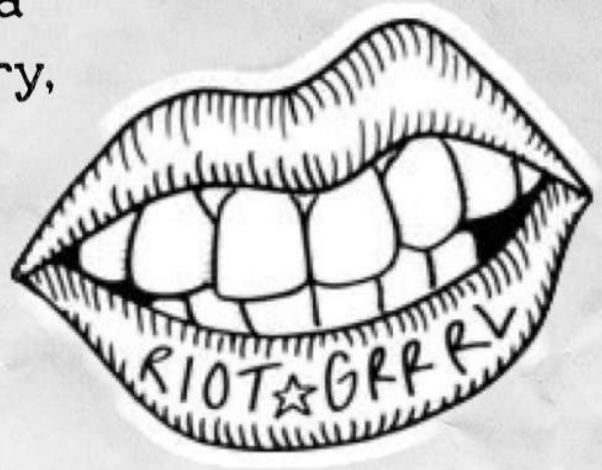
"In my general experience men like to explain things to me that are **completely redundant**. I will be doing a task and have it explained to me while I am currently doing it.

Women don't do this to me.
It seems to me that **men just think women are stupid.**"

"My dad does this to me all the time."



"AS a female that works in a predominantly male industry, men are constantly mansplaining my own craft to me. **It's extremely degrading**"



"When looking for volunteer opportunities, I asked a leader about a prison outreach. I explained that I spent 10 years regularly visiting my father in prison and had experience working with the court system. He immediately started cooing and addressed me as, I quote, "a pretty little girl" who had absolutely no clue about what the men could do and how it wasn't fit for someone like me, then spent 20 minutes giving me an elementary rundown of the state system. For the "little girl" statement? I'm a burly young adult standing at 5'9". He wasn't being sarcastic."



#GIRLSLIKEUS

is a hashtag used to talk about the trans experience of being told they are not "women" enough and their fight to be who they are



RESPECT preferred
PRONOUNS

"AS a trans woman, **you spend everyday in constant fear** of being put down for being **true to yourself.**"

"I don't like being put in a box and being made to feel like I'm different. I know I have a place just like every other woman. I may not go through the same experiences but I go through my own and differently, **that doesn't make me less of a woman.** I will always fight for a place in this world as a woman. Nobody and nothing discourages me. I don't like to label myself as trans because I'm just a girl but medically speaking, yes I'm trans."



"Most people act as if you aren't more than just a taboo fetish, it's **degrading.**"

#WHYISTAYED

this hashtag is used to organize a conversation about why people chose or had to stay with an abusive partner

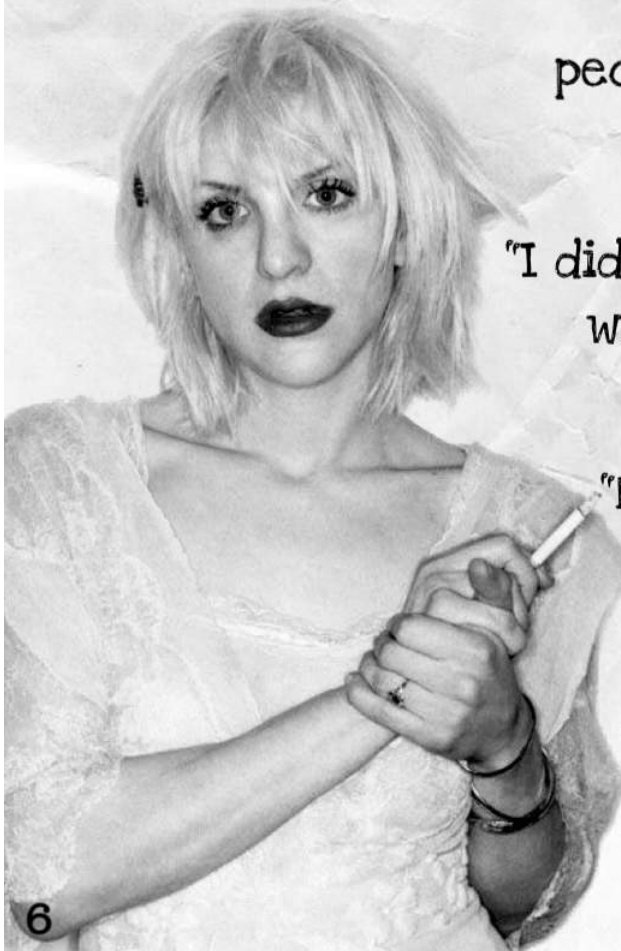
"I asked myself why for so long because I had never truly tried to leave until the last time. I had been living in fear of him for a long time and had been convinced I was crazy and unloved and therefore only could be loved by someone like him. It took a long time after he had taken my support system away from me to find people to help me understand that **what I was experiencing was abuse.**"



"He told me he would kill himself or hurt other people if I stopped talking to him or if I moved on"

"I didn't know what he was doing was wrong- **I thought he loved me.**"

"My sister had a severely abusive husband. **He knew how to make her stay- threats, promises and a lot of love bombing.** She had no choice but to stay after they had pets and everything."





I have no choice. I don't make enough to afford to rent my own place. Homelessness isn't an option, I'm disabled. **I want to leave, I just don't have a way out.**"



"He would constantly **manipulate** me into thinking that I was always doing something wrong."

"My ex husband was an alcoholic with a explosive temper. I stayed for years because I had made a vow to stay with him. Three weeks after we were married I tried to break up a fight he was in (he was very drunk) and I ended up with a terrible black eye. He then punched out the windshield of my car while getting him out of the situation. **There were many scary times** during the marriage but the ending was when he threw me up against the garage door with his forearm against my throat. We had been with friends all day, he drank so much that he threw up outside. I was laughing because coyotes near us started howling (we lived way out in the woods). He didn't like me laughing at him. A few weeks later he took me for a walk in the woods and threatened me with a hand gun. I left with the assistance of a county sheriff as I **was afraid for my life.**"

"He was my first boyfriend. I was 20 and had never had a boyfriend before. I felt like I'd never get another opportunity to find someone if I left him. Because how could someone love me after I was broken."



#EVERYDAYSEXISM

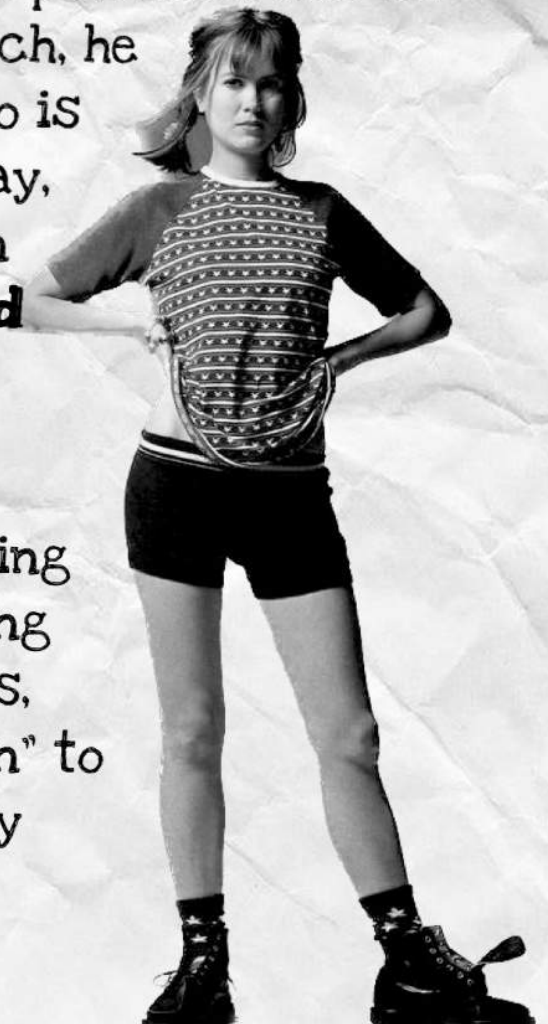
is a hashtag for women to share their experiences of sexism experienced in their day-to-day lives



"I got **dress-coded** at work because my neckline showed a small bit of cleavage on top. And I apparently can't wear anything tight or close fitting to my body."

"Everyday, I see at least one post on **social media putting down women in one way or another**, whether it be **slut-shaming, sexualization, 'women are stupid'**, etc.. Another thing, for example, if a man who is a politician has an 'aggressive' personality and approach, he 'gets stuff done', but if a woman who is a politician acts the exact same way, **she's bitchy' and 'too much'**. It is an extremely annoying **double standard** that needs to end."

"Being **catcalled** when simply walking in a parking lot or when I'm walking down the street. People- teachers, parents saying I need a "strong man" to get things done, that it's my only way to get things done."



"My husband came with me to look at a car I wanted to purchase. I had already looked at the car and had made my decision. **The salesman kept talking to my husband instead of me** regarding the deal. I had to say "please talk to me, I'm buying this car". At one point my husband said 'stop looking at me, this is her car not mine.'"

"I got called **'manly'** for saying I lift in the gym and prefer it over cardio. AS if woman don't like having muscles."

"Sometimes, I experience sexism from my coworkers and boss, even if it's unconscious. A month or so ago, my coworker asked a question, which I answered, but didn't believe my answer and went to a man for the actual answer, which was **the same thing that I had just said.**"



RiOT



grrrL!

NATIONAL HOTLINES

American Family Housing 1-888-843-4564

Drug Abuse Support 1-800-662-4357

Eating Disorders Center 1-88-236-1188

Family Violence Prevention Center
1-800-313-1310

Gay and Lesbian Support 1-888-843-4564

GriefShare 1-800-395-5755

National Domestic Violence 1-800-799-SAFE

National Sexual Assault 1-800-656-4673

Post Abortion Counseling 1-800-228-0332

S.A.F.E. 1-800-DONT-CUT

Suicide Prevention 1-800-827-7571

Trevor (LGBTQ+ Suicide) 1-866-843-U-TREVOR

CALL OUT THE BULLSHIT

Ginger Knauer and Cheyenne Schreiner

THE RIOT GRRRL MOVEMENT AND ZINES

Riot grrrl is an underground feminist punk movement that began during the early 1990s in Olympia, Washington.

Riot grrrl songs often addressed issues such as rape, domestic abuse, sexuality, racism, patriarchy, classism, anarchism, and female empowerment.

Primary bands most associated with the movement by media include Bikini Kill, Bratmobile, Hole, L7 and Joan Jett.

Zines allowed riot grrrls to express themselves and reach large audiences without having to rely on the mainstream press.

CALL

OUT

THE

BULLSHIT