Grief and Loss in the Workplace
University of Wisconsin - Green Bay
Behavioral Health Training Partnership
May 23, 2017

Learning Objectives:
- Understand the theoretical foundations in the study of grief
- Explore both risk and resiliency factors in coping with loss
- Recognize the impact of grief in the workplace
- Discuss interventions that support others in their grief process
- Identify and reflect on the importance of your own grief and self-care

Agenda:
9-9:30 Welcome and Introductions
9:30-9:45 Ice breaker exercise
9:45-10:45 Understanding Grief and Loss
  - Theoretical Foundations
  - The Grief Process
  - Anticipatory Grief
  - Complicated/Prolonged Grief
  - Children
10:45-11 Break
11-11:45 Grief at Work
11:45-noon Open Discussion
Noon-1--LUNCH BREAK--
1-1:15 Recap from morning/intro to afternoon
1:15-1:30 Video - "There Is a Place" (4:03) and time for open comments
1:30-2:30 Supporting Others: Co-workers, clients, friends, family
2:30-2:45 Small group discussions
2:45-3 Break
3:30 Compassion Fatigue
3:30-3:45 Self-Care
3:45-4 Open Discussion

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Lisa De Siena holds a master's in counseling degree and is a licensed professional counselor. She is currently the director of bereavement services for Mayo Clinic Health System in NWWI. From 1993-2014 she worked at Unity, a provider of hospice and palliative care in Northeast Wisconsin. Lisa has provided oversight and services in bereavement programming, spiritual care, volunteer services, and participated on ethics committees.

As a member of the National Hospice and Palliative Care Organization, Lisa has served on the ethics advisory council and bereavement steering committee, which included the development of Guidelines for Bereavement Care in Hospice, and as board president for The HOPE of Wisconsin, state hospice and palliative care organization. She has often presented on topics related to grief and loss, regulatory standards for bereavement care in hospice, interdisciplinary collaboration in hospice care planning and grief in the workplace. Her community involvement has included participation in grief networking activities, community coalitions for end of life care, and partnerships with university programming related to end of life care.