# Providing Effective Telehealth Services for Behavioral Health Best Practices, Tips and Engagement Strategies

### **Course Description:**

Does Telehealth make you nervous because you are not sure how to use it? Do you fear that you will not be able to connect with your client? Then this training is for you! You will learn about the legal requirements for Telehealth and how to maintain confidentiality. Additionally, we will review the different technology platforms available for telehealth and what technology requirements are needed to run the platforms. More importantly, you will learn how to set up a space for Telehealth and how to engage with your clients using technology. By the end of this self-paced training, you will feel confident in your ability to use Telehealth technology and have tools to engage with your client.

### Learning Objectives:

- Understand Platforms
- HIPAA requirements with Telehealth
- Understand what needs to be in the Informed Consent and documentation
- Identify the positive benefits and negative issues with Telehealth
- Understand the best environment for Telehealth sessions
- Learn how to enhance client's engagement for Telehealth sessions

## Modules:

- 1. HIPAA and Telehealth (24:32)
- 2. Informed Consent (7:45)
- 3. Telehealth Benefits and Issues (11:59)
- 4. Setting up the Environment (20:01)
- 5. Engaging with the client (19:57)

## Total: 1:24:14

At the end of the 5 modules, you will complete a quiz. You must receive a score of at least 80% on the quiz to receive a certificate for 1.5 hours of continuing education.

Course Total: 1.5 Continuing Education Hours (includes 6 minutes to review and take the quiz)



BEHAVIORAL HEALTH TRAINING PARTNERSHIP

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### **About your Trainer:**



Lisa Anderson has been in the Human Services field for over twenty-five years with an eclectic professional work experience within different systems. She has in worked in public, non-profit, medical and private practice sectors. Lisa weaves her knowledge of systems into her presentations to break down silos and develop team building between systems

Lisa started her career in the Medical field, first as a Discharge Planner and then as a social worker in a federally funded clinic. Lisa then moved into the position of Director for the Sexual Assault Recovery Program in Rock County and developed and ran the CASA Program in Rock County at Family Services-SWANI. During this time Lisa was a Treatment Level Foster Parent for 10 years but this ended when Lisa switched paths again and started at Wood County as a Specialized Foster Parent Social Worker and then became the Supervisor for the Wood County Children's Specialized Unit which included, Comprehensive Community Services Program and Long Term Care. Lisa transitioned to the Fox Valley, where she was hired as the Outagamie County Crisis Supervisor for the Mental Health Division for 9 years. She also provided outpatient services at Psychology Associates of the Fox Cities.

Currently, Lisa is the owner of L.K. Anderson Consulting, LLC and A Healing Place, Complete Counseling Care. Lisa provides technical consultation to agencies, such as clinical supervision, team building and Trauma Informed Care. Additionally, Lisa has presented to a variety of audiences on topics, such as, Trauma Informed Care, Trauma Informed Parenting, Ethics and Boundaries; Hoarding, Suicide Prevention, Crisis Planning,; Building Resiliency; Secondary Trauma/Stress, Self-Care and Team/Relationship Building. In her private practice, Lisa provides specialize trauma therapy to children, teens and adults. She is a Licensed Professional Counselor and Certified Social Worker. She received her Master of Science and Bachelor of Arts degrees at UW-Whitewater.

Lisa is passionate about training and is an energetic and interactive trainer who uses humor and storytelling to engage and entertain the audience while they are learning.