

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Asiago Cheese Bagel	Big Apple Bagels	High Gluten Flour, Water, Brown Sugar, Salt, Yeast, Shredded Asiago Cheese	X	
Blueberry Bagel	Big Apple Bagels	High Gluten Flour, Water, Blueberry Pie Filling,(Blueberries, Corn Syrup, Water, Modified Food Starch, Salt, Potassium Sorbate, Sodium Benzoate, Citric Acid, Spice, Artificial Flavor, Red #40 & Blue) Blueberries, Blueberry Gum bits (Sugar, Corn Syrup, Corn Cereal, Modified Food Starch, Partially Hydrogenated Vegetable Oil (Cotton Seed or Soybean) Artificial Flavor, Red #40, Green #3, Blue #1) Brown Sugar, Salt and Yeast	X	X
Cheddar Herb Bagel	Big Apple Bagels	High gluten flour, water, cheddar cheese, brown sugar, salt, yeast, garlic powder, and oregano	X	
Cinnamon Laced Apple Pie Bagel	Big Apple Bagels	High gluten flour, water, blueberry flavor, brown sugar, salt, apple, cinnamon chips (Sugar, partially hydrogenated vegetable oil (cottonseed or soybean), cinnamon, nonfat dry milk, and soya lecithin), and yeast	X	
Cinnamon Raisin Bagel	Big Apple Bagels	High gluten flour, water, raisins, brown sugar, salt, yeast, cinnamon, and caramel color	X	X
Cinnamon Sugar Bagel	Big Apple Bagels	High gluten flour, water, brown sugar, salt, yeast, granulated sugar, and cinnamon	X	X
Egg Bagel	Big Apple Bagels	High gluten flour, water, brown sugar, salt, egg shade, liquid egg and yeast.	X	
Everything Bagel	Big Apple Bagels	High gluten flour, water, brown sugar, salt, yeast, dehydrated garlic, sesame seeds, poppy seeds, and dehydrated minced onion	X	X
French Toast Bagel	Big Apple Bagels	High gluten flour, water, brown sugar, salt, egg shade, liquid egg, cinnamon chips(Sugar, partially hydrogenated vegetable oil (cottonseed or soybean), cinnamon, nonfat dry milk, and soya lecithin), and yeast.	X	
Garlic Bagel	Big Apple Bagels	High gluten flour, water, brown sugar, salt, yeast, and dehydrated garlic	X	X

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Jalapeno Bagel	Big Apple Bagels	High gluten flour, water, cheddar cheese, sliced jalapeno peppers, brown sugar, salt, yeast, garlic powder, oregano, and cilantro	X	
Onion Bagel	Big Apple Bagels	High gluten flour, water, brown sugar, salt, dehydrated minced onion, and yeast	X	X
Plain Bagel	Big Apple Bagels	High gluten flour, water, brown sugar, salt, and yeast	X	X
Pumpernickel Bagel	Big Apple Bagels	High gluten flour, water, brown sugar, caraway seeds, rye meal, salt, caramel color, and yeast	X	X
Sourdough Bagel	Big Apple Bagels	High gluten flour, water, sourdough mix (Flour, salt, sugar, vegetable shortening, partially hydrogenated soy bean, cotton seed, or canola oil, contains 2% or less acetic acid), brown sugar, salt, and yeast	X	X
Strawberry Bagel	Big Apple Bagels	High gluten flour, water, strawberry pie filling (may contain strawberries, corn syrup, water, modified food starch, sugar, erythorbic acid, sodium benzoate, potassium sorbate, disodium edta, carrageenan, potassium chloride, citric acid, artificial color red #40), brown sugar, salt, vanilla (high fructose corn syrup, water, corn syrup, caramel color, sodium benzoate, citric acid, vanilla extract, ethyl, vanillin), and yeast	X	X
Swiss Melt Bagel	Big Apple Bagels	High gluten flour, water, brown sugar, salt, yeast, Swiss Cheese	X	
Tomato Basil Bagel	Big Apple Bagels	High gluten flour, water, pizza sauce (tomatoes, salt, calcium chloride, citric acid, basil), brown sugar, salt, yeast, basil, and oregano	X	X
Whole Wheat Bagel	Big Apple Bagels	High gluten flour, water, whole wheat flour, molasses, salt, and yeast	X	X
Apple-Jack Chicken with Caramelized Onions Flatbread Pizza	Bravo	Flatbread, Butter, Onion, Thyme, Salt, Pepper, Red Apple, Sugar, Chicken, Bacon, Cheddar Cheese, Green Onions		
Asparagus, Portobello and Spinach Chicken Flatbread Pizza	Bravo	Flatbread, Pesto Sauce, Portobello Mushrooms, Asparagus Spears, Chicken & Spinach Sausage, Cherry or Grape Tomatoes, Parmesan Cheese		

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Bacon, Lettuce and Tomato (BLT) Flatbread Pizza	Bravo	Flatbread, Mozzarella, Bacon, Mayo, Lettuce, Tomatoes		
Baked Manicotti	Bravo	Manicotti Noodles, Salt, Ricotta Cheese, Parmesan Cheese, Egg, Green Onions, Parsley, Pepper, Marinara Sauce, Water	X	
BBQ Cashew Chicken with French Fried Onions Flatbread Pizza	Bravo	Flatbread, BBQ Sauce, Pepper, Onions, Chicken, Cashews, Italian Cheese Blend, French Fried Onions, Cilantro		
BBQ Chicken Pizza	Bravo	Pizza Dough, Chicken Breast, Olive Oil, BBQ Sauce, Gouda Cheese, Mozzarella Cheese, Red Onion, Cilantro		
Beef with Oven Roasted Vegetables Flatbread Pizza	Bravo	Flatbread, Beef, Oven Roasted Vegetables, Cheddar Cheese		
Brick Oven Bianca Pizza	Bravo	Pizza Dough, Flour, Ricotta Cheese, Mozzarella Cheese, Broccoli, Tomatoes, Garlic, Parmesan Cheese, Fresh Herbs, Salt, Pepper, Oregano	X	
Brick Oven Calzone Dough	Bravo	Water, Flour, Salt, Sugar, Yeast, Vegetable Oil		X
Brick Oven Cheese Pizza	Bravo	Pizza Dough, Flour, Pizza Sauce, Mozzarella Cheese, Oregano	X	
Brick Oven Chicken Bacon BBQ Pizza	Bravo	Pizza Dough, Flour, BBQ Sauce, Mozzarella Cheese, Grilled Chicken, Bacon, Red Onions, Cheddar Cheese, Oregano, Fresh Herbs, Salt, Pepper		
Brick Oven Chicken Carbonara Pizza	Bravo	Pizza Dough, Flour, Ricotta Cheese, Mozzarella Cheese, Grilled Chicken, Bacon, Red Onions, Parmesan Cheese, Oregano, Fresh Herbs, Salt, Pepper		
Brick Oven Marguerita Pizza	Bravo	Pizza Dough, Flour, Pizza Sauce, Mozzarella Cheese, Fresh Tomato, Pesto, Garlic, Oregano	X	
Brick Oven Meat Lover Pizza	Bravo	Pizza Dough, Flour, Pizza Sauce, Mozzarella Cheese, Pepperoni, Sausage, Meatball, Ham, Bacon, Oregano		
Brick Oven Meat Stromboli	Bravo	Calzone Dough, Flour, Marinara Sauce, Mozzarella Cheese, Pepperoni, Sausage, Oregano		
Brick Oven Pepperoni Pizza	Bravo	Pizza Dough, Flour, Pizza Sauce, Mozzarella Cheese, Pepperoni, Oregano		

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Brick Oven Pig Fat Greek Pizza	Bravo	Pizza Dough, Flour, Pizza Sauce, Mozzarella Cheese, Black Olives, Roasted Peppers, Artichokes, Red Onion, Feta Cheese, Oregano	X	
Brick Oven Pizza Dough	Bravo	Water, Flour, Salt, Sugar, Yeast, Vegetable Oil		X
Brick Oven Sausage Pizza	Bravo	Pizza Dough, Flour, Pizza Sauce, Mozzarella Cheese, Sausage, Oregano		
Brick Oven Spinach-Artichoke Calzone	Bravo	Calzone Dough, Flour, Spinach Artichoke Filling, Mozzarella Cheese, Oregano, Marinara		
Brick Oven Veggie Pizza	Bravo	Pizza Dough, Flour, Pizza Sauce, Mozzarella Cheese, Peppers, Onions, Tomatoes, Mushrooms, Broccoli, Garlic, Oregano	X	
Buffalo Wing Flatbread Pizza	Bravo	Flatbread, Chicken, Wing Sauce, Mozzarella Cheese, Celery, Bleu Cheese Dressing		
Buffalo Wing Sauce	Bravo	Butter, Hot Sauce	X	
Calzone Dough	Bravo	Water, Yeast, Honey, Bread Flour, Semolina Flour, Vegetable Oil, Cornmeal	X	
Caramelized Cauliflower and Sausage Flatbread Pizza	Bravo	Flatbread, Alfredo Sauce, Pizza Sausage, Cauliflower Florets, Olive Oil, Garlic, Water, Gouda Cheese, Parsley		
Cheeseburger Calzone	Bravo	Calzone Dough, Cornmeal, Lean Ground Beef, Ketchup, Mustard, Dried Onion, Cheddar Cheese, Dill Pickle Slices, Sesame Seeds		
Chicken Alfredo	Bravo	Vegetable Base, Chicken, Seasoned Salt, Fettuccine Noodles, Cream, Parmesan Cheese, Garlic, Salt, White Pepper		
Chicken Alfredo Primavera	Bravo	Chicken Breast, Broccoli, Cauliflower, Carrots, Celery, Scallions, Onions, Mushrooms, Tomatoes, Garlic, Heavy Cream, Parmesan Cheese, Butter, Flour, Salt, Pepper		
Chicken Cacciatore Pizza	Bravo	Pizza Dough, Chicken Breast, Salt, Pepper, Onion, Roasted Bell Peppers, Basil, Mushrooms, Tomatoes, Mozzarella Cheese, Parmesan Cheese		
Chicken Fajita Flatbread Pizza	Bravo	Flatbread, Chicken Breast, Salsa, Roasted Red Peppers, Onions, Cheddar Cheese		

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Chicken Florentine Flatbread Pizza	Bravo	Flatbread, Garlic & Herb Cheese Spread, Chicken Breast, Spinach, Cherry or Grape Tomatoes, Mozzarella Cheese, Parsley		
Chipotle Chicken Pizza	Bravo	Pizza Dough, Chicken Breast, Anaheim Chilies, Chipotle Sauce, Mozzarella Cheese, Lime Cream Sauce, Cilantro, Chipotle Salsa		
Chipotle Salsa	Bravo	Corn, Black Beans, Tomato Salsa, Chipotle Sauce		
Chipotle Shrimp Flatbread Pizza	Bravo	Flatbread, Shrimp, Citrus Chipotle Sauce, Cream Cheese, Red Pepper, Green Pepper, Yellow Pepper, Gouda Cheese, Cilantro, Lime		
Citrus Chipotle Sauce	Bravo	Corn Oil, Roasted Red Peppers, Onion, Celery, Carrot, Garlic, Beef Broth, Orange Juice, Whipping Cream, Green Chilies		
Country Harvest Flatbread Pizza	Bravo	Flatbread, Cherry Tomatoes, Olive Oil, Garlic, Spinach, Green Pepper, Garlic and Herb Cheese Spread, Mozzarella Cheese, Artichoke Hearts, Parsley	X	
Creamy Cheesy Asparagus Pizza	Bravo	Pizza Dough, Alfredo Sauce, Asparagus, Parmesan Cheese, White Cheddar Cheese	X	
Eggplant Pancetta and Mozzarella Calzone	Bravo	Calzone Dough, Cornmeal, Olive Oil, Pancetta or thick-cut bacon, Eggplant, Salt, Pepper, Basil, Mozzarella Cheese, Tomato Basil Sauce		
Fig and Gorgonzola Cheese Flatbread Pizza	Bravo	Flatbread, Balsamic Vinegar, Olive Oil, Salt, Pepper, Oregano, Honey, Figs, Gorgonzola Cheese, Green Onions, Prosciutto		
Five Cheese Calzone	Bravo	Calzone Dough, Cornmeal, Mozzarella Cheese, Romano Cheese, Fontina Cheese, Ricotta Cheese, Parmesan Cheese, Italian Seasoning, Salt, Pepper	X	
Four Cheese Classic Flatbread Pizza	Bravo	Flatbread, Cherry Tomatoes, Olive Oil, Garlic, Pizza Sauce, Mozzarella Cheese, Goat Cheese, Parmesan Cheese, Asiago Cheese, Parsley, Basil	X	
Garlic Chicken and Spinach Flatbread Pizza	Bravo	Flatbread, Olive Oil, Garlic, Chicken Breast, Spinach, Pizza Sauce, Mozzarella Cheese, Parsley		
Garlic Sesame Glaze	Bravo	Soy Sauce, Rice Wine, Garlic, Brown Sugar, Sesame Oil, Cornstarch	X	

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German-Style Sausage Flatbread Pizza	Bravo	Flatbread, Apricot Preserves, Bratwurst, Onion, Sauerkraut, Mozzarella Cheese		
Gorgonzola, Pear and Balsamic Honey Walnut Flatbread Pizza	Bravo	Cream Cheese, Gorgonzola Cheese, Pears, Lemon Juice, Butter, Walnuts, Honey, Balsamic Vinegar	X	
Green Chili Chicken Flatbread Pizza	Bravo	Flatbread, Green Chili Sauce, Chicken, Cheddar Cheese, Monterey Jack Cheese, Avocado, Sour Cream, Green Onions, Tomatoes		
Green Chili Sauce	Bravo	Vegetable or Olive Oil, Onion, Garlic, Flour, Cumin, Pepper, Chicken Broth, Green Chilies, Oregano, Salt		
Grilled Chicken and Spinach Pizza	Bravo	Pizza Dough, Chicken Breast, Olive Oil, Garlic Powder, Garlic, Basil, Pizza Sauce, Spinach, Bacon, Mozzarella Cheese, Parmesan Cheese		
Grilled Mediterranean Flatbread Pizza	Bravo	Flatbread, Sundried Tomatoes, Artichoke Hearts, kalamata Olives, Pesto Sauce, Feta Cheese, Olive Oil	X	
Ground Beef Supreme Pizza	Bravo	Pizza Dough, Olive Oil, Garlic, Pizza Sauce, Mozzarella Cheese, Seasoned Ground Beef, Onion, Green Peppers, Mushrooms, Black Olives		
Havarti and Fruit Flatbread Pizza	Bravo	Flatbread, Havarti, Apple, Pear, Swiss Cheese, Walnuts, Honey	X	
Hawaiian Pizza	Bravo	Pizza Dough, Olive Oil, Garlic, Pizza Sauce, Mozzarella Cheese, Pineapple, Ham or Canadian Bacon, Bell Pepper		
Lime Cream Sauce	Bravo	Cilantro Leaves, Shallots, Mayo, Sour Cream, Lime Juice, Sugar	X	
Linguine with Clam Sauce	Bravo	Linguine, Olive Oil, Garlic, Shallots, White Wine, Clam Juice, Chili Flakes, Salt, Pepper, Canned Clams, Parsley		
Linguine with Roasted Tomato and Garlic	Bravo	Linguine Noodles, Olive Oil, Garlic, Tomato, Salt, Black Pepper, Parsley, Basil	X	
Marinara Sauce	Bravo	Tomato Puree, Diced Tomatoes, High Fructose Corn Syrup, Soybean Oil, Salt, Garlic, Citric Acid, Dried Parsley, Spices.	X	
Mediterranean Goat Cheese Calzone	Bravo	Calzone Dough, Cornmeal, Olive Oil, Tomato Paste, Sundried Tomatoes, Marinated Artichoke Hearts, Goat Cheese, Walnuts, Pepper	X	

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Muffuletta Pizza	Bravo	Pizza Dough, Celery, Pimento, Pepperoncini, Onions, Garlic, Olive Oil, Dry Italian Salad Dressing Mix, Deli Ham or Salami, Provolone Cheese		
Mushroom Lasagna	Bravo	Lasagna Noodles, Cottage Cheese, Mozzarella Cheese, Mushrooms, Zucchini, Cooking Wine, Marinara Sauce (Tomato, Basil, Garlic, Parsley, Soybean Oil)	X	
North African Style Chicken Flatbread Pizza	Bravo	Flatbread, Spinach, Almonds, Olive Oil, Chicken, Orange Marmalade, Dates, Fennel Seed, Cardamom, Goat Cheese		
Oven Roasted Vegetables	Bravo	Garlic, Zucchini, Yellow Squash, Red Bell Peppers, Red Onions, Button Mushrooms, Olive Oil, Italian Seasoning	X	X
Pacific Rim Chicken Flatbread Pizza	Bravo	Flatbread, Garlic Sesame Glaze, Chicken Breast, Mushrooms, Sesame Oil, Red Peppers, Yellow Peppers, Green Peppers, Green Onions, Cilantro, Black and White Sesame Seeds		
Pasta with Chicken and Vodka Sauce	Bravo	Penne Pasta, Chicken, Seasoned Salt, Vodka, Marinara Sauce, Tomato, Soybean Oil, Olive Oil, Cream, Whey Powder, Salt, White Pepper	X	
Pasta with Roasted Pepper Sauce and Chicken	Bravo	Pasta, Chicken Breast, Vegetable Stock, Basil, Red Pepper Sauce (Red Bell Peppers, White Wine, Shallots, Garlic, Salt, Thyme, Chili Flakes, Pepper, Paprika , Cumin)		
Pasta with Sundried Tomato Sauce	Bravo	Pasta, Olive Oil, Shallots, Garlic, Sundried Tomatoes, Salt, Pepper, Vegetable Stock, Cornstarch, Oregano, Balsamic Vinegar, Basil	X	X
Pasta with Sundried Tomato Sauce & Chicken	Bravo	Pasta, Chicken Breast, Olive Oil, Shallots, Garlic, Sundried Tomatoes, Salt, Pepper, Vegetable Stock, Cornstarch, Oregano, Balsamic Vinegar, Basil		
Pasta with Vodka Sauce	Bravo	Pasta, Olive Oil, Onion, Garlic, Marinara Sauce, Flour, Water, Half & Half, Vodka, Salt, Cayenne Pepper, Parmesan Cheese, Basil	X	
Pasta with Vodka Sauce & Chicken	Bravo	Pasta, Chicken Breast, Olive Oil, Onion, Garlic, Marinara Sauce, Flour, Water, Half & Half, Vodka, Salt, Cayenne Pepper, Parmesan Cheese, Basil		

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Pasta with Wild Mushroom Sauce	Bravo	Pasta, Olive Oil, Onion, Crimini Mushrooms, Shitake Mushrooms, Oyster Mushrooms, Thyme, Marjoram, Salt, Pepper, White Wine, Vegetable Stock, Garlic, Romano Cheese, Chives	X	
Pasta with Wild Mushroom Sauce & Chicken	Bravo	Pasta, Chicken Breast, Olive Oil, Onion, Crimini Mushrooms, Shitake Mushrooms, Oyster Mushrooms, Thyme, Marjoram, Salt, Pepper, White Wine, Vegetable Stock, Garlic, Romano Cheese, Chives		
Pepperoni Calzone	Bravo	Calzone Dough, Cornmeal, Pepperoni, Marinara Sauce, Mozzarella Cheese, Parmesan Cheese, Garlic, Fennel Seeds, Crushed Red Pepper, Salt, Pepper		
Pepperoni Flatbread Pizza	Bravo	Flatbread, Pizza Sauce, Cherry Tomatoes, Button Mushrooms, Onions, Beef Pepperoni Sausage, Mozzarella Cheese, Parsley, Basil		
Pepperoni Pizza	Bravo	Pizza Dough, Olive Oil, Garlic, Pizza Sauce, Mozzarella	X	
Pesto Chicken Calzone	Bravo	Calzone Dough, Cornmeal, Shredded Chicken, Pesto Sauce, White Cheddar Cheese, Sundried Tomatoes, Roasted Red Peppers, Salt, Pepper		
Pesto Sauce	Bravo	Fresh Basil Leaves, Chopped Walnuts, Garlic Cloves, Parmesan Cheese, Olive Oil, Salt, Pepper	X	
Philly Cheese Steak Flatbread Pizza	Bravo	Flatbread, Green Pepper, Onion, Olive Oil, Beef, Italian Salad Dressing, Mozzarella Cheese		
Philly Cheese Steak Pizza	Bravo	Pizza Dough, Olive Oil, Onion, Green Pepper, Mushrooms, Roast Beef, Worcestershire Sauce, Black Pepper, Garlic, Provolone Cheese, Parmesan Cheese		
Phoenix Pizza Sauce	Bravo	Tomato Paste, Tomato Puree, Salt, Olive Oil, Dried Onions, Garlic, Black Pepper, Oregano, Basil, Spices, Citric Acid, Water	X	
Pizza Blanca Sauce	Bravo	Butter, Flour, Milk, Salt, Garlic Powder, Parmesan Cheese, Cracked Black Pepper	X	
Pizza Margherita	Bravo	Pizza Dough, Olive Oil, Basil, Oregano, Garlic, Black Pepper, Tomato Puree, Roma Tomatoes, Mozzarella Cheese, Parmesan Cheese	X	

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Pizza Red Sauce	Bravo	Whole Peeled Tomatoes, Olive Oil, Onion, Garlic, Basil, Oregano, Salt, Black Pepper, Sugar	X	X
Ricotta & Chocolate Hazelnut Dessert Calzone	Bravo	Calzone Dough, Cornmeal, Ricotta Cheese, Mascarpone Cheese, Egg Yolk, Powdered Sugar, Strawberries, Sugar, Chocolate Hazelnut spread (Nutella), Whipping Cream, Eggs	X	
Roasted Red Pepper Sauce	Bravo	Red Bell Peppers, White Wine, Shallots, Garlic, Salt, Thyme, Chili Flakes, Pepper, Paprika , Cumin	X	
Roasted Vegetable Pizza	Bravo	Pizza Dough, Olive Oil, Cherry Tomatoes, Red Bell Pepper, Zucchini, Red Onion, 3-Cheese Pizza Blend, Basil	X	
Roma Lasagna	Bravo	Apple Juice, Onion, Mushrooms, Zucchini, Red Peppers, Spinach, Oregano, Basil, Lasagna Noodles, Cottage Cheese, Parmesan Cheese, Tomato, Olive Oil, Cream, Whey Powder, White Pepper, Mozzarella Cheese	X	
Salami and Roasted Pepper Calzone	Bravo	Calzone Dough, Cornmeal, Dry Salami, Genoa Salami, Ricotta Cheese, Roasted Red Pepper, Mozzarella Cheese, Parmesan, Basil, Salt, Crushed Red Pepper		
Sausage and Alfredo Pizza	Bravo	Pizza Dough, Olive Oil, Garlic, White Sauce, Mozzarella Cheese, Onion, Italian Sausage		
Sausage and Sweet Pepper Calzone	Bravo	Calzone Dough, Cornmeal, Italian Sausage, Onion, Green Bell Pepper, Red Bell Pepper, Garlic, Ricotta Cheese, Mozzarella Cheese, Parmesan Cheese, Crushed Red Pepper, Salt		
Sausage Pizza	Bravo	Pizza Dough, Olive Oil, Garlic, Pizza Sauce, Mozzarella Cheese, Onion, Italian Sausage		
Seafood Pizza	Bravo	Pizza Dough, Olive Oil, Imitation Crab, Shrimp, Pineapple, Mushrooms, Black Olives, Green Pepper, Mozzarella Cheese, White Cheddar Cheese, Parsley		
Shrimp Calzone	Bravo	Calzone Dough, Cornmeal, Olive Oil, Garlic, Chopped Tomatoes, Thyme, Parsley, Dry White Wine, Shrimp, Salt, Pepper, mozzarella Cheese, Egg		
Smoked Salmon, Capers and Dill Flatbread Pizza	Bravo	Flatbread, Nova Smoked Salmon, Capers, Garlic and Herb Cheese Spread, Red Onion, Mozzarella Cheese, Dill		

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Spaghetti with Roasted Zucchini and Olives	Bravo	Spaghetti, Zucchini, Canola Oil, Onions, Garlic, Roasted Red Peppers, Black Olives, Red Pepper Flakes, Feta Cheese, Salt, Pepper	X	
Spinach and Bacon Calzone	Bravo	Calzone Dough, Cornmeal, Shredded Chicken, Spinach, Mozzarella Cheese, Bacon, Parmesan Cheese, Garlic, Italian Seasoning, Salt, Pepper		
Spinach Pizza	Bravo	Pizza Dough, Olive Oil, Oregano, Basil, Garlic Powder, Spinach, Mushrooms, Red Onion, Mozzarella Cheese, Parmesan Cheese		
Spinach-Artichoke Filling	Bravo	Cream Cheese, Artichoke Hearts, Spinach, Parmesan Cheese, Roasted Garlic, Mayo, Lemon Juice, Pepper, Salt	X	
Stir-Fried Beef Tortilla Pizza	Bravo	Beef Bottom Round, Soy Sauce, Red Bell Pepper, Green Pepper, Onion, Flour Tortilla, Tomatoes, Green Onions		
Sundried Tomato and Goat Cheese Flatbread Pizza	Bravo	Flatbread, Pesto Sauce, Button Mushrooms, Mozzarella Cheese, Sundried Tomatoes, Goat Cheese	X	
Tex-Mex Pizza	Bravo	Pizza Dough, Olive Oil, Garlic, Tomatoes, Jalapeno Peppers, Green Onions, Cheddar Cheese, Parmesan Cheese, Avocado, Sour Cream Cilantro	X	
Thai Pizza	Bravo	Pizza Dough, Peanut Butter, Hoisin Sauce, Rice Vinegar, Sesame Oil, Monterrey Jack Cheese, Bean Sprouts, Shrimp, Green Onions, Crushed Dried Hot Chilies		
Three Cheese Pizza	Bravo	Pizza Dough, Olive Oil, Garlic, Pizza Sauce, Mozzarella Cheese, Swiss Cheese, Parmesan Cheese, Oregano, Thyme, Basil, Salt, Pepper	X	
Tomato Basil Sauce	Bravo	Olive Oil, Garlic, Diced Tomatoes, Basil, Salt, Pepper	X	
Tortellini with Pesto Cream Sauce	Bravo	Cheese Tortellini, Basil, Pine Nuts, Olive Oil, Cream, Salt, White Pepper	X	
Vegetarian Calzone	Bravo	Calzone Dough, Cornmeal, Roasted Garlic, Basil, Italian Parsley, Mozzarella Cheese, Tomatoes, Red Onion, Eggplant, Olive Oil, Sundried Tomatoes, Ricotta Cheese, Salt, Pepper	X	
White Chicken Pizza	Bravo	Pizza Dough, White Sauce, Olive Oil, Chicken Breast, Flour, Garlic, Mozzarella Cheese, Green Onions, Parmesan Cheese		

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Blooming Onion	Bwings	Egg, Milk, Flour, Salt, Cayenne Pepper, Paprika, Pepper, Oregano, Thyme, Cumin, Sweet Onion	X	
Blooming Onion Dipping Sauce	Bwings	Mayo, Ketchup, Creamy Horseradish, Paprika, Salt, Oregano, Pepper, Cayenne Pepper	X	
Buffalo Sauce	Bwings	Louisiana Hot Sauce, Margarine, White Vinegar, Celery Seed, Cayenne Pepper, Garlic Salt, Pepper, Worcestershire Sauce, Tabasco Sauce	X	
Honey BBQ Sauce	Bwings	Ketchup, Honey , Liquid Smoke, Cider Vinegar, Brown Sugar, Garlic Powder, Cayenne Pepper	X	
Hotter than Hot Sauce	Bwings	Serrano Chili Peppers, Red Chili Peppers, Jalapeno Peppers, White Wine, Tabasco Sauce, Worcestershire Sauce, Cayenne Pepper, Red-Hot Sauce, Salt, Pepper, Vinegar	X	
Kicker Sauce	Bwings	Margarine, Honey, Hot Sauce, Jalapeno Peppers, Spicy Mustard, Tomato Paste, Soy Sauce	X	
Teriyaki Sauce	Bwings	Soy Sauce, Grapefruit Juice, Hoisin Sauce, Ketchup, Rice Wine Vinegar, Brown Sugar, Hot Red Chili, Garlic, Ginger	X	
Avocado Salsa	Chilaca	Corn, Sliced Olives, Sweet Red Bell Pepper, Onion, Garlic, Olive Oil, Lemon Juice, Cider Vinegar, Oregano, Salt, Pepper, Avocados	X	X
Beef Burrito Filling	Chilaca	Oregano, Chili Powder, Cumin, Garlic Powder, Onion Powder, Salt, Ground Beef		
Black Bean and Corn Salsa	Chilaca	Corn, Black Beans, Red Onion, Red Bell Peppers, Lime Juice, Cilantro. Olive Oil, Red Jalapeno Chili, Garlic, Cumin, Salt	X	X
Black Bean Burrito Filling	Chilaca	Olive Oil, Green Chilies, Garlic, Onion, Black Beans, Cilantro, Cumin, Salt	X	X
Burrito	Chilaca	Flour Tortilla, Steamed Rice, Beef, Chicken, Pork or Vegetables, Cheddar Cheese, Sour Cream, Salsa, Guacamole		
Chicken Burrito Filling	Chilaca	Chicken Meat, Tomato Sauce, Salsa, Taco Seasoning Mix, Cumin, Garlic, Chili Powder		
Chilaca Salad	Chilaca	Lettuce, Tortilla Chips, Meat of Choice, Onions, Tomatoes, Black Olives, Cheese, Sour Cream, Salsa		
Cilantro Lime Rice	Chilaca	Vegetable Oil, Cilantro, White Rice, Water, Salt, Lime Juice	X	X

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Fiesta Nachos	Chilaca	Tortilla Chips, Meat of Choice, Cheese Sauce, Jalapenos, Black Beans, Tomato, Black Olives, Sour Cream, Salsa		
Fried Serrano Chile Salsa	Chilaca	Olive Oil, Serrano Chilies, Onion, Garlic, Salt	X	X
Green Chili Salsa	Chilaca	Cilantro, Green Chilies, Jalapeno Chilies, Lime Juice, Garlic, Salt	X	X
Guacamole	Chilaca	Avocados, Lime Juice, Cumin, Plum Tomatoes, Red Onion, Garlic, Sour Cream, Jalapenos	X	
Pico De Gallo	Chilaca	Tomatoes, Red Onion, Jalapenos, Garlic, Lime Juice, Cilantro, Salt, Pepper	X	X
Pork Burrito Filling	Chilaca	Pork Roast, Olive Oil, Garlic, Crushed Red Pepper, Cumin, Oregano, Salt, Water		
Quesadilla	Chilaca	Flour Tortilla, Cheddar Cheese, Meat of Choice, Sour Cream, Salsa		
Red Salsa	Chilaca	Canned Tomatoes, Tomato Juice, Green Peppers, Onions, Garlic Powder, Green Chilies, Jalapeno Peppers, Cider Vinegar, Salt, Sugar, Hot Pepper Sauce, Oregano, Cayenne Pepper, Cumin	X	X
Salsa Verde	Chilaca	Green Tomatoes, Jalapenos, Red Tomatoes, Onion, Lime Juice, Cilantro, Salt, Pepper	X	X
Taco	Chilaca	Taco Shell (hard-corn, soft-flour), Beef or Chicken, Cheddar Cheese, Lettuce, Tomato, Sour Cream, Salsa		
Artichoke Marinated Chicken Breast Stuffed with Chorizo and Mustard Greens	Cubano	Artichoke Paste, Olive Oil, Cumin, Coriander, Oregano, Chicken Breast, Chorizo Sausage, Onion, Garlic, Mustard Greens, Chicken Stock, Potato, Green Olives, Salt, Pepper		
Citrus Mojo Marinade	Cubano	Canola Oil, Garlic, Orange Juice, Lime Juice, Cumin, Salt, Pepper	X	X
Cuban Black Beans & Cumin Scented Rice	Cubano	Black Beans, Water, Olive Oil, Smoked Ham, Onion, Garlic, Sweet Chili Peppers, Salt, Pepper, Bay Leaves, Sugar, Dry Red Wine, Oregano, Cumin, Cumin Scented Rice		
Cuban Chicken Fricassee	Cubano	Chicken, Canola Oil, Garlic, Salt, Pepper, Orange Juice, Onions, Green Peppers, Potatoes, Spanish Olives, Tomato Sauce, Dry White Wine, Oregano, Cumin, Capers, Bay Leaves		

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Cuban Pot Roast stuffed with Ham	Cubano	Beef Roast, Garlic, Salt, Pepper, Ground Ham, Vegetable Oil, Onion, Tomato, Black Peppercorns, Bay Leaves, White Cooking Wine		
Cuban Sandwich	Cubano	Cuban Roll, Yellow Mustard, Ham, Roast Pork, Swiss Cheese, Dill Pickles, Unsalted Butter		
Cuban Style Pork with Papaya Mango Salsa	Cubano	Citrus Mojo Marinade, Pork Loin, Papaya Mango Salsa		
Cumin Scented Rice	Cubano	Butter, Cumin Seeds, Basmati Rice, Lime, Water, Salt		
Fried Sweet Plantain	Cubano	Plantains, Oil, Salt	X	X
Papas Con Mojo	Cubano	Yukon Gold Potatoes, Onion, Olive Oil, Citrus Mojo Marinade, Oregano, Cilantro, Salt, Pepper	X	X
Papaya Mango Salsa	Cubano	Papaya, Mango, Red Onion, Lime Juice, Jalapeno, Cilantro	X	X
Beef Curry	Curry Nation	Beef, Vinegar, Garlic, Ginger, Salt, pepper, Curry Powder, Chili Powder, Vegetable Oil, Leeks, Curry Leaves, Onion, Cinnamon, Cardamom, Cloves, Tomato Paste, Water, Coconut Milk		
Coconut Basmati Rice	Curry Nation	Basmati Rice, Water, Salt, Coconut Milk	X	X
Creamy Chicken and Basil Curry	Curry Nation	Serrano Chilies, Caraway Seeds, Garlic Cloves, Turmeric, Lemon Grass, Lime Zest, Cilantro, Water, Salad Oil, Chicken, Coconut Milk, Basil, Fish Sauce		
Garam Masala	Curry Nation	Cumin Seeds, Coriander Seeds, Cardamom Seeds, Black Peppercorns, Cinnamon Stick, Cloves, Nutmeg	X	X
Green Banana Curry	Curry Nation	Plantains, Salad Oil, Onion, Curry Powder, Mustard, Turmeric, Sugar, Coconut Milk, Lime Juice, Salt	X	X
Indian Baked Rice	Curry Nation	Basmati Rice, Vegetable Oil, Almonds, Onions, Garlic, Jalapeno, Garam Masala, Ginger, Salt, Chicken Broth		
Indian Spiced Cauliflower and Potatoes	Curry Nation	Cauliflower, Potatoes, Vegetable Oil, Cumin Seeds, Salt, Onions, Garlic, Jalapeno, Ginger, Cumin, Coriander, Turmeric, Cayenne, Water	X	X
Potato Curry Alu Tarkari	Curry Nation	Red Potatoes, Mustard Oil, Turmeric, Green Chilies, Garlic, Ginger, Yogurt, Salt, Cilantro	X	
Rotti Bread	Curry Nation	Flour, Yeast, Sugar, Salt, Water, Butter	X	

### Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Spinach & Lentils	Curry Nation	Spinach, Lentils, Salad Oil, Onion, Green Pepper, Garlic, Mustard, Curry Powder, Turmeric, Cinnamon, Lemon Grass, Water, Coconut Milk, Salt	X	X
Sri Lankan Beef Curry	Curry Nation	Oil, Garlic, Ginger, Clove Powder, Bay Leaves, Cinnamon, Cardamom, Beef, Soy Sauce, Black Pepper, Salt, Red Onion, Curry Powder, Turmeric, Water, Coconut Milk, Tomato Paste, Ketchup, Cayenne Pepper, Lime Juice, Vinegar		
Sri Lankan Chicken	Curry Nation	Chicken, Pepper, Lemon Juice, Soy Sauce, Salt, Salad Oil, Garlic, Ginger, Chili Powder, Onion, Green Pepper, Tomato Sauce, Chicken Stock, Cilantro		
Tandoori Masala	Curry Nation	Coriander, Cumin, Paprika, Turmeric, Chili Powder, Ginger Powder, Garlic Powder, Garam Masala	X	X
Tomato Chicken Tarkari	Curry Nation	Chicken Thighs, Turmeric, Pepper, Salt, Salad Oil, Fenugreek, Cumin Seeds, Mustard Seeds, Dried Red Chilies, Bay Leaves, Onion, Garlic, Ginger, Cumin, Coriander, Red Chilies, Tomato, Chicken Stock, Cilantro		
Vegetable Kolhapur	Curry Nation	Potatoes, Carrots, Onion, Ginger, Red Chilies, Garlic, Sugar, Tomato, Salad Oil, Cumin, Chili Powder, Coriander, Turmeric, Tandoori Masala, Salt, Garam Masala, Water, Serrano Chilies, Cauliflower, Peas, Lemon Juice, Cilantro	X	X
Vegetable Pakoras	Curry Nation	Flour, Coriander, Salt, Turmeric, Chili Powder, Garam Masala, Garlic, Water, Cauliflower, Zucchini	X	X
Ambrosia Fruit Salad	Field of Greens	Canned Mandarin Oranges, Canned Pineapple, Banana, Miniature Marshmallows, Coconut, Pecans, Whipped topping, Maraschino Cherries	X	
Athena Pasta and Chicken Salad	Field of Greens	Olive Oil, Oregano, Garlic, Tomato, Green Onion, Parsley, Lemon Juice, Bow-tie Pasta, Feta Cheese, Black Pepper, Chicken Breast, Lemon,		
Autumn Squash Soup	Field of Greens	Butternut Squash, White Bread, Green Apples, Salt, Onion, Pepper, Rosemary, Egg Yolk, Marjoram, Heavy Cream, Vegetable Stock	X	

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Baby Shell Pasta with Kalamata Olives, Roasted Fennel and Grilled Onions	Field of Greens	Shell Pasta, Salt, Water, Garlic Cloves, Fennel Bulb, Onion, Olive Oil, Tomatoes, Kalamata Olives, Assorted Herbs, Balsamic Vinegar, BBQ Sauce, Lime Juice, Romano Cheese, Crushed Red Pepper	X	
Bacon Dressing	Field of Greens	Cornstarch, Vegetable Stock, Dijon Mustard, Shallots, Cider Vinegar, Salt, Pepper, Bacon		
Baked Potato Soup	Field of Greens	Bacon, Margarine, Flour, Milk, Potatoes, Green Onions, Cheddar Cheese, Sour Cream, Salt, Pepper		
Balsamic-Walnut and Dijon Vinaigrette	Field of Greens	Cornstarch, Vegetable Stock, Dijon Mustard, Garlic, Lime Juice, Balsamic Vinegar, Walnut Oil, Salt, Pepper	X	X
Barley and Black Bean Salad	Field of Greens	Water, Salt, Barley, Black Beans, Red Wine Vinegar, Black Pepper, Corn, Green Peppers, Red Jalapeno Peppers, Cilantro, Lime Juice, Cumin, Ancho Chili Powder, Olive Oil	X	X
Barley and Roasted Vegetable Soup	Field of Greens	Vegetable Oil Spray, Plum Tomatoes, Carrots, Mushrooms, Red Bell Peppers, Zucchini, Olive Oil, Garlic, Vegetable Broth, Porcini Mushrooms, Thyme, Bay Leaves, Pearl Barley, Parsley	X	X
Barley with Tuna Salad	Field of Greens	Barley, Chicken Stock, Broccoli Florets, Red Pepper, Tuna, Onion, Parsley		
Beef and Pasta Salad	Field of Greens	Tri-Colored Rotini, Cauliflower Florets, Zucchini, Black Olives, Carrots, Roast Beef, Dressing: Cottage Cheese, Milk, Garlic, Oregano, Basil, Plain Yogurt, Sour Cream, Parmesan Cheese		
Beef, Mushroom & Barley Soup	Field of Greens	Beef, Oil, Onion, Carrots, Celery, Mushrooms, Garlic, Thyme, Beef Broth, Chicken Broth, Water, Pearl Barley, Salt, Pepper		
Beer Cheese Soup	Field of Greens	Butter, Carrots, Onion, Celery, Garlic, Cayenne, Salt, Pepper, Vegetable Broth, Beer, Flour, Milk, Cheddar Cheese, Dijon Mustard, Worcestershire Sauce, Dry Mustard, Hot Pepper Sauce	X	
Black Bean Soup	Field of Greens	Salad Oil, Onions, Vegetable Stock, Tomatoes, Black Beans, Jalapenos, Cumin		
Blanco y Blanco Salad	Field of Greens	Navy Beans, Olive Oil, Garlic, Basil, Plum Tomatoes, White Vinegar, Parmesan Cheese, Penne Rigate, Pepper, Parsley	X	
Bleu Cheese Dressing	Field of Greens	Sour Cream, Mayo, Worcestershire Sauce, Dry Mustard, Garlic Powder, Salt, Pepper, Bleu Cheese	X	

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Bleu Cheese Waldorf Salad	Field of Greens	Tart Apples, Celery, Dried Cherries, Salad Dressing, Lemon Juice, Sugar, Salt, Toasted Almonds, Bleu Cheese	X	
Bow Ties with Black Bean Salad and Cherry Tomatoes	Field of Greens	Bow Tie Pasta, Salt, Water, Olive Oil, Green Onions, Cumin, Lime Juice, Black Beans, Salt, Pepper, Cherry Tomatoes, Cilantro		
Broccoli Tortellini Salad	Field of Greens	Cheese Tortellini, Salt, Water, Broccoli, Red Bell Pepper, Provolone Cheese, Sundried Tomato Dressing		
Cabbage Soup	Field of Greens	Onion, Carrots, Celery, Butter, Chicken Stock, White Pepper, Caraway Seeds, Granulated Garlic, Green Cabbage, Russet Potatoes, Kielbasa		
Carrot Soup with Orange and Tarragon	Field of Greens	Butter, Carrots, Onion, Vegetable Broth, Orange Juice, Brandy, Tarragon		
Cashew Chicken Soup	Field of Greens	Butter, Carrots, Onion, Celery, Flour, Chicken Stock, Cream, Chicken Breast, White Pepper, Parsley, Cashews		
Chicken Cashew Salad	Field of Greens	Seashell Pasta, Salt, Water, Brown Sugar, Salad Dressing, Vinegar, Salt, Celery, Green Pepper, Onion, Chicken Breast, Cashews		
Chicken Cordon Bleu Soup	Field of Greens	Chicken, Flour, Seasoned Salt, Cream, Water, Ham, Milk, Butter, Parsley, Salt, White Pepper, American Swiss, Swiss, Soy, Yeast, Garlic		
Chili Vinaigrette	Field of Greens	Cornstarch, Vegetable Stock, Garlic, Shallots, Cocoa Powder, Chili Powder, Cider Vinegar, Lime Juice, Tabasco Sauce, Salt	X	X
Chinese Chicken Salad	Field of Greens	Brown Rice, Green Peas, Scallions, Water Chestnuts, Celery, Red Pepper, Honey, Sherry, Soy Sauce, Hot Pepper Oil, Ground Ginger, Rice Vinegar, Vegetable Oil, Dijon Mustard, Chicken Breast		
Chipotle Dressing	Field of Greens	Cornstarch, Vegetable Stock, Canned Chipotle Pepper in Adobo, Garlic, Cilantro, Lime Juice, Cider Vinegar, Salt	X	X
Citrus Couscous Salad	Field of Greens	Water, Salt, Couscous, Lemon Juice, Orange Juice, Garlic, Ginger, Black Pepper, Olive Oil, Green Onion, Raisins, Mandarin Oranges, Almonds		
Citrus Vinaigrette	Field of Greens	Lemon Juice, Lime Juice, Orange Juice Concentrate, Red Wine Vinegar, Sugar, Salt, Black Pepper, Dijon Mustard, Olive Oil	X	X

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Clam Chowder	Field of Greens	Potatoes, Onion, Celery, Green Pepper, Garlic, Clam Juice, Dry White Wine, Clam Base, Thyme, Nutmeg, Bay Leaf, Pepper, Half & Half, Clams, Parsley, Crackers		
Corn Chowder	Field of Greens	Chicken Stock, Water, Soybean Oil, Corn, Bacon, Onions, Cream, Olive Oil, Whey, Salt, White Pepper, Thyme, Corn Starch		
Cream of Broccoli and Hazelnut Soup au Gratin	Field of Greens	Butter, Onions, Broccoli, Potatoes, Vegetable Stock, Heavy Cream, Hazelnuts, Cream Sherry, Parmesan Cheese, Salt, Pepper, Gruyere Cheese		
Creamy Chive Dressing	Field of Greens	Buttermilk, Sour Cream, Mayo, Lemon Juice, Cider Vinegar, Lemon Zest, Tabasco Sauce, Salt, Pepper, Chives	X	
Creamy Coleslaw	Field of Greens	Cabbage, Carrots, Salad Dressing, Half & Half, Cider Vinegar, Sugar, Salt, Black Pepper		
Creamy Italian Dressing	Field of Greens	Mayo, Onion, Red Wine Vinegar, White Sugar, Italian Seasoning, Garlic Powder, Salt, Black Pepper	X	
Creamy Tarragon Dressing	Field of Greens	Mayo, Buttermilk, Tarragon, Tarragon Vinegar, Salt, Pepper	X	
Cucumber Salad	Field of Greens	Cucumber, Onion, Carrots, White Vinegar, Sugar, Water, Vegetable Oil		
Cumin Lime Dressing	Field of Greens	Cornstarch, Vegetable Stock, Lime Juice, Rice Wine Vinegar, Lime Zest, Cilantro, Cumin, Salt, Pepper	X	X
Dill Macaroni and Cheese Salad	Field of Greens	Elbow Macaroni, American Cheese, Celery, Green Peppers, Pimento, Mayo, Vinegar, Salt, Dill Weed		
Farfalle with Roasted Peppers Salad	Field of Greens	Bow-tie Pasta, Sundried Tomato, Artichoke Hearts, Roasted Red Pepper, Italian Dressing, Garlic, Parmesan Cheese, Salt, Pepper, Thyme, Green Onions		
Fennel, Orange and Onion Salad	Field of Greens	Pasta, Orange, Orange Juice, Red Onions, Sugar, Canola Oil, Fennel, Garlic, Salt, Pepper, Red Pepper		
Fiesta Potato Salad	Field of Greens	Red Potatoes, Yellow Onion, Pimento, Green Pepper, Celery, Dill, Mayo, Cider Vinegar, Dry Mustard, Celery Seed, Black Pepper, Parsley		
French Dressing	Field of Greens	White Sugar, Ketchup, Vegetable Oil, Garlic, White Vinegar, Celery Seed, Hot Pepper Sauce	X	X

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Fresh Sweet Potato Salad	Field of Greens	Sweet Potatoes, Tart Apples, Pecans, Sour Cream, Salad Dressing, Lemon Zest, Lemon Juice, Honey, Salt, Pepper, Tarragon		
Garbanzo Bean Salad	Field of Greens	Garbanzo Beans, Black Olives, Tomatoes, Scallions, Button Mushrooms, Parmesan Cheese, Garlic, Pepper, Olive Oil, Parsley		
Garbanzo Bean Salad	Field of Greens	Garbanzo Beans, Kidney Beans, Pinto Beans, Celery, Cucumbers, Green Onions, Radishes, Black Olives, French Dressing		
Garden Pasta Salad	Field of Greens	Tri-Colored Rotini, Broccoli, Black Olives, Tomatoes, Red Onion, Green Pepper, Red Pepper, Italian Dressing, Parmesan Cheese, Parsley		
Gazpacho Pasta Salad	Field of Greens	Rotini Pasta, Salt, Water, Tomatoes, Green Onions, Cucumbers, Garlic, Cilantro, Olive Oil, Red Wine Vinegar, Cayenne Pepper		
Gazpacho Salad and Shrimp	Field of Greens	Cucumber, Green Peppers, Red Peppers, Tomatoes, Yellow Onions, Cilantro, Shrimp, Dressing: Chicken Stock, Tomato sauce, Balsamic Vinegar, Lime Juice, Sugar, Tabasco Sauce		
German Potato Salad	Field of Greens	Russet Potatoes, Bacon, Onion, Flour, Sugar, Salt, Black Pepper, Celery Seed, Cider Vinegar, Water		
Ginger Shitake Mushroom Salad	Field of Greens	Shitake Mushrooms, Ginger, Balsamic Vinegar, Olive Oil, Salt, Pepper, Garlic, Thyme, Chicken Stock, Tomato, Scallions, Parsley		
Ground Beef Vegetable Soup	Field of Greens	Beef Stock, Vegetable Stock, Water, Ground Beef, Soy, Tomato, Onions, Squash, Zucchini, Carrots, Parsley, Salt, White Pepper, Celery, Paprika		
Herb Vinaigrette	Field of Greens	Cornstarch, Vegetable Stock, Shallots, Garlic, Basil, Chives, Parsley, Red Wine Vinegar, Lemon Juice, Dry Mustard, Sugar, Salt,	X	X
Honey Herb Vinaigrette	Field of Greens	Cornstarch, Vegetable Stock, Shallots, Oregano, Thyme, Parsley, Dijon Mustard, Red Wine Vinegar, Honey, Salt	X	
Honey Mustard Dressing	Field of Greens	Mayo, Ketchup, Sweet Pickle Relish, Salt, Pepper, Prepared Mustard, Honey, Lemon Juice	X	

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Italian Dressing	Field of Greens	Garlic Salt, Onion Powder, White Sugar, Dried Oregano, Black Pepper, Thyme, Basil, Parsley, Celery Salt, Salt, White Vinegar, Canola Oil, Water	X	X
Italian Sausage and Bow-Tie Soup	Field of Greens	Italian Sausage, Onions, Garlic, Beef Broth, Tomatoes, Dry Red Wine, Basil, Sugar, Green Pepper, Zucchini, Bow-tie Pasta, Parsley, Salt, Pepper		
Italian Wedding Soup	Field of Greens	Onion, Parsley, Egg, Garlic, Salt, White Bread, Parmesan, Ground Beef, Ground Pork, Pepper, Chicken Broth, Spinach, Parmesan, Pepper		
Kale and Chickpea Soup	Field of Greens	Onion, Garlic, Bay leaf, Salt, Pepper, Olive Oil, Potatoes, Kale, Chicken Broth, Water, Chickpeas, Chorizo		
Lentil and Sausage Soup	Field of Greens	Garlic Powder, Parsley, Bay Leaves, Oregano, Thyme, Basil, Salt, pepper, Italian Sausage, Onion, Celery, Garlic, Lentils, Carrot, Water, Chicken Broth, Tomatoes		
Loganberry Salad	Field of Greens	Red Apples, Green Apples, Zucchini, Cranberries, Yellow Onion, Orange Juice, Lemon Juice, Sugar, Parsley		
Low Fat Potato Salad	Field of Greens	Red Potatoes, Yellow Onion, Pimento, Celery, Dill, Low-Fat Mayo, Cider Vinegar, Dry Mustard, Celery Seed, Pepper, Parsley		
Macaroni Salad	Field of Greens	Elbow Macaroni, Salt, Oil, Water, French Dressing, Cider Vinegar, Hard Boiled Eggs, Green Pepper, Celery, Onion, Pimiento, Cheddar Cheese, Salad Dressing, Pickle Relish		
Marinated Mushroom Salad	Field of Greens	Button Mushrooms, Red Peppers, Onion, Garlic, Italian Dressing, Parsley		
Marinated Tomato Salad	Field of Greens	Tomatoes, Onion, Garlic, Parsley, Basil, Sugar, Salt, Pepper, Balsamic Vinegar, Olive Oil		
Mediterranean Cucumber Salad	Field of Greens	Cucumbers, Green Onions, Lemons, Garlic, Dill, Pepper, Cottage Cheese, Yogurt, Feta Cheese, Salt		
Mediterranean Mix Salad	Field of Greens	Tomatoes, Cucumbers, Onions, Greek Peppers, Red Pepper, Green Pepper, Feta Cheese, Oregano, Pepper, Lemon Juice, Balsamic Vinegar, Italian Dressing, Croutons		

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Middle Eastern Chicken Salad	Field of Greens	Plain Yogurt, Curry Powder, Ground Garlic, Red Pepper, Chicken Breast, White Rice, Red Pepper, Red Onion, Snow Peas, Green Onions		
Minestrone Soup	Field of Greens	Vegetable Stock, Penne Pasta, Tomato, Basil, Italian Seasoning, Water, Salt, Black Pepper, Garlic, Carrots, Zucchini, Squash, Green Beans, Kidney Beans, Green Peppers, Yellow Peppers, Onions, Soybean Oil, Cheddar Cheese Seasoning, Milk, Whey, Buttermilk, Corn Starch, Cotton Seed Oil, Sesame Oil, Sugar		
Orange Soy Vinaigrette	Field of Greens	Cornstarch, Vegetable Stock, Ginger, Garlic, Orange Zest, Soy Sauce, Orange Juice, White Wine Vinegar, Honey, Sesame Seeds, White Pepper	X	X
Oriental Vegetable Salad	Field of Greens	Red Pepper, Red Onion, Sugar Snap Peas, Bean Sprouts, Broccoli, Napa Cabbage, Bok Choy, Water Chestnuts, Baby Corn, Mushrooms, Carrots, Sesame Seeds, Sesame-Oriental Dressing		
Pasta and Crab Salad	Field of Greens	Macaroni, Salt, Water, Cider Vinegar, Lemon Juice, Sugar, Basil, Canola Oil, Green Onion, Snow Peas, Imitation Crabmeat		
Pasta Primavera Salad	Field of Greens	Peas, Pea Pods, Rotini, Olive Oil, Black Olives, Red Onion, Ham, Tomatoes, Red Peppers, Scallions, Basil, Chives, Pepper, Parmesan Cheese, Red Wine Vinegar, Lemon Zest, Lime Zest		
Pasta Primavera Salad	Field of Greens	Bow-Tie Pasta, Dressing, Mixed Greens, Zucchini, Tomato, Broccoli, Carrots, Red Onion, Red and Yellow Peppers		
Pasta with Spinach and Black Olive Salad	Field of Greens	Pasta, Spinach, Feta Cheese, Black Olives, Tomatoes		
Penne with White Bean and Chicken Salad	Field of Greens	Navy Beans, Garlic, Basil, Tomatoes, Parmesan Cheese, Penne Pasta, Scallions, Grilled Chicken, Sauce: Chicken Stock, Garlic, Olive Oil, Pepper, shallots, Vinegar		
Potato Florentine Soup	Field of Greens	Vegetable Stock, Russet Potato, Potato Pearl (Potato, Water, Sour Cream, Butter) Spinach, Cream, Water, Salt, White Pepper, Garlic		

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Potato Leek Soup	Field of Greens	Potatoes, Vegetable Broth, Leeks, Butter or Margarine, Heavy Whipping Cream, Thyme, Garlic Powder, Salt, Pepper		
Potato Salad	Field of Greens	Russet Potatoes, Salad Oil, Cider Vinegar, Lemon Juice, Mustard, Sugar, Salt, Hard Boiled Eggs, Celery, Onion, Pepper, Salad Dressing, Sour Cream		
Ranch Dressing	Field of Greens	Dried Onion, Parsley, Paprika, Sugar, Salt, Pepper, Garlic Powder, Mayo, Buttermilk	X	
Raspberry Vinaigrette	Field of Greens	Raspberry Wine Vinegar, Sugar, Garlic, Oregano, Black Pepper, Salt, Dijon Mustard, Vegetable Oil	X	X
Raspberry Walnut Dressing	Field of Greens	Cornstarch, Vegetable Stock, Raspberries, Raspberry Vinegar, Walnut Oil, Salt	X	X
Rice Noodle Vegetable Salad	Field of Greens	Rice Noodles, Dressing, Napa Cabbage, Carrot, Cucumber, Green Onion, Birdseye or Fresno Chili, Cilantro, Mint, Lime Wedge		
Roasted Garlic and Onion Soup	Field of Greens	Red Onions, Garlic, Shallots, Olive Oil, Creole Seasoning, Vegetable Stock, Sage, Thyme, Salt, Balsamic Vinegar, Cream		
Roasted Garlic Dressing	Field of Greens	Cornstarch, Vegetable Stock, Roasted Garlic, Sherry Vinegar, White Wine Vinegar, Soy Sauce, Tabasco Sauce, Salt	X	X
Roasted Hazelnut Salad	Field of Greens	Romaine, Avocado, Tomato, Hazelnuts, Alfalfa Sprouts, Green Onions, Mozzarella Cheese, White Wine Vinegar, Dijon Mustard, Olive Oil, Pepper		
Root Vegetable Soup with Sausage	Field of Greens	Italian Sausage, Butternut Squash, Red Potatoes, Sweet Potatoes, Rutabaga, Baby Carrots, Turnips, Water, Vegetable Broth, Sugar, Salt, Ginger, Pepper, Whipped Cream		
Sausage and Leek Soup	Field of Greens	Leeks, Carrots, Celery, Butter, Chicken Stock, Potatoes, Flour, Kielbasa, Marjoram, White Pepper		
Sesame Noodle Salad	Field of Greens	Linguini, Red peppers, Green Peppers, Green Onions, White Wine Vinegar, Sesame Oriental Dressing, Water, Sesame Oil, Soy Sauce, Sugar, Ginger, Tabasco, Peanut Butter		
Shallot and Mustard Vinaigrette	Field of Greens	Cornstarch, Vegetable Stock, Shallots, Thyme, Dijon Mustard, Balsamic Vinegar, Salt	X	X

### Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Shrimp Bisque	Field of Greens	Shrimp, Clarified Butter, Onions, Garlic, Tomato Paste, Paprika, Brandy, Flour, Shellfish or Chicken Stock, Heavy Cream, Dry Sherry, Salt, Pepper, Worcestershire Sauce, Tabasco Sauce		
Shrimp Salad	Field of Greens	Salad Shrimp, Celery, Cucumber, Salad Dressing, Lemon Juice, Salt, Paprika, Dill, Mustard		
Simple Caesar Dressing	Field of Greens	Lemon Juice, White Vinegar, Water, Shredded Parmesan Cheese, Dijon Mustard, Garlic Powder, Black Pepper	X	
Sliced Cucumbers with Onions and Sour Cream	Field of Greens	Cucumbers, Onions, Sour Cream, Salad Dressing, Salt, Sugar, Cider Vinegar		
Smoked Salmon and Pasta Salad	Field of Greens	Smoked Salmon, Elbow Macaroni, Mayo, Dill, White Pepper, Lemon Juice		
Spiced Pumpkin Soup	Field of Greens	Butter, Carrots, Celery, Ripe Banana, Onion, Garlic, Bay Leaf, Clove, Vegetable Stock, Pumpkin, Coconut Milk, Sweetened Condensed Milk, Nutmeg, Cinnamon, Coriander, Sage Leaves, Allspice, Curry Powder, Cilantro		
Spicy Peanut Dressing	Field of Greens	Cornstarch, Vegetable Stock, Peanut Butter, Honey, Cider Vinegar, Orange Juice, Water, Soy Sauce, Tabasco Sauce, Sesame Oil, Salt, Pepper	X	
Spring Pasta Salad	Field of Greens	Rotini, Green Beans, Green Peas, Baby Carrots, Cherry Tomatoes, Caesar Dressing, Salt, Pepper		
Spring Salad	Field of Greens	Cucumbers, Green Onions, Parsley, Garlic, Lemon and Herb Seasoning, Plain Yogurt, Mayo, Cider Vinegar, Tabasco Sauce, Soy Sauce, Red Cabbage, Cherry Tomatoes, Mushrooms		
Sundried Tomato Dressing	Field of Greens	Red Bell Peppers, Plum Tomatoes, Onion, Basil, Garlic, Dried Crushed Red Pepper Flakes, Sundried Tomatoes, Water, Whipped Cream, Red Wine Vinegar, Lemon Juice, Canola Oil.	X	
Sweet & Tangy Dressing	Field of Greens	Cornstarch, Vegetable Stock, Ginger, Garlic, Orange Zest, Soy Sauce, Orange Juice, White Wine Vinegar, Honey, Sesame Seeds, White Pepper	X	
Thai Vinaigrette	Field of Greens	Cornstarch, Vegetable Stock, Jalapeno Peppers, Basil, Cilantro, Toasted Sesame Seeds, Sugar, Oyster Sauce, Soy Sauce, Rice Wine Vinegar, Fish Sauce, Chili Oil		

Ingredients List and Dietary Information

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Thousand Island Dressing	Field of Greens	Mayo, Ketchup, Sweet Pickle Relish, Salt, Pepper	X	
Toasted Sesame Dressing	Field of Greens	Cornstarch, Vegetable Stock, Whole Grain Mustard, White Wine Vinegar, Sesame Oil, Sesame Seeds, Salt	X	X
Tomato Florentine Soup	Field of Greens	Vegetable Stock, Tomato Sauce, Tomato Juice, Tomato Paste, Sugar, Celery, Carrots, Spinach, Zucchini, Pasta, Nutmeg, Salt, Pepper	X	X
Tomato Orzo Soup	Field of Greens	Vegetable Stock, Orzo, Tomato, Water, Salt, Pepper, Corn Starch, Garlic	X	X
Tomato, Mozzarella and Basil Salad	Field of Greens	Tomatoes, Mozzarella Cheese, Garlic, Vinaigrette, Black Pepper, Basil	X	
Turkey and Wild Rice Soup	Field of Greens	Turkey Gravy Base, Water, Wild Rice, White Rice, Onions, Potatoes (Potato Pearls, Water, Sour Cream, Butter) Milk, Butter, Parsley, Salt, White Pepper, Celery, Soy, Yeast, Garlic, Paprika		
UWGB Chili	Field of Greens	Ground Beef, Onions, Tomatoes, Kidney Beans, Garlic, Salt, Black Pepper, Cayenne Pepper, Paprika, Chili Powder, Cumin		
Vegetable Miso Soup	Field of Greens	Vegetable Stock, Tofu, Onion, Celery, Carrots, Mushrooms, Water, Broccoli, Green Beans, Tomato, Teriyaki Sauce, Lemon Juice, Ginger, Thyme, Tarragon, Oregano, Onions, Corn Starch, Olive Oil	X	X
Waldorf Salad	Field of Greens	Tart Apples, Celery, Raisins, Salad Dressing, Lemon Juice, Sugar, Salt, Walnuts	X	
White Chicken Chili	Field of Greens	Great Northern Beans, Onions, Celery, Garlic, Olive Oil, Chicken, Green Chilies, Chicken Stock, Oregano, Cumin, Chili Powder, Salt, Pepper, Cayenne Pepper, Cloves, Cilantro		
Wisconsin Cheese Soup	Field of Greens	Vegetable Stock, Water, Soybean Oil, Cheddar Cheese, American Swiss, Onion, Cream, Olive Oil, Whey, Salt, White Pepper, Corn Starch	X	
Asian Chicken Wrap	Fresh Takes	Spinach Wrap, Teriyaki Glazed Chicken Breast, Grilled Vegetables, Tomato, Napa Cabbage, Orange, Strawberry		
Avocado Mayo	Fresh Takes	Mayo, Avocado, Lemon Juice, Tabasco, Pepper, Parsley, Dried Basil	X	
Basil Lemon Mayo	Fresh Takes	Mayo, Basil, Lemon Peel	X	

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Basil Yogurt Dressing	Fresh Takes	Plain Yogurt, Basil, Cucumber, Lemon Juice, Cracked Black Pepper	X	
Blackened Chicken Caesar Salad	Fresh Takes	Chicken Breast, Cajun Seasoning, Romaine Lettuce, Focaccia Croutons, Tomato, Caesar Dressing, Parmesan Cheese		
BLTA Croissant	Fresh Takes	Croissant, Leaf Lettuce, Tomato, Bacon, Avocado, Lemon Juice, Mayo		
Buffalo Chicken Wrap	Fresh Takes	Breaded Chicken Breast, Tortilla Wrap, Spring Mix Greens, Celery, Green Bell Peppers, Bleu Cheese Salad Dressing, Buffalo Spread		
Buffalo Spread	Fresh Takes	Hot Sauce, Mayo, Sour Cream, Lemon Juice, Salt, Pepper	X	
Caesar Chicken Sandwich	Fresh Takes	Fresh Takes Vinaigrette, Kaiser Roll, Grilled Chicken Breast, Parmesan Cheese, Romaine Lettuce, Tomato, Caesar Dressing		
Chef Salad	Fresh Takes	Iceberg Lettuce, Tomato, Hard Boiled Egg, Sliced Ham, Sliced Turkey, Cheddar Cheese, Green Peppers, Dressing		
Chicken & Sundried Tomatoes with Focaccia with Roasted Garlic Mayo	Fresh Takes	Focaccia Bun, Roasted Garlic Mayo, Leaf Lettuce, Tomato, Provolone Cheese, Chicken, Sundried Tomatoes, Orange, Strawberry		
Chicken Chinois Salad	Fresh Takes	Napa Cabbage, Bok Choy, Grilled Chicken, Green Bell Pepper, Red Bell Pepper, Mushrooms, Mandarin Orange Segments, Cucumber, Carrot, Sesame Seed, Chinois Dressing		
Chicken Club Ciabatta Sandwich	Fresh Takes	Pesto, Ciabatta, Chicken Breast, Bacon, Provolone Cheese, Tomato, Romaine Lettuce, Black Pepper		
Chicken Provolone Hoagie	Fresh Takes	Sub Bun, Leaf Lettuce, Chicken, Salami, Provolone, Roma Tomatoes, Black Olives, Fresh Basil, Pepper, Mayo		
Chicken Salad and Tarragon Wrap	Fresh Takes	Chicken Salad: Mayo, Celery, Onions, Salt, Salt, White Pepper, Paprika, Dijon Mustard, Lemon Juice, Chicken, Spinach Wrap, Leaf Lettuce, Fresh Tarragon, Green Bell Pepper, Tomato		
Chicken Salad Sourdough	Fresh Takes	Mayo, Celery, Onions, Salt, Pepper, Dijon Mustard, Lemon Juice, Chicken, Sourdough bread, Leaf Lettuce, Tomato		
Chicken Salad Wrap	Fresh Takes	Spinach Wrap, Leaf Lettuce, Tomato, Chicken Salad, Cucumber, Orange Wedge, Strawberry		
Chinois Dressing	Fresh Takes	Italian Vinaigrette, Szechuan Sauce,	X	X

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Chipotle Mayo	Fresh Takes	Chipotle Chilies in Adobo Sauce, Garlic, Cilantro, Mayo, Salt, Pepper	X	
Chipotle Spread	Fresh Takes	Chipotle Concentrate, Light Mayo	X	
Chop Chop Salad	Fresh Takes	Iceberg Lettuce, Romaine lettuce, Red Bell Pepper, Tomato, Herb Croutons, Avocado, Lemon Water, Smoked Turkey, Smoked Ham, Bacon, Bleu Cheese, Sliced Almonds		
Chunky White Tuna Salad Croissant	Fresh Takes	Croissant, Leaf Lettuce, Tomato, Tuna, Dijon Mustard, Lemon Juice, Onions, Celery, Salt, Pepper, Paprika, Mayo		
Classic BLT	Fresh Takes	Mayo, White Bread, Leaf Lettuce, Bacon Slices, Tomato		
Deli-Style Turkey Sandwich	Fresh Takes	Whole Wheat Bread, Leaf Lettuce, Smoked Turkey, American Cheese, Tomato, Mayo		
Egg Salad Croissant	Fresh Takes	Hard boiled Eggs, Mayo, Dijon Mustard, Celery, Paprika, Salt, Pepper, Croissant, Leaf Lettuce, Tomato	X	
Egg Salad Sandwich	Fresh Takes	Hard boiled Eggs, Mayo, Dijon Mustard, Celery, Paprika, Salt, Pepper, Focaccia Bread, Leaf Lettuce, Tomato	X	
Focaccia Croutons	Fresh Takes	Focaccia Bread, Olive Oil, Italian Seasoning, Parmesan Cheese, Garlic Cloves	X	X
Fresh Fruit Cup	Fresh Takes	Cantaloupe, Honeydew, Pineapple, Red Grapes	X	X
Fresh Takes Caesar Salad	Fresh Takes	Romaine Lettuce, Parmesan Cheese, Focaccia Croutons, Caesar Dressing		
Fresh Takes Vinaigrette	Fresh Takes	Red Wine Vinegar, Grain Mustard, Basil, Salt, Pepper, Olive Oil	X	X
Fruit and Yogurt Cup	Fresh Takes	Vanilla Yogurt, Frozen Blueberries and Strawberries, Granola (Oats, Almonds, Cranberries, Coconut, Sunflower Seeds, Butter, Honey)	X	
Garden Salad	Fresh Takes	Mixed Greens, Tomato, Cucumber, Broccoli Buds, Carrots, Red Cabbage, Dressing	X	X
Gourmet Cheese Plate	Fresh Takes	Leaf Lettuce, Sharp Cheddar Cheese, Provolone Cheese, Pepper Jack Cheese, Goat Cheese, Bleu Cheese, Brie Cheese, Red Apple, Strawberry, Assorted Crackers	X	
Gourmet Chef's Salad	Fresh Takes	Cucumber, Romaine Lettuce, Spring Mix, Celery Stalk, Carrots, Sliced Ham, Sliced Turkey, Mozzarella, Hard Boiled Egg, Red Bell Pepper, Tomato, Herb Croutons,		

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Gourmet Cobb Salad	Fresh Takes	Romaine Lettuce, Avocado, Smoked Turkey, Bacon, Hard boiled Egg, Tomato, Bleu Cheese		
Gourmet Egg Salad Sandwich	Fresh Takes	Hard boiled Eggs, Mayo, Dijon Mustard, Celery, Salt, Pepper, Green Olives, Kaiser Roll, Bacon, Leaf Lettuce, Tomato	X	
Gourmet Vegetable Plate	Fresh Takes	Cucumber, Baby Carrots, Broccoli, Celery, Red Bell Peppers, Green Bell Peppers, Dill Pickle, Green Olives, Cherry Tomatoes	X	X
Grecian Beef Sub	Fresh Takes	Rosemary Roasted Garlic Sub Roll, Tomato, Spinach, Roast Beef, Feta Cheese, Red Onion, Greek Vinaigrette		
Grecian Wrap	Fresh Takes	Spinach Wrap, Leaf Lettuce, Green Peppers, Cucumber, Roma Tomato, Kalamata Olives, Feta Cheese, Red Onion, Fresh Takes Vinaigrette	X	
Greek Chicken Salad	Fresh Takes	Foccacia Bread, Leaf Lettuce, Tomato, Chicken, Feta Cheese, Kalamata Olives, Cucumber, Olive Oil		
Greek Salad	Fresh Takes	Romaine Lettuce, Tomato, Banana Peppers, Artichoke Hearts, Kalamata Olives, Cucumbers, Feta Cheese, Red Onion, Greek Vinaigrette	X	
Greek Salad with Pita Bread	Fresh Takes	Spring Mix, Baby Spinach, Cucumber, Radish, Kalamata Olives, Feta Cheese, Green Bell Pepper, Tomato, Pita Bread, Greek Vinaigrette	X	
Greek Vinaigrette	Fresh Takes	Salad Oil, White Wine Vinegar, Garlic, Dijon Mustard, Red Onion, Parsley, Oregano, Kosher Salt, Black Pepper	X	X
Grilled Chicken Breast Provolone & Roasted Red Pepper Sandwich	Fresh Takes	Honey Dijon Spread, Ciabatta Bread, Leaf Lettuce, Marinated Chicken Breast, Roasted Red Peppers, Provolone Cheese, Tomatoes, Black Pepper		
Grilled Vegetable & Roasted Hummus Sub	Fresh Takes	Three Cheese Sub Bun, Roasted Garlic Hummus, Grilled Vegetables, Kiakon Radish Sprouts, Orange Wedge, Strawberry	X	
Guacamole	Fresh Takes	Avocado, White Onion, Lime Juice, Salt, Cilantro, Chili Pepper, Granulated Garlic	X	X
Ham & Cheddar Sandwich	Fresh Takes	White Bread, Leaf Lettuce, Tomato, Black Forest Ham, Cheddar Cheese, Mayo		

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Ham & Provolone with Honey Mustard	Fresh Takes	Sub Bun, Leaf Lettuce, Tomato, Ham, Provolone, Honey Dijon Mustard, Black Pepper		
Ham & Swiss Sub	Fresh Takes	Sub Bun, Swiss Cheese, Leaf Lettuce, Tomato, Ham, Fresh Take Vinaigrette		
Ham, Salami & Dijon Mustard	Fresh Takes	Kaiser Roll, Ham, Genoa Salami, Dijon Mustard, Swiss Cheese		
Harvest Chicken Salad Croissant	Fresh Takes	Mayo, Celery, Onions, Salt, Pepper, Paprika, Dijon Mustard, Lemon Juice, Green Grapes, Red Apple, Chicken, Croissant, Leaf Lettuce, Tomato		
Hearty Vegetable Sub with Hummus	Fresh Takes	Sub Bun, Leaf Lettuce, Hummus, Black Olives, Cucumber, Red Bell Pepper, Red Onion, Tomato, Balsamic Vinegar, Olive Oil, Salt, Pepper, Mozzarella	X	
Herbed Goat Cheese & Roasted Vegetables	Fresh Takes	Sourdough bread, Goat Cheese, Italian Seasoning, Black Pepper, Fresh Take Vinaigrette, Red Bell Pepper, Green Bell Pepper, Zucchini, Eggplant, Olive Oil		
Honey Dijon Spread	Fresh Takes	Mayo, Honey Mustard	X	
Horseradish Spread	Fresh Takes	Sour Cream, Prepared Horseradish, Cracked Black Peppers	X	
Italian Sub	Fresh Takes	Sub Bun, Leaf Lettuce, Mozzarella, Green Bell Pepper, Tomato, Genoa Salami, Smoked Ham, Capicola, Italian Dressing		
Mediterranean Wrap with Basil Yogurt Dressing	Fresh Takes	Tomato Wrap, Baby Spinach, Grilled Chicken, Tomato, Green Bell Pepper, Feta Cheese, Kalamata Olives, Basil Yogurt Dressing		
Mixed Deli Sub	Fresh Takes	Sub Bun, Swiss Cheese, Roast Beef, Turkey, Virginia Ham, Leaf Lettuce, Tomato, Red Onion, Pickle, Green Bell Pepper, Fresh Takes Vinaigrette		
Mixed Greens with Chicken, Candied Walnuts, Bleu Cheese, & Raspberry Vinaigrette	Fresh Takes	Candied Walnuts: Walnuts, Sugar, Butter, Spring Mix, Romaine Lettuce, Chicken Breast, Red Onion, Bleu Cheese, Cherry Tomato, Raspberry Vinaigrette		
Peanut Sauce	Fresh Takes	Peanut Butter, Peanut Oil, Soy Sauce, Green Curry, Coconut Milk, Basil, Garlic	X	X

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Portabella Mushroom and Provolone Wrap	Fresh Takes	Portabella Mushrooms marinated in Fresh Takes Vinaigrette, Tomato Wrap, Baby Spinach, Red Onions, Red Bell Peppers, Provolone Cheese, Tomato, Fresh Takes Vinaigrette	X	
Roast Beef & Arugula Croissant with Red Pepper and Olive Spread	Fresh Takes	Croissant, Goat Cheese, Arugula, Roast Beef, Roasted Red Peppers, Green Olives		
Roast Beef & Cheddar with Horseradish Spread	Fresh Takes	Kaiser Roll, Horseradish Spread, Red Onion, Roast Beef, Cheddar, Leaf Lettuce		
Roast Beef & Dijon Sub	Fresh Takes	Sub Bun, Leaf Lettuce, Red Onions, Roast Beef, Provolone Cheese, Dijon Mustard		
Roast Beef & Swiss	Fresh Takes	Whole Wheat Bread, Grain Mustard, Leaf Lettuce, Tomato, Red Onion, Roast Beef, Swiss Cheese		
Roast Beef and Bleu Cheese Wrap	Fresh Takes	Spinach Wrap, Leaf Lettuce, Roast Beef, Red Onion, Bleu Cheese Crumbles, Tomato, Bleu Cheese Dressing		
Roast Beef and Cheddar on Ciabatta with Dijon Mayo	Fresh Takes	Ciabatta, Leaf Lettuce, Tomato, Roast Beef, Cheddar, Dijon Mayo		
Roast Beef Caesar Wrap	Fresh Takes	Tomato Basil Wrap, Roast Beef, Romaine Lettuce, Caesar Dressing, Parmesan Cheese		
Roast Beef with Basil Mayo	Fresh Takes	Ciabatta, Basil Mayo, Red Onion, Tomato, Roast Beef, Provolone, Arugula		
Roasted Eggplant Ciabatta with Basil Mayo, Feta and Fresh Basil	Fresh Takes	Ciabatta, Eggplant, Feta, Basil, Basil Mayo	X	
Roasted Garlic and Garlic Oil	Fresh Takes	Garlic Cloves, Olive Oil	X	X
Roasted Garlic Mayo	Fresh Takes	Roasted Garlic Puree, Mayo, Parsley, Lemon Juice, Kosher Salt, Black Pepper	X	
Roasted Vegetable & Mozzarella	Fresh Takes	Sub Bun, Baby Spinach, Mozzarella, Red Onion, Fresh Takes Vinaigrette, Red Bell Pepper, Green Bell Pepper, Zucchini, Eggplant, Yellow Squash, Olive Oil	X	

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Roasted Vegetable & Penne Salad with Bleu Cheese	Fresh Takes	Penne Noodles, Spinach, Bleu Cheese, Kalamata Olives, Cherry Tomatoes, Red Onion, Artichokes, Leaf Lettuce, Italian Dressing	X	
Roma Tomato & Mozzarella on Baguette	Fresh Takes	Sub Bun, Baby Spinach, Roma Tomato , Mozzarella, Red Onion, Fresh Basil, Balsamic Vinegar, Olive Oil, Salt, Pepper	X	
Smoked Turkey & Cheddar Club	Fresh Takes	Wheat Bread, Light Mayo, Leaf Lettuce, Cheddar Cheese, Smoked Turkey, Tomato, Bacon		
Southwest Chicken Sub	Fresh Takes	Parmesan Herb Sub Roll, Leaf Lettuce, Oven Roasted Chicken Breast, Pepper Jack Cheese, Red Onion, Roasted Red Pepper, Cilantro, Chipotle Mayo		
Southwest Chicken Wrap	Fresh Takes	Tomato Wrap, Leaf Lettuce, Grilled Chicken, Pepper Jack Cheese, Tomato, Artichoke Hearts, Avocado, Chunky Salsa		
Southwest Mayo	Fresh Takes	Mayo, Lime Juice, Chili Flakes, Garlic, Ground Chili Powder, Ancho Chili Pepper, Garlic Powder, Salt, Pepper	X	
Southwestern Grilled Chicken with Avocado	Fresh Takes	Kaiser Roll, Chicken Breast, Leaf Lettuce, Roma Tomato, Bacon, Avocado, Southwestern Mayo		
Spinach with Bacon & Parmesan	Fresh Takes	Spinach, Bacon, Cherry Tomato, Herb Croutons, Parmesan Cheese, Red Apple, Lemon Juice,		
Sundried Tomato Spread	Fresh Takes	Sundried Tomatoes, Garlic, Olive Oil, Lemon Juice, Grain Mustard, Tomato Puree, Black Pepper		
Thai Chicken Wrap with Peanut Sauce	Fresh Takes	Tomato Wrap, Baby Spinach, Grilled Chicken, Tomato, Green Bell Pepper, Red Bell Pepper, Carrot, Peanut Sauce		
Tuna Salad and Fresh Dill Wrap with Capers	Fresh Takes	White Tuna, Dijon Mustard, Lemon Juice, Onions, Celery, Salt, White Pepper, Paprika, Mayo, Plain Wrap, Leaf Lettuce, Fresh Dill, Capers, Green Bell Peppers, Tomato		
Tuna Salad Lettuce Wraps	Fresh Takes	White Tuna, Dijon Mustard, Lemon Juice, Onions, Celery, Salt, Pepper, Paprika, Mayo, Leaf Lettuce, Red Bell Pepper, Green Bell Pepper, Cherry Tomatoes, Green Olives		
Tuna Salad Sub	Fresh Takes	White Tuna, Dijon Mustard, Lemon Juice, Onions, Celery, Salt, White Pepper, Paprika, Mayo, Sub Bun, Leaf Lettuce, Tomatoes		
Tuna Salad Wrap	Fresh Takes	Tomato Wrap, Leaf Lettuce, Tomato, Tuna Salad, Diakon Radish Sprouts, Orange Wedge, Strawberry		

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Turkey & American Cheese Ciabatta	Fresh Takes	Ciabatta, Leaf Lettuce, Tomato, Red Onion, Smoked Turkey, American Cheese, Mayo		
Turkey Apple Wrap	Fresh Takes	Tomato Wrap, Red Apple, Lemon Juice, Dijon Mayo, Leaf Lettuce, Turkey, Green Onion, Carrots, Orange Wedge, Strawberry		
Turkey Avocado Club on Focaccia	Fresh Takes	Focaccia Bun, Leaf Lettuce, Tomato, Turkey, Bacon, Avocado Mayo		
Turkey BLT and Avocado Wrap with Basil Mayo	Fresh Takes	Tomato Wrap, Avocado, Bacon, Turkey, Green Leaf Lettuce, Tomato Slice, Basil Mayo		
Turkey BLTA Baguette	Fresh Takes	Baguette, Leaf Lettuce, Tomato, Smoked Turkey, Bacon, Avocado, Mayo		
Turkey Club Wrap	Fresh Takes	Herb Wrap, Mayo, Turkey, Bacon, Swiss Cheese, Leaf Lettuce, Tomato		
Turkey Sub	Fresh Takes	Sub Bun, Cheddar Cheese, Leaf Lettuce, Tomatoes, Green Bell Peppers, Smoked Turkey, Mayo		
Turkey Waldorf Salad	Fresh Takes	Romaine Lettuce, Spring Mix, Smoked Turkey, Cucumber, Red and Green Grapes, Celery, Red Apple, Walnut Pieces, Ranch Dressing		
Turkey with Provolone & Avocado	Fresh Takes	Sourdough bread, Leaf Lettuce, Tomato, Smoked Turkey, Provolone, Avocado, Mayo		
Virginia Ham Cheddar & Tomato	Fresh Takes	Kaiser Roll, Leaf Lettuce, Tomato, Virginia Ham, Cheddar Cheese, Black Pepper, Mayo		
All-American Panini	Garden Café	Ham, Turkey Breast, Swiss Cheese, Bacon, Lettuce, Dijon Mustard, Mayo, Panini Bread		
Avocado Peppered Turkey Panini	Garden Café	Peppered Turkey Breast, Tarragon Mustard Mayo, Mesclun Greens, Roma Tomatoes, Avocado, Panini Bread		
Chicken Florentine Panini	Garden Café	Marinated Chicken Breast, Spinach, Garlic, Olive Oil, Parmesan Cheese, Provolone Cheese, Panini Bread		
Chicken Satay Panini	Garden Café	Chicken Breast, Spring Mix, Radicchio, Peanut Satay, Ciabatta Roll		
Chicken Sundried Tomato Panini	Garden Café	Chicken Breast, Mozzarella Cheese, Herb Vinaigrette Sauce, Sundried Tomato Pesto, Mesclun Greens, Focaccia Roll		

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Eggplant Margarita Panini	Garden Café	Eggplant, Marinara Sauce, Basil, Romano Cheese, Provolone Cheese, Focaccia Roll	X	
Grilled Vegetable Panini	Garden Café	Red Peppers, Red Onions, Portabella Mushrooms, Zucchini, Swiss Cheese, Basil Mayo, Ciabatta Roll	X	
Market Place Panini	Garden Café	Capicola, Genoa Salami, Herb Vinaigrette, Roasted Red Peppers, Mozzarella Cheese, Bermuda Onions, Focaccia Roll		
Mediterranean Chicken Panini	Garden Café	Chicken Breast, Sundried Tomato Cream Cheese, Roasted Red Peppers, Parsley, French Bread		
Mideast Veggie Panini	Garden Café	Hummus, Cucumbers, Tomato, Red Onion, Feta Cheese, Iceberg Lettuce, Salt, Pepper, Ciabatta Roll	X	
Monte Cristo Panini	Garden Café	Turkey Breast, Ham, Swiss Cheese, Panini Bread, Egg Batter, Strawberry Sour Cream (Strawberries, Sour Cream)		
Panini Italiano	Garden Café	Italian Dressing, Genoa Salami, Capicola, Provolone Cheese, Tomato, Red Onions, Basil, Salt, Pepper, Ciabatta Roll		
Parisian Club Panini	Garden Café	Turkey Breast, Provolone Cheese, Bacon, Tomato, Mayo, Salt, Pepper, Panini Bread		
Peppered Turkey and Brie Panini	Garden Café	Peppered Turkey, Red Leaf Lettuce, Roma Tomato, Brie Cheese, Cranberry Mustard, Focaccia Roll		
Pumpernickel at Wurst Panini	Garden Café	Bratwurst, Sauerkraut, Cranberry Mustard, Ciabatta Roll		
Reuben Panini	Garden Café	Corned Beef, Sauerkraut, Swiss Cheese, Thousand Island Dressing, Panini Bread		
Roast Beef Rasifort Panini	Garden Café	Roast Beef, Horseradish Sauce, Parsley, Cilantro, Roma Tomato, Red Leaf Lettuce, Ciabatta Roll		
Seafood Panini	Garden Café	Seafood Salad, Provolone Cheese, Tomato, Red Onion, Basil, Salt, Pepper, Panini Bread		
Steak Pizzaiolla Panini	Garden Café	Roast Beef, Marinara Sauce, Black Olives, Mozzarella Cheese, Romano Cheese, Onions, Ciabatta Roll		
Stuffed Turkey Panini	Garden Café	Turkey, Prepared Stuffing, Cranberry Mayo (Mayo, Chopped IQF Cranberries) Lettuce, Panini Bread		
Turkey Club Panini	Garden Café	Turkey Breast, Provolone Cheese, Bacon, Tomato, Red Onion, Mayo, Olive Oil, Panini Bread, Salt, Pepper		

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Turkey Pizza Panini	Garden Café	Turkey Breast, Mozzarella Cheese, Roasted Red Peppers, Basil Mayo (Basil, Mayo) Panini Bread		
Wiener schnitzel Panini	Garden Café	Veal Cutlet, Lemon, Provolone Cheese, Basil, Focaccia Roll		
Baked Chicken Dijon	Market Place	Chicken Breast, Margarine, Garlic, Dijon Mustard, Panko Bread Crumbs, Parmesan Cheese, Parsley, Pepper		
Baked Ziti with Four Cheeses	Market Place	Canned Tomatoes, Tomato Puree, Onions, Basil, Oregano, Parsley, Pepper, Salt, Ziti Pasta, Water, Salt, Oil, Cottage Cheese, Swiss Cheese, Parsley, Provolone Cheese	X	
Beef Bourguignon with Fettuccine	Market Place	Fettuccine Noodles, Water, Salt, Canola Oil, Baby Carrots, Pearl Onions, Beef Tenderloin Tips, Flour, Pepper, Margarine, Garlic, Beef Broth, Dry Red Wine, Thyme, Italian Parsley		
Beef Pot Roast	Market Place	Beef, Onion, Celery, Carrots, Pepper, Onion Powder, Garlic Powder, Water, Thyme, Basil, Flour, Margarine		
Beef Stroganoff	Market Place	Beef Round, Shortening, Onion, Salt, Pepper, Beef Stock, Flour, Water, Worcestershire Sauce, Mushrooms, Margarine, Sour Cream		
Beef Tips	Market Place	Inside Beef Round, Water, Beef Base, Wheat Flour, Soy Oil, Whey, Onion, Salt, Black Pepper, Paprika		
Bourbon Pecan Chicken	Market Place	Pecans, Bread Crumbs, Chicken Breast, Butter, Dijon Mustard, Brown Sugar, Bourbon Whiskey, Soy Sauce, Worcestershire Sauce, Butter, Green Onions		
Bratwurst and Sauerkraut Skillet	Market Place	Bacon, Margarine, Onion, Garlic, Sauerkraut, Red Potatoes, Water, Apple Cider, Brown Sugar, Chicken Base, Caraway Seed, Bay Leaves, Bratwurst, Apples		
Build A Dog Bar	Market Place	Beef Hot Dog, Hot Dog Bun, Onions, Tomatoes, Bacon Bits, Chili (Ground Beef, Onion, Tomatoes, Kidney Beans, Garlic, Salt, Black Pepper, Cayenne Pepper, Paprika, Chili Powder, Cumin) Peppers, Cheddar Cheese, Sour Cream, Jalapenos		
Cheese and Sausage Quiche	Market Place	Pork Sausage, Onion, Bell Pepper, Cheddar Cheese, Flour, Eggs, Milk, Parsley, Salt, Garlic, Pepper, Deep Dish Pie Crust		
Chicken Ala King	Market Place	Margarine, Chicken Thigh Meat, Onions, Green Bell Peppers, Mushrooms, Flour, Salt, Pepper, Chicken Stock, Milk, Red Peppers		

### Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Chicken Broccoli Casserole	Market Place	Flour, Broccoli, Chicken Breast, Cream of Chicken Soup, Mayo, Lemon Juice, Sherry, Cheddar Cheese, Bread Crumbs, Butter		
Chicken Cordon Bleu	Market Place	Chicken Breast, Swiss Cheese, Smoked Ham, Flour, Eggs, Seasoned Bread Crumbs, Butter		
Chicken Crepes	Market Place	Margarine, Flour, Salt, Chicken Stock, Chicken, Mushrooms, Worcestershire Sauce, Curry Powder, Salt, Crepe Shells, Parsley		
Chicken Fajitas	Market Place	Vegetable Oil, Chicken White Meat, Garlic, Lime Juice, Water, Chicken Base, Cilantro, Pepper, Red Pepper, Salt, Onions, Green Bell Peppers, Red Bell Peppers, Yellow Bell Peppers, Flour Tortillas		
Chicken Fried Steak with Gravy	Market Place	Flour, Egg Whites, Cornmeal, Whole Wheat Flour, Cornstarch, Paprika, Cube Steak, Salt, Pepper, Canola Oil, Beef Broth, Water, Half & Half		
Chicken Piccata	Market Place	Chicken Breast, Flour, Salt, Pepper, Butter, Olive Oil, Lemon Juice, Chicken Broth, Capers, Parsley		
Chicken Pot Pie	Market Place	Filling: Canola Oil, Pearl Onions, Baby Carrots, Cremini Mushrooms, Chicken Broth, Cornstarch, Cooked Chicken, Peas, Sour Cream, Salt, Pepper, Biscuit Topping: Whole Wheat Pastry Flour, All Purpose Flour, Sugar, Baking Powder, Baking Soda, Salt, Thyme, Butter, Buttermilk, Canola Oil		
Chicken Quesadillas	Market Place	Chicken Thigh Meat, Green Peppers, Onions, Tomatoes, Black Olives, Monterey Cheese, Plum Sauce, Salsa, Flour Tortillas		
Chicken Seasoning	Market Place	Seasoned Salt, Onions, Garlic, Black Pepper, Thyme, Basil, Parsley, Salt		
Chicken Tetrazzini	Market Place	Cooked Chicken, Pimentos, Parsley, Spaghetti, Water, Salt, Vegetable Oil, Margarine, Onion, Green Peppers, Mushrooms, Flour, Salt, Pepper, Chicken Stock Cheddar Cheese		
Chicken with Lemon and Artichokes	Market Place	Chicken Breast, Onions, Red Bell Peppers, Canola Oil, White Rice, Lemon Juice, Salt, Pepper, Chicken Stock, Artichoke Hearts, Romano Cheese, Parsley		

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Chop Suey	Market Place	Beef, Pork, Water, Salt, Cornstarch, Soy Sauce, Worcestershire Sauce, Green Peppers, Onions, Celery, Been Sprouts		
Classic Meatloaf	Market Place	Ground Beef, Bread Crumbs, Onion, Eggs, Parmesan Cheese, Worcestershire Sauce, Garlic Salt, Pepper ,Tomato Sauce		
Coca Cola Braised Short Ribs	Market Place	Beef Short Ribs, Salt, Pepper, Flour, Olive Oil, Onion, Carrots, Garlic, Coca Cola, Beef Broth, Crushed Tomatoes, Pepper, Cardamom, Bay Leaves, Thyme, Butter		
Corn Dog	Market Place	Water, Enriched Flour, Sugar, Yellow Corn Flour, Corn Meal, Soy Flour, Soybean Oil, Salt, Egg Yolks, Potato Flour, Dried Honey, Egg Whites, Pork, Water, Beef, Salt, Corn Syrup, Vegetable Oil		
Deep Fried Candy Bar	Market Place	Flour, Baking Soda, Salt, Milk, White Vinegar, Vegetable Oil		
Egg Noodles	Market Place	Flour, Olive Oil, Canola Oil, Salt, Butter, Eggs, Parsley		
Fennel Crusted Beef	Market Place	Fennel Seeds, Parsley, Olive Oil, Pepper, Beef Tenderloin, Salt, Flour, Margarine, Chicken Broth, Dry Red Wine, Shallots, Thyme		
Funnel Cake	Market Place	Flour, Baking Powder, Baking Soda, Kosher Salt, Egg, Sugar, Milk, Confectionary Sugar, Cinnamon		
Garlic Bread	Market Place	White Bread, Butter Margarine Blend, Garlic, Salt		
Glazed Ham Balls	Market Place	Ham, Pork, Graham Cracker Crumbs, Eggs, Tomato Soup, Brown Sugar, Vinegar, Mustard		
Gravy	Market Place	Water, Gravy Mix (Flour, Food Starch, Chicken Fat, Whey, Onion Powder, Yeast, Celery)		
Grilled Honey Garlic Pork Chops	Market Place	Lemon Juice, Honey, Soy Sauce, Dry Sherry, Garlic, Pork Chops		
Ham & Scalloped Potatoes	Market Place	Yukon Gold Potatoes, Canola Oil, Onions, Garlic, Margarine, Flour, Salt, Milk, Ham, Pepper, Bread Crumbs,		
Ham with Cherry Sauce	Market Place	Smoked Pit Ham, Brown Sugar, Maple Syrup, Mustard, Sugar, Cornstarch, Water, Pitted Dark Sweet Cherries, Lemon Juice, Almond Extract		

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Macaroni and Cheese	Market Place	Butter Blend, Elbow Pasta, Water, Powder Cheese Sauce (Salt, Cheddar Cheese, Bleu Cheese, Soy Bean Oil, Corn Syrup, Soy, Milk, Yeast, Buttermilk, Garlic Powder, Onion Powder)	X	
Mashed Potatoes	Market Place	Potato Pearls, Water, Sour Cream, Butter, Salt, White Pepper	X	
Mini Crab Cakes	Market Place	Butter, Shallots, Celery, Red Pepper, Paprika, Imitation Crabmeat, Parsley, Thyme, Salt, Pepper, White Bread Crumbs, Egg, Vegetable Oil, Roasted Red Pepper Chive Aioli		
Oven Fried Chicken	Market Place	Chicken Quarters, Flour, Nonfat Dry Milk, Salt, Paprika, Pepper, Margarine		
Oven Fried Chicken	Market Place	Chicken Quarters, Flour, Nonfat Dry Milk, Salt, Paprika, Pepper, Margarine		
Parmesan Chicken	Market Place	Chicken Breast, Flour, Seasoned Salt, Black Pepper, Garlic, Provolone Cheese, Marinara Sauce (Tomato, Basil, Garlic, Parsley, Soybean Oil)		
Pecan Crusted Pork Tenderloin	Market Place	Apple Cider, Pork Tenderloin, Brown Sugar, Brown Mustard, Salt, Pepper, Garlic, Pecans, Cooking Spray		
Pepper Steak	Market Place	Beef, Shortening, Beef Stock, Canned Tomatoes, Onion, Garlic, Salt, Green Peppers, Cornstarch, Water, Soy Sauce		
Pork Dijonaise	Market Place	Pork, Rosemary, Salt, Pepper, Seasoned Salt, Dijon Mustard		
Pork Medallions with Sautéed Apples	Market Place	Pork Tenderloin, Thyme, Paprika, Salt, Pepper, Green Onions, Garlic, Butter, Apples, Cornstarch, Chicken Broth, Apple Juice		
Roast Pork Loin with Brandy Peppercorn Sauce	Market Place	Pork Loin, Olive Oil, Garlic, Rosemary, Salt, Pepper, Sauce: Olive Oil, Shallots, Garlic, Mushrooms, Bay Leaf, Peppercorns, Thyme, Green Peppercorns, Brandy, Demi-glace, Whipped Cream, Salt, White Pepper		
Roasted Red Pepper Chive Aioli	Market Place	Mayo, Roasted Red Peppers, Chives, Lemon Juice, Garlic	X	
Roasted Red Potatoes	Market Place	Red Potatoes, Olive Oil, Salt, Black Pepper, Seasoned Salt	X	X
Roasted Vegetable Lasagna	Market Place	Balsamic Vinegar, Olive Oil, Garlic, Rosemary, Mushrooms, Zucchini, Red Bell Peppers, Red Onion, Lasagna Noodles, Marinara Sauce, Ricotta Cheese, Spinach, Egg Whites, Pepper, Mozzarella Cheese, Parmesan Cheese, Parsley	X	

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Salisbury Steak with Gravy	Market Place	Onion, Green Peppers, Bread Crumbs, Milk Eggs, Salt, Pepper, Garlic Powder, Ground Beef, Mushrooms, Margarine, Flour, Beef Stock		
Salmon Cakes	Market Place	Bread Crumbs, Eggs, Parsley, Green Onions, Dill Weed, Lemon Juice, Black Pepper, Salmon, Butter		
Seafood Lasagna	Market Place	Lasagna Noodles, Olive Oil, Garlic, Mushrooms, Alfredo Sauce, Shrimp, Imitation Crab, Ricotta Cheese, Eggs, Pepper, Mozzarella Cheese, Parsley		
Sloppy Joes	Market Place	Ground Beef, Onions, Green Peppers, Ketchup, Yellow Mustard, White Vinegar, Worcestershire Sauce, Garlic, Pepper, Beef Base, Vegetable Oil, Water		
Spaghetti with Meatballs	Market Place	Ground Beef, Bread Crumbs, Eggs, Milk, Salt, Pepper, Basil, Garlic, Parsley, Tomato Puree, Water, Tomato Sauce, Onions, Bay Leaves, Thyme, Garlic, Oregano, Basil, Sugar, Worcestershire Sauce, Cayenne Pepper, Spaghetti Noodles, Water, Canola Oil		
Spanish Rice	Market Place	Water, White Rice, Salsa, Taco Seasoning	X	X
Spatzel	Market Place	Water, Enriched Durum Semolina, Wheat Flour, Folic Acid, Egg Whites, Wheat Gluten, Rice Flour, Eggs, Salt	X	
Spinach Lasagna	Market Place	Olive Oil, Spinach, Onion, Oregano, Basil, Garlic, Spaghetti Sauce, Water, Cottage Cheese, Mozzarella Cheese, Parmesan Cheese, Parsley, Salt, Pepper, Eggs, Lasagna Noodles	X	
Spinach Stuffed Fillet of Sole	Market Place	Onions, Garlic, Olive Oil, Red Pepper Flakes, Spinach, Feta Cheese, Parmesan Cheese, Sole Fillets, Lemon Juice, Basil, Oregano, Garlic Powder, Pepper, Olive Oil, Parsley		
Stuffed Pork Loin	Market Place	Pork Loin, Butter, Onion, Bell Pepper, Button Mushrooms, Garlic, Parsley, Parmesan Cheese, Bread Crumbs, Salt, Pepper, Paprika, Garlic Powder, Onion Powder, Water, Olive Oil		
Swedish Meatballs	Market Place	Ground Beef, Ground Pork, Onion, Bread Crumbs, Eggs, Milk, Parsley, Worcestershire Sauce, Salt, Pepper, Vegetable Oil, Flour, Paprika, Water, Sour Cream		

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Sweet & Sour Pork	Market Place	Pork Strips, Water, Vinegar, Soy Sauce, Ketchup, Sugar, Pineapple Juice, Pineapple Chunks, Cornstarch, Water, Ginger, Garlic Powder, Carrots, Snow Peas		
Sweet Red Pepper Sauce	Market Place	Red Pepper, Heavy Cream, Roux, Lemon Juice, Parmesan Cheese, Salt, Pepper	X	
Swiss Steak	Market Place	Beef Round, Flour, Salt, Pepper, Oil, Onions, Beef Gravy, Canned Tomatoes		
Taco Salad Casserole	Market Place	Corn Chips, Ground Beef, Onion, Garlic, Flour, Tomato Juice, Cider Vinegar, Ketchup, Chili Sauce, Sugar, Salt, Pepper, Chili Powder, Cayenne Pepper, Hot Pepper Sauce, Worcestershire Sauce, Kidney Beans, Lettuce, Green Peppers, Onions, Tomatoes, Cheddar Cheese, Salsa, Sour Cream		
Tatar Tot Casserole	Market Place	Tatar Tot, Ground Beef, Onions, Celery Milk, Cream of Mushroom Soup, Pepper, Garlic Powder, Cheddar Cheese		
Tatar Tot Potatoes	Market Place	Potato, Soy Bean Oil, Cotton Seed Oil, Sunflower Oil, Salt	X	X
Tortilla Encrusted Tilapia	Market Place	Tilapia, Milk, Tabasco, Garlic, Salt, Pepper, Onion Powder, Tortilla Chips, Flour, Canola Oil		
Tuna Noodle Casserole	Market Place	Noodles, Water, Salt, Vegetable Oil, Tuna, Margarine, Onions, Celery, Flour, Pepper, Chicken Stock, Cheddar Cheese, Paprika		
Vegetable Chow Mein	Market Place	Water, Sugar, Salt, White Pepper, Ginger, Garlic Powder, Soy Sauce, Corn Starch, Water, Chicken Base, Bamboo Shoots, Bean Sprouts, Water Chestnuts, Celery, Onion, Carrots, Pimentos, Mushrooms, Broccoli, Green Peppers, Chow Mein Noodles	X	X
Vegetable Soufflé with Sweet Red Pepper Sauce	Market Place	Onion, Garlic, Margarine, Flour, Marjoram, Basil, Thyme, Salt, Pepper, Milk, Cheddar Cheese, Broccoli, Carrot, Spinach, Eggs	X	
Vegetarian Sloppy Joes	Market Place	Canola Oil, Onions, Peppers, Brown Rice, Canned Pinto Beans, BBQ Sauce, Whole Grain Bun	X	X
Chicken Farfalle with Creamy Walnut Sauce	Olive	Walnuts, Garlic, Salt, Pepper, Cayenne, Chicken Broth, Parsley, Lemon Juice, Olive Oil, Chicken Breast, Farfalle Pasta, Broccoli, Red Bell Peppers, Parmesan Cheese		

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Chicken with Samfaina	Olive	Chicken Quarters, Salt, Pepper, Chili Flakes, Olive Oil, Lemon Juice, Parsley, Eggplant, Olive Oil, Onion, Garlic, Anchovy, Zucchini, Red Pepper, Green Pepper, Tomatoes		
Goat Cheese Stuffed Salmon	Olive	Salmon, Goat Cheese, Tarragon, Dill, Thyme, Chives, Basil, Spinach, Lemon, Lemon Juice, Olive Oil, Pepper		
Greek Salad with Orzo and Black-Eyed Peas	Olive	Orzo, Black-Eyed Peas, Tomato, Parsley, Red Wine Vinegar, Olive Oil, English Cucumber, Kalamata Olives, Red Onion, Lemon Zest, Lemon Juice, Oregano, Romaine, Feta Cheese, Pepperoncini, Pita Chips	X	
Grilled Tofu with a Mediterranean Chopped Salad	Olive	Lemon Juice, Olive Oil, Garlic, Oregano, Salt, Pepper, Extra Firm Tofu, Tomato, Cucumber, Garbanzo Beans, Provolone Cheese, Basil, Mint, Parsley, Romaine, Caesar Dressing	X	
Mediterranean Chicken Salad	Olive	Olive Oil, Tarragon Vinegar, Tarragon, Lemon Juice, Dijon Mustard, Chicken, Orzo Pasta, Cherry Tomatoes, Artichoke Hearts, Kalamata Olives, Dried Currants, Capers		
Mediterranean Salad with Prosciutto and Pomegranate	Olive	Fennel, Olive Oil, Kosher Salt, Arugula, Green Onions, Mint Leaves, Balsamic Vinegar, Prosciutto, Pomegranate Seeds		
Pan Seared Salmon Cakes with Cucumber Sauce	Olive	Cucumbers, Plain Yogurt, Dill, Garlic, Salmon, Garbanzo Beans, Bread Crumbs, Black Olives, Parsley, Lime Juice, Hot Sauce, Cumin, Salt, Egg Whites, Vegetable Oil		
Penne with Grilled Zucchini, Ricotta and Mint	Olive	Small Zucchini, Olive Oil, Salt, Pepper, Balsamic Vinegar, Mint Leaves, Crushed Red Pepper, Penne Pasta, Olive Oil, Ricotta Cheese	X	
Sautéed Chicken with Tomatoes, Olives and Feta	Olive	Chicken Breast, Olive Oil, Lime Juice, Oregano, Garlic, Kalamata Olives, Cherry Tomatoes, Feta Cheese		
Spicy Seafood Couscous	Olive	Olive Oil, Onions, Carrots, Garlic, Tomatoes in Juice, Clam Juice, Mussels, Littleneck Clams, Dry White Wine, Thyme, Bay Leaves, Fish Fillets, Shrimp, Sambal Oelek, Parsley, Couscous, Water		

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Basil Sauce	Pao	Vegetable Oil, Garlic, Jalapeno Chilies, Thai Basil, Green Onions, Chicken Broth, Fish Sauce, Sugar, Sambal Oelek, Cornstarch, Water		
Chili Sauce	Pao	Red Chilies, Shallots, Garlic, Vegetable Stock, Lime Juice, Rice Vinegar, Granulated Sugar, Salt, Cayenne Pepper	X	X
Curry Sauce	Pao	Olive Oil, Garlic, Coconut Milk, Soy Sauce, Apricot Preserves, Hot Chili Sauce, Salt, Yellow Curry Powder, Turmeric, Coriander, Cayenne Pepper, Cornstarch, Water	X	X
Ginger Sauce	Pao	Vegetable Oil, Ginger, Garlic, Scallions, Fish Sauce, Sweet Soy Sauce, Sugar, Sambal Oelek, Chicken Stock, Cornstarch, Water		
Hunan Sauce	Pao	Salad Oil, Red Pepper, Fermented Black Beans, Garlic, Dry Sherry, Salt, Soy Sauce, Sugar, Rice Wine Vinegar, Pepper, Green onion, Vegetable Stock, Cornstarch	X	X
Korean BBQ Sauce	Pao	Sugar, Scallion, Pepper, Soy Sauce, Sherry, Honey, Cornstarch, Water, Asian Pear	X	X
Mongo's Sauce	Pao	Vegetable Oil, Garlic, Red Curry Paste, Vegetable Stock, Sweet Chili Sauce, Sambal Oelek, Sweet Soy Sauce, Oyster Sauce, Jalapeno Peppers, Cornstarch, Water		
Pao Sauce	Pao	Peanut Oil, Ginger, Garlic, Ambal Oelek, Soy Sauce, Hoisin Sauce, Sugar, Rice Wine Vinegar, Pepper, Green Onion, Vegetable Stock, Cornstarch	X	X
Peanut Sauce	Pao	Rice Wine Vinegar, Water, Sugar, Peanuts, Ginger, Garlic, Cilantro, Salt, Soy Sauce, Sesame Oil	X	X
Sweet Sour Sauce	Pao	Vegetable Oil, Red Pepper, Green Pepper, Rice Vinegar, Brown Sugar, Ketchup, Soy Sauce, Cornstarch, Water, Lemon Juice	X	X
Teriyaki Sauce	Pao	Water, Soy Sauce, Brown Sugar, Garlic Powder, Ginger, Cornstarch	X	X
Vietnamese Sauce	Pao	Vegetable Oil, Shallots, Garlic, Lemon Grass, Red Chili, Fish Sauce, Sugar, Chicken Broth, Cornstarch, Water		
Beef-Rice & Noodle	Rice & Noodle	Beef, Soy Sauce, Rice Wine or Sherry, Sesame Oil, Cornstarch		
Crunchy Sesame Chicken	Rice & Noodle	Sesame Seeds, Panko Bread Crumbs, Salt, Eggs, Chicken, Canola Oil		

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Fried Rice	Rice & Noodle	White Rice, Vegetable Oil, Green Onion, Eggs, Mushrooms, Peas, Soy Sauce, Sugar, Salt, White Pepper	X	
Orange Ginger Sauce	Rice & Noodle	Canola Oil, Ginger, Chicken Stock, Orange Zest, Orange Juice, Soy Sauce, Honey, Rice Wine or Sherry, Chili Paste, Salt, Pepper, Cornstarch	X	X
Pork-Rice & Noodle	Rice & Noodle	Pork, Soy Sauce, Rice Wine or Sherry, Sesame Oil, Garlic		
Sesame Ginger Garlic Sauce	Rice & Noodle	Sesame Oil, Garlic, Ginger, Soy Sauce, Vegetable Broth, Rice Wine Vinegar, Sugar, Cornstarch	X	X
Spicy Kung Pao Sauce	Rice & Noodle	Canola Oil, Garlic, Ginger, Sambal Oelek, Soy Sauce, Sugar, Rice Wine Vinegar, Cornstarch, Salt, Pepper	X	X
Sweet & Sour Lemon Sauce	Rice & Noodle	Canola Oil, Garlic, Ginger, Vegetable Stock, Soy Sauce, Brown Sugar, Tabasco Sauce, Salt, Pepper, Lemon Juice, Rice Wine or Sherry, Cornstarch	X	X
Sweet Lime Soy Sauce	Rice & Noodle	Canola Oil, Ginger, Garlic, Vegetable Stock, Soy Sauce, Coriander, Rice Wine or Sherry, Ketchup, Lime Juice, Chili Paste, Sugar, Salt, Pepper, Cornstarch	X	X
Szechuan Sauce	Rice & Noodle	Canola Oil, Ginger, Garlic, Vegetable Stock, Soy Sauce, Rice Wine or Sherry, Sambal Oelek, Sugar, Red Pepper Flakes, Salt, Pepper, Cornstarch	X	X
Teriyaki Sauce	Rice & Noodle	Vegetable Broth, Soy Sauce, Brown Sugar, Garlic Powder, Ginger, Cornstarch	X	X
Thai Coconut Curry Sauce	Rice & Noodle	Vegetable Stock, Coconut Milk, Evaporated Milk, Red Curry Paste, Coconut Extract, Cornstarch, Lime Zest, Lime Juice	X	
Thai Peanut Sauce	Rice & Noodle	Peanut Butter, Coconut Milk, Water, Lime Juice, Soy Sauce, Fish Sauce, Hot Sauce, Ginger, Garlic, Cilantro		
Vegetarian Mushroom Sauce	Rice & Noodle	Garlic, Button Mushrooms, Shitake Mushrooms, Soy Sauce, Green Onions, Vegetable Stock, Ginger, Cornstarch, Sesame Oil, Sesame Seeds	X	X
Bahama Mama Turkey Wrap	Sweet Peppers Deli	Smoked Turkey, Red Pepper, Almonds, Honey, Sprouts, Green Onions, Chili Sauce, Napa Cabbage, Vinegar, Water, Ginger, Sugar, Thai Peanut Sauce, Sesame Oil, Jalapeno Tortilla Wrap		

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Basil Parmesan Turkey Salad On Ciabatta	Sweet Peppers Deli	Turkey Breast, Pine Nuts, Parmesan Cheese, Basil Leaves, Red Pepper, Red Onion, Oregano, Chili Flakes, Lemon Juice, Mayo, Dijon Mustard, Lettuce Leaves, Ciabatta Roll		
Blackened Chicken Salad	Sweet Peppers Deli	Lettuce, Hard boiled Egg, Cheddar Cheese, Mozzarella Cheese, Tomato Wedge, Cucumber Slice, Cajun Seasoning, Olive Oil, Honey Mustard Dressing		
Buffalo Barbeque Chicken Wrap	Sweet Peppers Deli	Chicken, Flour Tortilla, BBQ Sauce, Bleu Cheese Dressing, Lettuce, Tomato		
Caribbean Turkey on Ciabatta	Sweet Peppers Deli	Peppered Turkey, Mixed Baby Greens, Poppy Seed Dressing, Mango Salsa, Ciabatta Roll		
Cashew Chicken Salad	Sweet Peppers Deli	Romaine, Spring Mix, Chicken Breast, Pea Pods, Carrots, Water Chestnuts, Bean Sprouts, Cashews, Red Pepper, Oriental Dressing		
Chicken Caesar Wrap	Sweet Peppers Deli	Chicken, Tomato Basil Tortilla Wrap, Creamy Caesar Dressing, Romaine Lettuce, Parmesan Cheese		
Chicken Salad on Stone Ground Whole Wheat	Sweet Peppers Deli	Chicken Breast, Celery, Mayo, Pepper, Lemon Juice, Leaf Lettuce, Tomato, Stone Ground Whole Wheat Bread		
Chipotle Mayo	Sweet Peppers Deli	Chipotle Chilies in Adobo Sauce, Garlic, Cilantro, Mayo, Salt, Pepper	X	
Cilantro Chutney	Sweet Peppers Deli	Cilantro, Ginger, Jalapeno, Garlic, Salt, Pepper, Canola Oil	X	X
Grecian Salad Wrap	Sweet Peppers Deli	Mayo, Oregano, Lemon Juice, Turkey Breast, Cucumber, Red Onion, Tomato, Feta Cheese, Lettuce, Sundried Tomato Tortilla Wrap		
Grilled Pineapple Ham and Swiss on Ciabatta	Sweet Peppers Deli	Ciabatta Roll, Ham, Swiss, Pineapple, Red Onion, Leaf Lettuce, Honey Mayo		
Ham & Swiss on Stone Ground Whole Wheat	Sweet Peppers Deli	Stone Ground Whole Wheat, Honey Mustard Spread, Swiss Cheese, Black Oak Ham, Tomato, Leaf Lettuce		
Ham and Swiss with Cilantro Chutney	Sweet Peppers Deli	Herb Focacia or Ciabatta Roll, Ham, Swiss Cheese, Red Onions, Lettuce Leaf, Cilantro Chutney		
Herb Cream Cheese Spread	Sweet Peppers Deli	Cream Cheese, Pesto (contains Pine Nuts or Walnuts) Parsley, Oregano, Salt, Pepper	X	

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Honey Mayo	Sweet Peppers Deli	Mayo, Honey, Salt, Pepper	X	
Honey Mustard Spread	Sweet Peppers Deli	Dijon Mustard, Honey, Mayo	X	
Hummus and Veggie Dip	Sweet Peppers Deli	Roasted Red Pepper Hummus, Fried Pita Chips with Salt and Pepper, Cucumber Slices, Baby Carrots, Broccoli	X	X
Italian Meatball Sub	Sweet Peppers Deli	Meatballs, Swiss Cheese, Parmesan Cheese, Spaghetti Sauce, Sub Bun		
Italian Sub Sandwich	Sweet Peppers Deli	Salad Dressing, Italian Dressing, Sub Bun, Pepperoni, Hard Salami, Ham, Swiss Cheese, Tomatoes, Leaf Lettuce, Red Onion		
Mango Salsa	Sweet Peppers Deli	Mangos, Red Onion, Cilantro, Serrano Pepper, Tomatillos, Limes	X	X
Open-Faced Caponata Club	Sweet Peppers Deli	Italian Dressing, Green Olives, Capers, Eggplant, Tomato Paste, Basil Leaves, Olive Tapenade, Dijon Mustard, Smoked Turkey, Feta Cheese, Beefsteak Tomatoes, Red Onion, Sundried tomatoes, Herb Foccacia Roll		
Pacific Plantation Turkey	Sweet Peppers Deli	Smoked Turkey, Brie Cheese, Pineapple, Red Pepper, Olive Oil, Chili Flakes, Red Onion, Mint, Ginger, Onion, Curry Powder, Mayo, Honey, Green Onions, Hawaiian Sandwich Buns		
Parisian Turkey Sandwich	Sweet Peppers Deli	Olive Oil, Oregano, Turkey Breast, Ciabatta Roll, Roasted Pepper Mayo, Mesclun Salad Mix, Tomato, Brie Cheese, Stone Ground Mustard		
Pesto Mayo	Sweet Peppers Deli	Pesto Sauce, Mayo, Salt, Pepper	X	
Pudding Cup	Sweet Peppers Deli	Vanilla Pudding, Chocolate Pudding, Whipped Cream, Sprinkles	X	
Roasted Red Pepper Hummus	Sweet Peppers Deli	Chickpeas, Roasted Red Peppers, Garlic, Cilantro, Pepper, Salt, Olive Oil or Canola Oil	X	X
Roasted Red Pepper Mayo	Sweet Peppers Deli	Mayo, Red Peppers, Salt, Pepper	X	

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Sautéed Vegetable Wrap	Sweet Peppers Deli	Garlic, Zucchini, Red Peppers, Green Peppers, Red Onion, Mushrooms, Olive Oil, Italian Seasoning, Spinach Herb Tortilla Wrap	X	X
Seafood Croissant	Sweet Peppers Deli	Imitation Crab, Bay Shrimp, Red Onion, Celery, Mayo, Lemon Juice, Dill, Salt, Pepper, Croissant, Leaf Lettuce		
Southwest Turkey Sandwich on Focacia	Sweet Peppers Deli	Herb Focacia Roll, Turkey, Provolone Cheese, Roasted Red Peppers, Red Onions, Lettuce Leaf, Chipotle Mayo, Cilantro		
Three Cheese and Avocado Sandwich	Sweet Peppers Deli	Ciabatta Roll, Cheddar Cheese, Swiss Cheese, Colby Jack Cheese, Red Onion, Leaf Lettuce, Tomato, Avocado, Mayo		
Tuna Salad on a Croissant	Sweet Peppers Deli	Croissant, Tuna, Celery, Lemon Juice, White Pepper, Salt, Mayo, Pickle Relish, Tomato Slices, Leaf Lettuce		
Turkey and Cheese on Stone Ground Whole Wheat	Sweet Peppers Deli	Stone Ground Whole Wheat, Herm Cream Cheese Spread, American Cheese, Smoked Turkey, Tomato, Leaf Lettuce		
Turkey Napoleon	Sweet Peppers Deli	Flatbread, Turkey Breast, Bacon, Romaine Lettuce, Tomato, Mushrooms, Feta Cheese, Roasted Red Peppers, Herb Cream Cheese		
Turkey, Asparagus and Pepper on Ciabatta	Sweet Peppers Deli	Ciabatta Roll, Turkey, Provolone Cheese, Roasted Red Peppers, Red Onions, Asparagus, Lettuce Leaf, Pesto Mayo		
Veggies and Ranch Dip	Sweet Peppers Deli	Baby Carrots, Celery Sticks, Ranch Dressing	X	
Ancho-Chili Mayo	The Grille	Mayo, Roasted Ancho Chili Peppers, Lime Zest, Salt, Pepper	X	
Baja Smoked Turkey Melt	The Grille	Smoked Turkey Breast, Buffalo Sauce, Pepper Jack Cheese, Cheddar Cheese, Caramelized Onions, Lemon Zest, Orange Zest, Roasted Red Peppers, Mayo, Ginger, Sugar, Chili Flakes, Beefsteak Tomatoes, Salt, Pepper, Ciabatta Roll		
Balsamic Glaze	The Grille	Balsamic Vinegar, Honey, Olive Oil, Garlic	X	X
Bayou Creole Baguette Melt	The Grille	Chicken Breast, Creole Seasoning, Red Pepper, Red Onion, Mayo, Lemon Juice, Salt, Pepper, Swiss Cheese, Provolone Cheese, Sourdough Baguette Hoagie		
Bistro Pork and Baby Brie Panini	The Grille	Egg Bread, Cranberry Mayo, Pork Tenderloin, Baby Spinach, Brie Cheese, Thick Slice Bacon, Apple Slices		

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Blackened Turkey Tenderloin Steak Sandwich	The Grille	Turkey Tenderloin, Butter, Cajun Seasoning, French Roll, Creole Mayo, Lettuce, Tomato, Pickle Slices		
Chicago Grille	The Grille	Zucchini, Salt, Olive Oil, Romano Cheese, parmesan Cheese, Lemon Peel, Sourdough Bread, Red Onion Rings, Chicken Breast, Ranch Dressing		
Cranberry Mayo	The Grille	Mayo, Whole Berry Cranberry Sauce, Pumpkin Pie Spice, Powdered Sugar	X	
Creole Mayo	The Grille	Mayo, Creole Seasoning, Salt, Pepper	X	
Cuban Panini	The Grille	Cuban Bread, Garlic Mayo, Canadian Bacon, Hard Salami, Swiss Cheese, Provolone Cheese, Spicy Pickles		
Fresh Mushroom, Back Bean and Green Chili Melt	The Grille	Olive Oil, White Mushrooms, Garlic, Canned Black Beans, Green Chilies, Salsa, Italian Roll, Monterey Jack Cheese	X	
Frisco Chicken Melt	The Grille	Chicken Breast, Tomato, Provolone Cheese, Sourdough bread, Thousand Island Dressing		
Garbanzo-Cashew Burgers with Pineapple Carrot Slaw	The Grille	Garbanzo Beans, Carrots, Onions, Cashews, Salt, Lemon Juice, Parsley, Eggs, Flour, Bread Crumbs, Multigrain Bun, Pineapple Carrot Slaw	X	
Garlic Mayo	The Grille	Mayo, Garlic, Spicy Dijon Mustard, Key Lime Juice, Key Lime Zest, Cilantro	X	
Grilled Italian Veggies on Ciabatta with Caper Mayonnaise	The Grille	Eggplant, Red Pepper, Portabella Mushrooms, Olive Oil, Salt, Pepper, Mayo, Capers, Parmesan Cheese, Ciabatta Roll	X	
Honey Dijon Grilled Chicken Sandwich	The Grille	Honey, Dijon Mustard, Chicken Breast, Pepper, Hoagie Roll, Spinach, Tomato		
Horseradish and Portabella Turkey Panini	The Grille	Rustic Roll, Lemony Artichoke Mayo, Horseradish Cheddar, Turkey Medallions, Roma Tomatoes, Portabella Mushrooms, Basil		
Lemony Artichoke Mayo	The Grille	Mayo, Artichoke Hearts, Lemon Juice, Garlic, Parsley	X	
Mango Tango Peppered Turkey Panini	The Grille	Mayo, Mint, Hot Sauce, Chili Flakes, Jalapeno Pepper, Honey Wheat Bread, Brie Cheese, Mango, Peppered Turkey Breast, Pepperoncini, Pepper Relish		

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Mojito Mayo	The Grille	Mayo, Sesame Oil, Lime Zest, Key Lime Juice, Jalapeno Pepper, Mint, Rum, Coconut, Sugar, Salt, Pepper	X	
Mojito Turkey Press	The Grille	Baguette Hoagie Roll, Mojito Mayo, Provolone Cheese, Yellow Beefsteak Tomato, Red Beefsteak Tomato, Red Onion, Avocado, Peppered Turkey Breast		
Monterrey Chicken	The Grille	Orange Juice, Lemon Juice, Canola Oil, Sugar, Lemon Pepper, Chicken Breast, Focaccia Bread, Butter, Tomato, Avocado, Monterrey Jack Cheese, Herb Mayo		
New York, NY	The Grille	Hot Italian Sausage Link, Red Bell Pepper, Onion, Garlic, Salt, Pepper, Olive Oil, Marinara Sauce, Sandwich Roll		
Pepper Relish	The Grille	Green Peppers, Red Peppers, Jalapeno Pepper, Onion, Salt, Water, Celery Seed, Sugar, Cider Vinegar	X	X
Pineapple Carrot Slaw	The Grille	Pineapple, Cabbage, Carrot, Lime Juice, Soy Sauce, Honey, Cilantro, Salt, Pepper, Olive Oil	X	X
Pizza Wrap	The Grille	Roast Turkey, Flour Tortilla, Mozzarella Cheese, Pepperoni, Marinara Sauce		
Rio Grande Melt	The Grille	Flat bread, Ancho-Chili Mayo, Chicken Breast, Pepper Jack Cheese, Green Chili Salsa, Lettuce, Cilantro		
Roast Pork Bavarian	The Grille	Olive Oil, Onion, Balsamic Vinegar, Sherry Wine, Granny Smith Apple, Yellow Mustard Seeds, Sugar, Ginger, Allspice, Pork Loin, Cheddar Cheese, Whole Grain Bread		
Santé Fe Turkey Sandwich	The Grille	Peppered Turkey Breast, Thick Cut Bacon, Pocket less Pita, Pepper Jack Cheese, Avocado, Red Onion, Salsa Verda		
Southwest BBQ	The Grille	Dry Rub: Salt, Pepper, Dark Brown Sugar, Paprika, Cayenne, BBQ: Shoulder Pork Roast, Apple Juice, Apple Cider Vinegar,		
Steak and Mushroom Sandwich	The Grille	Beef Tenderloin, Mixed Peppercorns, Canola Oil, Shitake Mushrooms, Cognac, Demi-glaze, Focaccia Cheese Roll, Brie Cheese		
Sweet Balsamic Glazed Chicken Bruschetta	The Grille	Chicken Breast, Balsamic Glaze, Basil, Roma Tomatoes, Mozzarella Cheese, Olive Oil, Ciabatta Roll		
Tuscan Turkey Sandwich	The Grille	Focaccia Roll, Mayo, Mediterranean Turkey Breast, Basil Leaves, Smoked Mozzarella Cheese, Sundried Tomatoes, Arugula, Roasted Red Peppers		

### Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Ancho Chili Sauce	World Flavors	Ancho Chilies, Olive Oil, Onion, Tomato Paste, Chicken Broth, Roasted Red Peppers, Chicken Broth, Roasted Garlic, Brown Sugar, White Wine Vinegar, Cumin, Oregano, Cinnamon, Demi-glaze		
Ancho Chili-Ginger Sauce	World Flavors	Rice Wine Vinegar, Ginger, Ancho Chili Powder, Honey, Vegetable Oil, Salt, Pepper	X	X
Baked Stuffed Cod with Fennel	World Flavors	Plain Yogurt, Fennel, Lemon Juice, Chives, Salt, Pepper, Celery, Onion, Stuffing Croutons, Chicken Broth, Eggs, Cod Fillets, Lemon Slices		
Cajun Chicken Alfredo	World Flavors	Chicken Breast, Blackening Spice, Olive Oil, Garlic, Sundried Tomatoes, White Wine, Heavy Cream, Parmesan Cheese, Salt, Pepper, Fettuccine, Scallions		
Carne Asada	World Flavors	Poblano Chilies, Green Onions, Skirt Steak, Garlic, Salt, Pepper, Corn or Flour Tortillas, Avocados, Limes, Salsa		
Carne Guisada	World Flavors	Stew Meat, Onion, Bell Pepper, Garlic, Oil, Flour, Beef Stock, Tomatoes, Salt, Pepper, Cumin		
Cavatappi Pesto Cream Sauce	World Flavors	Fresh Basil, Fresh Garlic, Olive Oil, Pine Nuts, Parmesan Cheese, Heavy Cream, Salt, Pepper	X	
Chicken Fajita with Peppers, Spanish Onions, in Ancho Chili Sauce	World Flavors	Vegetable Oil, Chicken Breast, Garlic, Lime Juice, Water, Chicken Base, Cilantro, Ancho Chili Sauce, Onions, Green Bell Pepper, Red Bell Peppers, Flour Tortilla		
Chicken Stir-Fry	World Flavors	Chicken, Peanut Butter, Cooking Oil, Broccoli, Celery, Carrots, Onion, Chicken Broth		
Cuban Spiced Pork Loin	World Flavors	Pork Loin, Garlic, Bay Leaves, Anise Seed, Coriander, Cumin, Limes, Grill Seasoning Blend, Olive Oil, Salt, Pepper		
Gai Yang-Thai Grilled Chicken	World Flavors	Chicken Pieces, Pepper, Garlic, Cilantro, Fish Sauce, Coconut Milk, Hot and Sweet Dipping Sauce		
Honey and Ginger Glazed Chicken	World Flavors	Honey, Orange Peel, Orange Juice, Soy Sauce, Pepper, Ginger, Chicken Breast		
Hot and Sweet Dipping Sauce	World Flavors	Cider Vinegar, Sugar, Garlic, Salt, Hot Pepper Flakes	X	X

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Indonesian Udon Noodle Stir Fried with Shrimp, Curry, Red Pepper and Broccoli	World Flavors	Chicken Broth, Oyster Sauce, Soy Sauce, Sugar, Peanut Oil, Curry Powder, Garlic, Ginger, Red Bell Pepper, Red Onion, Green Onion, Shrimp, Broccoli, Udon Noodles		
Jamaican Jerk Chicken	World Flavors	Chicken, Vinegar, Worcestershire Sauce, Molasses, Ginger, Hot Pepper Sauce, Garlic, Onion, Allspice, Cinnamon, Pepper, Salt		
Japanese Beef Teriyaki	World Flavors	Soy Sauce, Mirin (Japanese Sweet Rice Wine) Sake (Japanese Rice Wine), Sugar, Golden Delicious Apple, Carrots, Broccoli, Vegetable or Peanut Oil, Ginger, Garlic, Scallions, Shitake or Button Mushrooms, Salt, Beef stir fry meat		
Mediterranean Chicken Gyros with Tzatziki Sauce	World Flavors	Plain Yogurt, Cucumber, Salt, Garlic, Olive Oil, Red Wine Vinegar, Dill, Chicken Breast, Oregano, Olive Oil, Onions, Lemon Juice, Pita Bread Rounds		
Mongolian Style Chicken	World Flavors	Peanut Oil, Salt, Sugar, Cornstarch, Chicken Breast, Garlic, Chilies, Onion, Water, Peanut Oil, Rice Wine or Dry Sherry, Chicken Broth, Soy Sauce, Chinese Dried Mushrooms, Red Bell Pepper, Scallions, Cornstarch, Sesame Oil, Ground Bean Sauce		
Orange Salsa Dressing	World Flavors	Prepared Salsa, Orange Juice, Cider Vinegar, Grated Orange Peel		
Peanut Butter Stir Fry Sauce	World Flavors	Teriyaki Sauce, Brown Sugar, Peanut Butter		
Penne Rosa	World Flavors	Penne Noodles, Chicken Breast, Salt, Pepper, Spinach, Mushrooms, Parmesan, Spicy Tomato Sauce, Olive Oil		
Pesto Cavatappi	World Flavors	Cavatappi Noodles, Chicken Breast, Italian Seasoning, Parmesan Cheese, Salt, Pepper, Tomatoes, Mushrooms, Garlic, Pesto Cream Sauce, Olive Oil		
Pesto Cream Sauce	World Flavors	Parmesan Cheese, Basil, Garlic, Pine Nuts, Olive Oil, Heavy Cream, Salt, Pepper	X	
Pineapple Papaya Salsa	World Flavors	Papaya, Pineapple, Red Onion, Serrano, Garlic, Lime Zest, Lime Juice, Cilantro	X	X

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Pork and Hominy Stew with Red Chilies	World Flavors	Garlic, Water, Chicken Broth, Pork Ribs, Oregano, New Mexico Red Chilies, White Onion, Salt, White Hominy, Corn Tortillas, Vegetable Oil		
Roast Salmon with Ancho Chili-Ginger Sauce and Saffron Roasted Vegetable Couscous	World Flavors	Red Pepper, Yellow Squash, Zucchini, Haricots Verts, Olive Oil, Salt, Pepper, Vegetable Stock, Saffron, Couscous, Parsley, Salmon, Cilantro		
Ropa Vieja Joes (Cuban Sloppy Joes)	World Flavors	Mojo: Garlic, Onion, Cumin, Lemons, Olive Oil, Water; Ropa Vieja: Ground Beef, Green Olives with Pimiento, Paprika, Worcestershire Sauce, Hot Pepper Sauce, Tomato Sauce, Salt, Pepper, Kaiser Roll, Dill Pickle, Beefsteak Tomatoes		
Saleeg (Sudan Hot dish)	World Flavors	Black Cardamom Pods, Cinnamon Sticks, Red Onion, Chicken Breast, Cilantro, Pepper, Salt, White Rice, Milk		
Shrimp Jambalaya	World Flavors	Long-grain rice, Onions, Parsley, Thyme, Garlic Powder, Black Pepper, Cayenne Pepper, Salt, Bay Leaf, Beef Stock, Diced Tomatoes, Tomato Sauce, Smoked Sausage, Shrimp		
Siamese Shrimp Curry with Broccoli and Peanuts	World Flavors	Béchamel Sauce: Butter, Flour, Salt, Pepper, Half & Half; Curry: Broccoli, Carrots, Vegetable Oil, Thai Curry Paste, Shrimp, Sugar, Garlic, Soy Sauce, Peanuts		
Southwest Marinated Grilled Beef with Chipotle Pepper Sauce	World Flavors	Flank Steak, Garlic, Cilantro, Vegetable Oil, Lime Juice, Chipotle Chilies, Honey, Vegetable Oil, Balsamic Vinegar, Brown Mustard, Cumin, Salt, Pepper, Green Peppers		
Southwestern Radish Cobb Salad with Orange Salsa Dressing	World Flavors	Iceberg Lettuce, Smoked Turkey, Radishes, Black Beans, Corn, Monterrey Jack Cheese, Bacon, Green Onions, Orange Salsa, Hard Boiled Eggs, Tomato Wedge, Avocado		
Spanish Paella	World Flavors	Olive Oil, Italian Sausages, Chicken Thighs, Onion, Garlic, Tomatoes, Bay Leaves, Zucchini, Red Bell Peppers, Shrimp, Turmeric, White Rice, Salt, Chicken Broth, Paprika, Parsley		
Spicy Tomato Sauce	World Flavors	Butter, Flour, Heavy Cream, Garlic, Parmesan Cheese, Tomato Sauce, Red Pepper Flakes, Salt, Pepper		
Swiss Style Rosti Potatoes with Honey Ham and Swiss Cheese	World Flavors	Potatoes, Green Onion, Salt, Pepper, Olive Oil, Smoked Ham, Cheddar Cheese		

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Thai Beef Stir-Fry	World Flavors	Peanut Oil, Red Curry Paste, Beef, Lemongrass, Green Beans, Mushrooms, Peanuts, Jalapeno Peppers, Water, Fish Sauce, Brown Sugar		
Thai Chicken Stir-Fry	World Flavors	Peanut Oil, Red Curry Paste, Chicken Breast, Lemongrass, Green Beans, Mushrooms, Peanuts, Jalapeño Peppers, Water, Fish Sauce, Brown Sugar		
Tuscan Pasta	World Flavors	Linguine Noodles, Chicken Breast, Italian Seasoning, Parmesan Cheese, Salt, Pepper, Zucchini, Yellow Squash, Mushrooms, Onions, Tuscan Sauce, Olive Oil		
Tuscan Sauce	World Flavors	Olive Oil, Onions, Garlic, Canned Tomatoes, Tomato Sauce, Red Wine Vinegar, Basil, Sugar, Salt, Pepper	X	X
Vietnamese Beef Pho	World Flavors	Beef Broth, Onion, Ginger Root, Lemongrass, Cinnamon Stick, Whole Peppercorns, Sirloin Time, Bean Sprouts, Basil, Mint, Cilantro, Jalapeno Peppers, Limes, Rice Noodles, Hoisin Sauce, Hot Pepper Sauce, Fish Sauce		
West Cost Cobb Salad with Pineapple Papaya Salsa	World Flavors	Iceberg Lettuce, Spring Mix, Red Wine Vinegar, Dijon Mustard, Olive Oil, Bleu Cheese, Salt, Pepper, Smoked Turkey, Bacon, Avocado, Tomato, Egg, Chives, Pineapple Papaya Salsa		
Breaded Chicken Pattie	The Grille	Chicken Breast with Rib Meat, Vegetable Protein Product (isolated soy protein, magnesium oxide, zinc oxide, niacinamide, ferrous sulfate, vitamin B12, copper gluconate, vitamin A palmitate, calcium pantothenate, pyridoxine hydrochloride,		
Whipped Topping Non-Dairy		WATER, HIGH FRUCTOSE CORN SYRUP, PARTIALLY HYDROGENATED PALM KERNEL OIL, CONTAINS LESS THAN 2% OF THE FOLLOWING: SODIUM CASEINATE (A MILK DERIVATIVE), DEXTROSE, ARTIFICIAL FLAVOR, POLYSORBATE 60, SORBITAN MONOSTEARATE, XANTHAN GUM, GUAR GUM, COLORED WITH TURMERIC AND ANNATTO EXTRACTS.		

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Cranberry Walnut Muffin	Fresh Takes	SUGAR, BLEACHED ENRICHED FLOUR (BLEACHED FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), EGGS, SOYBEAN OIL, CRANBERRIES, WATER, WALNUTS WITH BHT ADDED TO PROTECT FLAVOR, MODIFIED CORN STARCH, WHEY, MONO- AND DIGLYCERIDES, VITAL WHEAT GLUTEN, BAKING POWDER (SODIUM ALUMINUM PHOSPHATE, BAKING SODA), SALT, SODIUM STEAROYL LACTYLATE, SORBITAN MONOSTEARATE, NONFAT MILK, CALCIUM ACETATE, XANTHAN GUM, GUAR GUM, CORN STARCH, POLYSORBATE 60, ARTIFICIAL AND NATURAL FLAVOR, PARTIALLY HYDROGENATED SOYBEAN OIL, MILK, SOY LECITHIN. CONTAINS WHEAT, EGG, WALNUT, MILK AND SOY INGREDIENTS.		
Cinnamon Scone	Fresh Takes	ENRICHED UNBLEACHED WHEAT FLOUR (FLOUR, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE, ENZYME, RIBOFLAVIN, FOLIC ACID), MARGARINE (PARTIALLY HYDROGENATED SOYBEAN OIL, WATER, SALT, SOY LECITHIN, MONO AND DIGLYCERIDES, NATURAL FLAVOR, VITAMIN A PALMITATE, COLORED WITH (BETA CAROTENE)), SUGAR, CINNAMON DROPS (SUGAR, PALM OIL, CINNAMON, NONFAT DRY MILK, SOY LECITHIN (AN EMULSIFIER)), WATER, CONTAINS LESS THAN 2% OF THE FOLLOWING: EGG YOLKS, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), CINNAMON, NATURAL AND ARTIFICIAL FLAVOR, SALT. MANUFACTURED ON SHARED EQUIPMENT WITH PEANUTS AND TREE NUTS. CONTAINS: WHEAT, MILK, EGGS, SOY		
Lemon Poppy Seed Muffin	Fresh Takes	ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, EGGS, PARTIALLY HYDROGENATED SOYBEAN OIL (SOYBEAN OIL, ARTIFICIAL FLAVORING, COLORED WITH BETA-CAROTENE), DAIRY BLEND (DRY WHEY, NONFAT DRY MILK, DRY BUTTERMILK), INVERT SYRUP (FRUCTOSE AND DEXTROSE), SOYBEAN OIL, POPPY SEEDS, LEMON FLAVOR (GROUND LEMON PEEL, SUGAR), LEMON EMULSION (WATER, PROPYLENE GLYCOL, NATURAL AND ARTIFICIAL FLAVORS, VEGETABLE GUM, SODIUM BENZOATE [PRESERVATIVE]), LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), NATURAL AND ARTIFICIAL FLAVOR, SALT, XANTHAN GUM.		
Banana Nut Muffin	Fresh Takes	ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), BANANA PUREE, SUGAR, WATER, SOYBEAN OIL, BROWN SUGAR, WALNUT PIECES, EGGS, WHEY, SALT, BAKING SODA, CORN STARCH, SODIUM ALUMINUM SULFATE, MONOCALCIUM PHOSPHATE, CITRIC ACID, ASCORBIC ACID, NATURAL AND ARTIFICIAL FLAVOR. CONTAINS WHEAT, WALNUT, EGG AND MILK INGREDIENTS.		

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Apple Cinnamon Muffin	Fresh Takes	ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, APPLE FLAVOR FILLING (WATER, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, DRIED APPLES WITH SULFUR DIOXIDE ADDED TO PROTECT COLOR, MODIFIED CORN STARCH,NATURAL FLAVOR, CITRIC ACID, SODIUM BENZOATE AND SODIUM PROPIONATE AND POTASSIUM SORBATE [PRESERVATIVES], SPICE), SOYBEAN OIL, DICED APPLES, CORN SYRUP SOLIDS, EGGS, DRIED SOUR CREAM (CREAM,SKIM MILK,CULTURES,ENZYMES), MODIFIED TAPIOCA STARCH, BAKING SODA, SALT, CINNAMON, CORN STARCH, MODIFIED CORN STARCH, SPICE, XANTHAN GUM, PRESERVED WITH (ASCORBIC ACID, CITRIC ACID, ERYTHORBIC ACID, BHT), NATURAL AND ARTIFICIAL FLAVOR. CONTAINS WHEAT, EGG AND MILK INGREDIENTS.		
Chocolate Chip Muffin	Fresh Takes	SUGAR, WATER, ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), EGGS, SOYBEAN OIL,SEMISWEET CHOCOLATE CHIPS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, MILKFAT, SOY LECITHIN, ARTIFICIAL FLAVOR), COCOA PROCESSED WITH ALKALI, MODIFIED CORN STARCH, MONO AND DIGLYCERIDES, WHEY, BAKING SODA, VITAL WHEAT GLUTEN, SALT, SODIUM ALUMINUM PHOSPHATE, CALCIUM ACETATE, SORBITAN MONOSTEARATE, CORN STARCH, SODIUM STEAROYL LACTYLATE, NONFAT MILK, GUAR GUM, XANTHAN GUM, POLYSORBATE 60, NATURAL AND ARTIFICIAL FLAVOR. CONTAINS WHEAT, EGG, MILK AND SOY INGREDIENTS.		
Blueberry Muffin	Fresh Takes	SUGAR, WATER, ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SOYBEAN OIL, BLUEBERRIES, EGGS, MODIFIED CORN STARCH, WHEY, EGG WHITE, SALT, BAKING SODA, SODIUM ALUMINUM PHOSPHATE, NATURAL AND ARTIFICIAL FLAVOR, POTASSIUM SORBATE (PRESERVATIVE), XANTHAN GUM, DISTILLED MONOGLYCERIDES, CORN STARCH, SODIUM STEAROYL LACTYLATE, DITEM, ETHOXYLATED MONO AND DIGLYCERIDES, COLORED WITH YELLOW 5 AND YELLOW 6. CONTAINS WHEAT, EGG AND MILK INGREDIENTS.		

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Assorted Mini Muffin	Catering	SUGAR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (SOYBEAN AND/OR COTTONSEED OILS), APPLES, EGGS, CRANBERRIES, NONFAT YOGURT (CULTURED SKIM MILK, FRUIT PECTIN, YOGURT CULTURES). CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: WALNUTS, BAKING POWDER (CORN STARCH, SODIUM ALUMINUM PHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), WATER, WHEAT STARCH, MODIFIED CORN STARCH, ISOLATED SOY PROTEIN, SALT, NATURAL FLAVOR, MONO AND DIGLYCERIDES, WHEY, CINNAMON, MOLASSES, POTASSIUM SORBATE (PRESERVATIVE), CALCIUM CHLORIDE, XANTHAN GUM, SOY FLOUR		
Long John-Cream Filled	Fresh Takes	DONUT: ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, PALM OIL, SOYBEAN OIL, YEAST. CONTAINS 2% OR LESS: VITAL WHEAT GLUTEN, SUGAR, DEXTROSE, SALT, DEFATTED SOY FLOUR, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), WHEY, MONO AND DIGLYCERIDES, DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, CALCIUM SULFATE, AMMONIUM SULFATE, ASCORBIC ACID), ARTIFICIAL FLAVOR, EGG. WHITE CREME FILLING: WATER, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, MODIFIED CORN STARCH. CONTAINS 2% OR LESS: PALM OIL, SALT, NATURAL AND ARTIFICIAL FLAVOR, SUGAR, AGAR, LOCUST BEAN GUM, ARTIFICIAL COLOR, POTASSIUM SORBATE AND SODIUM BENZOATE (PRESERVATIVES), POLYSORBATE 60. CONTAINS WHEAT, SOY, MILK AND EGG INGREDIENTS.		
Long John	Fresh Takes	INGREDIENTS FOR U.S MARKET: ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE, ENZYME, RIBOFLAVIN, FOLIC ACID), PALM OIL, WHEY (A MILK DERIVATIVE), DEXTROSE, WATER, SOYBEAN OIL, YEAST, CONTAINS LESS THAN 2% OF THE FOLLOWING: SALT, DEFATTED SOY FLOUR, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), MONOGLYCERIDES, SKIM MILK, SODIUM STEAROYL LACTYLATE, TO PRESERVE FRESHNESS (CALCIUM PROPIONATE), CELLULOSE GUM, GUAR GUM, XANTHAN GUM, ASCORBIC ACID, COLORED WITH BETA CAROTENE. MANUFACTURED ON SHARED EQUIPMENT WITH EGGS.		

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Chocolate Chip Cookie	Catering	CHOCOLATE CHIP: ENRICHED BLEACHED FLOUR (BLEACHED FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SEMI-SWEET CHOCOLATE CHIPS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN, VANILLA), SUGAR, MARGARINE (PALM OIL, WATER, SALT, MONO- AND DIGLYCERIDES, NATURAL FLAVOR, VITAMIN A PALMITATE, BETA CAROTENE), BROWN SUGAR, EGGS, BUTTER, NATURAL AND ARTIFICIAL FLAVOR, BAKING SODA, SALT. CONTAINS: MILK, EGGS, SOYBEANS, AND WHEAT		
Sugar Cookie	Catering	BUTTER SUGAR: ENRICHED BLEACHED FLOUR (BLEACHED FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, MARGARINE (PALM OIL, WATER, SALT, MONO- AND DIGLYCERIDES, NATURAL FLAVOR, VITAMIN A PALMITATE, BETA CAROTENE), EGGS, BUTTER, INVERT SUGAR, SALT, BAKING SODA. CONTAINS: MILK, EGGS AND WHEAT		
Chocolate Chip Cookie	Fresh Takes	CHOCOLATE CHIP: ENRICHED BLEACHED FLOUR (BLEACHED FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SEMI-SWEET CHOCOLATE CHIPS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN, VANILLA), SUGAR, MARGARINE (PALM OIL, WATER, SALT, MONO- AND DIGLYCERIDES, NATURAL FLAVOR, VITAMIN A PALMITATE, BETA CAROTENE), BROWN SUGAR, EGGS, BUTTER, NATURAL AND ARTIFICIAL FLAVOR, BAKING SODA, SALT. CONTAINS: MILK, EGGS, SOYBEANS, AND WHEAT		
Double Chocolate Chip Cookie	Fresh Takes	DOUBLE CHOCOLATE CHIP: ENRICHED BLEACHED FLOUR (BLEACHED FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, SEMI-SWEET CHOCOLATE CHIPS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN, VANILLA), MARGARINE (PALM OIL, WATER, SALT, MONO- AND DIGLYCERIDES, NATURAL FLAVOR, VITAMIN A PALMITATE, BETA CAROTENE), WHITE CHOCOLATE CHIPS (SUGAR, COCOA BUTTER, WHOLE MILK POWDER, DEXTROSE, SOY LECITHIN, ARTIFICIAL FLAVOR), BROWN SUGAR, COCOA PROCESSED WITH ALKALI, EGGS, BUTTER, NATURAL AND ARTIFICIAL FLAVOR, BAKING SODA, SALT. CONTAINS: WHEAT, SOYBEANS, EGGS AND MILK		

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Oatmeal Raisin Cookie	Catering	OATMEAL RAISIN: ENRICHED BLEACHED FLOUR (BLEACHED FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), ROLLED OATS, SUGAR, BROWN SUGAR, MARGARINE (PALM OIL, WATER, SALT, MONO- AND DIGLYCERIDES, NATURAL FLAVOR, VITAMIN A PALMITATE, BETA CAROTENE), RAISINS, COCONUT, EGGS, BUTTER, INVERT SUGAR, WHOLE MILK, BAKING SODA, ARTIFICIAL FLAVOR, SALT. CONTAINS: MILK, EGGS, COCONUT AND WHEAT		
White Chocolate Macadamia Nut Cookie	Catering	WHITE CHOCOLATE MACADAMIA NUT: ENRICHED BLEACHED FLOUR (BLEACHED FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHITE CHOCOLATE CHIPS (SUGAR, COCOA BUTTER, WHOLE MILK POWDER, DEXTROSE, SOY LECITHIN, ARTIFICIAL FLAVOR), SUGAR, MARGARINE (PALM OIL, WATER, SALT, MONO- AND DIGLYCERIDES, NATURAL FLAVOR, VITAMIN A PALMITATE, BETA CAROTENE), BROWN SUGAR, MACADAMIA NUTS, EGGS, BUTTER, NATURAL AND ARTIFICIAL FLAVOR, BAKING SODA, SALT. CONTAINS: MILK, EGGS, SOYBEANS, MACADAMIA NUTS AND WHEAT		
Peanut Butter Cookie	Catering	PEANUT BUTTER: ENRICHED BLEACHED FLOUR (BLEACHED FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), PEANUT BUTTER (BLANCHED PEANUTS, SUGAR, PARTIALLY HYDROGENATED VEGETABLE OIL [COTTONSEED AND RAPESEED], SALT), SUGAR, MARGARINE (PALM OIL, WATER, SALT, MONO- AND DIGLYCERIDES, NATURAL FLAVOR, VITAMIN A PALMITATE, BETA CAROTENE), BROWN SUGAR, EGGS, MOLASSES, BUTTER, INVERT SUGAR, SALT, BAKING SODA, ARTIFICIAL FLAVOR. CONTAINS: PEANUTS, MILK, EGGS AND WHEAT		
Churros	Catering	WHEAT STARCH, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: CANOLA OIL, COTTONSEED OIL, PLAM OIL, SOYBEAN OIL), YELLOW CORN FLOUR, WATER, SODIUM CASEINATE, EGGS, EGG WHITE, EGG YOLK, CINNAMON, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA) GUAR GUM, PROPYLENE GLYCOL MONO-AND DIESTERS OF FATTY ACIDS, SUGAR, MONO AND DIGLYCERIDES, SOY LECITHIN, BHT (PRESERVATIVE), ARTIFICIAL FLAVOR.		
Oreo Crumbs	Coffeehouse	SUGAR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN {VITAMIN B2}, FOLIC ACID), PALM AND/OR HIGH OLEIC CANOLA AND/OR SOYBEAN OIL, COCOA (PROCESSED WITH ALKALI), HIGH FRUCTOSE CORN SYRUP, BAKING SODA, CORNSTARCH, SALT, SOY LECITHIN (EMULSIFIER), VANILLIN - AN ARTIFICIAL FLAVOR, CHOCOLATE		

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Angel Food Cake	Catering	INGREDIENTS: SUGAR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), EGG WHITES, WHEAT STARCH, SODIUM BICARBONATE. CONTAINS 2% OR LESS OF THE FOLLOWING: SODIUM ALUMINUM PHOSPHATE, FUMARIC ACID, MONOCALCIUM PHOSPHATE, CREAM OF TARTAR, CELLULOSE GUM, ARTIFICIAL FLAVOR.		
Yellow Cake	Catering	INGREDIENTS: SUGAR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS. CONTAINS 2% OR LESS OF THE FOLLOWING: DEXTROSE, FOOD STARCH-MODIFIED, SALT, SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, ALUMINUM SULFATE, MONOCALCIUM PHOSPHATE, PROPYLENE GLYCOL MONOESTER, POLYGLYCEROL ESTERS OF FATTY ACIDS AND MONO-DIGLYCERIDES, SODIUM STEAROYL LACTYLATE, POLYSORBATE 60, MONO-DIGLYCERIDES, SOY FLOUR, EGG WHITES, GUAR GUM, NATURAL AND ARTIFICIAL FLAVORS, XANTHAN GUM, RED 40, YELLOW 5, SOY LECITHIN.		
White Cake	Catering	INGREDIENTS: ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS, DEXTROSE, EGG WHITES. CONTAINS 2% OR LESS OF THE FOLLOWING: NONFAT MILK, SODIUM ALUMINUM PHOSPHATE, ALUMINUM SULFATE, SODIUM BICARBONATE, CORN SYRUP SOLIDS, PROPYLENE GLYCOL MONOESTER, POLYSORBATE 60, SODIUM STEAROYL LACTYLATE, SOY LECITHIN, MONO-DIGLYCERIDES, SALT, FOOD STARCH-MODIFIED, XANTHAN GUM, NATURAL AND ARTIFICIAL FLAVORS (CONTAINS MILK DERIVATIVES).		
Devils Food Cake	Catering	INGREDIENTS: ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS, COCOA (PROCESSED WITH ALKALI), DEXTROSE, CORN SYRUP SOLIDS, EGG WHITES. CONTAINS 2% OR LESS OF THE FOLLOWING: NONFAT MILK, SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, ALUMINUM SULFATE, PROPYLENE GLYCOL MONOESTER, SODIUM STEAROYL LACTYLATE, POLYSORBATE 60, MONO-DIGLYCERIDES, SOY LECITHIN, SALT, NATURAL AND ARTIFICIAL FLAVORS (CONTAINS MILK DERIVATIVES), XANTHAN GUM.		

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Brownie	Catering	INGREDIENTS: SUGAR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), COCOA (PROCESSED WITH ALKALI), PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS. CONTAINS 2% OR LESS OF THE FOLLOWING: CANOLA OR SOYBEAN OIL, EGG WHITES, SALT, ARTIFICIAL FLAVOR, SODIUM BICARBONATE.		
Donut-Cake	Catering	PALM OIL, ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, RIBOFLAVIN, THIAMINE MONONITRATE, REDUCED IRON), SUGAR, WATER, DEFATTED SOY FLOUR, CONTAINS LESS THAN 2% OF THE FOLLOWING: DEXTROSE, PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS, YELLOW CORN FLOUR, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), SALT, WHEAT STARCH, WHEY (A MILK DERIVATIVE), MONO AND DIGLYCERIDES, SOY LECITHIN, EGGS, NATURAL AND ARTIFICIAL FLAVOR, TO PRESERVE FRESHNESS (SODIUM PROPIONATE), COLORED WITH TURMERIC AND ANNATTO EXTRACTS. CONTAINS: WHEAT, SOY, MILK, EGGS		
Ketchup		TOMATO CONCENTRATE MADE FROM RED RIPE TOMATOES, DISTILLED VINEGAR, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, SALT, SPICE, ONION POWDER, NATURAL FLAVORING.		
Mustard, Yellow		VINEGAR, WATER, MUSTARD SEED, SALT, TURMERIC, PAPRIKA.		
Mayonnaise		SOYBEAN OIL, WATER, WHOLE EGGS AND EGG YOLKS, VINEGAR, SALT, SUGAR, LEMON JUICE, CALCIUM DISODIUM EDTA USED TO PROTECT QUALITY, NATURAL FLAVORS.		
Surimi	Catering	FISH PROTEIN (POLLACK, COD AND/OR WHITING), WATER, CORN STARCH, EGG WHITES, SORBITOL, MODIFIED FOOD STARCH, SUGAR, CONTAINS 2% OR LESS OF THE FOLLOWING: WHEAT GLUTEN, SALT, SOYBEAN OIL, NATURAL AND ARTIFICIAL FLAVORS, SODIUM TRIPOLYPHOSPHATE, TETRASODIUM PYROPHOSPHATE, COLOR ADDED, HYDROLYZED WHEAT PROTEIN, AUTOLYZED YEAST.		
Pollock, Breaded	Market Place	POLLOCK, WATER, BLEACHED WHEAT FLOUR, MODIFIED CORN STARCH, CONTAINS LESS THAN 2% OF EACH OF THE FOLLOWING: SPICE, GARLIC, NATURAL FLAVOR, YELLOW CORN FLOUR, SUGAR, SALT, WHEY, YEAST EXTRACT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), GUAR GUM, MALTODEXTRIN, SODIUM PHOSPHATES (TO RETAIN MOISTURE) YELLOW 5, YELLOW 6. PARFRIED IN CANOLA AND/OR SOYBEAN OIL		

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Shrimp, Popcorn	Market Place	SHRIMP, BLEACHED WHEAT FLOUR, ENRICHED BLEACHED WHEAT FLOUR (NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, MODIFIED CORN STARCH, WATER, SALT, DRIED EGG WHITES, SUGAR, DRIED WHEY, DEXTROSE, BUTTERMILK POWDER, HYDROLYZED CORN PROTEIN, PARTIALLY HYDROGENATED SOYBEAN OIL, LEAVENING (SODIUM BICARBONATE, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE, SODIUM ALUMINUM PHOSPHATE), DISODIUM INOSINATE AND DISODIUM GUANYLATE (AS FLAVOR ENHANCERS), WHITE CORN FLOUR, GUAR GUM, XANTHAN GUM, GARLIC POWDER, NONFAT DRY MILK, RICE FLOUR, CITRIC ACID, YEAST, SPICE, SPICE EXTRACTIVE, DRIED WHOLE EGGS, SODIUM TRIPOLYPHOSPHATE (FOR MOISTURE RETENTION), SODIUM BISULFITE (AS A PRESERVATIVE). CONTAINS: SHRIMP, WHEAT, EGG, MILK.		
Shrimp, Breaded	Market Place	SHRIMP, BLEACHED WHEAT FLOUR, ENRICHED BLEACHED WHEAT FLOUR (NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, MODIFIED CORN STARCH, WATER, SALT, DRIED EGG WHITES, SUGAR, DRIED WHEY, DEXTROSE, BUTTERMILK POWDER, HYDROLYZED CORN PROTEIN, PARTIALLY HYDROGENATED SOYBEAN OIL, LEAVENING (SODIUM BICARBONATE, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE, SODIUM ALUMINUM PHOSPHATE), DISODIUM INOSINATE AND DISODIUM GUANYLATE (AS FLAVOR ENHANCERS), WHITE CORN FLOUR, GUAR GUM, XANTHAN GUM, GARLIC POWDER, NONFAT DRY MILK, RICE FLOUR, CITRIC ACID, YEAST, SPICE, SPICE EXTRACTIVE, DRIED WHOLE EGGS, SODIUM TRIPOLYPHOSPHATE (FOR MOISTURE RETENTION), SODIUM BISULFITE (AS A PRESERVATIVE). CONTAINS: SHRIMP, WHEAT, EGG, MILK.		
Beef Patty	The Grille	Beef		
Corn Dog	Market Place	BATTER INGREDIENTS: WATER, ENRICHED FLOUR (FLOUR, MALTED BARLEY FLOUR, NIACIN, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, YELLOW CORN FLOUR, ENRICHED YELLOW CORN MEAL (YELLOW CORN MEAL, NIACIN, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SOY FLOUR, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), SOYBEAN OIL, SALT, EGG YOLKS, POTATO FLOUR, DRIED HONEY, EGG WHITES, ARTIFICIAL FLAVOR. FRIED IN VEGETABLE OIL. FRANKFURTER INGREDIENTS: PORK, WATER, BEEF, SALT, CONTAINS 2% OR LESS OF THE FOLLOWING: CORN SYRUP SOLIDS, SPICES, POTASSIUM LACTATE, SODIUM PHOSPHATE, FLAVORINGS, SODIUM DIACETATE, SODIUM ERYTHORBATE, SODIUM NITRITE. CONTAINS: WHEAT, SOY, EGGS, AND GLUTEN.		

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Salisbury Steak with Gravy	Market Place	INGREDIENTS: BEEF, WATER, BELL PEPPERS, TEXTURED VEGETABLE PROTEIN PRODUCT [SOY PROTEIN CONCENTRATE, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE (B1), PYRIDOXINE HYDROCHLORIDE (B6), RIBOFLAVIN (B2), CYANOCOBALAMIN (B12)], ONION, SALT. CONTAINS: SOY		
Catfish, Breaded	Catering	CATFISH , WATER, BLEACHED WHEAT FLOUR, WHEAT GLUTEN, SALT, SPICES, MONOGLYCERIDES, PARTIALLY HYDROGENATED SOYBEAN OIL, WHEAT FLOUR, LEAVENING (SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE), SODIUM ALGINATE, ENRICHED YELLOW CORN MEAL (CORN, NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID) PAPRIKA, NOT MOR THAN 2% SODIUM SILICO ALUMINATE ADDED TO PREVENT CAKING. CONTAINS CATFISH, WHEAT.		
Tater Round	Market Place	Potatoes, partially hydrogenated vegetable oil (soybean and/or cottonseed oils), and or vegetable oil (canola, soybean and/or sunflower oils) salt, disodium dihydrogen pyrophosphate (to promote color retention), dextrose.		
Cheese Curd	The Grille	INGREDIENTS: Cheddar Cheese Curds (Cultured Pasteurized Milk, Salt, Enzymes), Bleached Wheat Flour, Water, Yellow Corn Flour. Contains Less Than 2% of: Whey, Sugar, Dextrose, Salt, Soy Flour, Leavening (Monocalcium Phosphate, Sodium Bicarbonate), Partially Hydrogenated Soybean Oil, Polysorbate 80. Prefried in Vegetable Oil (Soybean and/or Corn Oil). CONTAINS: MILK, WHEAT, SOY		
Corned Beef	Market Place	INGREDIENTS: BEEF. CONTAINS UP TO 20% OF A SOLUTION OF WATER, SEASONING [SALT, GARLIC POWDER, SUGAR, SODIUM ERYTHORBATE, NATURAL FLAVORING], SALT, SODIUM NITRITE, AND RED 40.		
Tater Tri Tot	Market Place	POTATOES, PARTIALLY HYDROGENATED VEGETABLE OIL (SOYBEAN AND/OR COTTONSEED OILS), AND/OR VEGETABLE OIL (CANOLA, SUNFLOWER AND/OR SOYBEAN OILS), SALT, DISODIUM DIHYDROGEN PYROPHOSPHATE (TO MAINTAIN NATURAL COLOR), DEXTROSE.		
Hash Browns	Market Place	POTAOTES, PARTIALLY HYDROGENATED VEGETABLE SHORTENING (SOYBEAN AND/OR CANOLA OIL), DISODIUM DIHYDROGEN PYROPHOSPHATE (TO PROMOTE COLOR RETENTION), DEXTROSE.		
Onion Rings	The Grille	INGREDIENTS: Sweet Spanish Onions, Beer (Water, Barley Malt, Corn and/or Rice, Hops, Yeast), Bleached Wheat Flour, Yellow Corn Flour, Water, Sugar. Contains less than 2% of: Dried Whey, Natural Flavor, Dextrose, Soybean Oil, Leavening (Sodium Bicarbonate, Monocalcium Phosphate), Autolyzed Yeast Extract, Salt. Prefried in Vegetable Oil (Soybean and/or Corn Oil). CONTAINS: WHEAT, MILK		

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Egg Roll, Pork	The Grille	INGREDIENTS: FILLING: CABBAGE, PORK, TEXTURED SOY PROTEIN (TEXTURED SOY FLOUR, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE [B1], PYRIDOXINE HYDROCHLORIDE [B6], RIBOFLAVIN [B2] AND CYANOCOBALAMIN [B12]), CARROTS, CELERY, ONION, CONTAINS 2% OR LESS OF SUGAR, SALT, FISH SAUCE (ANCHOVY FISH EXTRACT, SALT, SUGAR), SPICE; CRUST: ENRICHED BLEACHED FLOUR ([WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], CALCIUM PROPIONATE, MALTED BARLEY FLOUR), WATER, ENRICHED DURUM FLOUR (WHEAT FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS 2% OR LESS OF SALT, VEGETABLE OIL (SOYBEAN, COTTONSEED, CORN, AND/OR CANOLA OIL), DRIED WHOLE EGG, VITAL WHEAT GLUTEN, CORNSTARCH. FRIED IN VEGETABLE OIL (SOYBEAN, COTTONSEED, CORN, AND/OR CANOLA OIL).		
Quesadilla Roll, Chicken	Catering	Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Partially Hydrogenated Soybean and/or Cottonseed Oil, Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), Salt, Calcium Propionate and Potassium Sorbate (Preservatives), Citric Acid, Dough Conditioner (L-Cysteine)], Cooked Chicken Meat [Water, Seasoning ((Sugar, Modified Corn Starch, Grill Flavor (Partially Hydrogenated Soybean And/Or Cottonseed Oil, Modified Food Starch, Corn Syrup Solids), Brown Sugar, Natural Smoke Flavor, Worcestershire Sauce Powder (Worcestershire Sauce [Distilled Vinegar, Water, Molasses, Corn Syrup, Salt, Caramel Color, Garlic, Sugar, Spices, Anchovies, Tamarind, Natural Flavor], Maltodextrin), Chili Powder (Chili Pepper, Cumin, Garlic, Oregano), Spices, Oleoresin Paprika, Natural Flavors, Xanthan Gum)), Salt, Sodium Phosphate], Pasteurized Process Monterey Jack Cheese [Monterey Jack Cheese (Milk, Salt, Cheese Cultures, Enzymes), Water, Sodium Phosphate, Cream, Salt, Sorbic Acid], Water, Onions, Jalapeno Peppers [Peppers, Salt, Acetic Acid, Sodium Benzoate (Preservative)], Red Bell Peppers. Contains 2% or less of Butter (Cream, Salt), Dried Onion, Enriched Bleached Wheat Flour (Bleached Wheat		
Taco, Mini Chicken	Catering	INGREDIENTS: FILLING: Mechanically Separated Chicken, water, Onions, Tomato Paste, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Modified Food Starch, Contains less than 2% of: Seasoning (Salt, Spice, Garlic Powder, Paprika). CORN TORTILLA: Stone Ground Corn Masa Flour (with Trace of Lime), Water. CONTAINS: WHEAT		

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Menu Item	Location	Ingredients	Vegetarian	Vegan
Cheese Ravioli	Bravo	Enriched durum flour (durum wheat flour, niacin, ferrous sulfate, thiamin mononitrate [vitamin B1], riboflavin [vitamin B2], folic acid), whole milk ricotta cheese (whey, pasteurized milk, vinegar, carrageenan), water, whole egg, cheddar cheese (cultured pasteurized milk, salt, enzymes), butter (cream, natural flavorings), dried egg whites, corn starch-modified, parmesan cheese (pasteurized milk, cheese cultures, salt, enzymes), salt, spices, garlic puree (garlic, high fructose corn syrup), dehydrated parsley flakes, soybean oil.		
Turkey Breast, Deli	Fresh Takes	TURKEY BREAST MEAT, TURKEY BROTH, MODIFIED FOOD STARCH, CONTAINS 2% OR LESS SALT, SUGAR, SODIUM PHOSPHATE, FLAVORING.		
Ham, Deli	Fresh Takes	Cured with water, salt, sugar, sodium lactate, sodium phosphate, sodium diacetate, sodium erythorbate, sodium nitrite. Coated with spices and paprika.		
Pancake Mix, Buttermilk	Market Place	ENRICHED FLOUR BLEACHED (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), DEGERMED YELLOW CORN MEAL, DEXTROSE, SUGAR, SOYBEAN OIL, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE MONOHYDRATE), DEFATTED SOY FLOUR, PALM OIL, WHEY, SALT, BUTTERMILK, EGG YOLK WITH SODIUM SILICOALUMINATE, SOY LECITHIN, COLOR ADDED. CONTAINS WHEAT, MILK, SOY AND EGG INGREDIENTS.		
Hot Cocoa	Catering	SUGAR, CORN SYRUP SOLIDS, VEGETABLE OIL (PARTIALLY HYDROGENATED COCONUT OR PALM KERNEL AND HYDROGENATED SOYBEAN)++, DAIRY PRODUCT SOLIDS (FROM MILK), COCOA PROCESSED WITH ALKALI, AND LESS THAN 2% OF SALT, CELLULOSE GUM, SODIUM CASEINATE, DIPOTASSIUM PHOSPHATE, SODIUM ALUMINOSILICATE, MONO- AND DIGLYCERIDES, GUAR GUM, ARTIFICIAL FLAVORS, SUCRALOSE. ++Adds a trivial amount of trans fat		
Stuffing, Bread	Catering	BREADCRUMBS [ENRICHED WHEAT FLOUR (NIACIN, IRON, THIAMIN, RIBOFLAVIN, FOLATE), VINEGAR, PARTIALLY HYDROGENATED SOYBEAN OIL, SUGAR, SALT, SODIUM BICARBONATE, YEAST, CARAMEL COLOR, BHT (FOR FRESHNESS), SPICE EXTRACTIVE], DRIED VEGETABLES (ONION, CELERY, PARSLEY, GARLIC), DRIED CHICKEN (FAT, BROTH, MEAT), CORN SYRUP SOLIDS, SALT, AUTOLYZED YEAST EXTRACT, SUGAR, NATURAL FLAVORS (CORNSTARCH, SOY FLOUR), SPICES, CITRIC ACID, TURMERIC (COLOR).		
Gravy, Beef	Market Place	WHEAT FLOUR, MODIFIED FOOD STARCH, HYDROLYZED PROTEIN (CORN, SOY), WHEY (FROM MILK), PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS, SALT, MONOSODIUM GLUTAMATE, ONION POWDER, CARAMEL COLOR, PAPRIKA, DISODIUM INOSINATE, DISODIUM GUANYLATE, NATURAL FLAVOR.		

Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Gravy, Chicken	Market Place	WHEAT FLOUR, WHEY PROTEIN CONCENTRATE (FROM MILK), MODIFIED FOOD STARCH, WHEY, SALT, HYDROLYZED CORN PROTEIN, CHICKEN FAT, MONOSODIUM GLUTAMATE, MALTODEXTRIN, ONION POWDER, YEAST EXTRACT, DRIED CHICKEN MEAT, GLUCOSE, SPICES, TURMERIC (FOR COLOR), CARAMEL COLOR, NATURAL FLAVORS, DISODIUM INOSINATE AND DISODIUM GUANYLATE.		
Gravy, Turkey	Market Place	MALTODEXTRIN, FOOD STARCH MODIFIED, ENRICHED BLEACHED WHEAT FLOUR (NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), TURKEY FAT, WHEY, HYDROLYZED SOY PROTEIN, SALT, YEAST EXTRACT, ONION POWDER, SILICON DIOXIDE (TO PREVENT CAKING), TORULA YEAST, NATURAL FLAVOR, SUGAR, CARAMEL COLOR, GUAR GUM, SPICES, CHICKEN FAT, DISODIUM INOSINATE, DISODIUM GUANYLATE.		
Gyro Meat	World Flavors			
Chicken, Breaded	Market Place	CHICKEN, WATER, SALT, SODIUM PHOSPHATES. BREADED WITH BLEACHED WHEAT FLOUR, WATER, YELLOW CORN FLOUR, VITAL WHEAT GLUTEN, SALT, MODIFIED CORN STARCH, DRIED EGG WHITES, SPICES, LEAVENING SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), PAPRIKA EXTRACT (COLOR), ONION POWDER, HONEY POWDER (CORN SYRUP SOLIDS, DRIED HONEY, WHEAT STARCH, SOY FLOUR CALCIUM STEARATE, LECITHIN), SPICE EXTRACT. ALLERGENS: WHEAT, SOY, EGG		
Jimmy Dean Egg, Sausage Cheese Biscuit	Garden Café	ENRICHED BLEACHED WHEAT (BLEACHED FLOUR, NIACIN, REDUCED IRON, ENZYMES ADDED FOR IMPROVED BAKING, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, PALM OIL, SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, WHEY, SOYBEAN OIL, SALT, CORN SYRUP SOLIDS, MONOCALCIUM PHOSPHATE, DIPOTASSIUM PHOSPHATE, MONO AND DIGLYCERIDES, SODIUM CASEINATE, CALCIUM CARBONATE, BUTTERMILK, DICALCIUM PHOSPHATE, LACTALBUMIN, NONFAT MILK. COOKED SAUSAGE PATTY: PORK, WATER, CONTAINS 2% OR LESS OF: SALT, DEXTROSE, SPICES, SODIUM LACTATE, SODIUM PHOSPHATE, MONOSODIUM GLUTAMATE, SODIUM DIACETATE, BHT, CITRIC ACID, CARAMEL COLOR. PRECOOKED EGG PATTY: WHOLE EGGS, WATER, SOYBEAN OIL, NONFAT DRY MILK, MODIFIED CORN STARCH, SALT, XANTHAN GUM, NATURAL AND ARTIFICIAL BUTTER FLAVOR (BUTTER [CREAM, MILK], PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OIL, LIPOLYZED BUTTER OIL, NATURAL AND ARTIFICIAL FLAVORS), CITRIC ACID. PASTEURIZED PROCESS CHEDDAR CHEESE: CULTURED MILK, WATER, CREAM, SODIUM PHOSPHATES, SALT, SORBIC ACID (A PRESERVATIVE), VEGETABLE COLOR (ANNATTO AND PAPRIKA EXTRACT), CONTAINS EGG, MILK, SOY AND WHEAT.		

### Ingredients List and Dietary Information

Menu Item	Location	Ingredients	Vegetarian	Vegan
Home Fry Potatoes	Market Place	POTATOES, DEXTROSE, DISODIUM DIHYDROGEN PYROPHOSPHATE (ADDED TO MAINTAIN COLOR), POTASSIUM SORBATE (ADDED TO MAINTAIN FRESHNESS).		
Au Gratin Potatoes	Market Place	POTATOES, AU GRATIN CHEESE SAUCE POWDER (PARTIALLY HYDROGENATED SOYBEAN OIL, WHEY, WHEAT FLOUR, SALT, FOOD STARCH-MODIFIED, MALTODEXTRIN, NONFAT MILK, CORN SYRUP SOLIDS, ONION, CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), CONTAINS LESS THAN 1% OF WHEY PROTEIN CONCENTRATE, LACTOSE, NATURAL FLAVOR (CONTAINS WHEAT, SOYBEANS, AND MILK), GARLIC, SODIUM CASEINATE, LIPOLYZED CREAM, SPICE, HYDROLYZED SOY AND CORN PROTEIN, SOY LECITHIN, SODIUM PHOSPHATE, SILICON DIOXIDE, AUTOLYZED YEAST EXTRACT, SUGAR, OLEORESIN PAPRIKA (COLOR), ARTIFICIAL FLAVOR, CARAMEL COLOR, YELLOW 5, YELLOW 6, DISODIUM INOSINATE, DISODIUM GUANYLATE, THIAMIN HYDROCHLORIDE (VITAMIN B1), ANNATTO (COLOR) ENZYME MODIFIED BUTTERFAT, SOY FLOUR. FRESHNESS PRESERVED WITH SODIUM BISULFITE.		
Foccacia Bread	Garden Café	ENRICHED BLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, SALT, EXTRA VIRGIN OLIVE OIL, CALCIUM PROPIONATE (A PRESERVATIVE), OREGANO, BASIL, ROSEMARY, DOUGH CONDITIONER (WHEAT STARCH, AZODICARBONAMIDE (ADA), CALCIUM IODATE, ENZYME, CALCIUM STEARATE, SILICON DIOXIDE), SOYBEAN OIL, GARLIC OIL, BHA.		
French Fries	The Grille	POTATOES, PARTIALLY HYDROGENATED VEGETABLE OIL (SOYBEAN AND/OR COTTONSEED OILS), AND/OR VEGETABLE OIL (CANOLA, SOYBEAN, PALM AND/OR SUNFLOWER OILS), DEXTROSE, NATURAL FLAVOR (WHEAT BRAN, CASEIN), DISODIUM DIHYDROGEN PYROPHOSPHATE (TO MAINTAIN NATURAL COLOR). CONTAINS: WHEAT AND MILK.		