

# Regan A. R. Gurung, Ph. D.

Ben J. & Joyce Rosenberg Professor of Human Development & Psychology  
University of Wisconsin-Green Bay

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Twitter: [@ReganARGurung](https://twitter.com/ReganARGurung)

## EDUCATION

Ph.D., Social/Personality Psychology, University of Washington, Seattle (1996)  
M. S., Social/Personality Psychology, University of Washington, Seattle (1993)  
B. A., Psychology (Distinction in major), Carleton College, Northfield, Minnesota (1991)

## ACADEMIC POSITIONS

Ben J. & Joyce Rosenberg Professor, University of Wisconsin-Green Bay (2010-present)  
Professor, Human Development and Psychology, University of Wisconsin-Green Bay (2008-present)  
Visiting Professor, University of Auckland, New Zealand (2011-12)  
Associate Professor, Human Development and Psychology, University of Wisconsin-Green Bay (2003-08)  
Assistant Professor, Human Development and Psychology, University of Wisconsin-Green Bay (1999-2003)  
NIMH Postdoctoral Research Fellow, University of California, Los Angeles (1996-99)

## AWARDS AND HONORS

Sabbatical, University of Wisconsin-Green Bay (2018-19)  
American Psychological Foundation Charles L. Brewer Distinguished Teaching of Psychology Award (2017)  
Commencement Speaker, University of Wisconsin-Green Bay (2017)  
Distinguished Achievement Award, Carleton College Alumni Association (2016)  
Finalist, Student-Nominated Teaching Award, University of Wisconsin-Green Bay (2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018)  
Fellow, Midwestern Psychological Association (2012)  
Master Teacher, Society for the Teaching of Psychology (2012)  
Sabbatical, University of Wisconsin-Green Bay (2011-12)  
Regents Teaching Excellence Award, University of Wisconsin System (2011)  
Fellow, Association for Psychological Science (2010)  
Psi Chi Midwest Regional Outstanding Advisor Award (2010)  
Wisconsin Professor of the Year, Carnegie Foundation for the Advancement of Teaching (2009)  
Scholarship of Teaching Award, University of Wisconsin-Green Bay (2009)  
Fellow, American Psychological Association (2008)  
Founders' Association Award for Excellence in Scholarship, University of Wisconsin-Green Bay (2007)  
Nominated for American Psychological Association Board of Educational Affairs (2007)  
University of Wisconsin Green Bay Award for Outstanding Support Staff (2005)  
Founders' Association Award for Excellence in Teaching, University of Wisconsin-Green Bay (2004)  
Psi Chi, International Honor Society in Psychology (2004)  
Creative Teaching Award, University of Wisconsin-Green Bay (2003)  
Teaching Fellow, University of Wisconsin System (2001-02)  
Featured Faculty Award, University of Wisconsin-Green Bay (2001)  
Teaching-At-Its-Best Award, University of Wisconsin-Green Bay (2001)

Teaching Scholar, University of Wisconsin-Green Bay (2000-01)  
Phi Kappa Phi, Sigma Xi, Phi Eta Sigma Honor Societies (2000)

## EDITORIAL POSITIONS

Co-Editor, *SoTL in Psychology* (2015-present)  
Series Editor, Praeger *Cultural Approaches to Health* (2015-present)  
Series Co-Editor, Worth *Expert Handbooks for Student Success* 2015-present)  
Editorial Board, *American Journal of Lifestyle Medicine* (2015-present)  
Editorial Board, *Psychology of Learning and Teaching* (2013-present)  
Consulting Editor, *Teaching of Psychology* (2008-10)  
Managing Editor, *Encyclopedia of Cross-Cultural Psychology* (date)  
Editorial Board, *Oxford Bibliographies in Psychology*(2013-2016)  
Editorial Board, *Encyclopedia of Cross Cultural Psychology* (2012-2015)

## PUBLICATIONS

### BOOKS

#### In press

Gurung, R. A. R. (in press). *Developing the savvy consumer: A field guide to research methods*. Thousand Oaks, CA: Sage.  
Gurung, R. A. R., & Dunlosky, J. (in press). *The Worth expert guide to studying like a champion*. New York, NY: Worth.  
Revenson, T. A., & Gurung, R. A. R. (Eds.) (in press). *Handbook of health psychology*. New York, NY: Routledge.

#### 2014-2019

Gurung, R. A. R. (2019). *Health psychology: Well being in a diverse world* (4th ed.). Thousand Oaks, CA: Sage.  
Gurung, R. A. R. (Ed.). (2018). *Latino health*. Westport, CT: Praeger.  
Gurung, R. A. R. (Ed.). (2017). *Mexican American health: Social, cultural, and clinical perspectives*. Westport, CT: Praeger.  
Gurung, R. A. R., & Voelker, D. J. (Eds.). (2017). *Big picture pedagogy: Finding interdisciplinary solutions to common learning problems*. San Francisco, CA: Jossey-Bass.  
Landrum, R. E., & Gurung, R. A. R. (Eds.). (2017). *Worth expert guide to scientific literacy*. New York, NY: Worth.  
Schwartz, E., Landrum, R. E., & Gurung, R. A. R. (2017). *An EasyGuide to APA style and format* (3rd ed.). Thousand Oaks, CA: Sage.  
Richmond, A., Boysen, G., & Gurung, R. A. R. (2016). *An evidence-based guide to college and university teaching: Model teaching competencies*. New York, NY: Routledge.  
Gurung, R. A. R. (2014). *Health psychology: A cultural approach* (3rd ed.). San Francisco, CA: Cengage.  
Gurung, R. A. R. (Ed.). (2014). *Multicultural approaches to health and wellness in America: Major issues and cultural groups*. Westport, CT: Praeger.  
Gurung, R. A. R. (Ed.). (2014). *Multicultural approaches to health and wellness in America: Mental health and the mind-body connection*. Westport, CT: Praeger.  
Schwartz, E., Landrum, R. E., & Gurung, R. A. R. (2014). *An EasyGuide to APA style and format* (2nd ed.). Thousand Oaks, CA: Sage.

#### 2006-2013

- Dunn, D. S., Gurung, R. A. R., Naufel, K. Z., & Wilson, J. H. (Eds.). (2013). *Controversy in the psychology classroom: Using hot topics to foster critical thinking*. Washington, DC: American Psychological Association.
- Gurung, R. A. R., & Wilson, J. H. (Eds.). (2013). *Doing the scholarship of teaching and learning: Measuring systematic changes to teaching and improvements in learning*. San Francisco, CA: Jossey-Bass.
- Chick, N., Haynie, A., & Gurung, R. A. R. (Eds.). (2012). *Exploring more signature pedagogies*. Sterling, VA: Stylus.
- Schwartz, E., & Gurung, R. A. R. (2012). *Evidence-based teaching in higher education*. Washington, DC: American Psychological Association.
- Schwartz, E., Landrum, R. E., & Gurung, R. A. R. (2011). *An EasyGuide to APA style and format*. Thousand Oaks, CA: Sage.
- Gurung, R. A. R. (2010). *Health psychology: A cultural approach* (2<sup>nd</sup> e). San Francisco, CA: Cengage.
- Eshun, S., & Gurung, R. A. R. (Eds.). (2009). *Sociocultural influences on mental health*. Malden, MA: Blackwell.
- Gurung, R. A. R., Chick, N., & Haynie, A. (Eds.). (2009). *Exploring signature pedagogies: Approaches to teaching disciplinary habits of mind*. Sterling, VA: Stylus.
- Gurung, R. A. R., & Prieto, L. (Eds.). (2009). *Getting culture: Incorporating diversity across the curriculum*. Arlington, VA: Stylus.
- Gurung, R. A. R., & Schwartz, E. (2009/2013). *Optimizing teaching and learning: Pedagogical research in practice*. Malden, MA: Blackwell.
- Gurung, R. A. R. (2006). *Health psychology: A cultural approach*. San Francisco, CA: Wadsworth.

## PEER-REVIEWED ARTICLES († indicates undergraduate student)

### In press

- Gurung, R. A. R., † Stoa, R., † Nelson, A., & † Schultz, D. (in press). The influence of t-shirt graphics on perceptions and behavioral intentions. *Journal of Social Psychology*, doi:<http://dx.doi.org/10.1080/00224545.2018.1491471>

### 2014-2018

- Gurung, R. A. R., & Hackathorn, J. (2018). Ramp it up: A call for more research in introductory psychology. *Teaching of Psychology*, 45(4), 301-311. doi: 10.1177/0098628318796413
- Chew, S., Halonen, J., McCarthy, M., Gurung, R. A. R., McEntarfer, R., & Landrum, R. E. (2018). Practicing what we teach: Improving teaching and learning in psychology. *Teaching of Psychology*, 45(3), 239-245. doi:<http://dx.doi.org/10.1177/0098628318779264>
- Gurung, R. A. R., † Brickner, M., † Leet, M., & † Punke, E. (2018). Dressing 'in code': Clothing rules, propriety, and perceptions. *Journal of Social Psychology*, 19, 1-5. doi:10.1080/00224545.2017.1393383
- Gurung, R. A. R., † Punke, E., † Brickner, M., & † Badalamenti, V. (2018). Power and provocativeness: The effects of subtle changes in clothing on perceptions of working women. *Journal of Social Psychology*, 158(2), 252-255. doi:10.1080/00224545.2017.1331991
- † Calma-Birling, D., & Gurung, R. A. R. (2017). Does a brief mindfulness intervention impact quiz performance? *Psychology of Learning and Teaching*, 16(3), 323-335. doi:10.1177/1475725717712785
- Gurung, R. A. R. (2017). Predicting learning: Comparing an open education research and standard textbooks. *Scholarship of Teaching and Learning*, 3(3), 233-248. doi:10.1037/stl0000092
- Panjwani, A., Gurung, R. A. R., & Revenson, T. A. (2017). The teaching of undergraduate health psychology: A national survey. *Teaching of Psychology*, 44(3), 268-273. doi:10.1177/0098628317712786
- Senzaki, S., Hackathorn, J., Appleby, D., & Gurung, R. A. R. (2017). Reinventing flashcards to increase student learning. *Psychology of Learning and Teaching*, 16(3), 353-368. doi:10.1177/1475725717719771
- Gurung, R. A. R., Hackathorn, J., Enns, C., Frantz, S., Cacioppo, J. T., Loop, T., & Freeman, J. (2016). Strengthening introductory psychology: A new model for teaching intro psych. *American Psychologist*,

71(2), 112-124. doi:10.1037/a0040012

- Soicher, R. N., & Gurung, R. A. R. (2016). Do exam wrappers increase metacognition and performance? A single course intervention. *Psychology of Learning and Teaching, 16*(1), 64-73. doi:10.1177/1475725716661872
- Bartoszewski, B., & Gurung, R. A. R. (2015). Comparing the relationship of learning techniques and exam score. *Scholarship of Teaching and Learning in Psychology, 1*, 219-228. doi:10.1037/stl0000036
- Boysen, G., Richmond, A., & Gurung, R. A. R. (2015). Model teaching criteria for psychology: Initial documentation of teachers' self-reported competency. *Scholarship of Teaching and Learning in Psychology, 1*, 48-59. doi:10.1037/stl0000023
- Gurung, R. A. R. (2015). Three investigations of the utility of textbook teaching supplements. *Psychology of Learning and Teaching, 1*, 48-59. doi:10.1177/1475725714565288
- Gurung, R. A. R. (2014). Getting foxy: Invoking different magesteria in the Scholarship of Teaching and Learning. *Teaching and Learning Inquiry, 2*, 109-114. doi:10.2979/teachlearning.2.2.109
- Gurung, R. A. R., †Kempen, L., †Klemm, K., †Senn, R., & †Wysocki, R. (2014). Dressed to present: Ratings of classroom presentations vary with attire. *Teaching of Psychology, 41*, 349-353. doi:10.1177/0098628314549710
- Richmond, A., Boysen, G. A., Gurung, R. A. R., Tazeau, Y., Sciutto, M., & Meyers, S. (2014). Aspirational model teaching criteria for psychology. *Teaching of Psychology, 41*, 281-295. doi:10.1177/0098628314549699

### 2008-2013

- †Filz, T., & Gurung, R. A. R. (2013). Student perceptions of undergraduate teaching assistants. *Teaching of Psychology, 40*, 48-51. doi:10.1177/0098628312465864
- †Freis, S. D., & Gurung, R. A. R. (2013). A FaceBook analysis of helping behavior in online bullying. *Psychology of Popular Media Culture, 2*(1), 11-19. doi:10.1037/a0030239
- Gurung, R. A. R. (2013). A multicultural approach to health psychology. *American Journal of Lifestyle Medicine, 7*, 3-11. doi:10.1177/1559827612444548
- Gurung, R. A. R., & Landrum, R. E. (2103). Bottleneck concepts in psychology. *Psychology of Learning and Teaching, 12*(3), 236-245. doi:10.2304/plat.2013.12.3.236
- Homa, N., Hackathorn, J., Brown, C., Garczynski, A., Solomon, E., Tennial, R., Sanborn, U., & Gurung, R. A. R. (2013). An analysis of learning objectives and content coverage in introductory psychology syllabi. *Teaching of Psychology, 40*, 169-174. doi:10.1177/0098628313487456
- Landrum, R. E., & Gurung, R. A. R. (2013). The memorability of introductory psychology revisited. *Teaching of Psychology, 40*(3), 222-227. doi:10.1177/0098628313487417
- Landrum, R. E., & Gurung, R. A. R. (2013). Is latency to test deadline a predictor of performance? *Psychology of Learning and Teaching, 12*(3), 227-235. doi:10.2304/plat.2013.12.3.227
- Soysa, C. K., Dunn, D. S., Dottolo, A. L., Burns-Glover, A. L., & Gurung, R. A. R. (2013). Orchestrating authorship: Teaching writing across the psychology curriculum. *Teaching of Psychology, 40*(2), 88-97. doi:10.1177/0098628312475027
- Wilson-Doenges, G., & Gurung, R. A. R. (2013). Benchmarks for scholarly investigations of teaching and learning. *Australian Journal of Psychology, 65*(1), 63-70. doi:10.1111/ajpy.12011
- Gurung, R. A. R., Daniel, D. B., & Landrum, R. E. (2012). A multi-site study of learning: A focus on metacognition and study behaviors. *Teaching of Psychology, 39*, 170-175. doi:10.1177/0098628312450428
- Gurung, R. A. R., & Landrum, R. E. (2012). Comparing student perceptions of textbooks: Does liking influence learning? *International Journal of Teaching and Learning in Higher Education, 24*, 144-150. Retrieved from <http://www.isetl.org/ijtlhe/>
- Gurung, R. A. R., Landrum, R. E., & Daniel, D. B. (2012). Textbook use and learning: A North American perspective. *Psychology of Learning and Teaching, 11*, 87-98. doi:10.2304/plat.2012.11.1.87

- Gurung, R. A. R., †Wilhelm, T., & †Filtz, T. (2012). Optimizing honor codes for online test administration. *Ethics & Behavior*, 22(2), 158-162. doi:10.1080/10508422.2011.641836
- Landrum, R. E., Gurung, R. A. R., & Spann, N. (2012). Assessments of textbook usage and the relationship to student course performance. *College Teaching*, 60(1), 17-24. doi:10.1080/87567555.2011.609573
- †Weidert, J., †Roethel, A., Gurung, R. A. R., & †Filtz, T. (2012). A survey of graduate and undergraduate teaching assistants. *College Teaching*, 60(3), 95-103. doi:10.1080/87567555.2011.637250
- Gurung, R. A. R., & Martin, R. (2011). Predicting textbook reading: The textbook assessment and usage scale. *Teaching of Psychology*, 38, 22-28. doi:10.1177/0098628310390913
- †Johnson, V., & Gurung, R. A. R. (2011). Defusing the objectification of women by other women: The role of competence. *Sex Roles*, 65(3/4), 177-188. doi:10.1007/s11199-011-0006-5
- Gurung, R. A. R., †Weidert, J., & †Jeske, A. S. (2010). Focusing on how students study. *Journal of the Scholarship of Teaching and Learning*, 10(1), 28-33. Retrieved from <https://scholarworks.iu.edu/journals/index.php/josotl/index>
- Gurung, R. A. R., Kerns, N., Ansborg, P., Alexander, P., & Johnson, D. (2008). The scholarship of teaching and learning in psychology: A national perspective. *Teaching of Psychology*, 35, 249-261. doi:10.1080/00986280802374203

## 2002-2007

- Bartell, D., Gurung, R. A. R., Furlong, S., Kersten, A., & Wilson-Doenges, G. (2007). An interdisciplinary lesson plan to foster student engagement. *Teaching Forum*, 3.
- Gurung, R. A. R. & †Chrouser, C. J. (2007). Dissecting objectification: Do sexism, athleticism, and provocativeness matter? *Sex Roles*, 57, 91-99. doi:10.1007/s11199-007-9219-z
- Gurung, R. A. R., & Vespia, K. M. (2007). Looking good, teaching well? Linking liking, looks, and learning. *Teaching of Psychology*, 34, 5-10. doi:10.1080/00986280709336641
- Gurung, R. A. R. (2005). How do students really study (and does it matter)? *Teaching of Psychology*, 32(4), 239-241.
- Gurung, R. A. R., Dunkel-Schetter, C., Collins, N., Rini, C., & Hobel, C. (2005). Psychosocial predictors of perceived prenatal stress. *Journal of Social and Clinical Psychology*, 24, 497-519. doi:10.1521/jscp.2005.24.4.497
- Rinaldi, C., & Gurung, R. A. R. (2005). Does matching teaching and learning styles optimize learning? *Teaching Forum*, 1.
- Gurung, R. A. R. (2004). Pedagogical aids: Learning enhancers or dangerous detours? *Teaching of Psychology*, 31(3), 164-166. doi:10.1207/s15328023top3103\_1
- Gurung, R. A. R., Taylor, S. E., Kemeny, M., & Myers, H. (2004). "HIV is not my biggest problem": The impact of HIV and chronic burden on depression in women at risk for AIDS. *Journal of Social and Clinical Psychology*, 23(4), 490-511. doi:10.1521/jscp.23.4.490.40305
- Gurung, R. A. R. (2003). Comparing cultural and individual learning tendencies. *American Psychologist*, 58(2), 145-146. doi:10.1037/0003-066X.58.2.145b
- Gurung, R. A. R. (2003). Pedagogical aids and student performance. *Teaching of Psychology*, 30(2), 92-96. doi:10.1207/S15328023TOP3002\_01
- Gurung, R. A. R., Taylor, S. E., & Seeman, T. (2003). Accounting for changes in social support among married older adults: Insights from the MacArthur studies of successful aging. *Psychology and Aging*, 18(3), 487-496. doi:10.1037/0882-7974.18.3.487
- Lewis, B. P., & Gurung, R. A. R. (2003). Mixing, matching, & mating: Demonstrating the effect of contrast on relationship satisfaction. *Teaching of Psychology*, 30(4), 303-307. doi:10.1207/S15328023TOP3004\_04
- Steiner-Pappalardo, N., & Gurung, R. A. R. (2002). The femininity effect: Relationship quality, sex, gender, attachment, and significant-other-concepts. *Personal Relationships*, 9(3), 313-325. doi:10.1111/1475-6811.00022
- Taylor, S. E., Lewis, B. P., Gruenwald, T. L., Gurung, R. A. R., Updegraff, J. & Klein, L. C. (2002). Sex

differences in biobehavioral responses to threat: Reply to Geary and Flinn. *Psychological Review*, 109(4), 751-753. doi:10.1037/0033-295X.109.4.751

### 1997-2001

- Gurung, R. A. R., Sarason, B. R., & Sarason, I. G. (2001). Predicting relationship quality and emotional reactions to stress from significant-other-concept clarity. *Personality and Social Psychology Bulletin*, 27(10), 1267-1276. doi: 10.1177/01461672012710003
- Gurung, R. A. R., & Mehta, V. K. (2001). Relating ethnic identity, acculturation and attitudes towards treating minority clients. *Cultural Diversity and Ethnic Minority Psychology*, 7(2), 139-151. doi: 10.1037/1099-9809.7.2.139
- Taylor, S. E., Klein, L. C., Lewis, B. P., Gruenwald, T. L., Gurung, R. A. R., & Updegraff, J. (2000). The female stress response: Tend and befriend not fight or flight. *Psychological Review*, 107(3), 411-429. doi: 10.1037//0033-295X.107.3.411
- Gurung, R. A. R., & Duong, T. (1999). Mixing and matching: Assessing the concomitants of mixed-ethnic relationships. *Journal of Social and Personal Relationships*, 16(5), 639-657. doi: 10.1177/0265407599165005
- Brock, D. M., Sarason, I. G., Sanghvi, H., & Gurung, R. A. R. (1998). The perceived acceptance scale: Development and validation. *Journal of Social and Personal Relationships*, 15(1), 5-22. doi: 10.1177/0265407598151001
- Gurung, R. A. R. (1998). Yes, social support is important, but what is the best way to measure it (abstract)? *Annals of Behavioral Medicine*, 20 (Suppl., p.84).
- Gurung, R. A. R. (1998). When looking good is bad: Self-monitoring and stress in public (abstract). *Annals of Behavioral Medicine*, 20 (Suppl., p.84).
- Gurung, R. A. R. (1997). Mental representations of self and significant-other: Links to relationship quality and affect. *Dissertation Abstracts International*, 57 (9-B), 5963. (Order No. AAM9704502)
- Gurung, R. A. R., Sarason, B. R. & Sarason, I. G. (1997). Personal characteristics, relationship quality, and social support perceptions and behavior in young adult romantic relationships. *Personal Relationships*, 4(4), 319-341. doi:10.1111/j.1475-6811.1997.tb00149.x

### INVITED ARTICLES AND BOOK CHAPTERS

- Gurung, R. A. R., Richmond, A. S., & Boysen, G. A. (2018). Studying excellence in teaching: The story so far. In B. Buskist & J. Keeley (Eds.), *Habits and practices of master teachers: International perspectives on excellent teaching* (pp. 11-20). Hoboken, NJ: Wiley.
- Gurung, R. A. R. (2018). Health psychology. In K. D. Keith (Ed.), *Culture across the curriculum: A psychology teacher's handbook* (pp. 449-463). New York, NY: Cambridge University Press.

### 2014-2017

- Gurung, R. A. R. (2017). Applying social psychology to health. In R. Baumeister & B. Bushman, *Social psychology and human nature* (4th ed., pp. B1-B19). San Francisco, CA: Cengage.
- Gurung, R. A. R. (2017). Are OE resources high quality?. In R. Jhangiani & R. Biswas-Deiner (Eds.), *Open: The philosophy and practices that are revolutionizing education and science* (pp. 79-86). London: Ubiquity Press. doi:10.5334/bbc
- Gurung, R. A. R. (2017). Motivation for learning. In R. Obeid, A. Schwartz, C. Shane-Simpson, & P. J. Brooks (Eds.). *How we teach now: The GSTA guide to student-centered teaching*. Society for the Teaching of Psychology electronic book.
- Gurung, R. A. R. (2017). Give them something to care about: Engaging students in introductory psychology. In D. S. Dunn & B. Hard Martin (Eds.), *Thematic approaches for teaching introductory psychology* (pp. 33-45). Belmont, CA: Cengage.
- Gurung, R. A. R. (2017). How students study. Advice for students and faculty. *Eye on Psi Chi* (pp. 30-33).



Chattanooga, TN: Psi Chi.

- Gurung, R. A. R., & Forgaca, J. (2017). How should students study? Tips for faculty. *Neuroeducação Science Magazine* [Portuguese].
- Gurung, R. A. R. (2016). Encourage students to reflect on and evaluate what they have learned. *IDEA network*. Retrieved from <https://www.ideaedu.org/>
- Devers, C. J., & Gurung, R. A. R. (2015). Critical perspective on gamification in education. In T. Reiners & L. C. Wood (Eds.), *Gamification in education and business* (pp. 417-430). New York, NY: Springer.
- Gurung, R. A. R. (2015). The relevance of SoTL to the academic job. In B. S. Schwartz and R. Smith (Eds.), *SoTL in psychology*. Retrieved from the Society for the Teaching of Psychology web site: <http://teachpsych.org/ebooks/>
- Gurung, R. A. R. (2015). Best practices for using scales in SoTL. In R. S. Jhangiani, J. D. Troisi, B. Fleck, A. Legg, & H. Hussey (Eds.), *A compendium of scales for use in the scholarship of teaching and learning*. Retrieved from Society for the Teaching of Psychology web site: <http://teachpsych.org/ebooks/>
- Gurung, R. A. R. (2015). Conducting and applying the scholarship of teaching and learning. In D. S. Dunn (Ed.), *Oxford handbook of teaching of psychology* (pp. 187-198). Oxford: Oxford University Press.
- Gurung, R. A. R., & Rittenhouse, E. (2015). Teaching health psychology. In D. S. Dunn (Ed.), *Oxford handbook of undergraduate psychology education* (pp. 509-520). Oxford: Oxford University Press.
- Gurung, R. A. R., & Radosevich, D. (2015). Culture and mental health. In H. S. Friedman (Ed.), *Encyclopedia of mental health* (2nd ed., pp. 402 - 406). New York, NY: Academic Press.
- Heinzen, T. E., Gordon, M. S., Landrum R. E., Gurung, R. A. R., Dunn, D. S., & Richman, S. (2015). A parallel universe: Psychological science in the language of game design. In T. Reiners & L. C. Wood (Eds.), *Gamification in Education and Business* (pp. 133-150). New York, NY: Springer.
- Heinzen, T. E., Landrum, R. E., Gurung, R. A. R., & Dunn, D. S. (2015). Game-based assessment: The mash-up we've been waiting for. In T. Reiners & L. C. Wood (Eds.), *Gamification in education and business* (pp. 201-218). New York, NY: Springer.
- American Psychological Association. (2014). *Strengthening the common core of the introductory psychology course*. Washington, DC: American Psychological Association, Board of Educational Affairs. Retrieved from <http://www.apa.org/education/undergrad/index.aspx>
- Martin, R. C., Gurung, R. A. R., & Wilson, J. (2014). IRBs and research on teaching and learning. *Society for the Teaching of Psychology*. Retrieved from <https://teachpsych.org/Resources/Documents/otrp/resources/martin14.pdf>

### 2009-2013

- Dunn, D. S., Gurung, R. A. R., & Naufel, K. (2013). Frames of reference: Social psychological perspectives for interpreting teaching about controversial issues. In D. S. Dunn, R. A. R. Gurung, K. Z. Naufel, & J. H. Wilson (Eds.), *Controversy in the psychology classroom: Using hot topics to foster critical thinking* (pp. 13-22). Washington, DC: American Psychological Association.
- Dunn, D. S., Gurung, R. A. R., Naufel, K., & Wilson, J. H. (2013). Teaching about controversial issues: An introduction. In D. S. Dunn, R. A. R. Gurung, K. Z. Naufel, & J. H. Wilson (Eds.), *Controversy in the psychology classroom: Using hot topics to foster critical thinking* (pp. 3-10). Washington, DC: American Psychological Association.
- Gurung, R. A. R. (2013). Assessing the impact of instructional methods. In V. A. Bennis, C. E. Overson, & C. M. Hakala (Eds.), *Applying the science of learning in education: Infusing psychological science into the curriculum*. Society for the Teaching of Psychology (American Psychological Association, Division 2). Retrieved from the Society for the Teaching of Psychology web site: <http://teachpsych.org/ebooks/>
- Gurung, R. A. R. (2013). Applying social psychology to health. In R. Baumeister & B. Bushman, *Social psychology and human nature* (3rd ed., pp. B1-B19). San Francisco, CA: Cengage.
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### 1992-1999

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## ADDRESSES AND PRESENTATIONS

### INVITED ADDRESSES

#### 2018

- Gurung, R. A. R. (2018, September). *Re-conceptualizing learning: Cultivating strategies for lifelong understanding*. Brummer Keynote address presented at Murray State University, Murray, KY.
- Gurung, R. A. R. (2018, August). *Hits and misses in education: Evidence for learning*. Professional development day Keynote address, Social studies Professional Development Day, Eau Claire, WI.
- Gurung, R. A. R. (2018, August). *Capitalizing on psychological science: Cultivating strategies for lifelong understanding*. Professional development day Keynote address, Carthage College, Kenosha, WI.
- Gurung, R. A. R. (2018, August). *Faculty development activates across institutions*. Panel discussion Army University, Fort Leavenworth, KS.
- Gurung, R. A. R. (2018, July). *To boldly go (beyond content): Teaching high school psychology*. Keynote address presented at the Ohio Psychology Teachers Conference, Ohio State University, Columbus, OH.
- Gurung, R. A. R. (2018, June). *To boldly go (beyond content): Teaching high school psychology*. Keynote address presented at the APA Workshop for High School Teachers, Clark University, Worcester, MA.
- Gurung, R. A. R. (2018, February). *Using the science of learning to advance teaching and learning*. Broward Community College, Parkland, FL.
- Gurung, R. A. R. (2018, February). *Advanced methods in scholarship of teaching and learning*. Broward Community College, Parkland, FL.
- Gurung, R. A. R. (2018, February). *An introduction to the scholarship of teaching and learning*. Broward Community College, Parkland, FL.
- Gurung, R. A. R. (2018, February). *A new approach to viewing learning: Lessons from psychological science*. University of Denver, CO.
- Gurung, R. A. R. (2018, January). *Working together to cultivate learning: transcending individual differences and inspiring change*. Parkland College, Champaign, IL.
- Gurung, R. A. R. (2018, January). *Repositioning assessment: Validating teaching, enhancing learning*. Grand Valley State University, Grand Rapids, MI.

#### 2017

- Gurung, R. A. R. (2017, August). *Cultivating learning: Strategies to increase student and faculty involvement*. Grand Valley State University, Grand Rapids, MI.
- Gurung, R. A. R. (2017, August). *Appetite for instruction: A pedagogical menu to satiate learning*. Charles Brewer Award address presented at the meeting of the American Psychological Association, Washington, DC.
- Gurung, R. A. R. (2017, May). *The state of SoTL: Challenges and opportunities*. Presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- Gurung, R. A. R. (2017, April). *To boldly go (beyond content): Skills & learning*. Presidential invited address presented at the meeting of the Rocky Mountain Psychological Association, Salt Lake City, UT.
- Gurung, R. A. R. (2017, April). *Leveling up: Metacognitive strategies to enhance learning*. Psi Chi address presented at the meeting of the Rocky Mountain Psychological Association, Salt Lake City, UT.
- Gurung, R. A. R. (2017, April). *Developing healthy study habits: Teachers as fitness trainers of the learning world*. Harry Kirke Wolfe invited address presented at the meeting of the Southwestern Psychological Association, San Antonio, TX.
- Gurung, R. A. R. (2017, January). *Cultivating learning: Capitalizing on psychological science*. University of British Columbia, Vancouver, Canada.

Gurung, R. A. R. (2017, January). *Cultivating learning: Evidence-based strategies to improve teaching*. Indianapolis University Purdue University, Fort Wayne, IN.

## 2016

Gurung, R. A. R. (2016, September). *Teachers as fitness trainers of the learning world*. University of Wisconsin-Barron County, Rice Lake, WI.

Gurung, R. A. R. (2016, September). *Motivation & metacognition: Tips to enhance learning*. University of Wisconsin-Barron County, Rice Lake, WI.

Gurung, R. A. R. (2016, August). *Teachers as fitness trainers of the learning world*. Harry Kirke Wolfe invited address presented at the meeting of the American Psychological Association, Denver, CO.

Gurung, R. A. R. (2016, August). *The state of SoTL in psychology*. Invited Presidential Address at the meeting of the American Psychological Association, Denver, CO.

Gurung, R. A. R. (2016, August). *Cultivating learning: strategies to aid teaching*. Keynote address presented at New Teacher Orientation, Ohio State University, Columbus, OH.

Gurung, R. A. R. (2016, August). *Keep your eyes on the prize: Strategies to cultivate learning*. Keynote address presented at Fall Academic Day, Butler University, Indianapolis, IN.

Gurung, R. A. R. (2016, May). *Keep your eyes on the prize: Strategies to cultivate learning*. Keynote address presented at University of Wisconsin System Faculty College, Richland Center, WI.

Gurung, R. A. R. (2016, May). *The science of clothing: Objectification and sexism*. Invited address at the meeting of the Midwestern Psychological Association, Chicago, IL.

Gurung, R. A. R. (2016, April). *Be F.I.R.M.: Evidence-based guidelines to teaching intro psych*. Keynote address presented at the Northwest Conference on Teaching Introductory Psychology, Seattle, WA.

Gurung, R. A. R. (2016, March). *The science of sexy: Objectification, sexism, and clothing*. Psi Chi Distinguished Speaker address presented at Southeastern Psychological Conference, New Orleans, LA.

Gurung, R. A. R. (2016, January). *Cultivate learning: Capitalizing on the scholarship of teaching and learning*. Keynote address presented at the Teaching Learning Conference, University of Wisconsin-Milwaukee, Milwaukee, WI.

## 2015

Gurung, R. A. R. (2015, September). *Cultivate learning: Capitalizing on the science of learning*. Keynote address presented at the Excellence in Psychology Instruction Conference, University of Wisconsin-Green Bay.

Gurung, R. A. R. (2015, September). *Using pedagogical research to cultivate learning and energize teaching*. Keynote address presented at Research on Teaching and Learning Summit, Kennesaw State University, Kennesaw, GA.

Gurung, R. A. R. (2015, May). *The classroom is your oyster: Cultivating valuable learning*. Opening plenary presented at the meeting of the APS-STP Teaching Institute of the Association for Psychological Science, New York, NY.

Gurung, R. A. R. (2015, May). *Leveraging the science of learning: Engaging, effective, and efficient pedagogical practices*. Carol Tracy Distinguished Lecture presented at the meeting the Association for Psychological Science, New York, NY.

Gurung, R. A. R. (2015, April). *Wearing our personalities? Examining clothing myths, impression formation, & objectification*. Saul Sells Lecture presented at the Southwestern Psychological Association Conference, Wichita, KS.

Gurung, R. A. R. (2015, March). *Go tell it on the mountain and everywhere: Sharing psychological science*. Presidential Symposium presented at the meeting of the Eastern Psychological Association, Philadelphia, PA.

Gurung, R. A. R. (2015, March). *Motivation and metacognition: Evidence-based tips for learning*. Paper presented at Psychology Colloquium Series, University of Tennessee, Knoxville, TN.

**2014**

- Gurung, R. A. R. (2014, October). *Multiple determinants of obesity: Biological, psychological, and social factors across the lifespan*. Paper presented at the Childhood Obesity Conference, Oneida, WI.
- Gurung, R. A. R. (2014, October). *Now what? Advocacy and action for obesity reduction*. Paper presented at Childhood Obesity Conference, Oneida, WI.
- Gurung, R. A. R. (2014, September). *Motivating students: Theory and tips*. Webinar presented to King Saud University, Riyadh, Saudi Arabia.
- Gurung, R. A. R. (2014, April). *Models, modalities, and the means to address diversity in the curriculum*. Keynote address presented at the Farmingdale Psychology Conference, Tarrytown, NY.
- Gurung, R. A. R. (2014, March). *Social connectivity, FaceBook, and texting: What social media does to our brain*. Paper presented at Southern New Hampshire University, Manchester, NH.
- Gurung, R. A. R. (2014, January). *Climbing the teaching hierarchy: Aspirational benchmarks for quality teaching*. Live E-conference presented to the Society for the Teaching of Psychology (STP).
- Gurung, R. A. R. (2014, January). *A blueprint for teaching introductory psychology: National guidelines and better practices*. Invited address presented at the National Institute for the Teaching of Psychology (NiToP), St. Petersburg, FL.

**2013**

- Gurung, R. A. R. (2013, October). *Getting to the heart and mind of the matter: Motivation, metacognition, and learning*. Invited address presented at University of Wisconsin-Baron County, Rice Lake, WI.
- Gurung, R. A. R. (2013, September). *Start strong: Metacognition and successful study behaviors*. Invited address presented at University of Wisconsin-Baron County, Rice Lake, WI
- Gurung, R. A. R. (2013, August). *Starting right: Motivation, metacognition, and successful study behaviors*. Invited address presented at Development Day, University of Wisconsin-Waukesha, Waukesha, WI.
- Gurung, R. A. R. (2013, May). *Starting right: Motivation, metacognition, and successful study behaviors*. Keynote address presented at the meeting of the UW System First Year Seminar Collective, Madison, WI.
- Gurung, R. A. R. (2013, April). *Building autonomy: Facilitating metacognition and successful study behaviors*. Distinguished Speaker for Psychology Teachers at Community Colleges (PTACC), Western Psychological Association meeting, Reno, NV.
- Gurung, R. A. R. (2013, April). *Global perspectives on the scholarship of teaching and learning*. Invited address at the Global Perspectives on Teaching and Learning Conference, Auburn University, Auburn, AL.
- Gurung, R. A. R. (2013, March). *Reaping the benefits of SoTL: Using and doing the scholarship of teaching and learning*. Keynote address presented at the meeting of Midwest Scholars, Indianapolis, IN.
- Gurung, R. A. R. (2013, March). *An academic's view on the future of digital education in higher education*. Invited address presented at SAGE Digital Partners Executives Meeting, Los Angeles, CA.
- Gurung, R. A. R. (2013, January). *Blockbuster pedagogy: A guide to (near) superhuman teaching*. Keynote address presented at Society for Personality and Social Psychology Teaching Preconference, New Orleans, LA.

**2012**

- Gurung, R. A. R. (2012, May). *The culture advantage: Like it. Need it. Getting it*. Keynote speaker at the Intercultural Honors Experience, Franklin College, Franklin, IN.
- Gurung, R. A. R. (2012, May). *Invigorating student learning: How should students study?* Center for Faculty Development: University of Wisconsin-Stout., Menominee, WI.
- Gurung, R. A. R. (2012, May). *Social media, learning, and living: How FaceBook and texting can rewire your*

*brain*. Center for Faculty Development: University of Wisconsin-Stout, Menominee, WI.

- Gurung, R. A. R. (2012, April). *Research methodologies for conducting Scholarship of Teaching and Learning*. Keynote address presented at the Center for Faculty Development, Farmingdale State College, NY.
- Gurung, R. A. R. (2012, April). *Undergraduate psychology: A U.S. perspective*. Invited address presented at Undergraduate Education Summit, New South Wales, Australia.
- Gurung, R. A. R. (2012, April). *What educators need to know about using social media for health and learning*. Invited address presented at Faculty of Education Seminar. University of Auckland, New Zealand.
- Gurung, R. A. R. (2012, March). *Using psychology and pedagogical research to motivate students and optimize student learning*. Invited address presented at Faculty of Education Seminar. University of Auckland, New Zealand.
- Gurung, R. A. R. (2012, February). *What's your status? The role of social media in health and learning*. Invited address presented for Psychology Seminar Series. University of Auckland, New Zealand.

## 2011

- Gurung, R. A. R. (2011, November). *Using psychology to teach psychology*. Invited address presented at Jossey-Bass Faculty Development Workshop, Online webinar.
- Gurung, R. A. R. (2011, October). *Using psychology to teach psychology*. Invited address presented at Mid-Atlantic Teaching of Psychology Conference, Prince George Community College, Largo, MD.
- Gurung, R. A. R. (2011, October). *Psychology matters: No magic, metacognition and motivation*. Invited address presented at Northwest Teachers of Psychology Conference, Olympia, WA.
- Gurung, R. A. R. (2011, September). *'Like' this update: FaceBook, texting, and learning*. Invited address presented at Atlantic Coast Teaching of Psychology Conference, Long Branch, NJ.
- Gurung, R. A. R. (2011, August). *Tips for teaching when you are a graduate student*. Invited address presented at the meeting of the American Psychological Association, Washington, DC.
- Gurung, R. A. R. (2011, June). *If they study, they will learn: What teachers need to know and do to make this so*. Opening Keynote presented at Eastern Teachers of Psychology Conference, Staunton, VA.
- Gurung, R. A. R. (2011, June). *Hot topics in Health Psychology*. Paper presented at Eastern Teachers of Psychology Conference, Staunton, VA.
- Gurung, R. A. R. (2011, May). *What's your status? FaceBook, texting, and learning*. Paper presented at the meeting of the Enhancing Teaching of Psychology Conference, Green Bay, WI.
- Gurung, R. A. R. (2011, March). *Social connectivity, FaceBook, and texting: What connectivity does to our brain*. Invited address presented at Southern New Hampshire University, Manchester, NH.
- Gurung, R. A. R. (2011, March). *Text this status update: How social media influence health (and learning)*. Closing keynote address presented at Midwestern Teachers of Psychology Conference, Dupage, IL.
- Landrum, R. E., & Gurung, R. A. R. (2011, January). *Inspiring learning: The power of personalizing your introductory psychology class*. Paper presented at National Institute of Teaching (NITOP), St. Petersburg Beach, FL.

## 2010

- Gurung, R. A. R. (2010, November). *Going beyond 'study more': How students study*. Opening keynote presented at Iowa Teachers Conference, Pella, IA.
- Gurung, R. A. R. (2010, October). *Texting and other incivilities: Combating distraction in the classroom*. Opening keynote address presented at North East Psychology Association (NEPA), Burlington, VT.
- Gurung, R. A. R. (2010, February). *A healthy diet of studying: Empirical evidence, practical tips*. Invited Psi Chi talk presented at Boise State University, Boise, ID.
- Gurung, R. A. R. (2010, May). *Catalyzing student learning: Why 'just study more' is not enough*. Invited talk presented at the Enhancing the Teaching of Psychology Conference, University of Wisconsin-Green Bay, Green Bay, WI.
- Gurung, R. A. R. (2010, April). *Traveling beyond boundaries: A heuristic for the scholarship of teaching and*



*learning*. Invited address presented at Indiana University, Bloomington, IN.

Gurung, R. A. R. (2010, April). *Signature pedagogies: What are they and why should you care?* Invited address presented at Teaching and Learning Center, UW-Parkside, Kenosha, WI.

Gurung, R. A. R. (2010, April). *Texting and other incivilities: Combating threats to classroom engagement*. Paper presented at meeting of the Midwestern Psychological Association, Chicago, IL.

Gurung, R. A. R. (2010, August). *(Culture) Shocks to the System: Getting students to actively face cultural diversity*. Invited address presented at the meeting of the American Psychological Association, San Diego, CA.

Gurung, R. A. R. (2010, August). *Adrenalize your teaching: Using and doing pedagogical research*. Invited Graduate Student Teaching Association address presented at the meeting of the American Psychological Association, San Diego, CA.

### **2005-2009**

Gurung, R. A. R. (2009, March). *Shining with scholarship: Galvanizing your teaching with SoTL and social psychology*. Keynote address presented at Claremont Applied Social Psychology Symposium, Claremont, CA.

Gurung, R. A. R. (2009, February). *Shining with scholarship: Galvanizing your teaching with SoTL*. Keynote address presented at South East Teaching of Psychology Conference, Atlanta, GA.

Gurung, R. A. R. (2009, February). *Many heads are better than one: Faculty development, student learning, and lesson study*. Invited address presented at Faculty Development Brown Bag, University of Wisconsin-Green Bay, Green Bay, WI.

Gurung, R. A. R. (2008, May). *Highlights from pedagogical research: Findings to ponder and use*. Paper presented at the Enhancing the Teaching of Psychology and Human Development conference, University of Wisconsin-Oshkosh, WI.

Gurung, R. A. R. (2006, August). *Catalyzing teaching: The scholarship of teaching and learning*. Teachers of Psychology in Secondary Schools address presented at the meeting of the American Psychological Association, New Orleans, LA.

Gurung, R. A. R. (2006, May). *Got culture? Incorporating culture into your curriculum*. Paper presented at the meeting of the American Psychological Society, New York, NY.

Gurung, R. A. R. (2006, March). *Optimizing study skills: Empirical evidence, practical tips*. Paper presented at the meeting of the Midwestern Institute for Students and Teachers of Psychology (MISTOP), Du Page, IL.

Gurung, R. A. R. (2005, May). *Optimizing learning: Recommended daily allowances of studying*. Paper presented at the meeting of the American Psychological Society, Los Angeles, CA.

Gurung, R. A. R. (2005, January). *The agony and the ecstasy: Exploring the dualities of academic life*. Paper presented at the Enhancing the Craft of Teaching Conference, Green Bay, WI.

### **1997-2003**

Gurung, R. A. R. (2003, February). *An apple a day: Teaching health psychology and healthy teaching*. Paper presented at the pre-conference of the Society for Personality and Social Psychology, Los Angeles, CA.

Gurung, R. A. R. (2002, July). *Stress in females: Tend-and-befriend, not fight-or-flight*. Paper presented at the meeting of the National Wellness Conference, Stevens Point, WI.

Gurung, R. A. R. (2002, June). *Practicing the scholarship of teaching and learning*. Invited address presented at the meeting of the Wisconsin Teaching Fellow Summer Institute, Madison, WI.

Gurung, R. A. R. (2002, May). *Group projects in content courses*. Paper presented at the meeting of the Enhancing the Teaching of Psychology and Human Development conference, University of Wisconsin-La Crosse, WI.

Gurung, R. A. R. (2002, March). *Making magic: The enchantment of teaching*. Featured Faculty address presented at University of Wisconsin-Green Bay, Green Bay, WI.

- Gurung, R. A. R. (2002, March). *They're all in it together: Designing group presentation assignments*. Paper presented at the meeting of the Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.
- Gurung, R. A. R. (2002, March). *Going beyond content: Enhancing understanding in large classes*. Paper presented at the meeting of the Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.
- Gurung, R. A. R. (1997, September). *Mental representations in close relationships*. Invited address presented at Carleton College, Northfield, MN.

## ACADEMIC PRESENTATIONS

- Ernst, R., Fineburg, A., Gurung, R. A. R., Schicht, J., & Vita, M. (2017, August). An update on the APA High School Summit. Symposium conducted at the meeting of the American Psychological Association, Washington, DC.
- Landrum, R. E., Gurung, R. A. R., & Amsel, E. (2017, April). *What we hope happens: The beneficial effects of the introductory psychology course and majoring in psychology*. A symposium presented at the meeting of the Rocky Mountain Psychological Association, Salt Lake City, UT.
- Richmond, A. S., Rocheleau, C., & Gurung, R. A. R. (2017, April). *From the big fish to a small pond: Implementing psychology assessments in a SNAP*. A symposium presented at the meeting of the Rocky Mountain Psychological Association, Salt Lake City, UT.
- Gurung, R. A. R., & Landrum, R. E. (2016, November). *What's PSYCH got to do with it: Paths to college and career success*. Metropolitan State College of Denver, Denver, CO.
- Gurung, R. A. R., & Flora, K. (2016, May). *Poster to paper: Tips on publishing your meeting presentations, honors and independent studies, and more*. Psi Chi Symposium conducted at the meeting of the Midwestern Psychological Association, Chicago; IL.
- Gurung, R. A. R., & Flora, K. (2015, May). *Poster to paper: Tips on publishing your meeting presentations, honors and independent studies, and more*. Psi Chi Symposium conducted at the meeting of the Midwestern Psychological Association, Chicago; IL.
- Gurung, R. A. R. (2014, August). The evolution of SoTL and pathways in the field. In J. Troisi (Chair), *Scholarship of teaching and learning across the faculty life span*. Symposium conducted at the conference of the American Psychological Association, Washington, DC.
- Gurung, R. A. R. (2014, August). Multicultural approaches to health psychology. In S. Ladhani (Chair), *Cultural sensitivity in health: Health psychology's role, health beliefs, and assessment*. Symposium conducted at the meeting of the American Psychological Association, Washington, DC.
- Gurung, R. A. R. (2013, April). *The role of interdisciplinarity in SoTL*. In D. Voelker (Chair), *Interdisciplinary perspectives symposium* conducted at the meeting of Office of Professional and Instructional Development, Madison, WI.
- Gurung, R. A. R. (2011, August). Learning unplugged: Bottlenecks and threshold concepts in psychology. In R. E. Landrum (Chair), *Identifying and conquering threshold concepts in psychology: Enhancing deeper student learning*. Symposium conducted at the meeting of the American Psychological Association, Washington, DC.
- Gurung, R. A. R. (2010, August). (Culture) shocks to the system: Getting students to actively face cultural diversity. In F. D. Ortiz (Chair), *TITLE OF SYMPOSIUM* conducted at the meeting of the American Psychological Association, San Diego, CA.
- Gurung, R. A. R. (2010, August), Chair. *Best practices for training and using undergraduate teaching assistants (UTAs)*. Symposium conducted at the meeting of the American Psychological Association, San Diego, CA.
- Gurung, R. A. R. (2010, August). Discussant. *Orchestrating authorship: Teaching writing across the psychology curriculum*. In C. Soysa (Chair), *Developing writing in psychology* conducted at the meeting of the

- American Psychological Association, San Diego, CA.
- Gurung, R. A. R. (2010, August). Discussant. New techniques and technologies for graduate and medical Education. In M. Gregorson (Chair), *Technology and education* conducted at the meeting of the American Psychological Association, San Diego, CA.
- Weidert, J., Roethel, A., & Gurung, R. A. R. (2010, August). The benefits of being a UTA: Hard data and critical reflections. In Gurung, R. A. R. (Chair), *Best practices for training and using undergraduate teaching assistants (UTAs)*. Symposium conducted at the meeting of the American Psychological Association, San Diego, CA.
- Gurung, R. A. R. (2009, August), Chair. *Advancing pedagogical research (SoTL) in psychology: Models and incentives*. Symposium conducted at the meeting of the American Psychological Association, Toronto, Canada.
- Gurung, R. A. R. (2009, August), Chair. *Students and textbooks: How can/must/should we increase student textbook use?* Symposium conducted at the meeting of the American Psychological Association, Toronto, Canada.
- Gurung, R. A. R. (2009, August). Reaping the fruits of SoTL 's labor: Using pedagogical research well. In R. A. R. Gurung (Chair), *Advancing pedagogical research (SoTL) in psychology: Models and incentives*. Symposium conducted at the meeting of the American Psychological Association, Toronto, Canada.
- Gurung, R. A. R. (2009, August). Apples and oranges? Textbook differences, student preferences, and learning. In R. A. R. Gurung (Chair), *Students and textbooks: How can/must/should we increase student textbook use?* Symposium conducted at the meeting of the American Psychological Association, Toronto, Canada.
- Chick, N., Gurung, R. A. R., & Haynie, A. (2009, April). *Celebrating collaboration: Exploring signature pedagogies*. Panel conducted at the meeting of Office of Professional and Instructional Development, Milwaukee, WI.
- Gurung, R. A. R., Ritch, D., & Nielsen, K. (2009, April). Using a common theme to advance liberal education outcomes. Presentation at OPID conference, Milwaukee, WI.
- Bartell, D., Wilson-Doenges, G., Amenson-Hill, B., Furlong, D., Furlong, S., Gurung, R. A. R., Kersten, A., & Ritch, D. (2009, February). *Using BCSSSE expectations to raise the bar for engagement in the first year college experience*. Paper presented at the meeting of the First Year Experience conference, Tampa, FL.
- Furlong, S., Ritch, D., Amenson-Hill, B., Bartell, D., Gurung, R. A. R., Kersten, A., & Wilson-Doenges, G. (2009, February). *Teaching the teacher: Faculty development for first-year seminars*. Paper presented at the meeting of the First Year Experience conference, Tampa, FL.
- Buskist, W., Dunn, D. S., Daniel, D., Littleford, L., Gurung, R. A. R., Henderson, R., & Halistorks, R. (2008, January). *Blueprint for the future: An update from the national conference on undergraduate education in psychology*. Symposium conducted at the National Institute on the Teaching of Psychology (NITOP), St. Petersburg, FL.
- Haynie, A., Chick, N. L., & Gurung, R. A. R. (2008, October). *Defining ourselves: Signature pedagogies in the disciplines*. Western Lily Conference, Pomona, CA.
- Gurung, R. A. R. (2008), Chair. *Linking textbooks, studying, teaching, and learning: A National comprehensive study*. Symposium conducted at the meeting of the American Psychological Association, Boston, MA.
- Gurung, R. A. R. (2008). Under the microscope: A close look at how students study. In R. A. R. Gurung (Chair), *Linking textbooks, studying, teaching, and learning: A national comprehensive study*. Symposium conducted at the meeting of the American Psychological Association, Boston, MA.
- Gurung, R. A. R. (2008). If you engage, learning will come: An overview of strategies. In R. Martin (Chair), *Engaging students in a large psychology department: Multifaceted approaches*. Symposium conducted at the meeting of the American Psychological Association, Boston, MA.
- Gurung, R. A. R. (2008, May). *Highlights from pedagogical research*. Paper presented at the Enhancing the Teaching of Psychology Conference. Oshkosh, WI.
- Bartell, D., Wilson-Doenges, G., Gurung, R. A. R., Furlong, S., & Amenson-Hill, B. (2008, February). *Purpose*

*and passion in first-year experience courses: Comparing interdisciplinary and traditional general education seminars.* Paper presented at the meeting of the First Year Experience conference, San Francisco, CA.

- Gurung, R. A. R., Wilson-Doenges, G., & Martin, R. (2007, October). *Engaging students in psychology: Course and departmental level strategies.* Symposium conducted at the Beginnings and Endings: Best practices for introducing and bringing closure to the undergraduate psychology major conference, Atlanta, GA.
- Gurung, R. A. R., & Martin, R. (2007, August). The textbook assessment scale: Validation and uses. In D. Daniel & R. A. R. Gurung (Chairs), *Textbooks, pedagogy, and student performance: Will they read and if they do, will it help?* Symposium conducted at the meeting of the American Psychological Association, San Francisco, CA.
- Gurung, R. A. R., & Roethel, A. (2007, August). Teaching for healthier minds and healthier bodies. In K. Vespa (Chair), *Changing student attitudes and behaviors: Pedagogical challenges, models, and results.* Symposium conducted at the American Psychological Association, San Francisco, CA.
- Lawrence, N. K., Ansborg, P., & Gurung, R. A. R. (2007, August). Models of excellence in fostering the scholarship of teaching. In R. A. R. Gurung (Chair), *Scholarship of teaching and learning in psychology: Current status, future directions.* Symposium conducted at the meeting of the American Psychological Association, San Francisco, CA.
- Daniel, D., & Gurung, R. A. R. (2007, August), (Chairs). *Textbooks, pedagogy and student performance: Will they read and if they do, will it help?* Symposium conducted at the meeting of the American Psychological Association, San Francisco, CA.
- Littleford, L. N., Gurung, R. A. R., Brito, C., Kirk, J. V., & Watkins, A. (2007, August). Recruitment and retention of diverse faculty: Best practices. In M. W. Matthews (Chair), *True diversity: Best practices and beyond.* Symposium conducted at the meeting of the American Psychological Association, San Francisco, CA.
- Gurung, R. A. R., Lawrence, N. K., Ansborg, P., Johnson, D., Alexander, P. (2007, August). *Scholarship of teaching & learning in psychology: Current status, future directions.* Symposium conducted at the meeting of the American Psychological Association, San Francisco, CA.
- Gurung, R. A. R. (2007, August). Discussant. *Changing student attitudes and behaviors: Pedagogical challenges, models, and results.* Symposium conducted at the meeting of the American Psychological Association, San Francisco, CA.
- Furlong, S., Gurung, R. A. R., Amundsen-Hill, B., Kersten, A., Bartell, D., & Wilson-Doenges, G. (2007, March). *Freshman seminars at UW-Green Bay.* Presentation at the UW System Office of Professional and Instructional Development conference, Madison, WI.
- Furlong, S., Gurung, R. A. R., Amundsen-Hill, B., Kersten, A., Bartell, D., & Wilson-Doenges, G. (2007, February). *Building a freshman experience (FOCUS) and seminar at UW-Green Bay.* Paper presented at the meeting of the First Year Experience conference, Addison, TX.
- Gurung, R. A. R. (Chair), Matlin, M., & McDaniel, M. A. (2006, August). *Pragmatic pedagogy: Using cognitive science to optimize learning.* Symposium conducted at the meeting of the American Psychological Association, New Orleans, LA.
- Gurung, R. A. R. (Chair), Myers, D. G., Baron, R. A., Hildebrand, B., & Mejia, E. (2006, May). *Are textbooks too expensive? Answers, solutions, value, choices, and changes.* Symposium conducted at the meeting of the American Psychological Society, New York, NY.
- Gurung, R. A. R. (2006, January). *Health psychology's tips for effective studying.* Paper presented at the meeting of the Society for Personality and Social Psychology, Palm Springs, CA.
- Gurung, R. A. R. (2005, January). *Teaching activities for social psychology.* Paper presented at the teaching pre-conference of the Society for Personality and Social Psychology, New Orleans, LA.
- Gurung, R. A. R. (2004, May), Chair. *Teaching diversely about diversity.* Symposium at the meeting of the American Psychological Society, Chicago, IL.

- Gurung, R. A. R. (2004, January). *Optimizing group presentation assignments*. Paper presented at the pre-conference meeting on teaching of the Society for Social and Personality Psychology, Austin, TX.
- Gurung, R. A. R. (2003, August). *Issues in close relationships: Mixed-ethnic relationships and arranged marriages*. Paper presented at the meeting of the American Psychological Association, Toronto, Canada.
- Gurung, R. A. R. (2002, August), Discussant. *Teaching about diversity*. Symposium conducted at the meeting of the American Psychological Association, San Francisco, CA.
- Gurung, R. A. R. (2001, January), Chair. *New faculty, new ideas*. Symposium conducted at the meeting of the Faculty Development Conference at the University of Wisconsin-Green Bay, WI.
- Gurung, R. A. R. (2000, August), Chair. *Live from D.C: Enhancing active learning in the classroom*. Symposium conducted at the meeting of the American Psychological Association, Washington, DC.
- Gurung, R. A. R. (2000, May). *Incorporating multicultural issues into courses*. Paper presented at the meeting for Enhancing the Teaching of Psychology and Human Development, University of Wisconsin-Green Bay, WI.
- Lewis, B. P., & Gurung, R. A. R. (2000, August). *Contrasting, matching & mating: Modification of "the pairing game" classroom demonstration of the matching phenomenon*. Paper presented at the meeting of the American Psychological Association, Washington, DC.
- Gurung, R. A. R. (1999, August), Chair. *Live from Boston: Demonstrations for teaching psychology*. Symposium conducted at the meeting of the American Psychological Association, Boston, MA.
- Gurung, R. A. R. & Dunkel-Schetter, C. (1998, August), Chairs. *Personal relationships, social support, coping and adjustment*. Symposium conducted at the meeting of the American Psychological Association, San Francisco, CA.
- Gurung, R. A. R. & Sadowsky, G. R. (1998, August), Chairs. *Minority mental health: Acculturation, ethnic identity and beliefs in Asian-Indians*. Symposium conducted at the meeting of the American Psychological Association, San Francisco, CA.
- Gurung, R. A. R. & Sarason, B. R. (1998, June), Chairs. *Perceived social support: Where does it come from and is it all in the mind?* Symposium conducted at the meeting of International Conference for Personal Relationships, Saratoga Springs, NY.
- Gurung, R. A. R., Sarason, B. R., & Sarason, I. G. (1998, June). *I think therefore you are (and I feel supported): Social support and significant-other concepts*. Paper presented at the International Conference for Personal Relationships, Saratoga Springs, NY.

## WORKSHOPS

- Gurung, R. A. R. (2018, July). *Infusing culture into the curriculum: Models and pragmatic solutions*. St. Olaf College, Northfield, MN.
- Gurung, R. A. R. (2018, June). *Better practices in improving teaching and learning: Models, processes, and pitfalls*. Xavier University, New Orleans, LA.
- Gurung, R. A. R. (2018, January). *Diversifying your toolkit for learners: Evidence-based strategies for supporting success in diverse learners*. Parkland College, Champaign, IL.
- Gurung, R. A. R. (2017, August). *Using the scholarship of teaching and learning to foster student learning*. Grand Valley State University, Grand Rapids, MI.
- Gurung, R. A. R. (2017, January). *Improving teaching: Practicing the scholarship of teaching and learning*. Indianapolis University Purdue University Fort Wayne, IN.
- Gurung, R. A. R. (2016, September). *Using SoTL to energize teachers and engager learners*. Arizona State University West, Phoenix. AZ.
- Christopher, A., & Gurung, R. A. R. (2016, May). *An introduction to the scholarship of teaching and learning (SoTL)*. Association for Psychological Science Annual Meeting, Chicago, IL.
- Gurung, R. A. R. (2016, April). *The synergistic relationship between instructional design and SoTL: Fertile*

- areas of investigation.* UW System Office of Professional and Instructional Development Spring Conference, Green Lake, WI.
- Gurung, R. A. R. (2016, March). *Best practices for creating and using student evaluations.* Davidson College, Davidson, NC.
- Gurung, R. A. R. (2016, February). *Capitalizing on the science of learning: Tips and tricks for success.* University of South Carolina Upstate, Faculty Development Center, Spartanburg, SC.
- Gurung, R. A. R. (2015, September). *Assessing teaching and learning: Scholarship of teaching and learning.* Northwestern University of Louisiana, Faculty Development Center, Natchitoches, LA.
- Gurung, R. A. R. (2015, September). *Metacognition, motivation, and learning.* Northwestern University of Louisiana, Faculty Development Center, Natchitoches, LA.
- Gurung, R. A. R. (2015, September). *Model teacher characteristics.* Bossier Parish Community College, Shreveport, LA.
- Gurung, R. A. R. (2015, September). *Using the science of learning to cultivate learning.* Bossier Parish Community College, Shreveport, LA.
- Gurung, R. A. R. (2015, August). *The future of the scholarship of teaching and learning.* University of Wisconsin-Stout, Teaching Champions Writing Workshop, Menomonie, WI.
- Gurung, R. A. R., & Voelker, D. (2015, May). *Going behind the scenes of learning: Scholarship of teaching and learning.* University of Wisconsin Faculty College, Richmond Center, WI.
- Gurung, R. A. R. (2015, March). *Going behind the scenes of learning: Scholarship of teaching and learning.* University of Tennessee Faculty Development Center, Knoxville, TN.
- Gurung, R. A. R. (2014, October). *Doing the scholarship of teaching and learning.* Society for the Teaching of Psychology Scholarship of Teaching and Learning Workshop, Atlanta, GA.
- Gurung, R. A. R. (2014, September). *Motivating students to study: Tips 7 best practices.* Bossier Parish Community College, Shreveport, LA.
- Gurung, R. A. R. (2014, August). *Assessing teaching and learning.* Bossier Parish Community College, Shreveport, LA.
- Gurung, R. A. R. (2014, September). *An introduction to the scholarship of teaching and learning.* University of Wisconsin-River Falls Faculty Development Workshop, River Falls, WI.
- Gurung, R. A. R. (2013, October). *Doing the Scholarship of Teaching and Learning.* Society for the Teaching of Psychology Scholarship of Teaching and Learning Workshop, Atlanta, GA.
- Gurung, R. A. R. (2013, June). *Using psychology to inspire students and optimize studying.* Jossey-Bass Faculty Development Workshop. Webinar.
- Gurung, R. A. R. (2013, May). *Advanced methods in the scholarship of teaching and learning.* University of Wisconsin System Faculty College, Richland Center, WI.
- Gurung, R. A. R. (2012, October). *Doing the scholarship of teaching and learning.* Society for the Teaching of Psychology Scholarship of Teaching and Learning Workshop, Atlanta, GA.
- Gurung, R. A. R. (2012, October). *An introduction to the scholarship of teaching and learning.* Farmingdale State College, NY.
- Gurung, R. A. R. (2011, October). *Doing the scholarship of teaching and learning.* Society for the Teaching of Psychology Scholarship of Teaching and Learning Workshop, Atlanta, GA.
- Haynie, A., & Gurung, R. A. R. (2011, October). *Practicing signature pedagogies.* International Society Scholarship of Teaching and Learning conference, Milwaukee, WI.
- Gurung, R. A. R. (2010, September). *Enhancing student motivation and study skills.* King Saud University, Riyadh, Saudi Arabia.
- Gurung, R. A. R. (2010, February). *Investigating student learning as a strategy for optimizing our teaching practice.* Boise State University, Boise, ID.
- Gurung, R. A. R., & Schwartz, B. M. (2010, March). *Jumpstarting pedagogical research: Using and doing SoTL to optimize teaching and learning.* Teaching Commons, Savannah, GA.
- Gurung, R. A. R. (2010, May). *How students study: Tips and advice for faculty.* Randolph College, Lynchburg,



VA.

- Gurung, R. A. R., Svinicki, M. D., & Bhenke, S. (2009, January). *Catalyze your teaching with pedagogical research: The nuts, bolts, and ethics of SoTL*. National Institute on the Teaching of Psychology (NITOP), St. Petersburg, FL.
- Haynie, A., Chick, N., & Gurung, R. A. R. (2008, October). *Defining ourselves: Signature pedagogies in the disciplines*. International Society for the Scholarship of Teaching and Learning (ISSOTL) Meeting, Edmonton, Canada.
- Schwartz, B. M., & Gurung, R. A. R. (2008, October). *Optimizing our teaching and learning: Putting SOTL best practices to use*. International Society for the Scholarship of Teaching and Learning (ISSOTL) Meeting, Edmonton, Canada.
- Gurung, R. A. R., & Schwartz, B. M. (2008, February). *Jumpstarting pedagogical research: Using & doing SoTL to optimize teaching and learning*. Xavier University, New Orleans, LA.
- Gurung, R. A. R., & Schwartz, B. M. (2008, February). *Jumpstarting pedagogical research: Using & doing SoTL to optimize teaching and learning*. Loyola University, New Orleans, LA.
- Gurung, R. A. R., & Schwartz, B. M. (2008, March). *Jumpstarting pedagogical research: Using & doing SoTL to optimize teaching and learning*. Lilly Conference on College and University Teaching West, Pomona, CA.
- Haynie, A., Gurung, R. A. R., & Chick, N. (2008, March). *The trading zone: Signature pedagogies and practices in the disciplines*. Lilly Conference on College and University Teaching West, Pomona, CA.

## CONFERENCE POSTER PRESENTATIONS († indicates undergraduate student)

### 2018

- †Alger-Feser, S., †Bowe, M., †Stoa, R., †Wolf, J., †Livingston, N., †Kabat, E., & Gurung, R. A. R. (2018, April). *Welcome to the gun show: Objectification of the everyday man*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Bowe, M., †Alger-Feser, S., †Stoa, R., & Gurung, R. A. R. (2018, April). *Are male celebrities objectified based on what they are wearing?* Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Collegnon, A., †Delagrang, J., & Gurung, R. A. R. (2018, April). *Can brain games be brain food?* Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Collegnon, A., †Delagrang, J., †Alger-Feser, S., †Bowe, M., †Kabat, E., †Stoa, R., †Wolf, J., & Gurung, R. A. R. (2018, April). *Gamers rejoice: Does game play increase learning on cognitive tasks?* Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Delagrang, J., †Collegnon, A., & Gurung, R. A. R. (2018, April). *Improving performance*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Jauregui, I. & Gurung, R. A. R. (2018, April). *Studying immigrants in Brown County*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Jorgenson, A. & Gurung, R. A. R. (2018, April). *A full serving of restaurant server experiences*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Jorgenson, A. & Gurung, R. A. R. (2018, April). *Dressed to serve, don't perv: Studying objectification of restaurant servers*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Kabat, E., †Wolf, J., & Gurung, R. A. R. (2018, April). *Our selfie, ourselves*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Livingston, N., †Storkson, M., †Tran, E., & Gurung, R. A. R. (2017, April). *Can sports apparel diffuse racism?* Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Lundquist, A. & Gurung, R. A. R. (2018, April). *Understanding mental health: A closer look at depression*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.

- †Maglio, S. & Gurung, R. A. R. (2018, April). *Stereotyping of athletes*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Maglio, S., †Collegnon, A. & Gurung, R. A. R. (2018, April). *Objectification of clothing on varying visibility*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Stoa, R., †Bowe, M., †Alger-Feser, S., & Gurung, R. A. R. (2018, April). *The influence of t-shirt graphics on perceptions and behaviors*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Storkson, M. & Gurung, R. A. R. (2018, April). *Individual hireability*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Storkson, M., †Punke, E., †Svoboda, S., & Gurung, R. A. R. (2018, April). *Introducing KFC: Knowing the flag of the confederacy scale*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Tran, E., †Livingston, N., †Bowe, M., & Gurung, R. A. R. (2018, April). *Music influence on perception: Negating or evoking racial stereotypes*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Wolf, J., †Kabat, E., & Gurung, R. A. R. (2018, April). *Body objectification: What makes a person less likely to objectify?* Poster presented at the meeting of the Midwestern Psychological Association Conference, Chicago, IL.

## 2017

- †Powers, M., Gurung, R. A. R., & Forgaca, J. (2017, April). *Determination of variables affecting student-athlete mental health*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Punke, E., & Gurung, R. A. R. (2017, April). *The devil made me do it: Temptation and morality*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Brickner, M., & Gurung, R. A. R., (2017, April). *Teacher's knowledge, attitudes, and behaviors towards children*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Brickner, M., †Leet, M., †Punke, E., & Gurung, R. A. R., (2017, April). *Dressing 'in code': Clothing rules, propriety, and perceptions*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Collegnon, A., †Fowle, H., †Maglio, S., †Rose, K., †Hanrahan, V., & Gurung, R. A. R. (2017, April). *Dressed for success: Do clothes drive performance?* Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Collegnon, A., & Gurung, R. A. R. (2017, April). *Are expensive textbooks going extinct?* Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Fowle, H., †Hanrahan, V., †Brickner, M., & Gurung, R. A. R. (2017, April). *Rating selfies: Predicting perceptions of others*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Graff, A., †Leet, M., & Gurung, R. A. R. (2017, April). *Do perceptions of birth order characteristics match reality?* Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Hanrahan, V., †Fowle, H., †Maglio, S., †Rose, K., †Collegnon, A., & Gurung, R. A. R. (2017, April). *Do logos drive perceptions? Examining messages in clothing*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Hartung, A., & Gurung R. A. R. (2017, April). *Personality and security: An analysis of attitudes towards guns*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Krawczyk, J., †Wendt, K., & Gurung R. A. R. (2017, April). *Design and memory*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL..
- †Leet, M., †Brickner, M., & Gurung, R. A. R. (2017, April). *The science of sexy*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.

- †Leet, M., †Graff, A., & Gurung, R. A. R. (2017, April). *Short circuit microaggressions*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Linstad, A., & Gurung R. A. R. (2017, April). *The impact of personality tests*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Maglio, S., †Hanrahan, & Gurung, R. A. R. (2017, April). *Objectification of clothing varying visibility*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Powers, M., & Gurung R. A. R. (2017, April). *Student athlete's mental health*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Rose, K., †Calma-Birling, D., & Gurung, R. A. R. (2017, April). *Comparing student efficacy using the program pattern with mindfulness, learning, and studying variables*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Wendt, K., †Krawczyk, J., & Gurung R. A. R. (2017, April). *Room characteristics and perception*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.

## 2016

- †Allen, A., †Morgan, B., & Gurung, R. A. R. (2015). *Media and perceptions*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Badalamenti, V., & Gurung, R. A. R. (2015). *Do sweet thoughts add up to success?* Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Berth, K., †Vogt, W., †Badalamenti, V., †Busko, S., & †Schultz, D. (2015). *Creativity, clothing, and performance: How what we wear can affect the cognitive process of creativity*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Blommer, A., †Garcia, S., †Short, C., †Amsel, E., Landrum, R. E., & Gurung, R. A. R. (2016). *Becoming psychologically literate: Responding to those with symptoms of depression*. Poster presented at the meeting of the Rocky Mountain Psychological Association, Denver, CO.
- †Calma-Birling, D., †Stelter, T., Senzaki, S., & Gurung, R. A. R. (2015). *Does a brief mindfulness intervention effect academic performance?* Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Calma-Birling, D. & Gurung, R. A. R. (2015). *Can mindfulness help increase student self- efficacy?* Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Carroll, E., & Gurung, R. A. R. (2015). *A toy study*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Carroll, E., †Badalamenti, V., †Nelson, A., & Gurung, R. A. R. (2015). *Art appreciation*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Krawcheck, J., & Gurung, R. A. R. (2015). *Information layout design of slide manipulation and memory recall*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Mattice, E., †Brickner, M., †Miller, S., †Punke, E., †Svoboda, S., & Gurung, R.A.R. (2015). *Food documentary: A health game changer*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Miller, S., †Brickner, M., †Punke, E., †Svoboda, S., & Gurung, R. A. R. (2015). *Guilty pleasure or pleasurable guilt?* Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Nelson, A. M. & Gurung, R. A. R. (2016, May). *Women with tattoos: The impact of body art on perceptions of personality, behaviors, and careers*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Novak, B., & Gurung, R. A. R. (2015). *Predicting current health behaviors from childhood retrospections*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Osteen, C. & Gurung, R. A. R. (2015) *Does science and religion effect altruistic behavior*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL

- †Punke, E., †Svoboda, S., †Miller, S., †Brickner, M., & Gurung, R. A. R. (2015). *Implicit racial attitudes*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL
- †Schultz, D., †Badalamenti, V., †Busko, S., †Nelson, A., & Gurung, R. A. R. (2015). *Perceptions and behaviors based upon clothing*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Schultz, D. & Gurung, R. A. R. (2015). *The effects of mindfulness on the injured athlete*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Svoboda, S., †Brickner, M., †Miller, S., †Punke, E., & Gurung, R. A. R. (2015). *Technology in relationships*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Vogt, W., †Berth, K., †Badalamenti, V., †Busko, S., †Nelson, A., †Schultz, D., & Gurung, R. A. R. (2016). *Dress for less stress*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Vogt, W., & Gurung, R. A. R. (2016). *Examining the effectiveness of PSA's on individuals perception of autism*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- †Wick, S., & Gurung, R. A. R. (2015) *Assessment on the impact of reading*. WHAT presented at the meeting of the Midwestern Psychological Association, Chicago, IL.

## 2015

- †Baker, M., †Blochowiak, K., †Vanhouten, S., †Wick, S., & Gurung, R. A. R. (2015). *Dressing for work*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago; IL.
- †Bartlett, C., & Gurung, R. A. R. (2015). *The effects of social media on the perceptions of others*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago; IL.
- †Blochowiak, K., †Baker, M., †Wick, S., †Vanhouten, S., & Gurung, R. A. R. (2015). *Optimizing task performance*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago; IL.
- †Kiley, B., & Gurung, R. A. R. (2015). *Architecture perceptions*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago; IL.
- †Vanhouten, S., †Wick, S., †Blochowiak, K., †Baker, M., & Gurung, R. A. R. (2015). *Assessing the effects of mixed media*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago; IL.
- †Wick, S., †Baker, M., †Blochowiak, K., †Vanhouten, S., & Gurung, R. A. R. (2015). *Is there a science of sexy? An empirical test of dressing recommendation*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago; IL.

## 2014

- †Bartoszewski, B., †DeKeyser, M., †Gehrke, E., †Klemm, K., †Olson, B., †Panske, J., & Gurung, R. A. R. (2014). *Learning practices amongst college students*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago; IL.
- †DeKeyser, M., †Klemm, K., †Bartoszewski, B., †Panske, J., †Gehrke, E., †Olson, B., & Gurung, R. A. R. (2014). *The portrayal of media regarding obesity*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago; IL.
- †Gehrke, E., †Bartoszewski, B., †DeKeyser, M., †Klemm, K., †Olson, B., †Panske, J., & Gurung, R. A. R. (2014). *Countering the negative effects of fat talk on body image*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago; IL.
- †Klemm, K., †Bartoszewski, B., †DeKeyser, M., †Panske, J., †Gehrke, E., †Olson, B., & Gurung, R. A. R. (2014). *Are fitness blogs hurting our attitudes toward exercise and our bodies?* Poster presented at the meeting of the Midwestern Psychological Association, Chicago; IL.
- †Klemm, K., †Senn, R., †Wysocki, C., †Kempen, L., & Gurung, R. A. R. (2014). *Dressed to present: Ratings of*

*classroom presentations vary with attire.* Poster presented at the meeting of the Midwestern Psychological Association, Chicago; IL.

†Panske, J., †Klemm, K., †Bartoszewski, B., †DeKeyser, M., †Gehrke, E., †Olson, B., & Gurung, R. A. R. (2014). *Can altering emotional states prior to concentration tasks disrupt performance?* Poster presented at the meeting of the Midwestern Psychological Association, Chicago; IL.

†Zweerink, S., †Bricco, A., Gurung, R. A. R., †Vieaux, L., †Free, H., †Girdauskas, A., & †Lagina, S. (2014). *The utility of online study aids: A test of three options.* Poster presented at the meeting of the Midwestern Psychological Association, Chicago; IL.

## 2013

†Adams, P., & Gurung, R. A. R. (2013, May). *Normative influence of friends' likes.* Poster presented at the meeting of the Midwestern Psychological Association, Chicago; IL.

†Manders, K., & Gurung, R. A. R. (2013, May). *Effective study strategies: Teaching effective note taking skills.* Poster presented at the meeting of the Midwestern Psychological Association, Chicago; IL.

†Preman, S., & Gurung, R. A. R. (2013, May). *Perceiving the obese.* Poster presented at the meeting of the Midwestern Psychological Association, Chicago; IL.

†Vogels, E., & Gurung, R. A. R. (2013, May). *Hidden intelligence: Downplaying intelligence in social settings.* Poster presented at the meeting of the Midwestern Psychological Association, Chicago; IL.

†Zweerink, S., †Woods, C., & Gurung, R. A. R. (2013, May). *Do sexist logos activate stereotype threat?* Poster presented at the meeting of the Midwestern Psychological Association, Chicago; IL.

†Zweerink, S., †Woods, C., & Gurung, R. A. R. (2013, May). *Objectification of male and female celebrities.* Poster presented at the meeting of the Midwestern Psychological Association, Chicago; IL.

## 2012

†Filz, T. & Gurung, R. A. R. (2012, August). *Student perceptions of undergraduate teaching assistants.* Poster presented at the meeting of the American Psychological Association, Chicago, IL.

†Freis, S., & Gurung, R. A. R. (2012, May). *Helping behavior in the new technological age: A FaceBook analysis.* Poster presented at the meeting of the Association for Psychological Science, Chicago, IL.

†Pullin, M. D., †Batten, K. M., Gurung, R. A. R., & Landrum, R. E. (2012, May). *Memorable concepts from undergraduate psychology: A content analysis of unforgettable course content.* Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.

## 2011

†Filz, T., †Wilhelm, T. M., & Gurung, R. A. R. (2011). *The utility of online examinations in face-to-face classes: Empirical evidence.* Poster presented at the meeting of the American Psychological Association, Washington, DC.

†Freis, S., †Weise, A., & Gurung, R. A. R. (2011). *Sexist brands: Empowering, degrading, or aggravating?* Poster presented at the meeting of the American Psychological Association, Washington, DC.

†Freis, S., †Weise, A., & Gurung, R. A. R. (2011). *Does dressing provocatively help or hurt self esteem when on the spot?* Poster presented at the meeting of the American Psychological Association, Washington, DC.

†Gintz, C., †Gagnon, S., †Donato, D., †Lawson, J, Gurung, R. A. R., & Landrum, R. E. (2011). *A content analysis of introductory student expectations about course impact and content retention.* Poster presented at the meeting of the Rocky Mountain Psychological Association, Salt Lake City, UT.

†Goicoechea, C., †Gagnon, S., †Donato, D., †Lawson, J, Gurung, R. A. R., & Landrum, R. E. (2011). *A new look: Updated normative data on the metacognitive awareness inventory.* Poster presented at the meeting of the Rocky Mountain Psychological Association, Salt Lake City, UT.

†Weise, A., †Freis, S., & Gurung, R. A. R. (2011). *Dressed to teach? Appearance, clothing, and ratings of instructors.* Poster presented at the meeting of the American Psychological Association, Washington,

DC.

†Wilhelm, T. M., †Spann, N., †Filz, T., Landrum, R. E., & Gurung, R. A. R. (2011). *Online test taking: Does when you take it matter?* Poster presented at the meeting of the American Psychological Association, Washington, DC.

†Wilhelm, T. M., †Filz, T., & Gurung, R. A. R. (2011). *Key components of an empirically tested honor code.* Poster presented at the meeting of the American Psychological Association, Washington, DC.

## 2010

†Kacmarek, K., & Gurung, R. A. R. (2010, August). “What is she wearing?”: Inappropriate clothing choices, body image, and mood. Poster presented at the meeting of the American Psychological Association, San Diego, CA.

†Kacmarek, K., Gurung, R. A. R., & †Degeneffe, A. (2010, August). *Perceived infidelity: Does body image accentuate women’s jealousy?* Poster presented at the meeting of the American Psychological Association, San Diego, CA.

†Taitano, A., †Smith, B., †Hulbert, C., †Batten, K., †Woodstrom, L., Gurung, R. A. R., & Landrum, R. E. (2010, April). *Faculty selection of textbooks: Key variables and the role of teaching experience.* Poster presented at the meeting of the Rocky Mountain Psychological Association, Denver, CO.

†Woodstrom, L., †Taitano, A., †Smith, B., †Hulbert, C., †Batten, K., Gurung, R. A. R., & Landrum, R. E. (2010, April). *Pedagogical decisions about the use of electronic textbooks.* Poster presented at the meeting of the Rocky Mountain Psychological Association, Denver, CO.

†Batten, K., †Woodstrom, L., †Taitano, A., †Smith, B., †Hulbert, C., Landrum, R. E., & Gurung, R. A. R. (2010, April). *The role of publishing representatives in textbook adoption.* Poster presented at the meeting of the Rocky Mountain Psychological Association, Denver, CO.

†Hulbert, C., †Batten, K., †Woodstrom, L., †Taitano, A., †Smith, B., Landrum, R. E., & Gurung, R. A. R. (2010, April). *Use of two scales to measure student perceptions of introductory psychology textbooks.* Poster presented at the meeting of the Rocky Mountain Psychological Association, Denver, CO.

†Smith, B., †Hulbert, C., †Batten, K., †Woodstrom, L., †Taitano, A., Landrum, R. E., & Gurung, R. A. R. (2010, April). *Introductory psychology students learn concepts and acquire skills: Which are most important?* Poster presented at the meeting of the Rocky Mountain Psychological Association, Denver, CO.

## 2009

†Baker-Clyde, K. A., †Spann, N., Gurung, R. A. R., & Landrum, R. E. (2009, April). *Factor structure of the collegiate assessment of textbook preferences (CATP) Scale.* Poster presented at the meeting of the Rocky Mountain Psychological Association, Denver, CO.

†Bruni, K., & Gurung, R. A. R. (2009, August). Poster presented at the meeting of the American Psychological Association, Toronto, Canada.

Gurung, R. A. R., & †Beyer, T. L. (2009, August). *The latest word on class size: Does it really matter?* Poster presented at the meeting of the American Psychological Association, Toronto, Canada.

†Spann, N., †Baker-Clyde, K. A., Gurung, R. A. R., & Landrum, R. E. (2009, April). *The relationship between student textbook preferences and learning and grade orientations.* Poster presented at the meeting of the Rocky Mountain Psychological Association, Denver, CO.

## 2008

†Kracha, K. & Gurung, R. A. R. (2008, August). *Effects of recall tests and recognition tests: A review.* Poster presented at the meeting of the American Psychological Association, Boston, MA.

Martin, R., & Gurung, R. A. R. (2008, August). *Assessing upper-level psychology textbooks: Does it predict learning?* Poster presented at the meeting of the American Psychological Association, Boston, MA.



**2007**

- †Bord, D., †Jeske, A., & Gurung, R. A. R. (2007, August). *Comparing student perceptions of textbooks*. Poster presented at the meeting of the American Psychological Association, San Francisco, CA.
- †Kinderman, S., Gurung, R. A. R., & †Roberts, E. A. (2007, August). *Objectifying the rich and famous: Does sex and celebrity matter?* Poster presented at the meeting of the American Psychological Association, San Francisco, CA.
- †Roethel, A. & Gurung, R. A. R. (2007, August). *Managing stress: Which techniques are the most effective?* Poster presented at the meeting of the American Psychological Association, San Francisco, CA.
- Gurung, R. A. R., & Martin, R. (2007, July). *Code of conduct: Internationalizing the ethics of SoTL*. Poster presented at the meeting of the International Society for the Scholarship of Teaching and Learning, Sydney, Australia.
- Gurung, R. A. R., Haynie, A., & Chick, N. (2007, July). *Signature pedagogies and practices in the disciplines*. Poster presented at the meeting of the International Society for the Scholarship of Teaching and Learning, Sydney, Australia.

**2006**

- †Hebeler, N., & Gurung, R. A. R. (2006, August). *The role of comfort in data collection*. Poster presented at the meeting of the American Psychological Association, New Orleans, LA.
- †Klein, H., †Rindfleisch, C. L., & Gurung, R. A. R. (2006, August). *Are beauty pageants objectifying? Two answers*. Poster presented at the meeting of the American Psychological Association, New Orleans, LA.
- †Rindfleisch, C. L., †Klein, H., & Gurung, R. A. R. (2006, August). *Sex differences in objectification*. Poster presented at the meeting of the American Psychological Association, New Orleans, LA.
- Gurung, R. A. R. (2005, August). *A Balanced Diet of Study Skills*. Poster presented at the meeting of the American Psychological Association, Washington, DC.

**2005**

- Gurung, R. A. R., & †Chrouser, C. J. (2005, June). *Not buff enough (in the buff): Objectifying female athletes*. Poster presented at the meeting of the American Psychological Society, Los Angeles, CA.
- Gurung, R. A. R., †Schuessler, T., & †Durrant, M. (2005, June). *Supersizing physical activity may boost academic performance*. Poster presented at the meeting of the American Psychological Society, Los Angeles, CA.
- Gurung, R. A. R., †Morack, S., & †Bloch, H. (2005, June). *Skin sells (and hurts): Objectification and the Miss America 2004 Pageant*. Poster presented at the meeting of the American Psychological Society, Los Angeles, CA.
- Gurung, R. A. R., †Grudzeilaneck, K., & †Tosh, C. (2005, June). *Looking good, teaching well? Linking liking, looks, & learning*. Poster presented at the meeting of the American Psychological Society, Los Angeles, CA.
- †Bloch, H., & Gurung, R. A. R. (2005, June). *Mood and perception: Do others look better when you are aroused?* Poster presented at the meeting of the American Psychological Society, Los Angeles, CA.
- †Miller, M. J., & Gurung, R. A. R. (2005, June). *Athletic coachability*. Poster presented at the meeting of the American Psychological Society, Los Angeles, CA.

**2004**

- Gurung, R. A. R., †Heim, T., & †Mier, R. (2004, June). *Show more, look better? Revealing clothes, body size, and impression formation*. Poster presented at the meeting of the American Psychological Society, Chicago, IL.
- Gurung, R. A. R., †West, J., & †Siegler, B. L. (2004, June). *Skin and perception: Are beauty pageants sexist?* Poster presented at the meeting of the American Psychological Society, Chicago, IL.
- Gurung, R. A. R., †Teske, D., & †Basteniello, J. (2004, June). *Does this shirt make me look big... enough?*

*Looking at male body image.* Poster presented at the meeting of the American Psychological Society, Chicago, IL.

Gurung, R. A. R., †Rose, H. S., & †Peterson, J. A. (2004, June). *How do students really study (and does it matter)?* Poster presented at the meeting of the American Psychological Society, Chicago, IL.

†Lange, K. & Gurung, R. A. R. (2004, June). *Do relationships with fathers influence daughters' relationships and sexuality?* Poster presented at the meeting of the American Psychological Society, Chicago, IL.

## 2003

Gurung, R. A. R. (2003, August). *Just bells and whistles? Assessing pedagogical aids.* Poster presented at the meeting of the American Psychological Association, Toronto, Canada.

Gurung, R. A. R. (2003, August). *Assessing flux in ethnic identity development.* Poster presented at the meeting of the American Psychological Association, Toronto, Canada.

Gurung, R. A. R., †Stowe, A., & †Hundt, A. (2003, August). *When looking good can be bad: Impressions of tight revealing clothes.* Poster presented at the meeting of the American Psychological Association, Toronto, Canada.

Gurung, R. A. R., & †Hundt, A. (2003, August). *Workout outfits and impression formation.* Poster presented at the meeting of the American Psychological Association, Toronto, Canada.

Gurung, R. A. R., †Goetzinger, L. M., †Siegler, B., & †Braithwaite, B. (2003, August). *There's no good or bad if ugly: Can we change physique anxiety?* Poster presented at the meeting of the American Psychological Association, Toronto, Canada.

†Williamson, L., & Gurung, R. A. R. (2003, August). *Beyond the pages of magazines: Body dissatisfaction, image, and mood.* Poster presented at the meeting of the American Psychological Association, Toronto, Canada.

†Alley, C., & Gurung, R. A. R. (2003, May). *The role of sports in building self esteem.* Poster presented at the meeting of the American Psychological Society, Atlanta, GA.

Gurung, R. A. R. (2003, May). *Review sessions: Good, bad, and clumsy.* Paper presented at the meeting of the American Psychological Society, Atlanta, GA.

†Carnelly, K., †Rusch, J., & Gurung, R. A. R. (2003, February). *Attachment and complexity of partner model.* Paper presented at the meeting of the Society for Personality and Social Psychology, Los Angeles, CA.

## 2002

†Goetzinger, L., Gurung, R. A. R., †Otto, J., †Stowe, A., & †Williamson, L. (2002, August). *Manipulating social physique anxiety: Clothing and feedback.* Poster presented at the meeting of the American Psychological Association, Chicago, IL.

Gurung, R. A. R., †Zellner, J., †Williamson, L., & †Goetzinger, L. (2002, August). *Looking so good it hurts: Predictors and consequences of rating attractiveness.* Poster presented at the meeting of the American Psychological Association, Chicago, IL.

Gurung, R. A. R., †Suchomel, N., †Stowe, A., †Otto, J., & †Goetzinger, L. (2002, August). *Physique anxiety, social perception, and mood: A focus on men.* Poster presented at the meeting of the American Psychological Association, Chicago, IL.

Gurung, R. A. R., †Wavrunek, K., & †Williamson, L. (2002, August). *Comparing the effects of different media on children's body image.* Poster presented at the meeting of the American Psychological Association, Chicago, IL.

Gurung, R. A. R. (2002, June). *Sleeping students don't talk (or learn): Enhancing active learning via class participation.* Poster presented at the meeting of the American Psychological Society, New Orleans, LA.

Gurung, R. A. R. (2002, June). *Do students who use pedagogical aids perform better on exams?* Poster presented at the meeting of the American Psychological Society, New Orleans, LA.

## 2001

- †Brown, J. L., & Gurung, R. A. R. (2001, June). *Neither objectification nor sex attenuate the attractiveness of large busts*. Poster presented at the meeting of the American Psychological Society, Toronto, Canada.
- †Brzozowski, B. T., & Gurung, R. A. R. (2001, June). *Exercise predicts depression, satisfaction and efficiency in college*. Poster presented at the meeting of the American Psychological Society, Toronto, Canada.
- Gurung, R. A. R. (2001, June). *Tuning into psychology*. Paper presented at the meeting of the American Psychological Society, Toronto, Canada.
- Gurung, R. A. R., Lorenz, D., Bartels, D., & †Krenzke, E. (2001, June). *The ask for help task: Measuring support seeking*. Poster presented at the meeting of the American Psychological Society, Toronto, Canada.
- Gurung, R. A. R. (2001, June). *Improving class discussion: CCC cards and structured roles*. Paper presented at the meeting of the American Psychological Society, Toronto, Canada.
- †Haag, P., †Brosig, C., Gurung, R. A. R., †Triest-Robertson, S., †Whitfield, & †Pfutzenreuter, M. (2001, March). *Do (mis)beliefs about pain influence addiction beliefs?* Poster presented at the meeting of the Society for Behavioral Medicine, Seattle, WA.
- †Triest-Robertson, S., Gurung, R. A. R., †Brosig, C., Whitfield, & †Pfutzenreuter, M. (2001, March). *Assessing satisfaction with hospital pain management*. Poster presented at the meeting of the Society for Behavioral Medicine, Seattle, WA.

## 2000

- †Frederiksen, J. J., & Gurung, R. A. R. (2000, May). *Are the religious more satisfied in romantic relationships?* Paper presented at the University of Wisconsin-System Symposium for Undergraduate Research, La Crosse, WI.
- Gurung, R. A. R. (2000, June). *Taking psychology into the trenches: Active learning and group activities*. Paper presented at the meeting of the American Psychological Society, Miami, FL.
- †Hayes, B. B., Hardt, B., & Gurung, R. A. R. (2000, August). *Overcoming barriers to a better You: Barriers and exercise adherence*. Paper presented at the meeting of the American Psychological Association, Washington, DC.
- †Herminath, S., & Gurung, R. A. R. (2000, May). *Predictors of relationship satisfaction*. Poster presented at the University of Wisconsin-System Symposium for Undergraduate Research, La Crosse, WI.
- †Herminath, S., Steiner, N., & Gurung, R. A. R. (2000, August). *Expanding self expansion: Social support, relationship satisfaction and gender*. Poster presented at the meeting of the American Psychological Association, Washington, DC.
- †Steiner, N., & Gurung, R. A. R. (2000, May). *Gender as a predictive measure of relationship satisfaction: How gender influences the link between significant-other concepts and satisfaction*. Paper presented at the University of Wisconsin-System Symposium for Undergraduate Research, La Crosse, WI.
- †Steiner, N., †Herminath, S., & Gurung, R. A. R. (2000, August). *Predicting support and satisfaction: Specific measures or attachment styles?* Poster presented at the meeting of the American Psychological Association, Washington, DC.

## 1997-1998

- Gurung, R. A. R., & Mehta, V. (1998, August). *Minority health care providers: A focus on identity, acculturation and beliefs in second generation Indian Americans*. Paper presented at the meeting of the American Psychological Association, San Francisco, CA.
- Gurung, R. A. R., Dunkel-Schetter, C., Collins, N., & Hobel, C. (1998, August). *Social support and adjustment during pregnancy*. Paper presented at the meeting of the American Psychological Association, San Francisco, CA.
- Gurung, R. A. R. (1998, June). *We're all in it together: Cognitive concomitants of self-expansion*. Paper presented at the meeting of the International Society for the Study of Personal Relationships, Saratoga Springs, NY.

- Gurung, R. A. R. (1997, August). *Demonstrating the matching hypothesis*. Paper presented at the meeting of the American Psychological Association, Chicago, IL.
- Mehta, V. K., & Gurung, R. A. R. (1997, March). *Ethnic identity, acculturation and beliefs: A focus on Indian American medical providers*. Paper presented at the meeting of the American Association Health Providers, Boston, MA.

### 1992-1996

- Gurung, R. A. R., Sarason, B. R., Sarason, I. G., & Sanghvi, H. (1996, August). *Coping with the transition to college: Psychological factors influencing adjustment*. Paper presented at the meeting of the American Psychological Association, Toronto, Canada.
- Gurung, R. A. R., Ullrich, P., Sarason, B. R., & Sarason, I. G. (1996, July). *Measuring significant other-concepts: Spontaneous verbal descriptions*. Paper presented at the meeting of the International Society for the Study of Personal Relationships, Banff, Canada.
- Sanghvi, H., Sarason, I. G., Gurung, R. A. R. (1996, June). *Cognitive interference in social situations: validation of the Social Interference Questionnaire*. Paper presented at the meeting of the International Network of Personal Relationships, Seattle, WA.
- Sanghvi, H., Sarason, I. G., Gurung, R. A. R., & Rook, K. S. (1996, August). *Cognitive interference in social situations: How do interfering thoughts affect social adjustment*. Paper presented at the meeting of the American Psychological Association, Toronto, Canada.
- Gurung, R. A. R., Sarason, B. R., & Sarason, I. G. (1995, August). *Other-concepts: Mental representations of romantic partners and relationship quality*. Paper presented at the meeting of the American Psychological Association, New York, NY.
- Gurung, R. A. R., Sarason, B. R., & Sarason, I. G. (1995, August). *Support under pressure: Effects of support provision on state self-esteem*. Paper presented at the meeting of the American Psychological Association, New York, NY.
- Brock, D. M., Gurung, R. A. R., & Sarason, B. R. (1995, August). *Interactions with dating partners versus strangers: Differences in observed behavior*. Paper presented at the meeting of the American Psychological Association, New York, NY.
- Gurung, R. A. R., Sarason, B. R., & Sarason, I. G. (1994, August). *Observing conflict and support: Global vs. behavioral-specific approaches*. Paper presented at the meeting of the American Psychological Association, Los Angeles, CA.
- Ulrich, P., Gurung, R. A. R., & Sarason, B. R. (1994, August). *Expressions of self-other overlap among dating couples*. Paper presented at the meeting of the American Psychological Association, Los Angeles, CA.
- Gurung, R. A. R., Sarason, B. R., & Sarason, I. G. (1993, August). *Factors influencing perceptions of support in romantic relationships*. Paper presented at the meeting of the American Psychological Association, Toronto, Canada.
- Gurung, R. A. R., Sarason, B. R., Keeker, K. D., & Sarason, I. G. (1992, August). *Family environments, specific relationships and general perceptions of adjustment*. Paper presented at the meeting of the American Psychological Association, Washington, DC.

### GRANTS

- Becker-Blease, K. A. & Gurung, R. A. R. (PIs). (2017). NSF-IUSE. Combining Cognitive and Non-Cognitive Interventions To Teach Essential, Transferrable STEM Skills at Scale. \$553,552 (UWGB subaward \$108,660. Not Funded).
- Ansburg, P., Gurung, R. A. R., Landrum, R. E., & Mortensen, C. R. (PIs). (2017). NSF. Ethical Psychological Science: Cultivating Research Ethics in Undergraduate Psychology Students. \$389,000.00 (UWGB subaward \$117,456.00. Not funded).
- Association for Psychological Science Fund for Teaching (2016, \$15,000).

APS Fund for Teaching and Public Understanding of Psychological Science (2016, \$3,000).  
 Pearson Higher Education (2015-2016, \$5,500).  
 NOBA Project (2014-2015, \$12,500).  
 McGraw-Hill Higher Education research grant (2010-2012, \$80,000).  
 UW-Green Bay Instructional Development Council SoTL grant (2009).  
 UW System OPID grant: Lesson Study Leadership 09-10  
 UW System OPID grant: Lesson Study Leadership 08-09  
 UW System OPID grant: Optimizing First Year Seminars (08, Ritch, co- P.I.)  
 UW System OPID grant: Signature Pedagogies across the disciplines (2007, Haynie and Chick co-P.I.)  
 UW System OPID grant for Enhancing the first year experience (2007, Furlong co-P.I.)  
 UW System OPID grant for Lesson Study on Information Literacy (2007, Dettman co-P.I.)  
 UW System Race and Ethnicity grant: Studying ethnic identity change (2007)  
 Appleton School District Grant *Educating healthy kids project* (2005-2007)  
 APA Board of Educational Affairs Conference Development Grant *National standards of high school psychology summer institute* (2007)  
 UW System Lesson Study Grant (2007) *Interdisciplinary lesson study replication*  
 APA Board of Educational Affairs Conference Development Grant (2006) *Enhancing the teaching of psychology conference*  
 UW System Lesson Study Grant (2006) *Interdisciplinary Lesson Study*  
 Grant-In-Aid-of-Research (Fall, 2006) *Coping with stress in college*  
 McGraw-Hill Higher Education Research Grant (2006) *A National Study of Teaching and Learning* Pearson  
 Education Research Grant (2006) *Comparing Introductory Psychology Textbooks*  
 Thompson Learning Research Grant (2006) *Teaching Social Psychology*  
 Grant-In-Aid-of-Research (Spring, 2006) *Body image and the media*  
 Grant-In-Aid-of-Research (Fall, 2006) *Assessing textbooks*  
 Grant-In-Aid-of-Research (Fall, 2005) *Coping with stress in college*  
 Grant for Integrating Research and Teaching (Spring, 2004) *Studying Impression Formation*  
 Grant-In-Aid-of-Research (Fall, 2004) *Sex differences and the stress response*  
 Wisconsin Tobacco Control Board Grant (2003) *Evaluating the Oshkosh 'You Know What You Want' Intervention*  
 Grant-In-Aid-of-Research (Fall, 2003) *Sex differences and the stress response*  
 OPID Grant for Interdisciplinary Monograph on SoTL (co-PI, 2003)  
 UTIC/OPID Consortium Development Grants (1999, 2000, 2001, 2002) *Enhancing the Teaching of Psychology Conference*  
 UWGB Faculty Development Grants (1999, 2000, 2001, 2002, 2004, 2006)  
 Grant for Integrating Research-Teaching (2001; 2002) *Relationships & Social Perception*  
 National Institute of Health (NIH) award to attend Pittsburgh Mind Body Center's Summer Institute (July, 2000) *Basic Pathways Linking Behavior and Disease*  
 Grants for Integrating Research and Teaching (Spring, 2000) *Phys. correlates of smoking cessation*  
 Grants-In-Aid-of-Research (2001) *Paternal Attachment* (2000) *Self-Perception*; (1999) *UWGBodies*  
 UW System Faculty Reading Seminar on Race and Diversity Grant (1999)  
 Phi Kappa Phi, Sigma Xi, HealthEmotions Institute Research Travel Award (1999)  
 National Institute of Mental Health (NIMH) Postdoctoral Fellowship (1997-1999)  
 American Psychological Association Student Travel Award (1994)  
 University of Washington, Office of Education Assessment Grant (1994) *Studying Transitions*.  
 Sigma Xi Grant (1992) *Parental Relationships, Social Support and Adjustment to College*

## COURSES

Psych 100: Introductory Psychology (University of Wisconsin-Green Bay)  
 Psych 198: Gods, Ghosts and Goblins: Understanding Belief (University of Wisconsin-Green-Bay)  
 Psych 300: Research Methods (University of Wisconsin-Green Bay, University of California-Los Angeles)  
 Psych 300: Lab in Research Methods (University of Wisconsin-Green Bay)  
 Psych 450: Health Psychology (University of Wisconsin-Green Bay, California State Long Beach)  
 Hum Dev 346: Culture, Development, & Health (University of Wisconsin-Green Bay)

## **PROFESSIONAL ACTIVITIES**

### **Academic Leadership Positions**

#### **National**

Chair, Successions Committee, Psi Chi International Honor Society (2018-20)  
 Member, Board of Directors, Psi Chi International Honor Society (2018-20)  
 Board Member, Committee on Associate and Baccalaureate Education, American Psychological Association (2015-17)  
 Member, Steering Committee, Summit on High School Psychology, American Psychological Association (2015-17)  
 Chair, Working Group, BEA Strengthening Introductory Psychology, American Psychological Association (2013)  
 Vice President Midwest Region, Psi Chi International Honor Society (2012-16)  
 Member, Board of Directors, Psi Chi International Honor Society (2012-16)  
 President, Div. 2: Society for Teaching of Psychology, American Psychological Association (2011)  
 Member, Leadership Nomination Committee, International Society of the Scholarship of Teaching and Learning (2010)  
 Co-organizer, Teaching Preconference, Society for Personality and Social Psychology (2009 and 2010)  
 Member, National Leadership Conference Planning Committee, Psi Chi National Honor Society (2007-09)  
 Member, Faculty Advisor Panel, Psi Chi National Honor Society (2007-08)  
 Chair, National Standards for High School Psychology Working Group, American Psychological Association (2007)  
 Chair, Subcommittee on Ethics in Research, International Society for the Scholarship of Teaching and Learning (2007)  
 Chair, Educational and Training Council, Div. 38: Health Psychology, American Psychological Association (2006-12)  
 Attendee, BEA Educational Leadership Conference, American Psychological Association (2005, 2007)  
 Organizer, Teaching Preconference, Society for Personality and Social Psychology (2005, 2006, 2007)  
 Table Leader, Educational Testing Service (ETS) Advance Placement Exam (2005)  
 Program Chair, Div. 2 Society for the Teaching of Psychology, American Psychological Association (2001-04)  
 Chair, Web Committee, International Society for the Study of Personal Relationships (2000-01)  
 Co-Chair, Web Committee, Div. 38: Health Psychology, American Psychological Association (1999-2000)  
 Associate Program Chair, Div. 2: Society for the Teaching of Psychology, American Psychological Association (1998-2000)  
 Assistant Coordinator, Meeting of the International Network of Personal Relationships (1996)

#### **State**

Member, Executive Committee, Office of Professional & Instructional Development, University of Wisconsin System (2012-15)

## **University**

Co-Director, Center for Applied Research, University of Wisconsin-Green Bay (2018-present)  
 Chair, Recruitment panel for Consortium for Applied Research (2018)  
 Director, Hub for Intro Psych & Pedagogical Research (HIPPR), on-line (2017-present)  
 Chair, Committee of Six Full Professors, University of Wisconsin-Green Bay (2012-15)  
 Faculty Consultant, Center for Advancement of Teaching & Learning, University of Wisconsin-Green Bay (2012-13)  
 President, Phi Kappa Phi Honor Society University of Wisconsin-Green Bay (2009)  
 Member, Phi Kappa Phi National Honor Society UWGB Chapter (2006-2008)  
 Campus Lesson Study Leader, University of Wisconsin-Green Bay (2008-11)  
 Chair, Department of Human Development, University of Wisconsin-Green Bay (2007-10)  
 Co-Chair, Freshman Seminar Committee (2007-2009)  
 Co-Director, UWGB Teaching Scholars, University of Wisconsin-Green Bay (2005-11)  
 Chair, Personnel/Professional development working group for accreditation (2005-2007)  
 Associate Dean, Liberal Arts & Sciences, University of Wisconsin-Green Bay (2005-07)  
 Co-Director, Teaching Scholars Program (2004-2007)  
 Chair, Department of Psychology, University of Wisconsin-Green Bay (2003-05)  
 Chair, Instructional Development Council (2003-2004)

## **Committee Membership and Service**

### **National**

Member, Council of Representatives, American Psychological Association (2018-20)  
 SoTL Coordinator, Div. 2: Society for Teaching of Psychology, American Psychological Association (2016-17)  
 Committee on Associate and Bachelorette Education (CABE), APA (2015-2017).  
 APA BEA Working group on Assessing Introductory Psychology (2014-2015).  
 APA Div 1 and 2 Joint Taskforce on the content of Introductory Psychology (2014-2015).  
 External Relations Committee, Psi Chi International Honor Society (2012-2013).  
 Research Grants Committee, Psi Chi International Honor Society (2012-2013).  
 STP Liason, Psi Chi International Honor Society (2012-2013)  
 ETS Advance Placement (AP) Faculty Colloquium Committee (2010)  
 Task force on Media Products (APA Div. 2, 2010)  
 American Psychological Association (APA) Board of Educational Affairs College Faculty Representative to the  
 APA Teachers of Psychology in Secondary Schools (TOPSS, 2006-09)  
 Division of South Asian Americans (DoSAA) Task Force (2006-07)  
 Psi Chi National Honor Society Reviewer (2007)  
 Office of Teaching and Resources in Psychology (OTRP) Project Lecture (2007-present)  
 Task force on Grants (APA Div. 2, 2007-08)  
 Working Group to Review BEA Psychology Curriculum Guidelines (APA Div. 2, 2006-07)  
 Steering Committee Teaching Introductory Psychology in the 21<sup>st</sup> Century: Content, activities and technology,  
 e-workshop, January 25<sup>th</sup>, 2008 (APA Div. 2, 2007)  
 Task force on Scholarship of Teaching and Learning (APA Div. 2, 2006-07)  
 Task force on Podcasting (APA Div. 2, 2006-07)  
 Task force on Diversity in Teaching (Society for the Teaching of Psychology APA Div. 2, 2006-07)  
 Steering committee, Reaching Out: Best Practices in Teaching Diversity and International Perspectives Across  
 the Psychology Curriculum (Atlanta, GA. 2006)  
 Educational and Training Committee, Health Psychology (Div. 38, 2000-2006)



Web Committee (Health Psychology, APA Div. 38, 2004 -present)  
 Educational Testing Service (ETS) Advance Placement Faculty Consultant (2002-2004)  
 Task force on Enhancing the College Experience-Helping Students Thrive (APA Div. 2/35, 2001-2002)  
 Task force on Alliances in the Regions (APA Div. 2, 2000-2001)  
 Faculty Mentor for Society for Personality and Social Psychology (SPSP, 2004-present)  
 Faculty Mentor (Health Psychology, APA Div. 38, 2002-present)

### **State**

OPID Presidential Summit Reviewer for Lesson Study and Inclusive excellence sessions (2010)  
 Chair, Search Committee, OPID Interim Director (2008)  
 Carnegie Cluster Leadership Committee, UW System (2006-present)  
 UWGB representative to the UW System OPID executive council (2004-2016)  
 Organizer, Enhancing the Teaching of Psychology Regional Conferences (2000, 2001, 2002, 2003, 2004, 2006)  
 UWGB representative to the Carnegie Leadership Site Advisory Council, Milwaukee, WI (2006-2008)  
 UW System Institute of Race and Ethnicity (IRE) Advisory Council (2007-2010)  
 UW System Institute of Race and Ethnicity (IRE) UWGB Syllabi Coordinator (2007-2008)  
 Executive Committee, UW System Office of Professional and Instructional Development (2002-2015)  
 Director, Enhancing the Teaching of Psychology Conference, Wisconsin (1999-2014)

### **University**

Search and Screen Committee, Human Development (2017-2018: hired Dr. Alan Chou)  
 Search and Screen Committee, Human Development (2016-2017: hired Dr. Jana Fogaca)  
 Search and Screen Committee, Associate Vice Provost for Professional Development, Grants, and Graduate Studies (2015)  
 Search and Screen Committee, Assistant Professor, Human Development (2015-2016)  
 Advising Task Force (2015-16)  
 Accreditation Working Group 3: Teaching and Learning (2015)  
 University Planning and Innovation Committee (2014-2016)  
 Institutional Review Board (2014-present)  
 Committee of Six Full Professors (2013-present)  
 Scholarship Officer, Phi Kappa Phi (2010-2011)  
 Public Relations Officer, Phi Kappa Phi (2008-2010)  
 Freshman Seminar Task Force (2007-2009)  
 Associate Dean Search and Screen Committee (2007)  
 Sustainability Committee (2006-2009)  
 Higher Learning Commission Self-Study Steering Committee (2005-2007)  
 General Education Committee (GEC, 2005-2007).  
 Campus Web Committee (2005-2007)  
 Search and Screen Committee, Human Development (2005-2006: hired Dr. K. Burns)  
 Equity Scorecard Evidence Team (2005-2006)  
 Planning Committee for the Bachelors of Applied Studies Degree (2005-2006)  
 Human Development Task Force on Learning Outcomes (2005-2006)  
 University Committee (2004-2005)  
 Search and Screen Committee, Human Development (2004-2005: failed to replace Dr. R. Logan)  
 Search and Screen Committee, Human Development (2004-2005: hired Dr. R. Martin)  
 Search and Screen Committee, Interim Dean of Liberal Arts and Sciences (2004: hired Dr. F. Hughes)  
 Search and Screen Committee, International Student Coordinator (2004: hired Brent Blahnik)  
 Task Force for Writing First-Contact Grants (2003-2004)  
 Task Force for FOCUS planning (2003-2004)

Office of Residential Life Assessment Committee (2003-2004)  
 Search and Screen Committee, Human Development (2003-2004: failed to replace Dr. R. Logan)  
 Search and Screen Committee, Human Development/ICS (2003-2004: failed to replace Dr. Matter).  
 International Advisory Committee (2002-2004)  
 Search and Screen Committee, Dean of Liberal Arts and Sciences (2002: hired Dr. C. Blackshire-Belay)  
 Dining Hall RFP Committee (2002)  
 Faculty Development Council/Instructional Development Committee (2001-09)  
 Center for Biodiversity Advisory Committee (2001- 04)  
 Academic Affairs Committee (2001-02)  
 Search and Screen Committee, Human Development (2001-02: hired Dr. K. Vespia)  
 Awards and Recognition Committee (2001)  
 Chancellor's Search and Screen Committee (2001: hired Dr. B. Shepard)  
 Search and Screen Committee, Human Development (2000-01: hired Dr. D. Bartell)  
 Learning Initiative: Active and Integrated Learning Sub-Committee (2000)  
 Search and Screen Committee, Human Development (1999-2000: hired Dr. D. Von Dras)  
 Search and Screen Committee, Program Manager for the Office of International Educational (1999)

### **General University Service**

Faculty Co-Mentor for Dr. Sawa Senzaki (2013-present)  
 Faculty Co-Mentor for Dr. Jenell Holstead (2012-present)  
 Faculty Mentor for Dr. Kate Burns (2006-present)  
 Guest presenter in B. Sutton's non-fiction writing class and during writing workshop (2006-2007)  
 Faculty Mentor for Dr. Ryan Martin (2005-present)  
 Guest lecturer in S. Herzog's health psychology class (2005-07)  
 Faculty advisor for Individualized Major (2005-07)  
 Faculty advisor for Psi Eta Sigma (2005-07)  
 Faculty advisor for FOCUS Registration (2003-14)  
 Faculty advisor for Psi Chi (2003-14)  
 FOCUS Orientation advisor (Intro. To College, 2003-07)  
 Faculty advisor for HUD/Psychology Club (2003-05)  
 Web Administrator for Psychology Department Web Page (2003-05)  
 Institute on Race and Ethnicity Book Discussion Group (2000, 2003)

### **PROFESSIONAL AFFILIATIONS**

American Psychological Association (APA)

- Div. 2: Teaching of Psychology
- Div. 38: Health Psych
- Div. 45: Ethnic and Cultural Diversity

Association for Psychological Science (APS)

International Society for the Scholarship of Teaching and Learning (ISSoTL)

### **AD HOC REVIEWER**

*Anxiety, Stress and Coping*

*Australian Journal of Psychology*

*Education Research Review*

*Health Psychology*

*Journal of Applied Cognition*

*Journal for Experimental Psychology*

*Journal of Higher Education*

*Journal of Personality and Social Psychology*

*Journal of Social and Personal Relationships*

*Learning and Individual Differences*

*Personal Relationships*

*Psychosomatic Medicine*

*Psychology of Learning and Teaching*

*Psychology of Men and Masculinity*

*Scholarship of Teaching and Learning in Psychology*

*Social Science and Medicine*

*Sex Roles*

*Teaching of Psychology*

*Society for Teaching of Psychology Conference & Health Psychology Conference Program*

*Psi Chi Guilford Award*

*Health Psychology Course \_SIM University, Singapore*

## COMMUNITY INVOLVEMENT

### COMMUNITY LEADERSHIP

Co-Chair, Board of Directors, LIVE54218 (2017-2018)  
 Member, Executive Committee, Foundations Health and Wholeness (2017-2018)  
 Member, Board of Directors, Foundations Health and Wholeness (2014-present)  
 Member, Board of Directors, LIVE54218 (2013-present)  
 President, Bay Area Community Council (2010)  
 Member, Board of Directors, Howe Family Resource Center (2009-11)  
 President-Elect, Bay Area Community Council (2009)  
 Member, Board of Directors, Bay Area Community Council (2006-15)  
 Member, Brown County Leadership Council, American Cancer Society (2004-06)  
 Member, Wellness Committee, Greater Green Bay Chamber of Commerce (2003-05)  
 Member, Board of Directors, Brown County Tobacco Free Coalition (2000-10)  
 Member, Green Bay Pain and Comfort Team, (PACT, St. Vincent's Hospital) (2000-05)

### COMMUNITY PRESENTATIONS

*The college of arts, humanities, and social sciences.* College Draft Day, Lambeau Field, Green Bay, WI (2018, April)  
*Some truths about screen time.* Presentation at Red Smith school. Green Bay, WI (2018, April)  
*Screen time.* Presentation to Phuture Phoenix 8th graders. Green Bay, WI (2018, April)  
*Spirituality and belief.* American Foundation for Counseling Services, Green Bay, WI (2016, May).  
*Managing stress and your time: Tips for the academic life.* UW-Green Bay, WI (2014, October)  
*Doing it all (and living to tell the tale): The science of stress and tips to beat it.* Presentation at Professional Development Day, UW-Green Bay, WI (2013, September)  
*Doing it all (and living to tell the tale): The science of stress and tips to beat it.* Presentation to Current Professionals Series, Green Bay Area Chamber, Green Bay, WI (2013, May)  
*Stress Management on and off the field.* NFL Rookie Player Management Series, Lambeau Field, Green Bay, WI (2011, October)  
*The Kids Count LIVE 54218 Program.* Childhood Obesity Conference, Green Bay, WI (2011, September)  
*Alcohol: Green Bay's Problem.* Panel presentation for the Bay Area Community Council, LIT program, Green Bay, WI (2009, February).  
*Coping tips for leaders: Balancing challenges and keeping sane.* TOPSS address at the Teen Leadership Green Bay Conference, De Pere, WI (2007, April)  
*Eat well, exercise more, and score (Academically).* Ferber Elementary Health Fair, Appleton, WI (2006, February)  
*Healthy bodies, smarter minds: Enhancing learning through nutrition and physical activity.* Association of Wisconsin School Administrator's (AWSA) Elementary Educators Conference, Middleton, WI (2005, February)  
*Non-medical approaches to pain management.* St. Vincent's Hospital Pain Awareness Program, Green Bay, WI (2004, October)  
*Non-medical approaches to pain management.* St. Mary's Hospital Pain Awareness Program, Green Bay, WI (2004, September)  
*The psychology behind exercising.* Y.M.C.A., Howard, WI (2004, September)  
*Healthy bodies, smarter minds: Enhancing learning through nutrition and physical activity.* Keynote address at Education for Healthy Kids Summer Institute, Appleton, WI (2004, August)  
*Why do we eat what we eat: Factors influencing food choice.* Education for Healthy Kids Summer Institute, Appleton, WI (2004, August)

- The role of smoking in health and education.* Education for Healthy Kids Summer Institute, Appleton, WI (2004, August)
- Show me the Data: Being Good Consumers of Research.* St. Vincent's Hospital Nurses Training Program, Green Bay, WI (2002, November)
- What is worksite wellness, and what works?* Worksite Wellness Summit, Green Bay, WI (2002, August)
- Stronger minds, stronger bodies: Using health psychology to survive the winter.* Public Pain Forum, Green Bay, WI (2002, April)
- East works with west: Melding the western biomedical model with eastern approaches.* Complementary Healthcare Meeting, Green Bay, WI (2002, April)
- Wisconsin ways: Enhancing patient-practitioner interaction in the community.* Invited address, Aurora Bay Care Medical Center, Green Bay, WI (2002, February)
- The mind-body connection: Psychology and health.* St. Vincent Nurse Training Program, Green Bay, WI (2001, September)
- Predicting emotions from cognitions.* California State University, Long Beach, CA (1997, November)

## COMMUNITY MEDIA CONTRIBUTIONS

### Print Media

- ["When clothing rules oppress."](#) Green Bay Press Gazette, June 17th, 2018.
- ["Are you ready to grow Green Bay?"](#) Green Bay Press Gazette, April 6th, 2018.
- ["Where's the turkey, Chuck?: Family, culture, psychology shape ideal Thanksgiving meal"](#). Green Bay Press Gazette, November 21st, 2017.
- ["Get Psyched: How Psychological Science Can Change your Life."](#) Green Bay Press Gazette, October 3rd, 2017.
- ["Should you Pay Students to Study?"](#) Green Bay Press Gazette, December 8th, 2016.
- ["Reading Emotions: Go Beyond Your Gut."](#) Green Bay Press Gazette, August 8th, 2016.
- ["Finding Scapegoats in Education."](#) Green Bay Press Gazette, June 10th, 2016.
- ["Penny For Your Thoughts: Mindwandering."](#) Green Bay Press Gazette, May 14th, 2016.
- ["Good Study Habits: Learn, Don't Just Perform."](#) Green Bay Press Gazette, September 16th, 2015.
- ["Celebrate Our Freedoms, But Don't Forget About Respect."](#) Green Bay Press Gazette, July 2nd, 2015.
- ["Keep 'Devastating' Packers Loss In Perspective."](#) Green Bay Press Gazette, January, 21st, 2015.
- ["Plan Your Crazy: Tips for the New School Year."](#) Green Bay Press Gazette, September 3rd, 2014.
- ["Unplug to Get More Out of Your Summer."](#) Green Bay Press Gazette, August, 6th, 2014.

### Radio

- ["How to use procrastination to our benefit."](#) June 11th, 2018. [Listen.](#)
- ["Why we love to cancel plans?"](#) Wisconsin Public Radio, May 8th, 2018. [Listen.](#)
- ["How do we Cope with the bad actions of those we admired?"](#) Wisconsin Public Radio, November 22nd, 2017. [Listen.](#)
- ["Loneliness as a Public Health Hazard."](#) Wisconsin Public Radio, August 30th, 2017.
- ["The More you Lie the Easier it Gets."](#) Wisconsin Public Radio, April 17th, 2017.
- ["Why Fitness Trackers Might Not Make You Healthier."](#) Wisconsin Public Radio, March 20th, 2017.
- ["Paying Children to Eat Their Vegetables."](#) Wisconsin Public Radio, December, 6th, 2016.
- ["Why We Love Celebrity Memoirs."](#) Wisconsin Public Radio, September, 29th, 2016.
- ["Do Political Posts on Social Media Change Anyone's Minds?"](#) Wisconsin Public Radio, August, 31st, 2016. [Transcript.](#)

[“The Psychology of Empathy.”](#) Wisconsin Public Radio, July, 26th, 2016. [Transcript.](#)

## Television

“More Work for Faculty.: NBC 26. January, 30th, 2016.

“Dealing with the Packers’ Loss”- NBC 26. November, 27th, 2015.

## Podcasts

[“Conversation #71: Regan Gurung and the Scholarship of Teaching and Learning“.](#) September 11th, 2018.

Xavier University CATL.

[“Psychology and pop culture.”](#) May 2018. (Live with UW \_Green Bay Carr, Fogaca, Martin, & Wilson-Doeges).

[“Racism and health \(with Dr. Regan A. R. Gurung\).”](#)

March 28th, 2018.

[“Regan A.R. Gurung | Know Yourself; Change Your Behavior.”](#)

January 16th, 2018.

[“Psych Sessions: Intro Psych Expert, National Leader, and More.”](#) PsychSessions. December 26th, 2017.

[“Health Psychology with Dr. Regan A. R. Gurung.”](#)

The Psych Report. March 1st, 2017.

[“Teachers as Superheroes”](#) Conversations with Gurung.

Xavier University of Louisiana Podcast. August, 23rd, 2016.

[“Psych and Stuff: The Stanford Prison Experiment.”](#)

The Psych Report. March 24th, 2016.

Scholarship Reviewer. Northwest Technical College (2018).