

REGAN A. R. GURUNG

Spring 2018

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ACADEMIC POSITIONS

Ben J. & Joyce Rosenberg Professorship	University of Wisconsin-Green Bay (2010-present)
Visiting Professor	University of Auckland, New Zealand (2011-12)
Professor	Human Development and Psychology (2008-present)
Associate Professor	Human Development and Psychology (2003-2008)
Assistant Professor	Human Development and Psychology (1999-2003)

LEADERSHIP POSITIONS

Council of Representatives	American Psychological Association (2018-2020)
Co-Chair	LIVE54218 Board (2017-2018)
Director	Hub for Intro Psych & Pedagogical Research (HIPPR)
Co-Director	Center for Applied Research (CAR, UW-Green Bay)
Board	Comm. on Assoc. and Bacc. Educ. (APA, 2015-2017)
Steering Committee	APA Summit on High School Psychology (2015-2017)
SoTL Coordinator	Society for Teaching of Psychology (2016-2017)
Board of Directors	American Foundation of Counseling Serv. (2014-present)
Board of Directors	LIVE54218 (2013-present)
Vice President Midwest Region	Psi Chi International Honor Society (2012-2016)
Chair, Committee of Six Full Professors	Univ. of Wisconsin-Green Bay (2012-2015)
Board of Directors	Bay Area Community Council (2006-2015)
Executive Committee	Office of Professional & Instructional Dev. (2012-2015)
Chair, Working Group	APA BEA Strengthening Introductory Psychology (2013)
President	Society for Teaching of Psychology (APA Div. 2, 2011)
President	Bay Area Community Council (BACC, 2011)
President	Phi Kappa Phi Honor Society UW-Green Bay (2009)
Chair of Department	Human Development (2007-2010)
Associate Dean	Liberal Arts & Sciences (2005-2007)
Chair of Department	Psychology (2003-2005)
Campus Lesson Study Leader	UW Green Bay (2008-2011)
Co-Director	UWGB Teaching Scholars (2005-2011)
Faculty Consultant	Center for Advancement of Teach. & Learning ('12-'13)

EDUCATION

NIMH Postdoctoral Research Fellow	University of California, Los Angeles (1996-1999)
Ph.D., Social/Personality Psychology	University of Washington, Seattle, WA (1996)
M. S., Social/Personality Psychology	University of Washington, Seattle, WA (1993)
B. A., Psychology (Distinction in major)	Carleton College, Northfield, MN (1991)

AWARDS AND HONORS

Sabbatical (2018-2019)
 American Psych. Foundation Charles L. Brewer Distinguished Teaching of Psychology Award (2017)
 Commencement Speaker-University of Wisconsin-Green Bay (2017)
 Distinguished Achievement Award-Carleton College Alumni Association (2016)
 Finalist, Student Nominated Teaching Award, UW-Green Bay (2016, 2017, 2018)
 Fellow, Midwestern Psychological Association (MPA, 2012)
 Society for the Teaching of Psychology Master Teacher (2012-present)
 Sabbatical (2011-2012)
 Regents Teaching Excellence Award, University of Wisconsin System (2011)
 Fellow, Association for Psychological Science (APS, 2010)
 Psi Chi Midwest Regional Outstanding Advisor Award (2010)
 Finalist, Student Nominated Teaching Award, UW-Green Bay (2010, 2011, 2012, 2013, 2014, 2015)
 Carnegie Foundation for the Advancement of Teaching, Wisconsin Professor of the Year (2009)
 UW-Green Bay Scholarship of Teaching Award (2009)
 Fellow, American Psychological Association (APA, 2008)
 Founders Association Award for Excellence in Scholarship (2007)
 Nominated for American Psychological Association (APA) Board of Educational Affairs (BEA, 2007)
 University Award for Outstanding Support Staff (Advisor) (2005)
 Founders Association Award for Excellence in Teaching (2004)
 Nominated for Who's Who Among America's Teachers (2004)
 UWGB Creative Teaching Award (2003)
 Wisconsin System Teaching Fellow (2001-2002)
 UWGB Featured Faculty Award (2001)
 Teaching-At-Its-Best Award, UWGB (2001)
 Teaching Scholar, University of Wisconsin-Green Bay (2000-2001)
 Psi Chi, International Honor Society in Psychology
 Phi Kappa Phi, Sigma Xi, Phi Eta Sigma Honor Societies

EDITORIAL POSITIONS

Co-Editor	<i>SoTL in Psychology</i> (2015-present)
Series Editor	<i>Praeger Cultural Approaches to Health</i>
Series Co-Editor	Worth Expert Handbooks for Student Success Series
Editorial Board	<i>American Journal of Lifestyle Medicine</i> (2015-present)
Editorial Board	<i>Psychology of Learning and Teaching</i> (2013-present)
Consulting Editor	<i>Teaching of Psychology</i> (2008-2010)
Managing Editor	<i>Encyclopedia of Cross-Cultural Psychology</i>
Editorial Board	<i>Oxford Bibliographies in Psychology</i>
Editorial Board	<i>Encyclopedia of Cross Cultural Psychology</i>

PROFESSIONAL AFFILIATIONS

American Psychological Association (APA):
 - Div. 2 - Teaching of Psychology; Div. 38 - Health Psych; Div. 45 - Ethnic and Cultural Diversity;

Association for Psychological Science (APS)
 Educational Testing Service (ETS) Advance Placement (AP) Consultant & Table Leader
 International Society for the Scholarship of Teaching and Learning (ISSoTL)

PUBLICATIONS: BOOKS

- Gurung, R. A. R. (in press). *Health psychology: Well being in a diverse world* (4th e). Thousand Oaks, CA: Sage.
- Revenson, T., & Gurung, R. A. R. (in press). *Handbook of Health Psychology*. New York: Routledge.
- Gurung, R. A. R. (Ed.) (2018). *Latino Health*. Westport, CT; Praeger Publishers.
- Gurung, R. A. R., & Voelker, D. J. (Eds.). (2017). *Big picture pedagogy: Finding interdisciplinary solutions to common learning problems*. San Francisco: Jossey-Bass.
- Gurung, R. A. R. (Ed.) (2017). *Mexican American Health: Social, cultural, and clinical perspectives*. Westport, CT; Praeger Publishers.
- Landrum, R. E., & Gurung, R. A. R. (Eds.). (2017). *Worth expert guide to scientific literacy*. New York: Worth.
- Schwartz, E., Landrum, R. E., & Gurung, R. A. R., (2017). *An EasyGuide to APA style and format* (3e). Thousand Oaks, CA; Sage.
- Richmond, A., Boysen, G., & Gurung, R. A. R. (2016). *An evidence-based guide to college and university teaching: Model teaching competencies*. New York: Routledge.
- Gurung, R. A. R. (Ed.). (2014). *Multicultural approaches to health and wellness in America: Major issues and cultural groups*. Westport, CT: Praeger Publishers.
- Gurung, R. A. R. (Ed.). (2014). *Multicultural approaches to health and wellness in America: Mental health and the mind-body connection*. Westport, CT: Praeger Publishers.
- Schwartz, E., Landrum, R. E., & Gurung, R. A. R., (2014). *An EasyGuide to APA style and format* (2e). Thousand Oaks, CA; Sage.
- Gurung, R. A. R. (2014). *Health psychology: A cultural approach* (3rd e). San Francisco: Cengage.
- Gurung, R. A. R., & Wilson, J. H. (Eds.). (2013). *Doing the scholarship of teaching and learning: Measuring systematic changes to teaching and improvements in learning*. San Francisco: Jossey-Bass.
- Dunn, D. S., Gurung, R. A. R., Naufel, K. Z., & Wilson, J. H. (Eds.) (2013). *Controversy in the psychology classroom: Using hot topics to foster critical thinking*. Washington, D.C.: American Psychological Association.
- Chick, N., Haynie, A., & Gurung, R. A. R. (Eds.) (2012). *Exploring more signature pedagogies*. Sterling, VA: Stylus.
- Schwartz, E., & Gurung, R. A. R., (2012). *Evidence-based teaching in higher education*. Washington, DC: American Psychological Association.
- Schwartz, E., Landrum, R. E., & Gurung, R. A. R., (2011). *An EasyGuide to APA style and format*. Thousand Oaks, CA; Sage.
- Gurung, R. A. R. (2010). *Health psychology: A cultural approach* (2nd e). San Francisco: Cengage.
- Eshun, S., & Gurung, R. A. R. (Eds.) (2009). *Sociocultural influences on mental health*. Malden, MA: Blackwell.
- Gurung, R. A. R., Chick, N., & Haynie, A. (Eds.) (2009). *Exploring signature pedagogies: Approaches to teaching disciplinary habits of mind*. Sterling, VA: Stylus.
- Gurung, R. A. R., & Prieto, L. (Eds.) (2009). *Getting Culture: Incorporating diversity across the curriculum*. Arlington, VA: Stylus.

Gurung, R. A. R., & Schwartz, E. (2009/2013). *Optimizing teaching and learning: Pedagogical research in practice*. Malden, MA: Blackwell.

Gurung, R. A. R. (2006). *Health psychology: A cultural approach*. San Francisco: Wadsworth.

PUBLICATIONS: PEER-REVIEWED SCHOLARLY ARTICLES

Chew, S., Halonen, J., McCarthy, M., Gurung, R. A. R., McEntarfer, R., & Landrum, R. E. (in press). Practicing what we teach: Improving teaching and learning in psychology. *Teaching of Psychology*, 000-000.

Gurung, R. A. R., & Hackathorn, J. (in press). Ramp it up: A call for more research in introductory psychology. *Teaching of Psychology*, 000-000.

Gurung, R. A. R., Brickner, M., Leet, M., & Punke, E. (2018). Dressing 'In Code': Clothing rules, propriety, and perceptions. *Journal of Social Psychology*.

Gurung, R. A. R., Punke, E., Brickner, M., & Badalamenti, V. (2018). Power and provocativeness: The effects of subtle changes in clothing on perceptions of working women. *Journal of Social Psychology*, 158(2), 252-255. <https://doi.org/10.1080/00224545.2017.1331991>

Calma-Birling, D., & Gurung, R. A. R. (2017). Does a brief mindfulness intervention impact quiz performance? *Psychology of Learning and Teaching*, 16(3), 323-335. <http://dx.doi.org/10.1177/1475725717712785>

Gurung, R. A. R. (2017). Predicting learning: Comparing an open education research and standard textbooks. *Scholarship of Teaching and Learning*, 3(3), 233-248. <http://dx.doi.org/10.1037/stl0000092>

Panjwani, A., Gurung, R. A. R., & Revenson, T. (2017). The teaching of undergraduate health psychology: A national survey. *Teaching of Psychology*, 44(3), 268-273. [doi:10.1177/0098628317712786](https://doi.org/10.1177/0098628317712786)

Senzaki, S., Hackathorn, J., Appleby, D., & Gurung, R. A. R. (2017). Reinventing flashcards to increase student learning. *Psychology of Learning and Teaching*, 16(3), 353-368. <http://dx.doi.org/10.1177/1475725717719771>

Soicher, R. N., & Gurung, R. A. R. (2016). Do exam wrappers increase metacognition and performance? A single course intervention. *Psychology of Learning and Teaching*. [doi:10.1177/1475725716661872](https://doi.org/10.1177/1475725716661872)

Gurung, R. A. R., Hackathorn, J., Enns, C., Frantz, S., Cacioppo, J. T., Loop, T., & Freeman, J. (2016). Strengthening introductory psychology: A new model for teaching intro psych. *American Psychologist*, 71(2), 112-124. <http://dx.doi.org/10.1037/a0040012>

Bartoszewski, B., & Gurung, R. A. R. (2015). Comparing the relationship of learning techniques and exam score. *Scholarship of Teaching and Learning in Psychology*, 1, 219-228. <http://dx.doi.org/10.1037/stl0000036>

Boysen, G., Richmond, A., & Gurung, R. A. R. (2015). Model teaching criteria for psychology: Initial documentation of teachers' self-reported competency. *Scholarship of Teaching and Learning in Psychology*, 1, 48-59.

Gurung, R. A. R. (2015). Three investigations of the utility of textbook teaching supplements. *Psychology of Learning and Teaching*, 1, 48-59. [doi:10.1177/1475725714565288](https://doi.org/10.1177/1475725714565288)

Gurung, R. A. R. (2014). Getting foxy: Invoking different magesteria in the Scholarship of Teaching and Learning. *Teaching and Learning Inquiry*, 2, 109-114.

Gurung, R. A. R., Kempen, L., Klemm, K., Senn, R., & Wysocki, R. (2014). Dressed to present: Ratings of classroom presentations vary with attire. *Teaching of Psychology*, 41, 349-353.

<http://dx.doi.org/10.1177/0098628314549710>

- Richmond, A., Boysen, G. A., Gurung, R. A. R., Tazeau, Y., Scitutto, M., & Meyers, S. (2014). Aspirational model teaching criteria for psychology. *Teaching of Psychology, 41*, 281-295.
- Filz, T., & Gurung, R. A. R. (2013). Student perceptions of undergraduate teaching assistants *Teaching of Psychology, 40*, 48-51. doi:10.1177/0098628312465864
- Freis, S. D., & Gurung, R. A. R. (2013). A Facebook analysis of helping behavior in online bullying. *Psychology of Popular Media Culture, 2*(1), 11-19. doi:10.1037/a0030239
- Gurung, R. A. R. (2013). A multicultural approach to health psychology. *American Journal of Lifestyle Medicine, 7*, 3-11. doi 10.1177/1559827612444548
- Gurung, R. A. R., & Landrum, R. E. (2103). Bottleneck concepts in psychology. *Psychology of Learning and Teaching, 12*, 236-245.
- Homa, N., Hackathorn, J., Brown, C., Garczynski, A., Solomon, E., Tennial, R., Sanborn, U., & Gurung, R. A. R. (2013). How consistent are Introductory Psychology course syllabi? Examining objectives and content. *Teaching of Psychology, 40*, 169-174.
- Landrum, R. E., & Gurung, R. A. R. (2013). The memorability of Introductory Psychology revisited. *Teaching of Psychology, 40*, 222-227.
- Landrum, R. E., & Gurung, R. A. R. (2013). Is latency to test deadline a predictor of performance. *Psychology of Learning and Teaching, 12*, 227-235.
- Soysa, C. K., Dunn, D. S., Dottolo, A. L., Burns-Glover, A. L., & Gurung, R. A. R. (2013). Orchestrating authorship: Teaching writing across the psychology curriculum. *Teaching of Psychology, 40*(2), 88-97. doi:10.1177/0098628312475027
- Wilson-Doenges, G., & Gurung, R. A. R. (2013). Benchmarks for scholarly investigations of teaching and learning. *Australian Journal of Psychology, 65*(1), 63-70. doi:10.1111/ajpy.12011
- Gurung, R. A. R., Daniel, D.B., & Landrum, R. E. (2012). A multi-site study of learning: A focus on metacognition and study behaviors. *Teaching of Psychology, 39*, 170-175. doi:10.1177/0098628312450428
- Gurung, R. A. R., & Landrum, R. E. (2012). Comparing student perceptions of textbooks: Does liking influence learning? *International Journal of Teaching and Learning in Higher Education, 24*, 144-150.
- Gurung, R. A. R., Landrum, R. E., & Daniel, D. B. (2012). Textbook use and learning: A North American perspective. *Psychology of Learning and Teaching, 11*, 87-98.
- Gurung, R. A. R., Wilhelm, T., & Filtz, T. (2012). Optimizing honor codes for online test administration. *Ethics & Behavior, 22*, 158-162.
- Landrum, R., Gurung, R. A. R., & Spann, N. (2012). Assessments of textbook usage and the relationship to student course performance. *College Teaching, 60*(1), 17-24. doi:10.1080/87567555.2011.609573
- Weidert, J., Roethel, A., Gurung, R. A. R., & Filz, T. (2012). A survey of graduate and undergraduate teaching assistants. *College Teaching, 60*, 00-00.
- Gurung, R. A. R., & Martin, R. (2011). Predicting textbook reading: The textbook assessment and usage scale. *Teaching of Psychology, 38*, 22-28. doi:10.1177/0098628310390913
- Johnson, V., & Gurung, R. A. R. (2011). Defusing the objectification of women by other women: The role of competence. *Sex Roles, 65*(3/4), 177-188. doi:10.1007/s11199-011-0006-5
- Gurung, R. A. R., Weidert, J., & Jeske, A. S. (2010). A closer look at how students study (and if it matters). *Journal of the Scholarship of Teaching and Learning, 10*, 28-33.
- Gurung, R. A. R., Kerns, N., Ansborg, P., Alexander, P., & Johnson, D., (2008). The scholarship of teaching and learning in psychology: A national perspective. *Teaching of Psychology, 35*, 249-

261. doi:10.1080/00986280802374203

- Gurung, R. A. R. & Chrouser, C. J. (2007). Dissecting objectification: Do sexism, athleticism, and provocativeness matter? *Sex Roles*, *57*, 91-99. doi: 10.1007/s11199-007-9219-z
- Bartell, D., Gurung, R. A. R., Furlong, S., Kersten, A., & Wilson-Doenges, G. (2007). An interdisciplinary lesson plan to foster student engagement. *Teaching Forum*, *3*. [www.uwlax.edu/teachingforum/index.html]
- Gurung, R. A. R., & Vespia, K. M. (2007). Looking good, teaching well? Linking liking, looks, and learning. *Teaching of Psychology*, *34*, 5-10.
- Gurung, R. A. R. (2005). How do students really study (and does it matter)? *Teaching of Psychology*, *32*, 367-372.
- Gurung, R. A. R., Dunkel-Schetter, C., Collins, N., Rini, C., & Hobel, C. (2005). Psychosocial predictors of perceived prenatal stress. *Journal of Social and Clinical Psychology*, *24*, 497-519.
- Rinaldi, C., & Gurung, R. A. R. (2005). Does matching teaching and learning styles optimize learning? *Teaching Forum*, *1*. [www.uwlax.edu/teachingforum/index.html]
- Gurung, R. A. R. (2004). Pedagogical aids: Learning enhancers or dangerous detours? *Teaching of Psychology*, *31*, 164-166.
- Gurung, R. A. R., Taylor, S. E., Kemeny, M., & Myers, H. (2004). HIV is not my biggest problem: Chronic burden, depression and ethnicity in women at risk for HIV. *Journal of Social and Clinical Psychology*, *23*, 490-511.
- Gurung, R. A. R., Taylor, S. E., & Seeman, T. (2003). Accounting for changes in social support among married older adults: Insights from the MacArthur studies of successful aging. *Psychology and Aging*, *18*, 487-496.
- Lewis, B.P. & Gurung, R.A.R. (2003). Mixing, matching, & mating: Demonstrating the effect of contrast on relationship satisfaction. *Teaching of Psychology*, *30*, 303-307.
- Gurung, R. A. R. (2003). Comparing cultural and individual learning tendencies. *American Psychologist*, *58*, 145-146.
- Gurung, R. A. R. (2003). Pedagogical aids and student performance. *Teaching of Psychology*, *30* (2), 92-96.
- Steiner, N., & Gurung, R. A. R. (2002). The femininity effect: Relationship quality, sex, gender, attachment, and significant-other-concepts. *Personal Relationships*, *9*, 313-325.
- Taylor, S. E., Lewis, B., Gruenwald, T., Gurung, R. A. R., Updegraff, J. & Klein, L. C. (2002). Sex differences in biobehavioral responses to threat: Reply to Geary and Flinn. *Psychological Review*, *109*, 751-753.
- Gurung, R. A. R., Sarason, B. R., & Sarason, I. G. (2001). Predicting relationship quality and emotional reactions to stress from significant-other-concept clarity. *Personality and Social Psychology Bulletin*, *27*, 1267-1276.
- Gurung, R. A. R., & Mehta, V. K. (2001). Relating ethnic identity, acculturation and attitudes towards treating minority clients. *Cultural Diversity and Ethnic Minority Psychology*, *7*, 139-151.
- Taylor, S. E., Klein, L. C., Lewis, B., Gruenwald, T., Gurung, R. A. R., & Updegraff, J. (2000). The female stress response: Tend and befriend not fight or flight. *Psychological Review*, *107*, 411-429.
- Gurung, R. A. R., & Duong, T. (1999). Mixing and matching: Assessing the concomitants of mixed-ethnic relationships. *Journal of Social and Personal Relationships*, *16*, 639-657.
- Brock, D. M., Sarason, I. G., Sanghvi, H., & Gurung, R. A. R. (1998). The perceived acceptance scale: Development and validation. *Journal of Social and Personal Relationships*, *15*, 5-22.

- Gurung, R. A. R. (1998). Yes, social support is important, but what is the best way to measure it (abstract)? *Annals of Behavioral Medicine*, 20 (Suppl., p.84).
- Gurung, R. A. R. (1998). When looking good is bad: Self-monitoring and stress in public (abstract). *Annals of Behavioral Medicine*, 20 (Suppl., p.84).
- Gurung, R. A. R., Sarason, B. R. & Sarason, I. G. (1997). Personality, perceptions of quality and supportive behavior in romantic relationships. *Personal Relationships*, 4, 319-341.
- Gurung, R. A. R. (1997). Mental representations of self and significant-other: Links to relationship quality and affect. *Dissertation Abstracts International*, 57 (9-B), 5963.

PUBLICATIONS: BOOK CHAPTERS

- Gurung, R. A. R., Richmond, A., & Boysen, G. A. (in press). Studying excellence in teaching: The story so far. In B. Buskist & J. Keeley (Eds.) *New Directions in Teaching and Learning*.
- Gurung, R. A. R. (in press). Health psychology. In K. D. Keith (Ed.) *Culture Across the Curriculum: A Psychology Teacher's Handbook*. Oxford University Press.
- Gurung, R. A. R. (2017). Assessing open education resources. In R. Jhangiani & R. Biswas-Deiner (Eds.). *Open: The philosophy and practices that are revolutionizing education and science*. London: Ubiquity Press. doi:<https://doi.org/10.5334/bbc>
- Gurung, R. A. R. (2017). Motivation for learning. In R. Obeid, A. Schwartz, C. Shane-Simpson, & P. J. Brooks (Eds.) *How we teach now: The GSTA guide to student-centered teaching*. Society for the Teaching of Psychology electronic book.
- Gurung, R. A. R. (2017). Give them something to care about: Engaging students in Introductory Psychology. In D. Dunn & B. Hard Martin (Eds.). Belmont, CA: Cengage.
- Gurung, R. A. R. (2015). The relevance of SoTL to the academic job. In B.S. Schwartz and R. Smith (Eds.), *SoTL in psychology*. Retrieved from the Society for the Teaching of Psychology web site: <http://teachpsych.org/ebooks/>
- Gurung, R. A. R. (2015). Best practices for using scales in SoTL. In R. S. Jhangiani, J. D., Troisi, B. Fleck, A. Legg, & H. Hussey. *A compendium of scales for use in the scholarship of teaching and learning*. Retrieved from Society for the Teaching of Psychology web site: <http://teachpsych.org/ebooks/>
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- Devers, C. J., & Gurung, R. A. R. (2015). A critical perspective on gaming in education. In T. Reiners & L. C. Wood (Eds.) *Gamification in Education and Business*. New York: Springer Publishing.
- Heinzen, T. E., Gordon, M., Dunn, D., Gurung, R. A. R., & Landrum, R. E. (2015). A parallel universe: Psychological principles in the language of game design. In T. Reiners & L. C. Wood (Eds.) *Gamification in Education and Business*. New York: Springer Publishing.
- Heinzen, T. E., Landrum, R. E., Gurung, R. A. R., & Dunn, D. (2015). Game-based assessment: The mash-up we've been waiting for. In T. Reiners & L. C. Wood (Eds.) *Gamification in Education and Business*. New York: Springer Publishing.
- Gurung, R. A. R., & Radosevich, D. (2014). Culture and mental health. In M. Lobel (Ed.), *Encyclopedia of Mental Health*.
- Gurung, R. A. R. (2013). Assessing the impact of instructional methods. In V. A. Bennis, C. E. Overson, & C. M. Hakala (Eds), *Applying the Science of Learning in Education: Infusing*

psychological science into the curriculum. Society for the Teaching of Psychology (American Psychological Association, Division 2).

- Gurung, R. A. R. (2013). Applying social psychology to health. In R. Baumeister & B. Bushman, *Social psychology and human nature, 3e*. San Francisco: Cengage.
- Gurung, R. A. R. (2013). Teaching introductory psychology: An introduction. In S. E. Afful, J. J. Good, J. W. Keeley, S. Leder, & J. J. Stiegler-Balfour, J. J. (Eds.). *The Introduction to Psychology Primer: A Guide for New Teachers of Psych 101*. Retrieved from the Society for the Teaching of Psychology web site: <http://teachpsych.org/ebooks/???/index.php>
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- Dunn, D. D., Gurung, R. A. R., Naufel, K., & Wilson, J. H. (2013). Teaching about controversial issues: An introduction. In D. S. Dunn, R. A. R., Gurung, K. Z. Naufel, & J. H. Wilson, (Eds.). *Controversy in the psychology classroom: Using hot topics to foster critical thinking* (pp. 3-10). Washington, D.C.: American Psychological Association.
- Gurung, R. A. R., & Schwartz, B. M. (2013). Contributions from psychology: Heuristics for interdisciplinary advancement of SoTL. In K. McKinney (Ed.). Bloomington Indiana: Indiana University Press.
- Gurung, R. A. R., & Bruns, D. (2013). Health psychology and policy: When politics infiltrates the science. In D. S. Dunn, R. A. R., Gurung, K. Z. Naufel, & J. H. Wilson, (Eds.). *Controversy in the psychology classroom: Using hot topics to foster critical thinking* (pp. 255-242). Washington, D.C.: American Psychological Association.
- Gurung, R. A. R., & Landrum, R. E. (2012). Assessment and the Scholarship of Teaching and Learning. In D. Dunn, S. C. Baker, C. M. Mehrotra, R. E. Landrum, & M. McCarthy (Eds.) *Assessing Teaching and Learning in Psychology: Current and Future Perspectives*.
- Gurung, R. A. R. (2012). Developing your research skills. In P. Giordano, S. Davis, & C. Licht (Eds.) *Your graduate training in psychology: Suggestions for success*. (pp. 159-174).
- Gurung, R. A. R. (2012). Consuming the Scholarship of Teaching and Learning: Using evidence-based pedagogy ethically. In R. E. Landrum & M. A. McCarthy (Eds.), *Teaching ethically: Challenges and opportunities* (pp. 67-76). Washington, DC: APA.
- Gurung, R. A. R., & McCann, L. (2012). Study techniques and teaching. In B. Schwartz & R. A. R. Gurung (Eds), *Evidence-based teaching in higher education* (pp. 99-116). Washington, DC: American Psychological Association.
- Gurung, R. A. R., & Landrum, R. E. (2012). Using SoTL to improve learning outcomes. In J. Groccia, M. Alsudairy, & W. Buskist (Eds.) *Handbook of College and University Teaching: Global Perspectives* (pp. 29-44). Thousand Oaks, CA: Sage.
- Gurung, R. A. R. (2011). Teach with passion (or do something else). In R. Bubb, J. Stowell, & W. Buskist (Eds.) *The teaching of psychology in autobiography: Perspectives from exemplary psychology teachers (vol. 4)*. <http://teachpsych.org/ebooks/tia2011/index.php>
- Haynie, A., Chick, N., & Gurung, R. A. R. (2012). Signature pedagogies in the Liberal Arts and beyond. In N. Chick, A., Haynie, & R. A. R. Gurung (Eds.). *Exploring more signature pedagogies (pp. 1-13)*. Sterling, VA: Stylus.
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PUBLICATIONS: INVITED

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- Gurung, R. A. R., & Forgaca, J. (2017). How should students study? Tips for faculty. *Neuroeducação Science Magazine* [Portuguese]
- Gurung, R. A. R. (2016). Enhancing metacognition in students to improve learning. *IDEA network*.
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- Gurung, R. A. R. (2008). Applying method to (seeming) madness: Doing SoTL in your class. <http://list.kennesaw.edu/archives/psychteacher.html>.
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WORKSHOPS

- Gurung, R. A. R. (2018, January). *Diversifying your toolkit for learners: Evidence-based strategies for supporting success in diverse learners*. Parkland College, Champaign, IL.
- Gurung, R. A. R. (2017, August). *Using the Scholarship of Teaching and Learning to foster student learning*. Grand Valley State University, Grand Rapids, MI.
- Gurung, R. A. R. (2017, January). *Improving Teaching: Practicing the Scholarship of Teaching and Learning*. Indianapolis University Purdue University Fort Wayne, Fort Wayne, IN.
- Gurung, R. A. R. (2016, September). *Using SoTL to Energize Teachers and Engager Learners*. Arizona

State University West, Phoenix. AZ.

- Christopher, A., & Gurung, R. A. R. (2016, May). *An Introduction to the Scholarship of Teaching and Learning (SoTL)*. Association for Psychological Science Annual Meeting, Chicago, IL.
- Gurung, R. A. R. (2016, April). *The synergistic relationship between instructional design and SoTL: Fertile areas of investigation*. UW System OPID Spring Conference, Green Lake, WI.
- Gurung, R. A. R. (2016, March). *Best practices for creating and using student evaluations*. Davidson College, Davidson, NC.
- Gurung, R. A. R. (2016, February). *Capitalizing on the science of learning: Tips and tricks for success*. University of South Carolina Upstate, Faculty Development Center, Spartanburg, SC.
- Gurung, R. A. R. (2015, September). *Assessing teaching and learning: Scholarship of teaching and learning*. Northwestern University of Louisiana, Faculty Development Center, Natchitoches, LA.
- Gurung, R. A. R. (2015, September). *Metacognition, motivation, and learning*. Northwestern University of Louisiana, Faculty Development Center, Natchitoches, LA.
- Gurung, R. A. R. (2015, September). *Model teacher characteristics*. Bossier Parish Community College, Shreveport, LA.
- Gurung, R. A. R. (2015, September). *Using the science of learning to cultivate learning*. Bossier Parish Community College, Shreveport, LA.
- Gurung, R. A. R. (2015, August). *The future of Scholarship of teaching and learning*. University of Wisconsin- Stout, Teaching Champions Writing Workshop, Menomonie, WI.
- Gurung, R. A. R., & Voelker, D. (2015, May). *Going behind the scenes of learning: Scholarship of teaching and learning*. University of Wisconsin Faculty College, Richmond Center, WI.
- Gurung, R. A. R. (2015, March). *Going behind the scenes of learning: Scholarship of teaching and learning*. University of TN Faculty Development Center, Knoxville, TN.
- Gurung, R. A. R. (2014, October). *Doing the Scholarship of Teaching and Learning*. STP SOTL Workshop, Atlanta, GA.
- Gurung, R. A. R. (2014, September). *Motivating students to study: Tips 7 best practices*. Bossier Parish Community College, Shreveport, LA
- Gurung, R. A. R. (2014, August). *Assessing teaching and learning*. Bossier Parish Community College, Shreveport, LA.
- Gurung, R. A. R. (2014, September). *An Introduction to the scholarship of teaching and learning*. UW-River Falls Faculty Development Workshop, River Falls, WI.
- Gurung, R. A. R. (2013, October). *Doing the Scholarship of Teaching and Learning*. STP SOTL Workshop, Atlanta, GA.
- Gurung, R. A. R. (2013, June). *Using psychology to inspire students and optimize studying*. Jossey-Bass Faculty Development Workshop.
- Gurung, R. A. R. (2013, May). *Advanced methods in the scholarship of teaching and learning*. UW System Faculty College, Richland Center, WI.
- Gurung, R. A. R. (2012, October). *Doing the Scholarship of Teaching and Learning*. STP SOTL Workshop, Atlanta, GA.
- Gurung, R. A. R. (2012, October). *An Introduction to the Scholarship of Teaching and Learning*. Farmingdale State College, NY.
- Gurung, R. A. R. (2011, October). *Doing the Scholarship of Teaching and Learning*. STP SOTL Workshop, Atlanta, GA.
- Haynie, A., & Gurung, R. A. R. (2011, October). *Practicing signature pedagogies*. ISSOTL conference, Milwaukee, WI.
- Gurung, R. A. R. (2010, September). *Enhancing student motivation and study skills*. King Saud

University, Riyadh, Saudi Arabia.

- Gurung, R. A. R. (2010, February). *Investigating Student Learning as a Strategy for Optimizing our Teaching Practice*. Boise State University, Boise, ID.
- Gurung, R. A. R., & Schwartz, B. M. (2010, March). *Jumpstarting Pedagogical Research: Using & Doing SoTL to Optimize Teaching & Learning*. Teaching Commons, Savannah, GA.
- Gurung, R. A. R. (2010, May). How students' study: Tips and advice for faculty. Randolph College, Lynchburg, VA.
- Gurung, R. A. R., Svinicki, M. D., & Bhenke, S. (2009, January). *Catalyze your teaching with pedagogical research: The nuts, bolts, and ethics of SoTL*. National Institute on the Teaching of Psychology (NITOP), St. Pete's Beach, FL.
- Haynie, A., Chick, N., & Gurung, R. A. R., (2008, October). *Defining Ourselves: Signature Pedagogies in the Disciplines*. International Society for the Scholarship of Teaching and Learning (ISSOTL) Meeting, Edmonton, Canada.
- Schwartz, B. M., & Gurung, R. A. R. (2008, October). *Optimizing our Teaching and Learning: Putting SOTL Best Practices to Use*. International Society for the Scholarship of Teaching and Learning (ISSOTL) Meeting, Edmonton, Canada.
- Gurung, R. A. R., & Schwartz, B. M. (2008, February). *Jumpstarting Pedagogical Research: Using & Doing SoTL to Optimize Teaching & Learning*. Xavier University, New Orleans, LA.
- Gurung, R. A. R., & Schwartz, B. M. (2008, February). *Jumpstarting Pedagogical Research: Using & Doing SoTL to Optimize Teaching & Learning*. Loyola University, New Orleans, LA.
- Gurung, R. A. R., & Schwartz, B. M. (2008, March). *Jumpstarting Pedagogical Research: Using & Doing SoTL to Optimize Teaching & Learning*. Lilly Conference on College and University teaching West, Pomona, CA.
- Haynie, A., Gurung, R. A. R., & Chick, N. (2008, March). *The Trading Zone: Signature Pedagogies and Practices in the Disciplines*. . Lilly Conference on College and University teaching West, Pomona, CA.

SCHOLARLY PRESENTATIONS: SYMPOSIUMS/PRESENTATIONS

- Ernst, R., Fineburg, A., Gurung, R. A. R., Schicht, J., & Vita, M. (2017, August). An update on the APA HS Summit. Symposium presented at the annual conference of the American Psychological Association, Washington, D.C.
- Landrum, R. E., Gurung, R. A. R., & Amsel, E. (2017, April). *What we hope happens: The beneficial effects of the introductory psychology course and majoring in psychology*. A symposium presented at the annual conference of the Rocky Mountain Psychological Association, Salt Lake City, UT.
- Richmond, A. S., Rocheleau, C., & Gurung, R. A. R. (2017, April). From the big fish to a small pond: Implementing psychology assessments in a SNAP. A symposium presented at the annual conference of the Rocky Mountain Psychological Association, Salt Lake City, UT.
- Gurung, R. A. R., & Flora, K. (2016, May). Poster to paper: Tips on publishing your conference presentations, honors and independent studies, and more. Psi Chi Symposium at the annual meeting of the Midwestern Psychological Association, Chicago; IL.
- Gurung, R. A. R., & Flora, K. (2015, May). Poster to paper: Tips on publishing your conference presentations, honors and independent studies, and more. Psi Chi Symposium at the annual meeting of the Midwestern Psychological Association, Chicago; IL.

- Gurung, R. A. R. (2014, August). The evolution of SoTL and pathways in the field. In J. Troisi (Chair) Scholarship of Teaching and Learning Across the Faculty Life Span. Presented at the annual meeting of the American Psychological Association, Washington, DC.
- Gurung, R. A. R. (2014, August). Multicultural approaches to health psychology. In S. Ladhani (Chair) Cultural Sensitivity in Health---Health Psychology's Role, Health Beliefs, and Assessment. Presented at the annual meeting of the American Psychological Association, Washington, DC.
- Gurung, R. A. R. (2013, April). The role of interdisciplinarity in SoTL. In D. Voelker (Chair) symposium. OPID conference, Madison, WI.
- Gurung, R. A. R. (2011, August). Learning unplugged: Bottlenecks and threshold concepts in psychology. In R. E. Landrum (Chair) Identifying and conquering threshold concepts in psychology: Enhancing deeper student learning. Symposium accepted for presentation at the 119th Annual Meeting of the American Psychological Association, Washington, DC.
- Gurung, R. A. R. (2010, August). (Culture) shocks to the system: Getting students to actively face cultural diversity. In F. D. Ortiz (Chair) symposium presented at the 118th Annual Meeting of the American Psychological Association, San Diego, CA.
- Gurung, R. A. R. (2010, August). Chair. Best Practices for Training and Using Undergraduate Teaching Assistants (UTAs). Symposium presented at the 118th Annual Meeting of the American Psychological Association, San Diego, CA.
- Gurung, R. A. R. (2010, August). Discussant. Orchestrating Authorship: Teaching Writing across the Psychology Curriculum. In C. Soysa (Chair) symposium presented at the 118th Annual Meeting of the American Psychological Association, San Diego, CA.
- Gurung, R. A. R. (2010, August). Discussant. New Techniques and Technologies for Graduate and Medical Education. In M. Gregorson (Chair) presented at the 118th Annual Meeting of the American Psychological Association, San Diego, CA.
- Weidert, J., Roethel, A., & Gurung, R. A. R. (2010, August). The Benefits of Being a UTA: Hard Data and Critical Reflections. In Gurung, R. A. R. (Chair). Best Practices for Training and Using Undergraduate Teaching Assistants (UTAs). Symposium presented at the 118th Annual Meeting of the American Psychological Association, San Diego, CA.
- Gurung, R. A. R. (2009, August). Chair. Advancing Pedagogical Research (SoTL) in Psychology: Models and Incentives. Symposium presented at the 117th Annual Meeting of the American Psychological Association, Toronto, CA.
- Gurung, R. A. R. (2009, August). Chair. Students and textbooks: How can/must/should we increase student textbook use? Symposium presented at the 117th Annual Meeting of the American Psychological Association, Toronto, CA.
- Gurung, R. A. R. (2009, August). Reaping the Fruits of SoTL 's Labor: Using Pedagogical Research Well. In R. A. R. Gurung (Chair), Advancing Pedagogical Research (SoTL) in Psychology: Models and Incentives. Symposium presented at the 117th Annual Meeting of the American Psychological Association, Toronto, CA.
- Gurung, R. A. R. (2009, August). Apples and oranges? Textbook differences, student preferences, and learning. In R. A. R. Gurung (Chair), Students and textbooks: How can/must/should we increase student textbook use? Symposium presented at the 117th Annual Meeting of the American Psychological Association, Toronto, CA.
- Chick, N., Gurung, R. A. R., Haynie, A., et al. (2009, April). Celebrating collaboration: Exploring signature pedagogies. Panel at OPID conference, Milwaukee, WI.
- Gurung, R. A. R., Ritch, D., & Nielsen, K. (2009, April). Using a common theme to advance liberal education outcomes. Presentation at OPID conference, Milwaukee, WI.

- Bartell, D., Wilson-Doenges, G., Amenson-Hill, B., Furlong, D., Furlong, S., Gurung, R. A. R., Kersten, A., & Ritch, D. (2009, February). Using BCSSE Expectations to Raise the Bar for Engagement in the First Year College Experience. Paper presented at the meeting of the First Year Experience conference, Tampa, FL.
- Furlong, S., Ritch, D., Amenson-Hill, B., Bartell, D., Gurung, R. A. R., Kersten, A., & Wilson-Doenges, G. (2009, February). Teaching the Teacher: Faculty Development for First-Year Seminars. Paper presented at the meeting of the First Year Experience conference, Tampa, FL.
- Buskist, W., Dunn, D., Daniel, D., Littleford, L., Gurung, R. A. R., Henderson, R., & Halistorks, R. (2008, January). *Blueprint for the future: An update from the national conference on undergraduate education in psychology*. National Institute on the Teaching of Psychology (NITOP), St. Pete's Beach, FL.
- Haynie, A., Chick, N. L., & Gurung, R. A. R. (2008, October). Defining Ourselves: Signature Pedagogies in the disciplines.
- Gurung, R. A. R. (2008). Chair. Linking textbooks, studying, teaching, and learning: A National comprehensive study. Symposium presented at the 116th Annual Meeting of the American Psychological Association, Boston, MA.
- Gurung, R. A. R. (2008). Under The Microscope: A Close Look at How Student's Study. In R. A. R. Gurung (Chair). Linking textbooks, studying, teaching, and learning: A National comprehensive study. Symposium presented at the 116th Annual Meeting of the American Psychological Association, Boston, MA.
- Gurung, R. A. R. (2008). If You Engage, Learning Will Come: An Overview of Strategies. In R. Martin (Chair), Engaging Students in Large Psychology Department: Multifaceted Approaches. Symposium presented at the 116th Annual Meeting of the American Psychological Association, Boston, MA.
- Gurung, R. A. R. (2008, May). Highlights from Pedagogical research. Enhancing the Teaching of Psychology Conference. Oshkosh, WI.
- Bartell, D., Wilson-Doenges, G., Gurung, R. A. R., Furlong, S., & Amenson-Hill, B. (2008, February). *Purpose and passion in first-year experience courses: Comparing interdisciplinary and traditional general education seminars*. Paper presented at the meeting of the First Year Experience conference, San Francisco, CA.
- Gurung, R. A. R., Wilson-Doenges, G., & Martin, R. (2007, October). *Engaging Students in Psychology: Course and Departmental Level Strategies*. Symposium conducted at the Beginnings and Endings: Best practices for introducing and bringing closure to the undergraduate psychology major, Atlanta, GA.
- Gurung, R. A. R., & Martin, R. (2007, August). The Textbook assessment scale: Validation and uses. In D. Daniel & R. A. R. Gurung (Chairs), *Textbooks, pedagogy, and student performance: Will they read and if they do, will it help?* Symposium conducted at the meeting of the American Psychological Association, San Francisco, CA.
- Gurung, R. A. R., & Roethel, A., (2007, August). Teaching for healthier minds and healthier bodies. In K. Vespia (Chair), *Changing student attitudes and behaviors: Pedagogical challenges, models, and results*. Symposium conducted at the American Psychological Association, San Francisco, CA.
- Lawrence, N. K., Ansborg, P., & Gurung, R. A. R. (2007, August). Models of excellence in fostering the scholarship of teaching. In R. A. R. Gurung (Chair), *Scholarship of teaching and learning in psychology: Current status, future directions*. Symposium conducted at the meeting of the American Psychological Association, San Francisco, CA.

- Daniel, D., & Gurung, R. A. R. (2007, August). (Chairs) *Textbooks, pedagogy and student performance: Will they read and if they do, will it help?* Symposium conducted at the meeting of the American Psychological Association, San Francisco, CA.
- Littleford, L. N., Gurung, R. A. R., Brito, C., Kirk, J. V., & Watkins, A. (2007, August). Recruitment and retention of diverse faculty: Best practices. In M. W. Matthews (Chair), *True diversity: Best practices and beyond*. Symposium conducted at the meeting of the American Psychological Association, San Francisco, CA.
- Gurung, R. A. R., Lawrence, N. K., Ansborg, P., Johnson, D., Alexander, P. (2007, August). *Scholarship of teaching & learning in psychology: Current status, future directions*. Symposium conducted at the meeting of the American Psychological Association, San Francisco, CA.
- Gurung, R. A. R. (2007, August). Discussant. *Changing student attitudes and behaviors: Pedagogical challenges, models, and results*. Symposium conducted at the meeting of the American Psychological Association, San Francisco, CA.
- Furlong, S., Gurung, R. A. R., Amundsen-Hill, B., Kersten, A., Bartell, D., & Wilson-Doenges, G., (2007, March). *Freshman seminars at UW-Green Bay*. Presentation at the UW System OPID conference, Madison, WI.
- Furlong, S., Gurung, R. A. R., Amundsen-Hill, B., Kersten, A., Bartell, D., & Wilson-Doenges, G., (2007, February). *Building a freshman experience (FOCUS) and seminar at UW-Green Bay*. Paper presented at the meeting of the First Year Experience conference, Addison, TX.
- Gurung, R. A. R. (Chair), Matlin, M., & McDaniel, M. A. (2006, August). *Pragmatic pedagogy: Using cognitive science to optimize learning*. Symposium conducted at the meeting of the American Psychological Association, New Orleans, LA.
- Gurung, R. A. R. (Chair), Myers, D. G., Baron, R. A., Hildebrand, B., & Mejia, E. (2006, May). *Are textbooks too expensive? Answers, solutions, value, choices, and changes*. Symposium conducted at the meeting of the American Psychological Society, New York, NY.
- Gurung, R. A. R. (2006, January). *Health psychology's tips for effective studying*. Paper presented at the meeting of the Society for Personality and Social Psychology, Palm Springs, CA.
- Gurung, R. A. R. (2005, January). *Teaching activities for social psychology*. Paper presented at the Society for Personality and Social Psychology Teaching Preconference, New Orleans, LA.
- Gurung, R. A. R. (2004, May). Chair. *Teaching diversely about diversity*. Symposium at the meeting of the American Psychological Society, Chicago, IL.
- Gurung, R. A. R. (2004, January). *Optimizing group presentation assignments*. Paper presented at the meeting of the Society for Social and Personality Psychology Preconference on Teaching, Austin, TX.
- Gurung, R. A. R. (2003, August). *Issues in close relationships: Mixed-ethnic relationships and arranged marriages*. Paper presented at the annual meeting of the American Psychological Association, Toronto, Canada.
- Gurung, R. A. R. (2002, August). Discussant. *Teaching about diversity*. Symposium conducted at the meeting of the American Psychological Association, San Francisco, CA.
- Gurung, R. A. R. (2001, January). Chair, *New faculty, new ideas*. Symposium conducted at the meeting of the Faculty Development Conference at the University of Wisconsin-Green Bay, WI.
- Gurung, R. A. R. (2000, August). Chair, *Live from D.C: Enhancing active learning in the classroom*. Symposium conducted at the meeting of the American Psychological Association, Washington, D.C.

- Gurung, R. A. R. (2000, May). *Incorporating multicultural issues into courses*. Paper presented at the conference for Enhancing the Teaching of Psychology and Human Development at the University of Wisconsin-Green Bay, WI.
- Lewis, B. P., & Gurung, R. A. R. (2000, August). *Contrasting, matching & mating: Modification of "the Pairing Game" classroom demonstration of the matching phenomenon*. Paper presented at the meeting of the American Psychological Association, Washington, D.C.
- Gurung, R. A. R. (1999, August). Chair, *Live from Boston: Demonstrations for teaching psychology*. Symposium conducted at the meeting of the American Psychological Association, Boston, MA.
- Gurung, R. A. R. & Dunkel-Schetter, C. (1998, August). Chairs. *Personal relationships, social support, coping and adjustment*. Symposium conducted at the meeting of the American Psychological Association, San Francisco, CA.
- Gurung, R. A. R. & Sadowsky, G. R. (1998, August). Chairs. *Minority mental health : Acculturation, ethnic identity and beliefs in Asian-Indians*. Symposium conducted at the meeting of the American Psychological Association, San Francisco, CA.
- Gurung, R. A. R. & Sarason, B. R. (1998, June). Chairs. *Perceived social support: Where does it come from and is it all in the mind?* Symposium conducted at the meeting of International Conference for Personal Relationships, Saratoga Springs, NY.
- Gurung, R. A. R., Sarason, B. R., & Sarason, I. G. (1998, June). *I think therefore you are (and I feel supported): Social support and significant-other concepts*. Paper presented at the International Conference for Personal Relationships, Saratoga Springs, NY.

INVITED ADDRESSES: ACADEMIC

- Gurung, R. A. R. (2018, February). *Using the science of learning to advance teaching and learning*. Broward Community College, Parkland, FL.
- Gurung, R. A. R. (2018, February). *Advanced methods in scholarship of teaching and learning*. Broward Community College, Parkland, FL.
- Gurung, R. A. R. (2018, February). *An introduction to the scholarship of teaching and learning*. Broward Community College, Parkland, FL.
- Gurung, R. A. R. (2018, February). *A new approach to viewing learning: Lessons from psychological science*. University of Denver, Denver, CO.
- Gurung, R. A. R. (2018, January). *Working together to cultivate learning: transcending individual differences and inspiring change*. Parkland College, Champaign, IL.
- Gurung, R. A. R. (2018, January). *Repositioning assessment: Validating teaching, enhancing learning*. Grand Valley State University, Grand Rapids, MI.
- Gurung, R. A. R. (2017, August). *Cultivating Learning: Strategies to increase student and faculty involvement*. Grand Valley State University, Grand Rapids, MI.
- Gurung, R. A. R. (2017, August). *Appetite for instruction: A pedagogical menu to satiate learning*. Charles Brewer Award address presented at the annual conference of the American Psychological Association, Washington, D.C.
- Gurung, R. A. R. (2017, May). *The state of SoTL: Challenges and opportunities*. Presented at the annual conference of the Midwestern Psychological Association, Chicago, IL.
- Gurung, R. A. R. (2017, April). *To boldly go (beyond content): Skills & learning*. Presidential invited address presented at the annual conference of the Rocky Mountain Psychological Association, Salt Lake City, UT.
- Gurung, R. A. R. (2017, April). *Leveling up: Metacognitive strategies to enhance learning*. Psi Chi

address presented at the annual conference of the Rocky Mountain Psychological Association, Salt Lake City, UT.

- Gurung, R. A. R. (2017, April). *Developing healthy study habits: Teachers as fitness trainers of the learning world*. Harry Kirke Wolfe invited address presented at the annual conference of the Southwestern Psychological Association, San Antonio, TX.
- Gurung, R. A. R. (2017, January). *Cultivating Learning: Capitalizing on Psychological Science*. University of British Columbia, Vancouver, Canada.
- Gurung, R. A. R. (2017, January). *Cultivating Learning: Evidence-Based Strategies to Improve Teaching*. Indianapolis Purdue University Fort Wayne, Fort Wayne, IN.
- Gurung, R. A. R. (2016, September). *Teachers as Fitness Trainers of the Learning World*. University of Wisconsin-Barron County, WI.
- Gurung, R. A. R. (2016, September). *Teachers as Fitness Trainers of the Learning World*. Harry Kirke Wolfe, Annual Meeting of the American Psychological Association, Denver, CO.
- Gurung, R. A. R. (2016, August). *Motivation & Metacognition: Tips to Enhance Learning*. University of Wisconsin-Barron County, WI.
- Gurung, R. A. R. (2016, August). *The State of SoTL in Psychology*. Invited Presidential Address, Annual Meeting of the American Psychological Association, Denver, CO.
- Gurung, R. A. R. (2016, August). *Cultivating Learning: Strategies to Aid Teaching*. Keynote address. New Teacher Orientation, Ohio State University, Columbus, OH.
- Gurung, R. A. R. (2016, August). *Keep Your Eyes on the Prize: Strategies to Cultivate Learning*. Keynote address. Fall Academic Day. Butler University, Indianapolis, IN.
- Gurung, R. A. R. (2016, May). *Keep Your Eyes on the Prize: Strategies to Cultivate Learning*. Keynote address. University of Wisconsin System Faculty College, Richland Center, WI.
- Gurung, R. A. R. (2016, May). *The science of clothing: Objectification and sexism*. Invited address at the annual meeting of the Midwestern Psychological Association, Chicago; IL.
- Gurung, R. A. R. (2016, April). *Be F.I.R.M.: Evidence-based guidelines to teaching Intro Psych*. Keynote address. Northwest Conference on Teaching Introductory Psychology, Seattle, WA.
- Gurung, R. A. R. (2016, March). *The science of sexy: Objectification, sexism, and clothing*. Psi Chi Distinguished Speaker address. Southeastern Psychological Conference, New Orleans, LA.
- Gurung, R. A. R. (2016, January). *Cultivate learning: Capitalizing on the scholarship of teaching and learning*. Keynote address. Teaching Learning Conference, University of Wisconsin-Milwaukee, Milwaukee, WI.
- Gurung, R. A. R. (2015, September). *Cultivate learning: Capitalizing on the science of learning*. Keynote address. Excellence in Psychology Instruction Conference, University of Wisconsin-Green Bay, Green Bay, WI.
- Gurung, R. A. R. (2015, September). *Using pedagogical research to cultivate learning and energize teaching*. Keynote address. Research on Teaching and Learning Summit, Kennesaw State University, Kennesaw, GA.
- Gurung, R. A. R. (2015, May). *The classroom is your oyster: Cultivating valuable learning*. Opening plenary. APS-STP Teaching Institute. Association for Psychological Science Annual Meeting, New York, NY.
- Gurung, R. A. R. (2015, May). *Leveraging the science of learning: Engaging, effective, and efficient pedagogical practices*. Carol Tracy Distinguished Lecturer. Association for Psychological Science Annual Meeting, New York, NY.
- Gurung, R. A. R. (2015, April). *Wearing our personalities? Examining clothing myths, impression formation, & objectification*. Saul Sells Lecturer, Southwestern Psychological Association

Conference, Wichita, KS.

- Gurung, R. A. R. (2015, March). Go tell it on the mountain and everywhere: Sharing psychological science. Presidential Symposium, Eastern Psychological Association Conference, Philadelphia, PA.
- Gurung, R. A. R. (2015, March). Motivation and metacognition: Evidence-based tips for learning. Psychology Colloquium Series, Univ. of TN, Knoxville, TN.
- Gurung, R. A. R. (2014, October). Multiple determinants of obesity: Biological, psychological, and social factors across the lifespan. Childhood Obesity Conference, Oneida, WI.
- Gurung, R. A. R. (2014, October). Now what? Advocacy and action for obesity reduction. Childhood Obesity Conference, Oneida, WI.
- Gurung, R. A. R. (2014, September). Motivating students: Theory and tips. Webinar with King Saud University, Riyadh, Saudi Arabia.
- Gurung, R. A. R. (2014, April). Models, Modalities, and the Means to Address Diversity in the Curriculum. Keynote address at the Farmingdale Psychology Conference, Tarrytown, NY.
- Gurung, R. A. R. (2014, March). Social connectivity, Facebook, and texting: What social media does to our brain. Southern New Hampshire University, Manchester, NH.
- Gurung, R. A. R. (2014, January). Climbing the Teaching Hierarchy: Aspirational Benchmarks for Quality Teaching. Society for the Teaching of Psychology (STP) Live E-Conference.
- Gurung, R. A. R. (2014, January). A Blueprint for Teaching Introductory Psychology: National Guidelines and Better Practices. National Institute for the Teaching of Psychology (NiToP), St. Petersburg, FL.
- Gurung, R. A. R. (2013, October). Getting to the Heart and Mind of the Matter: Motivation, Metacognition, and Learning. Invited address, UW-Baron County.
- Gurung, R. A. R. (2013, September). Start strong: Metacognition, and Success Study Behaviors. Invited address, UW-Baron County.
- Gurung, R. A. R. (2013, August). Starting Right: Motivation, Metacognition, and Success Study Behaviors. Invited address at development day, UW-Waukesha.
- Gurung, R. A. R. (2013, May). Starting Right: Motivation, Metacognition, and Success Study Behaviors. Keynote address at the annual meeting of the UW System First Year Seminar Collective.
- Gurung, R. A. R. (2013, April). Building autonomy: Facilitating metacognition and successful study behaviors. Distinguished Speaker for PTACC, Western Psychological Association conference, Reno, NV.
- Gurung, R. A. R. (2013, April). *Global perspectives on the scholarship of teaching and learning*. Invited address at the Global Perspectives on Teaching and Learning Conference, Auburn University, AL.
- Gurung, R. A. R. (2013, March). *Reaping the benefits of SoTL: Using and doing the scholarship of teaching and learning*. Keynote address, Midwest Scholars Conference, Indianapolis, IN.
- Gurung, R. A. R. (2013, March). *An academic's view on the future of digital education in higher education*. Invited address, SAGE Digital Partners Executives Meeting, Los Angeles, CA.
- Gurung, R. A. R. (2013, January). *Blockbuster pedagogy: A guide to (near) superhuman teaching*. Keynote address, SPSP Teaching Preconference, New Orleans, LA.
- Gurung, R. A. R. (2012, May). The Culture advantage: Like it. Need it. Getting it. Intercultural Honors Experience Keynote speaker; Franklin College, IN.
- Gurung, R. A. R. (2012, May). Invigorating student learning: How should students study? Center for Faculty Development: University of Wisconsin-Stout.

- Gurung, R. A. R. (2012, May). Social media, learning, and living: How Facebook and texting can rewire your brain. Center for Faculty Development: University of Wisconsin-Stout.
- Gurung, R. A. R. (2012, April). Research methodologies for conducting Scholarship of Teaching and Learning. Keynote, Center for Faculty Development, Farmingdale State College, NY.
- Gurung, R. A. R. (2012, April). Undergraduate psychology: A U.S. perspective. Undergraduate Education Summit, New South Wales, Australia.
- Gurung, R. A. R. (2012, April). What educators need to know about using social media for health and learning. Faculty of Education Seminar. University of Auckland, New Zealand.
- Gurung, R. A. R. (2012, March). Using psychology and pedagogical research to motivate students and optimize student learning. Faculty of Education Seminar. University of Auckland, New Zealand.
- Gurung, R. A. R. (2012, February). What's your status? The role of social media in health and learning. Psychology Seminar Series. University of Auckland, New Zealand.
- Gurung, R. A. R. (2011, November). Using psychology to teach psychology. Jossey-Bass Faculty Development Workshop.
- Gurung, R. A. R. (2011, October). Using psychology to teach psychology. Mid Atlantic Teaching of Psychology Conference, Prince George Community College, VA.
- Gurung, R. A. R. (2011, October). Psychology matters: No magic, metacognition and motivation. Northwest Teachers of Psychology Conference, Olympia, WA.
- Gurung, R. A. R. (2011, September). 'Like' this update: Facebook, texting, and learning. Atlantic Coast Teaching of Psychology Conference, Long Branch, NJ.
- Gurung, R. A. R. (2011, August). Tips for teaching when you are a graduate student. American Psychological Association Conference, Washington, DC.
- Gurung, R. A. R. (2011, June). If they study, they will learn: What teachers need to know and do to make this so. Opening Keynote at Eastern Teachers of Psychology Conference, Staunton, VA.
- Gurung, R. A. R. (2011, June). Hot topics in Health Psychology. Eastern Teachers of Psychology Conference, Staunton, VA.
- Gurung, R. A. R. (2011, May). What's your status? Facebook, texting, and learning. 11th Annual Enhancing Teaching of Psychology Conference, Green Bay, WI.
- Gurung, R. A. R. (2011, March). Social connectivity, Facebook, and texting: What connectivity does to our brain. Southern New Hampshire University, Manchester, NH.
- Gurung, R. A. R. (2011, March). Text this status update: How social media influence health (and learning). Closing keynote at Midwestern Teachers of Psychology Conference, Dupage, IL.
- Landrum, R. E., & Gurung, R. A. R. (2011, January). Inspiring learning: The power of personalizing your Introductory psychology class. National Institute of Teaching (NITOP), St. Petersburg Beach, FL.
- Gurung, R. A. R. (2010, November). Going beyond 'Study More': How students study. Opening keynote at Iowa Teachers Conference, Pella, IO.
- Gurung, R. A. R. (2010, October). Texting and other incivilities: Combating distraction in the classroom. Opening keynote address at NEPA, Burlington, VT.
- Gurung, R. A. R. (2010, February). A healthy diet of studying: Empirical evidence, practical tips. Invited Psi Chi talk at Boise State University, Boise, ID.
- Gurung, R. A. R. (2010, May). Catalyzing student learning: Why 'just study more' is not enough. Invited talk at the Enhancing the Teaching of Psychology Conference, Green Bay, WI.
- Gurung, R. A. R. (2010, April). Traveling beyond boundaries: A heuristic for the scholarship of teaching and learning. Invited address at Indiana University, Bloomington, IN.

- Gurung, R. A. R. (2010, April). Signature pedagogies: What are they and why should you care? Invited address at Teaching and Learning Center, UW-Parkside, WI.
- Gurung, R. A. R. (2010, April). Texting and other incivilities: Combating threats to classroom engagement. Presentation at the Midwestern Psychological Meeting, Chicago, IL.
- Gurung, R. A. R. (2010, August). (Culture) Shocks to the System: Getting students to actively face cultural diversity. Invited address at the Annual Meeting of the American Psychological Association, San Diego, CA.
- Gurung, R. A. R. (2010, August). Adrenalize your teaching: Using and doing pedagogical research. Invited GSTA address at the Annual Meeting of the American Psychological Association, San Diego, CA.
- Gurung, R. A. R. (2009, March). Shining with scholarship: Galvanizing your teaching with SoTL and social psychology. Keynote address at Claremont Applied Social Psychology Symposium, Claremont, CA.
- Gurung, R. A. R. (2009, February). Shining with scholarship: Galvanizing your teaching with SoTL. Keynote address at SETOP, Atlanta, GA.
- Gurung, R. A. R. (2009, February). Many heads are better than one: Faculty development, student learning, and lesson study. Faculty Development Brown Bay, UWGB, Green Bay, WI.
- Gurung, R. A. R. (2008, May). Highlights from Pedagogical research: Findings to Ponder and Use. Paper presented at the meeting of the Enhancing the Teaching of Psychology and Human Development conference, University of Wisconsin-Oshkosh, WI.
- Gurung, R. A. R. (2006, August). *Catalyzing teaching: The scholarship of teaching and learning*. TOPSS address at the annual meeting of the American Psychological Association, New Orleans, LA.
- Gurung, R. A. R. (2006, May). *Got culture? Incorporating culture into your curriculum*. Paper presented at the meeting of the American Psychological Society, New York, NY.
- Gurung, R. A. R. (2006, March). *Optimizing study skills: Empirical evidence, practical tips*. Paper presented at the meeting of the Midwestern Institute for Students and Teachers of Psychology (MISTOP), Du Page, IL.
- Gurung, R. A. R. (2005, May). *Optimizing learning: Recommended daily allowances of studying*. Paper presented at the meeting of the American Psychological Society, Los Angeles, CA.
- Gurung, R. A. R. (2005, January). *The agony and the ecstasy: Exploring the dualities of academic life*. Paper presented at the meeting for Enhancing the Craft of Teaching Conference, Green Bay, WI.
- Gurung, R. A. R. (2003, February). *An apple a day: Teaching health psychology and healthy teaching*. Paper presented at the meeting of the Society for Personality and Social Psychology Preconference, Los Angeles, CA.
- Gurung, R. A. R. (2002, July). *Stress in females: Tend-and-befriend, not fight-or-flight*. Paper presented at the meeting of the National Wellness Conference, Stephens Point, WI.
- Gurung, R. A. R. (2002, June). *Practicing the scholarship of teaching and learning*. Paper presented at the meeting of the Wisconsin Teaching Fellow Summer Institute, WI.
- Gurung, R. A. R. (2002, May). *Group projects in content courses*. Paper presented at the meeting of the Enhancing the Teaching of Psychology and Human Development conference, University of Wisconsin-La Crosse, WI.
- Gurung, R. A. R. (2002, March). *Making magic: The enchantment of teaching*. Featured Faculty address, University of Wisconsin, Green Bay, WI.
- Gurung, R. A. R. (2002, March). *They're all in it together: Designing group presentation assignments*.

Paper presented at the meeting of the Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.

Gurung, R. A. R. (2002, March). *Going beyond content: Enhancing understanding in large classes*. Paper presented at the meeting of the Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.

Gurung, R. A. R. (1997, September). *Mental representations in close relationships*. Invited address, Carleton College, Northfield, MN.

SCHOLARLY PRESENTATIONS: POSTERS

2018

Alger-Feser, S., Bowe, M., Stoa, R., Wolf, J., Livingston, N., Kabat, E., & Gurung, R. A. R. (2018, April) *Welcome to the gun show: objectification of the everyday man*. Poster submitted for presentation at the Midwestern Psychological Association Conference, Chicago, IL.

Bowe, M., Alger-Feser, S., Stoa., R., & Gurung, R. A. R. (2018, April). *Are male celebrities objectified based on what they are wearing?* Poster submitted for presentation at the Midwestern Psychological Association Conference, Chicago, IL.

Collegnon, A., Delagrang, J., & Gurung, R. A. R. (2018, April). *Can brain games be brain food?* Poster submitted for presentation at the Midwestern Psychological Association Conference, Chicago, IL.

Collegnon, A., Delagrang, J., Alger-Feser, S., Bowe, M., Kabat, E., Stoa., R., Wolf, J., & Gurung, R. A. R. (2018, April). *Gamers rejoice: Does game play increase learning on cognitive tasks?* Poster submitted for presentation at the Midwestern Psychological Association Conference, Chicago, IL.

Delagrang, J., Collegnon, A., & Gurung, R. A.R. (2018, April). *Improving Performance*. Poster submitted for presentation at the Midwestern Psychological Association Conference, Chicago, IL.

Jauregui, I. & Gurung, R. A. R. (2018, April). *Studying immigrants in Brown County*. Poster submitted for presentation at the Midwestern Psychological Association Conference, Chicago, IL.

Jorgenson, A. & Gurung, R. A. R. (2018, April). *A full serving of restaurant server experiences*. Poster submitted for presentation at the Midwestern Psychological Association Conference, Chicago, IL.

- Jorgenson, A. & Gurung, R. A. R. (2018, April). *Dressed to serve, don't perv: Studying objectification of restaurant servers*. Poster submitted for presentation at the Midwestern Psychological Association Conference, Chicago, IL.
- Kabat, E., Wolf, J., & Gurung, R. A. R. (2018, April). *Our selfie, ourselves*. Poster submitted for presentation at the Midwestern Psychological Association Conference, Chicago, IL.
- Livingston, N., Storkson, M., Tran, E., & Gurung, R. A. R., (2017, April). *Can sports apparel diffuse racism?* Poster submitted for presentation at the Midwestern Psychological Association Conference, Chicago, IL.
- Lundquist, A. & Gurung, R. A. R. (2018, April). *Understanding mental health: A closer look at depression*. Poster submitted for presentation at the Midwestern Psychological Association Conference, Chicago, IL.
- Maglio, S. & Gurung, R. A. R. (2018, April). *Stereotyping of Athletes*. Poster submitted for presentation at the Midwestern Psychological Association Conference, Chicago, IL.
- Maglio, S., Collegnon, A. & Gurung, R. A. R. (2018, April). *Objectification of Clothing on Varying Visibility*. Poster submitted for presentation at the Midwestern Psychological Association Conference, Chicago, IL.
- Powers, M., Gurung, R., & Forgaca, J. (2017). Determination of variables affecting student-athlete mental health. Poster submitted for presentation at the Midwestern Psychological Association Conference, Chicago, IL.
- Punke, E., & Gurung, R. A. R., (2017, November). *The Devil Made Me Do It: Temptation and Morality*. Poster submitted for presentation at the Midwestern Psychological Association Conference, Chicago, IL.
- Stoa, R., Bowe, M., Alger-Feser, S., & Gurung, R. A. R. (2018, April). *The influence of t-shirt graphics on perceptions and behaviors*. Poster submitted for presentation at the Midwestern Psychological Association Conference, Chicago, IL.
- Storkson, M. & Gurung, R. A. R. (2018, April). *Individual hireability*. Poster submitted for presentation at the Midwestern Psychological Association Conference, Chicago, IL.
- Storkson, M., Punke, E., Svoboda, S., & Gurung, R. A. R. (2018, April). *Introducing KFC: Knowing the flag of the confederacy scale*. Poster submitted for presentation at the Midwestern Psychological Association Conference, Chicago, IL.

Tran, E., Livingston, N., Bowe, M., & Gurung, R. A. R. (2018, April). *Music influence on perception: Negating or evoking racial stereotypes*. Poster submitted for presentation at the Midwestern Psychological Association Conference, Chicago, IL.

Wolf, J., Kabat, E., & Gurung, R. A. R. (2018, April). *Body objectification: What makes a person less likely to objectify?* Poster submitted for presentation at the Midwestern Psychological Association Conference, Chicago, IL.

2017

Brickner, M., & Gurung, R. A. R., (2017, April). *Teacher's knowledge, attitudes, and behaviors towards children*. Poster submitted for presentation at the Midwestern Psychological Association Conference, Chicago, IL.

Brickner, M., Leet, M., Punke, E., & Gurung, R. A. R., (2017, April). *Dressing 'In Code': Clothing rules, propriety, and perceptions*. Poster submitted for presentation at the Midwestern Psychological Association Conference, Chicago, IL.

Collegnon, A., Fowle, H., Maglio, S., Rose, K., Hanrahan, V., & Gurung, R. A. R. (2017, April). *Dressed for success: Do clothes drive performance?* Poster submitted for presentation at the Midwestern Psychological Association Conference, Chicago, IL.

Collegnon, A., Gurung, R. A. R. (2017, April). *Are expensive textbooks going extinct?* Poster submitted for presentation at the Midwestern Psychological Association Conference, Chicago, IL.

Fowle, H., Hanrahan, V., Brickner, M., & Gurung, R. A. R. (2017, April). *Rating selfies: Predicting perceptions of others*. Poster submitted for presentation at the Midwestern Psychological Association Conference, Chicago, IL.

Graff, A., Leet, M., & Gurung, R. A. R., (2017, April). *Do perceptions of birth order characteristics match reality?* Poster submitted for presentation at the Midwestern Psychological Association Conference, Chicago, IL.

Hanrahan, V., Fowle, H., Maglio, S., Rose, K., Collegnon, A., & Gurung, R. A. R. (2017, April). *Do logos drive perceptions? Examining messages in clothing*. Poster submitted for presentation at the Midwestern Psychological Association Conference, Chicago, IL.

Hartung, A., & Gurung R. A. R. (2017, April). *Personality and security: An analysis of attitudes towards guns*. Poster submitted for presentation at the Midwestern Psychological Association Conference, Chicago, IL.

Kiley, B., & Gurung, R. A. R., (2017, April). *Perception of Architecture: Does Contrast or Mere Exposure Matter?* Poster submitted for presentation at the Midwestern Psychological Association Conference, Chicago, IL.

Krawczyk, J., Wendt, K., & Gurung R. A. R. (2017, April). *Design and memory*. Poster submitted for presentation at the Midwestern Psychological Association Conference, Chicago, IL.

Leet, M., Brickner, M., & Gurung, R. A. R., (2017, April). *The Science of Sexy*. Poster submitted for presentation at the Midwestern Psychological Association Conference, Chicago, IL.

Leet, M., Graff, A., & Gurung, R. A. R., (2017, April). *Short circuit microaggressions*. Poster submitted for presentation at the Midwestern Psychological Association Conference, Chicago, IL.

Linstad, A., & Gurung R. A. R., (2017, April). *The Impact of Personality Tests*. Poster submitted for presentation at the Midwestern Psychological Association Conference, Chicago, IL.

Maglio, S., Hanrahan, & Gurung, R. A. R. (2017, April). *Objectification of clothing varying visibility*. Poster submitted for presentation at the Midwestern Psychological Association Conference, Chicago, IL.

Powers, M., & Gurung R. A. R., (2017, April). *Student athlete's mental health*. Poster submitted for presentation at the Midwestern Psychological Association Conference, Chicago, IL.

Rose, K., Calma-Birling, D., & Gurung, R. A. R., (2017, April). *Comparing student efficacy using the program pattern with mindfulness, learning, and studying variables*. Poster submitted for presentation at the Midwestern Psychological Association Conference, Chicago, IL.

Wendt, K., Krawczyk, J., & Gurung R. A. R. (2017, April). *Room characteristics and perception*. Poster submitted for presentation at the Midwestern Psychological Association Conference, Chicago, IL.

2016

Allen, A., Morgan, B., & Gurung, R. A. R. (2015). *Media and perceptions*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

Badalamenti, V., & Gurung, R. A. R. (2015). *Do sweet thoughts add up to success?* Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

Berth, K., Vogt, W., Badalamenti, V., Busko, S., & Schultz, D. (2015). *Creativity, clothing, and performance: How what we wear can affect the cognitive process of creativity*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

Blommer, A., Garcia, S., Short, C., Amsel, E., Landrum, R. E., & Gurung, R. A. R. (2016). *Becoming psychologically literate: Responding to those with symptoms of depression*. Poster presented at the annual meeting of the Rocky Mountain Psychological Association, Denver, CO.

Calma-Birling, D., Stelter, T., Senzaki, S., Gurung, R. A. R. (2015). *Does a brief mindfulness intervention effect academic performance?* Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

Calma-Birling, D. & Gurung, R. A. R. (2015). *Can mindfulness help increase student self- efficacy?* Poster submitted for presentation at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

Carroll, E., & Gurung, R. A. R. (2015). *A Toy study*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

Carroll, E., Badalamenti, V., Nelson, A., & Gurung, R. A. R. (2015). *Art appreciation*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

Krawcheck, J., & Gurung, R. A. R. (2015). *Information layout design of slide manipulation and*

memory recall. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

- Mattice, E., Brickner, M., Miller, S., Punke, E., Svoboda, S., & Gurung, R.A.R. (2015). *Food documentary: A health game changer*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Miller, S., Brickner, M., Punke, E., Svoboda, S., & Gurung, R. A. R. (2015). *Guilty pleasure or pleasurable guilt?* Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Nelson, A. M. & Gurung, R. A. R. (2016, May). *Women with tattoos: The impact of body art on perceptions of personality, behaviors, and careers*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Novak, B., & Gurung, R. A. R. (2015). *Predicting current health behaviors from childhood retrospections*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Osteen, C. & Gurung, R. A. R. (2015) *Does Science and Religion Effect Altruistic Behavior*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL
- Punke, E., Svoboda, S., Miller, S., Brickner, M., & Gurung, R. A. R. (2015). *Implicit racial attitudes*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL
- Schultz, D., Badalamenti, V., Busko, S., Nelson, A., & Gurung, R. A. R. (2015). Perceptions and behaviors based upon clothing. Poster submitted for presentation at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Schultz, D. & Gurung, R. A. R. (2015). The effects of mindfulness on the injured athlete. Poster submitted for presentation at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Svoboda, S., Brickner, M., Miller, S., Punke, E., & Gurung, R. A. R. (2015). Technology in relationships. Poster submitted for presentation at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Vogt, W., Berth, K., Badalamenti, V., Busko, S., Nelson, A., Schultz, D., & Gurung, R. A. R. (2016). Dress for less stress. Poster submitted for presentation at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Vogt, W., & Gurung, R. A. R. (2016). Examining the effectiveness of PSA's on individuals perception of autism. Poster submitted for presentation at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Wick, S. & Gurung, R. A. R. (2015) Assessment on the impact of reading. Submitted to the annual meeting of the Midwestern Psychological Association, Chicago, IL.

2015

- Baker, M., Blochowiak, K., Vanhouten, S., Wick, S., & Gurung, R. A. R. (2015). Dressing for work. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago; IL.
- Bartlett, C., & Gurung, R. A. R. (2015). The effects of social media on the perceptions of others. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago; IL.
- Blochowiak, K., Baker, M., Wick, S., Vanhouten, S., & Gurung, R. A. R. (2015). Optimizing task performance. Poster presented at the annual meeting of the Midwestern Psychological

Association, Chicago; IL.

Kiley, B., & Gurung, R. A. R. (2015). Architecture perceptions. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago; IL.

Vanhouten, S., Wick, S., Blochowiak, K., Baker, M., & Gurung, R. A. R. (2015). Assessing the effects of mixed media. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago; IL.

Wick, S., Baker, M., Blochowiak, K., Vanhouten, S., & Gurung, R. A. R. (2015). Is there a science of sexy? An empirical test of dressing recommendation. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago; IL.

2014

Bartoszewski, B., DeKeyser, M., Gehrke, E., Klemm, K., Olson, B., Panske, J., & Gurung, R. A. R. (2014). Learning practices amongst college students. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago; IL.

DeKeyser, M., Klemm, K., Bartoszewski, B., Panske, J., Gehrke, E., Olson, B., & Gurung, R. A. R. (2014). The portrayal of media regarding obesity. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago; IL.

Gehrke, E., Bartoszewski, B., DeKeyser, M., Klemm, K., Olson, B., Panske, J., & Gurung, R. A. R. (2014). Countering the negative effects of fat talk on body image. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago; IL.

Klemm, K., Bartoszewski, B., DeKeyser, M., Panske, J., Gehrke, E., Olson, B., & Gurung, R. A. R. (2014). Are fitness blogs hurting our attitudes toward exercise and our bodies? Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago; IL.

Klemm, K., Senn, R., Wysocki, C., Kempen, L., & Gurung, R. A. R. (2014). Dressed to present: Ratings of classroom presentations vary with attire. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago; IL.

Panske, J., Klemm, K., Bartoszewski, B., DeKeyser, M., Gehrke, E., Olson, B., & Gurung, R. A. R. (2014). Can altering emotional states prior to concentration tasks disrupt performance? Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago; IL.

Zweerink, S., Bricco, A., Gurung, R. A. R., Vieaux, L., Free, H., Girdauskas, A., & Lagina, S. (2014). The utility of online study aids: A test of three options. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago; IL.

2013

Adams, P., & Gurung, R. A. R. (2013, May). Normative influence of friends' likes. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago; IL.

Manders, K., & Gurung, R. A. R. (2013, May). Effective study strategies: Teaching effective note taking skills. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago; IL.

Preman, S., & Gurung, R. A. R. (2013, May). Perceiving the obese. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago; IL.

Vogels, E., & Gurung, R. A. R. (2013, May). Hidden intelligence: Downplaying intelligence in social settings. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago; IL.

Zweerink, S., Woods, C., & Gurung, R. A. R. (2013, May). Do sexist logos activate stereotype threat? Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago; IL.

Zweerink, S., Woods, C., & Gurung, R. A. R. (2013, May). Objectification of male and female celebrities. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago; IL.

2012

Filz, T. & Gurung, R. A. R. (2012, August). Student perceptions of undergraduate teaching assistants. Poster presented at American Psychological Association Annual Convention.

Freis, S., & Gurung, R. A. R. (2012, May). Helping behavior in the new technological age: A facebook analysis. Poster presented at the annual meeting of the Association of Psychological Science, Chicago, IL.

Pullin, M. D., Batten, K. M., Gurung, R. A. R., & Landrum, R. E. (2012, May). Memorable concepts from undergraduate psychology: A content analysis of unforgettable course content. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago; IL.

2011

Filz, T., Wilhelm, T. M., & Gurung, R. A. R. (2011). The utility of online examinations in face-to-face classes: Empirical evidence. Poster presented at the annual meeting of the American Psychological Association, Washington, DC.

Freis, S., Weise, A., & Gurung, R. A. R. (2011). Sexist brands: Empowering, degrading, or aggravating? Poster presented at the annual meeting of the American Psychological Association, Washington, DC.

Freis, S., Weise, A., & Gurung, R. A. R. (2011). Does dressing provocatively help or hurt self esteem when on the spot? Poster presented at the annual meeting of the American Psychological Association, Washington, DC.

Gintz, C., Gagnon, S., Donato, D., Lawson, J, Gurung, R. A. R., & Landrum, R. E. (2011). A content analysis of introductory student expectations about course impact and content retention. Poster presented at the annual meeting of the Rocky Mountain Psychological Association, Salt Lake City, UT.

Goicoechea, C., Gagnon, S., Donato, D., Lawson, J, Gurung, R. A. R., & Landrum, R. E. (2011). A new look: Updated normative data on the metacognitive awareness inventory. Poster presented at the annual meeting of the Rocky Mountain Psychological Association, Salt Lake City, UT.

Weise, A., Freis, S., & Gurung, R. A. R. (2011). Dressed to teach? Appearance, clothing, and ratings of instructors. Poster presented at the annual meeting of the American Psychological Association, Washington, DC.

Wilhelm, T. M., Spann, N., Filz, T., Landrum, R. E., & Gurung, R. A. R. (2011). Online test taking: Does when you take it matter? Poster presented at the annual meeting of the American Psychological Association, Washington, DC.

Wilhelm, T. M., Filz, T., & Gurung, R. A. R. (2011). Key components of an empirically tested honor code. Poster presented at the annual meeting of the American Psychological Association, Washington, DC.

2010

Batten, K., Woodstrom, L., Taitano, A., Smith, B., Hulbert, C., Landrum, R. E., & Gurung, R. A. R. (2010, April). *The role of publishing representatives in textbook adoption*. Rocky Mountain

Psychological Association, Denver, CO.

Hulbert, C., Batten, K., Woodstrom, L., Taitano, A., Smith, B., Landrum, R. E., & Gurung, R. A. R. (2010, April). *Use of two scales to measure student perceptions of introductory psychology textbooks*. Rocky Mountain Psychological Association, Denver, CO.

Kacmarek, K., & Gurung, R. A. R. (2010). What is She Wearing?" Inappropriate Clothing Choices, Body Image, and Mood. Poster presented at the annual meeting of the American Psychological Association, San Diego, CA.

Kacmarek, K., Gurung, R. A. R., & Degeneffe, A. (2010). Perceived Infidelity: Does Body Image accentuate Women's Jealousy? Poster presented at the annual meeting of the American Psychological Association, San Diego, CA.

Smith, B., Hulbert, C., Batten, K., Woodstrom, L., Taitano, A., Landrum, R. E., & Gurung, R. A. R. (2010, April). *Introductory psychology students learn concepts and acquire skills: Which are most important?* Rocky Mountain Psychological Association, Denver, CO.

Taitano, A., Smith, B., Hulbert, C., Batten, K., Woodstrom, L., Gurung, R. A. R., & Landrum, R. E. (2010, April). *Faculty selection of textbooks: Key variables and the role of teaching experience*. Rocky Mountain Psychological Association, Denver, CO.

Woodstrom, L., Taitano, A., Smith, B., Hulbert, C., Batten, K., Gurung, R. A. R., & Landrum, R. E. (2010, April). *Pedagogical decisions about the use of electronic textbooks*. Rocky Mountain Psychological Association, Denver, CO.

2009

Baker-Clyde, K. A., Spann, N., Gurung, R. A. R., & Landrum, R. E. (2009, April). Factor Structure of the Collegiate Assessment of Textbook Preferences (CATP) Scale. Poster to be presented at the annual meeting of the Rocky Mountain Psychological Association.

Bruni, K., & Gurung, R. A. R. (2009, August). Poster presented at the annual meeting of the American Psychological Association, Toronto, CA.

Gurung, R. A. R., & Beyer, T. L. (2009, August). The Latest Word on Class Size: Does It Really Matter? Poster presented at the annual meeting of the American Psychological Association, Toronto, CA.

Spann, N., Baker-Clyde, K. A., Gurung, R. A. R., & Landrum, R. E. (2009, April). The Relationship Between Student Textbook Preferences and Learning and Grade Orientations. Poster to be presented at the annual meeting of the Rocky Mountain Psychological Association.

2008

Kracha, K., & Gurung, R. A. R. (2008, August). [Effects of Recall Tests and Recognition Tests: A Review](#). Poster presented at the annual meeting of the American Psychological Association, Boston, MA.

Martin, R., & Gurung, R. A. R. (2008, August). [Assessing Upper-Level Psychology Textbooks: Does It Predict Learning?](#) Poster presented at the annual meeting of the American Psychological Association, Boston, MA.

2007

Bord, D., Jeske, A., & Gurung, R. A. R. (2007, August). *Comparing student perceptions of textbooks*. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.

- Kinderman, S., Gurung, R. A. R., & Roberts, E. A. (2007, August). *Objectifying the rich and famous: Does sex and celebrity matter?* Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.
- Roethel, A. & Gurung, R. A. R. (2007, August). *Managing stress: Which techniques are the most effective?* Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.
- Gurung, R. A. R., & Martin, R., (2007, July). *Code of conduct: Internationalizing the ethics of SoTL.* Poster presented at the annual meeting of the International Society for the Scholarship of Teaching and Learning, Sydney, Australia.
- Gurung, R. A. R., Haynie, A., & Chick, N. (2007, July). *Signature pedagogies and practices in the disciplines.* Poster presented at the annual meeting of the International Society for the Scholarship of Teaching and Learning, Sydney, Australia.

2006

- Hebeler, N., & Gurung, R. A. R. (2006, August). *The role of comfort in data collection.* Poster presented at the annual meeting of the American Psychological Association, New Orleans, LA.
- Klein, H., Rindfleisch, C. L., & Gurung, R. A. R. (2006, August). *Are Beauty Pageants Objectifying? Two answers.* Poster presented at the annual meeting of the American Psychological Association, New Orleans, LA.
- Rindfleisch, C. L., Klein, H., & Gurung, R. A. R. (2006, August). *Sex differences in objectification.* Poster presented at the annual meeting of the American Psychological Association, New Orleans, LA.
- Gurung, R. A. R. (2005, August). *A Balanced Diet of Study Skills.* Poster presented at the annual meeting of the American Psychological Association, Washington, DC.

2005

- Gurung, R. A. R., & Chrouser, C. J. (2005, June). *Not buff enough (in the buff): Objectifying female athletes.* Poster presented at the annual meeting of the American Psychological Society, Los Angeles, CA.
- Gurung, R. A. R., Schuessler, T., & Durran, M. (2005, June). *Supersizing physical activity may boost academic performance.* Poster presented at the annual meeting of the American Psychological Society, Los Angeles, CA.
- Gurung, R. A. R., Morack, S., & Bloch, H. (2005, June). *Skin sells (and hurts): Objectification and the Miss America 2004 Pageant.* Poster presented at the annual meeting of the American Psychological Society, Los Angeles, CA.
- Gurung, R. A. R., Grudzeilaneck, K., & Tosh, C. (2005, June). *Looking good, teaching well? Linking liking, looks, & learning.* Poster presented at the annual meeting of the American Psychological Society, Los Angeles, CA.
- Bloch, H., & Gurung, R. A. R. (2005, June). *Mood and perception: Do others look better when you are aroused?* Poster presented at the annual meeting of the American Psychological Society, Los Angeles, CA.
- Miller, M. J., & Gurung, R. A. R. (2005, June). *Athletic coachability.* Poster presented at the annual meeting of the American Psychological Society, Los Angeles, CA.

2004

- Gurung, R. A. R., Heim, T., & Mier, R. (2004, June). *Show more, look better? Revealing clothes, body*

size, and impression formation. Poster presented at the annual meeting of the American Psychological Society, Chicago, IL.

Gurung, R. A. R., West, J., & Siegler, B. L. (2004, June). *Skin and perception: Are beauty pageants sexist?* Poster presented at the annual meeting of the American Psychological Society, Chicago, IL.

Gurung, R. A. R., Teske, D., & Basteniello, J. (2004, June). *Does this shirt make me look big... enough? Looking at male body image.* Poster presented at the annual meeting of the American Psychological Society, Chicago, IL.

Gurung, R. A. R., Rose, H. S., & Peterson, J. A. (2004, June). *How do students really study (and does it matter)?* Poster presented at the annual meeting of the American Psychological Society, Chicago, IL.

Lange, K. & Gurung, R. A. R. (2004, June). *Do relationships with fathers influence daughters' relationships and sexuality?* Poster presented at the annual meeting of the American Psychological Society, Chicago, IL.

2003

Gurung, R. A. R. (2003, August). *Just bells and whistles? Assessing pedagogical aids.* Poster presented at the annual meeting of the American Psychological Association, Toronto, Canada.

Gurung, R. A. R. (2003, August). *Assessing flux in ethnic identity development.* Poster presented at the annual meeting of the American Psychological Association, Toronto, Canada.

Gurung, R. A. R., Stowe, A., & Hundt, A. (2003, August). *When looking good can be bad: Impressions of tight revealing clothes.* Poster presented at the annual meeting of the American Psychological Association, Toronto, Canada.

Gurung, R. A. R., & Hundt, A. (2003, August). *Workout outfits and impression formation.* Poster presented at the annual meeting of the American Psychological Association, Toronto, Canada.

Gurung, R. A. R., Goetzinger, L. M., Siegler, B., & Braithwaite, B. (2003, August). *There's no good or bad if ugly: Can we change physique anxiety?* Poster presented at the annual meeting of the American Psychological Association, Toronto, Canada.

Williamson, L., & Gurung, R. A. R. (2003, August). *Beyond the pages of magazines: Body dissatisfaction, image, and mood.* Poster presented at the annual meeting of the American Psychological Association, Toronto, Canada.

Alley, C., & Gurung, R. A. R. (2003, May). *The Role of Sports in Building Self Esteem.* Poster presented at the annual meeting of the American Psychological Society, Atlanta, GA.

Gurung, R. A. R. (2003, May). *Review Sessions: Good, Bad, and Clumsy.* Paper presented at the annual meeting of the American Psychological Society, Atlanta, GA.

Carnelly, K., Rusch, J., & Gurung, R. A. R. (2003, February). *Attachment and Complexity of Partner Model.* Paper presented at the annual meeting of the Society for Personality and Social Psychology, Los Angeles, CA.

2002

Goetzinger, L., Gurung, R. A. R., Otto, J., Stowe, A., & Williamson, L. (2002, August). *Manipulating Social Physique Anxiety: Clothing and Feedback.* Poster presented at the annual meeting of the American Psychological Association, Chicago, IL.

Gurung, R. A. R., Zellner, J., Williamson, L., & Goetzinger, L. (2002, August). *Looking so Good it hurts: Predictors and Consequences of Rating Attractiveness.* Poster presented at the annual meeting of the American Psychological Association, Chicago, IL.

- Gurung, R. A. R., Suchomel, N., Stowe, A., Otto, J., & Goetzinger, L. (2002, August). *Physique Anxiety, Social Perception, and Mood: A Focus on Men*. Poster presented at the annual meeting of the American Psychological Association, Chicago, IL.
- Gurung, R. A. R., Wavrunek, K., & Williamson, L. (2002, August). *Comparing the Effects of Different Media on Children's Body Image*. Poster presented at the annual meeting of the American Psychological Association, Chicago, IL.
- Gurung, R. A. R. (2002, June). *Sleeping Students Don't Talk (or Learn): Enhancing Active Learning Via Class Participation*. Poster presented at the meeting of the American Psychological Society, New Orleans, LO.
- Gurung, R. A. R. (2002, June). *Do students who use pedagogical aids perform better on exams?* Poster presented at the meeting of the American Psychological Society, New Orleans, LO.

2001

- Brown, J. L., & Gurung, R. A. R. (2001, June). *Neither Objectification Nor Sex Attenuate the Attractiveness of Large Busts*. Poster presented at the meeting of the American Psychological Society, Toronto, Canada.
- Brzozowski, B. T., & Gurung, R. A. R. (2001, June). *Exercise Predicts Depression, Satisfaction and Efficiency in College*. Poster presented at the meeting of the American Psychological Society, Toronto, Canada.
- Gurung, R. A. R. (2001, June). *Tuning Into Psychology*. Paper presented at the meeting of the American Psychological Society, Toronto, Canada.
- Gurung, R. A. R., Lorenz, D., Bartels, D., & Krenzke, E. (2001, June). *The Ask For Help Task: Measuring Support Seeking*. Poster presented at the meeting of the American Psychological Society, Toronto, Canada.
- Gurung, R. A. R. (2001, June). *Improving Class Discussion: CCC cards and Structured Roles*. Paper presented at the meeting of the American Psychological Society, Toronto, Canada.
- Haag, P., Brosig, C., Gurung, R. A. R., Triest-Robertson, S., Whitfield, & Pfutzenreuter, M. (2001, March). *Do (mis)beliefs about pain influence addiction beliefs?* Poster presented at the meeting of the Society for Behavioral Medicine, Seattle, WA.
- Triest-Robertson, S., Gurung, R. A. R., Brosig, C., Whitfield, & Pfutzenreuter, M. (2001, March). *Assessing satisfaction with hospital pain management*. Poster presented at the meeting of the Society for Behavioral Medicine, Seattle, WA.

2000

- Frederiksen, J. J., & Gurung, R. A. R. (2000, May). *Are the religious more satisfied in romantic relationships?* Paper presented at the Second Annual UW-System Symposium for Undergraduate Research, La Crosse, WI.
- Gurung, R. A. R. (2000, June). *Taking psychology into the trenches: Active learning and group activities*. Paper presented at the meeting of the American Psychological Society, Miami, FL.
- Hayes, B. B., Hardt, B., & Gurung, R. A. R. (2000, August). *Overcoming Barriers to a Better You: Barriers and Exercise Adherence*. Paper presented at the meeting of the American Psychological Association, Washington, D.C.
- Herminath, S., & Gurung, R. A. R. (2000, May). *Predictors of Relationship satisfaction*. Poster presented at the Second Annual UW-System Symposium for Undergraduate Research, La Crosse, WI.
- Herminath, S., Steiner, N., & Gurung, R. A. R. (2000, August). *Expanding Self Expansion: Social*

Support, Relationship Satisfaction and Gender. Poster presented at the meeting of the American Psychological Association, Washington, D.C.

- Steiner, N., & Gurung, R. A. R. (2000, May). *Gender as a predictive measure of relationship satisfaction: How gender influences the link between significant-other concepts and satisfaction.* Paper presented at the Second Annual UW-System Symposium for Undergraduate Research, La Crosse, WI.
- Steiner, N., Herminath, S., & Gurung, R. A. R. (2000, August). *Predicting Support and Satisfaction: Specific Measures or Attachment Styles?* Poster presented at the meeting of the American Psychological Association, Washington, D.C.

1997-1998

- Gurung, R. A. R. & Mehta, V. (1998, August). *Minority health care providers: A focus on identity, acculturation and beliefs in second generation Indian Americans.* Paper presented at the meeting of the American Psychological Association, San Francisco, CA.
- Gurung, R. A. R., Dunkel-Schetter, C., Collins, N., & Hobel, C. (1998, August). *Social support and adjustment during pregnancy.* Paper presented at the meeting of the American Psychological Association, San Francisco, CA.
- Gurung, R. A. R. (1998, June). *We're all in it together: Cognitive concomitants of self-expansion.* Paper presented at the meeting of the International Society for the Study of Personal Relationships, Saratoga Springs, NY.
- Gurung, R. A. R. (1997, August). *Demonstrating the matching hypothesis.* Paper presented at the meeting of the American Psychological Association, Chicago, IL.
- Mehta, V. K., & Gurung, R. A. R. (1997, March). *Ethnic Identity, acculturation and beliefs: A focus on Indian American medical providers.* Paper presented at the meeting of the American Association Health Providers, Boston, MA.

1992-1996

- Gurung, R. A. R., Sarason, B. R., Sarason, I. G., & Sanghvi, H. (1996, August). *Coping with the transition to College: Psychological factors influencing adjustment.* Paper presented at the meeting of the American Psychological Association, Toronto, Canada.
- Gurung, R. A. R., Ullrich, P., Sarason, B. R., & Sarason, I. G. (1996, July). *Measuring significant other-concepts: Spontaneous verbal descriptions.* Paper presented at the meeting of the International Society for the Study of Personal Relationships, Banff, Canada.
- Sanghvi, H., Sarason, I. G., Gurung, R. A. R. (1996, June). *Cognitive interference in social situations: validation of the Social Interference Questionnaire.* Paper presented at the meeting of the International Network of Personal Relationships, Seattle, WA.
- Sanghvi, H., Sarason, I. G., Gurung, R. A. R., & Rook, K. S. (1996, August). *Cognitive Interference in Social Situations: How do Interfering Thoughts Affect Social Adjustment.* Paper presented at the meeting of the American Psychological Association, Toronto, Canada.
- Gurung, R. A. R., Sarason, B. R., & Sarason, I. G. (1995, August). *Other-concepts: Mental representations of romantic partners and relationship quality.* Paper presented at the meeting of the American Psychological Association, New York, NY.
- Gurung, R. A. R., Sarason, B. R., & Sarason, I. G. (1995, August). *Support under pressure: Effects of support provision on state self-esteem.* Paper presented at the meeting of the American Psychological Association, New York, NY.
- Brock, D. M., Gurung, R. A. R., & Sarason, B. R. (1995, August). *Interactions with dating partners*

- versus strangers: Differences in observed behavior.* Paper presented at the meeting of the American Psychological Association, New York, NY.
- Gurung, R. A. R., Sarason, B. R., & Sarason, I. G. (1994, August). *Observing conflict and support: Global vs. a behavioral-specific approaches.* Paper presented at the meeting of the American Psychological Association, Los Angeles, CA.
- Ulrich, P., Gurung, R. A. R., & Sarason, B. R. (1994, August). *Expressions of self-other overlap among dating couples.* Paper presented at the meeting of the American Psychological Association, Los Angeles, CA.
- Gurung, R. A. R., Sarason, B. R., & Sarason, I. G. (1993, August). *Factors influencing perceptions of support in romantic relationships.* Paper presented at the meeting of the American Psychological Association, Toronto, Canada.
- Gurung, R. A. R., Sarason, B. R., Keeker, K. D., & Sarason, I. G. (1992, August). *Family environments, specific relationships and general perceptions of adjustment.* Paper presented at the meeting of the American Psychological Association, Washington, D.C.

INVITED ADDRESSES: COMMUNITY

- Gurung, R. A. R.. (2018, April). The college of arts, humanities and social sciences. College Draft Day, Lambeau Field, Green Bay, WI.
- Gurung, R. A. R.. (2018, April). Some truths about screen time. Presentation at Red Smith school. Green Bay, WI.
- Gurung, R. A. R.. (2018, April). Screen time. Presentation to Phuture Phoenix 8th graders. Green Bay, WI.
- Gurung, R. A. R., & Landrum, R. E. (2016, November). What's PSYCH got to do with it: Paths to college and career success. Metropolitan State College of Denver, Denver, CO.
- Gurung, R. A. R. (2016, May). Spirituality and belief. American Foundation for Counseling Services, Green Bay, WI.
- Gurung, R. A. R. (2014, October). Managing stress and your time: Tips for the academic life. UW-Green Bay.
- Gurung, R. A. R. (2013, September). Doing it all (and living to tell the tale): The science of stress and tips to beat it. Presentation at Professional Development Day, UW-Green Bay.
- Gurung, R. A. R. (2013, May). Doing it all (and living to tell the tale): The science of stress and tips to beat it. Presentation to Chamber Current Professionals series, Green Bay, WI.
- Gurung, R. A. R. (2011, October). *Stress Management on and off the field.* NFL Rookie Player Management Series, Lambeau Field, Green Bay, WI.
- Gurung, R. A. R. (2011, September). *The Kids Count LIVE 54218 Program.* Childhood Obesity Conference, Green Bay, WI.
- Gurung, R. A. R. (2009, February). *Alcohol: Green Bay's Problem.* Panel presentation for the BACC, LIT program, Green Bay, WI.
- Gurung, R. A. R. (2007, April). *Coping tips for leaders: Balancing challenges and keeping sane.* TOPSS address at the Teen Leadership Green Bay Conference, Dr Pere, WI.
- Gurung, R. A. R. (2006, February). *Eat well, exercise more, and score (Academically).* Ferber Elementary Health Fair, Appleton, WI.
- Gurung, R. A. R. (2005, February). *Healthy bodies, smarter minds: Enhancing learning through nutrition and physical activity.* Association of Wisconsin School Administrator's (AWSA) Elementary Educators Conference, Middleton, WI.

- Gurung, R. A. R. (2004, October). *Non-medical approaches to pain management*. St. Vincent's Hospital Pain Awareness Program, Green Bay, WI.
- Gurung, R. A. R. (2004, September). *Non-medical approaches to pain management*. St. Mary's Hospital Pain Awareness Program, Green Bay, WI.
- Gurung, R. A. R. (2004, September). *The psychology behind exercising*. Y.M.C.A., Howard, WI.
- Gurung, R. A. R. (2004, August). *Healthy bodies, smarter minds: Enhancing learning through nutrition and physical activity*. Keynote address at Education for Healthy Kids Summer Institute, Appleton, WI.
- Gurung, R. A. R. (2004, August). *Why do we eat what we eat: Factors influencing food choice*. Education for Healthy Kids Summer Institute, Appleton, WI.
- Gurung, R. A. R. (2004, August). *The role of smoking in health and education*. Education for Healthy Kids Summer Institute, Appleton, WI.
- Gurung, R. A. R. (2002, November). *Show me the Data: Being Good Consumers of Research*. St. Vincent's Hospital Nurses Training Program, Green Bay, WI.
- Gurung, R. A. R. (2002, August). *What is worksite wellness, and what works?* Worksite Wellness Summit, Green Bay, WI.
- Gurung, R. A. R. (2002, April). *Stronger minds, stronger bodies: Using health psychology to survive the winter*. Public Pain Forum, Green Bay, WI.
- Gurung, R. A. R. (2002, April). *East works with west: Melding the western biomedical model with eastern approaches*. Complementary Healthcare Meeting, Green Bay, WI.
- Gurung, R. A. R. (2002, February). *Wisconsin ways: Enhancing patient-practitioner interaction in the community*. Invited address, Aurora Bay Care Medical Center, Green Bay, WI.
- Gurung, R. A. R. (2001, September). *The mind-body connection: Psychology and health*. St. Vincent Nurse Training Program, Green Bay, WI.
- Gurung, R. A. R. (1997, November). *Predicting emotions from cognitions*. California State University, Long Beach.

GRANTS

Becker-Blease, K. A. & Gurung, R. A. R. (PIs). (2017). NSF-IUSE. *Combining Cognitive and Non-Cognitive Interventions To Teach Essential, Transferable STEM Skills at Scale*. \$553,552 (UWGB subaward \$108,660. Not Funded).

Ansburg, P., Gurung, R. A. R., Landrum, R. E., & Mortensen, C. R. (PIs). (2017). NSF. Ethical Psychological Science: Cultivating Research Ethics in Undergraduate Psychology Students. \$389,000.00 (UWGB subaward \$117,456.00. Not funded).

Association for Psychological Science Fund for Teaching (2016, \$15,000).

APS Fund for Teaching and Public Understanding of Psychological Science (2016, \$3,000).

Pearson Higher Education (2015-2016, \$5,500).

NOBA Project (2014-2015, \$12,500).

McGraw-Hill Higher Education research grant (2010-2012, \$80,000).

UW-Green Bay Instructional Development Council SoTL grant (2009).

UW System OPID grant: Lesson Study Leadership 09-10

UW System OPID grant: Lesson Study Leadership 08-09

UW System OPID grant: Optimizing First Year Seminars (08, Ritch, co- P.I)

UW System OPID grant: Signature Pedagogies across the disciplines (2007, Haynie and Chick co-P.I.)

UW System OPID grant for Enhancing the first year experience (2007, Furlong co-P.I.)

UW System OPID grant for Lesson Study on Information Literacy (2007, Dettman co-P.I.)
 UW System Race and Ethnicity grant: Studying ethnic identity change (2007)
 Appleton School District Grant *Educating healthy kids project* (2005-2007)
 APA Board of Educational Affairs Conference Development Grant *National standards of high school psychology summer institute* (2007)
 UW System Lesson Study Grant (2007) *Interdisciplinary lesson study replication*
 APA Board of Educational Affairs Conference Development Grant (2006) *Enhancing the teaching of psychology conference*
 UW System Lesson Study Grant (2006) *Interdisciplinary Lesson Study*
 Grant-In-Aid-of-Research (Fall, 2006) *Coping with stress in college*
 McGraw-Hill Higher Education Research Grant (2006) *A National Study of Teaching and Learning*
 Pearson Education Research Grant (2006) *Comparing Introductory Psychology Textbooks*
 Thompson Learning Research Grant (2006) *Teaching Social Psychology*
 Grant-In-Aid-of-Research (Spring, 2006) *Body image and the media*
 Grant-In-Aid-of-Research (Fall, 2006) *Assessing textbooks*
 Grant-In-Aid-of-Research (Fall, 2005) *Coping with stress in college*
 Grant for Integrating Research and Teaching (Spring, 2004) *Studying Impression Formation*
 Grant-In-Aid-of-Research (Fall, 2004) *Sex differences and the stress response*
 Wisconsin Tobacco Control Board Grant (2003) *Evaluating the Oshkosh 'You Know What You Want' Intervention*
 Grant-In-Aid-of-Research (Fall, 2003) *Sex differences and the stress response*
 OPID Grant for Interdisciplinary Monograph on SoTL (co-PI, 2003)
 UTIC/OPID Consortium Development Grants (1999, 2000, 2001, 2002) *Enhancing the Teaching of Psychology Conference*
 UWGB Faculty Development Grants (1999, 2000, 2001, 2002, 2004, 2006)
 Grant for Integrating Research-Teaching (2001; 2002) *Relationships & Social Perception*
 National Institute of Health (NIH) award to attend Pittsburgh Mind Body Center's Summer Institute (July, 2000) *Basic Pathways Linking Behavior and Disease*
 Grants for Integrating Research and Teaching (Spring, 2000) *Phys. correlates of smoking cessation*
 Grants-In-Aid-of-Research (2001) *Paternal Attachment*, (2000) *Self-Perception*; (1999) *UWGBodies*
 UW System Faculty Reading Seminar on Race and Diversity Grant (1999)
 Phi Kappa Phi, Sigma Xi, HealthEmotions Institute Research Travel Award (1999)
 National Institute of Mental Health (NIMH) Postdoctoral Fellowship (1997-1999)
 American Psychological Association Student Travel Award (1994)
 University of Washington, Office of Education Assessment Grant (1994) *Studying Transitions*.
 Sigma Xi Grant (1992) *Parental Relationships, Social Support and Adjustment to College*

COURSES TAUGHT

Psych 100: Introductory Psychology
 Psych 198: Gods, Ghosts and Goblins: Understanding Belief
 Psych 300: Research Methods
 Psych 300: Lab in Research Methods
 Psych 450: Health Psychology
 Hum Dev 346: Culture, Development, & Health

PROFESSIONAL ACTIVITIES

National

Leadership

Chair, Psi Chi International Honor Society Strategic Transitions Committee (2018-2020).
 Board of Directors, Psi Chi International Honor Society. (2018-2020).
 Board of Directors, Psi Chi International Honor Society. (2012-2016).
 Member, International Society of the Scholarship of teaching and Learning (ISSOTL) leadership nomination committee (2010).
 Chair, APA BEA Working group on strengthening the common core of introductory psychology (2013).
 Chair, Educational and Training Council, Health Psychology (Div. 38, 2006-2012)
 Chair, Working Group to review the National Standards in high school psychology (2007)
 Chair, International Society for the Scholarship of Teaching and Learning (ISSOTL) Subcommittee on Ethics in Research (2007)
 Psi Chi National Honor Society Faculty Advisor Panel (2007-2008)
 Psi Chi National Honor Society National Leadership Conference planning committee (2007-2009)
 Conference Co-organizer Society for Personality and Social Psychology Teaching Preconference (Tampa, FL, 2009, Las Vegas, NV, 2010)
 Conference organizer Society for Personality and Social Psychology Teaching Preconference (Memphis, TN, 2007, Palm Springs, CA, 2006, New Orleans, LA, 2005)
 Educational Testing Service (ETS) Advance Placement Table Leader (2005)
 Program Chair (2001-2004) – APA Div. 2 Society for the Teaching of Psychology
 Associate Program Chair (1998-2000) – APA Div. 2 – Society for the Teaching of Psychology
 Chair, Web Committee (2000-2001) – International Society for the Study of Personal Relationships
 Co-Chair, Web Committee (1999-2000) – APA Div. 38- Health Psychology
 Assistant Coordinator - Meeting of the International Network of Personal Relationships (1996)
 Attendee APA BEA Educational Leadership Conference, Washington, D.C. (2005,2007).

Committees

Committee on Associate and Bachelorette Education (CABE), APA (2015-2017).
 APA BEA Working group on Assessing Introductory psychology (2014-2015).
 APA Div 1 and 2 Joint Taskforce on the content of Introductory Psychology (2014-2015).
 External Relations Committee, Psi Chi International Honor Society. (2012-2013).
 Research Grants Committee, Psi Chi International Honor Society. (2012-2013).
 STP Liason, Psi Chi International Honor Society. (2012-2013).
 ETS Advance Placement (AP) Faculty Colloquium Committee (2010)
 Task force on Media Products (APA Div. 2, 2010)
 American Psychological Association (APA) Board of Educational Affairs College Faculty Representative to the APA Teachers of Psychology in Secondary Schools (TOPSS, 2006-2009).
 Division of South Asian Americans (DoSAA) Task Force (2006-2007)
 Psi Chi National Honor Society Reviewer (2007)
 Office of Teaching and Resources in Psychology (OTRP) Project Lecture (2007-present)
 Task force on Grants (APA Div. 2, 2007-2008)
 Working Group to Review BEA Psychology Curriculum Guidelines (APA Div. 2, 2006-2007)

Steering Committee Teaching Introductory Psychology in the 21st Century: Content, activities and technology, e-workshop, January 25th, 2008 (APA Div. 2, 2007)
 Task force on Scholarship of Teaching and Learning (APA Div. 2, 2006-2007)
 Task force on Podcasting (APA Div. 2, 2006-2007)
 Task force on Diversity in Teaching (Society for the Teaching of Psychology APA Div. 2, 2006-2007)
 Steering committee, Reaching Out: Best Practices in Teaching Diversity and International Perspectives Across the Psychology Curriculum (Atlanta, GA. 2006)
 Educational and Training Committee, Health Psychology (Div. 38, 2000-2006)
 Web Committee (Health Psychology, APA Div. 38, 2004 -present)
 Educational Testing Service (ETS) Advance Placement Faculty Consultant (2002-2004)
 Task force on Enhancing the College Experience-Helping Students Thrive (APA Div. 2/35, 2001-2002)
 Task force on Alliances in the Regions (APA Div. 2, 2000-2001)
 Faculty Mentor for Society for Personality and Social Psychology (SPSP, 2004-present)
 Faculty Mentor (Health Psychology, APA Div. 38, 2002-present)

State

OPID Presidential Summit Reviewer for Lesson Study and Inclusive excellence sessions (2010)
 Chair, Search Committee, OPID interim Director (2008)
 Executive Committee, UW System Office of Professional and Instructional Development (2002-2015).
 Carnegie Cluster Leadership Committee, UW System (2006- present)
 Chair, Steering Committee, Enhancing the Teaching of Psychology in Wisconsin (1999-present)
 Organizer, Enhancing the Teaching of Psychology Regional Conferences (2000, 2001, 2002, 2003, 2004, 2006)
 UWGB representative to the UW System OPID executive council (2004-present)
 UWGB representative to the Carnegie Leadership Site Advisory Council (Milwaukee)
 UW System Institute of Race and Ethnicity (IRE) Advisory Council (2007-present)
 UW System Institute of Race and Ethnicity (IRE) UWGB Syllabi Coordinator (2007-present)

University

Leadership/University Committees

University Planning and Innovation Committee (2014-2016)
 Institutional Review Board (2014-present)
 Committee of Six Full Professors (2013-present)
 Sustainability Committee (2006-2009)
 Co-Director Teaching Scholars Program (2004-2007)
 Scholarship Officer Phi Kappa Phi (2010-2011)
 Public Relations Officer Phi Kappa Phi (2008-2010)
 Chair, Human Development (2007-2010)
 Co-Chair, Freshman Seminar Committee (2007-2009)
 Faculty Development Council/Instructional Development Committee (2001-2009)
 Chair, Personnel/Professional development working group for accreditation (2005-2007)
 Higher Learning Commission Self-Study Steering Committee (2005-2007)
 General Education Committee (GEC, 2005-2007).
 Campus Web Committee (2005-2007)

Equity Scorecard Evidence Team (2005-2006)
 Planning Committee for the Bachelors of Applied Studies Degree (2005-2006)
 Chair, Psychology Department (2003-2005)
 Chair, Instructional Development Council (2003-2004)
 Task force for Writing First-Contact Grants (2003-2004)
 Task force for FOCUS planning (2003-2004)
 Office of Residential Life Assessment Committee (2003-2004)
 University Committee (2004-2005)
 International Advisory Committee (2002-2004)
 Center for Biodiversity Advisory Committee (2001- 2004)
 Academic Affairs Committee (2001-2002)
 Dining Hall RFP Committee (2002)
 Awards and Recognition Committee (2001)
 Learning Initiative: Active and Integrated Learning Sub-Committee (2000)

Search and Screen Committees

Search and Screen Committee, Human Development, (2017-2018: hired Dr. Alan Chou)
 Search and Screen Committee, Human Development, (2016-2017: hired Dr. Jana Fogaca)
 Associate Vice Provost for Professional Development, Grants, and Graduate Studies (2015)
 Assistant Professor, Human Development, (2015-2016)
 Assistant Professor, Human Development, (2010-2011)
 Associate Dean Search Committee (2007)
 Search and Screen Committee, Human Development, (2005-2006: hired Dr. K. Burns)
 Interim Dean of Liberal Arts and Sciences Search and Screen Committee (2004: hired Dr. F. Hughes)
 Search and Screen Committee, Human Development, (2004-2005: failed to replace Dr. R. Logan)
 Search and Screen Committee, Human Development, (2004-2005: hired Dr. R. Martin)
 Search and Screen Committee: International Student Coordinator (2004: hired Brent Blahnik)
 Search and Screen Committee, Human Development, (2003-2004: failed to replace Dr. R. Logan)
 Search and Screen Committee, Human Development/ICS, (2003-2004: failed to replace Dr. Matter).
 Dean of Liberal Arts and Sciences Search and Screen Committee (2002: hired Dr. C. Blackshire-Belay)
 Search and Screen Committee, Human Development, (2001-2002: hired Dr. K. Vespia)
 Search and Screen Committee, Human Development, (2000-2001: hired Dr. D. Bartell)
 Chancellor's Search and Screen Committee (2001: hired Dr. B. Shepard)
 Search and Screen Committee, Human Development, (1999-2000: hired Dr. D. Von Dras)
 Search and Screen Committee: Program Manager for the Office of International Educational (1999)

General University/Departmental Service

Chair, Recruitment panel for Consortium for Applied Research (2018)
 Accreditation Working Group 3: Teaching and Learning (2015)
 Advising Task force (2015-2016)
 Faculty Co-Mentor for Dr. Sawa Senzaki (2013-present)
 Faculty Co-Mentor for Dr. Jenell Holstead (2012-present)
 Freshman Seminar Task force (2007-2009)
 President, Phi Kappa Phi National Honor Society UWGB Chapter (2006-2008)
 Faculty Mentor for Dr. Kate Burns (2006-present)
 Faculty Mentor for Dr. Ryan Martin (2005-present)

FOCUS Orientation advisor (Intro. To College, 2003-2007)
 FOCUS Registration (R&R, 2003-2014)
 Faculty advisor Psi Chi (2003-2014)
 Faculty advisor Individualized Major (2005-2007)
 Faculty advisor Psi Eta Sigma (2005-2007)
 Faculty advisor HUD/psychology club (2003-2005)
 Human Development Task force on Learning Outcomes (2005-2006)
 Institute on Race and Ethnicity Book Discussion Group (2000, 2003)
 Web Administrator for Psychology Department Web Page (2003-2005)
 Guest lectured in Herzog's Health psychology class (2005-2007)
 Guest presentation in Sutton's Non-fiction writing class and during writing workshop (2006-2007)

Community

President, Bay Area Community Council (2010)
 Howe Family Resource Center Board of Directors (2009-2011)
 President-Elect, Bay Area Community Council (2009)
 Brown County Tobacco Free Coalition, Board Member (2000-2010)
 American Cancer Society Brown County Leadership Council (2004-2006)
 Green Bay Chamber of Commerce Wellness Committee (2003-2005)
 Green Bay Pain and Comfort Team (PACT, 2000-2005)

AD HOC REVIEWER

Anxiety, Stress and Coping
Australian Journal of Psychology
Education Research Review
Health Psychology
Journal of Applied Cognition
Journal for Experimental Psychology
Journal of Higher Education
Journal of Personality and Social Psychology
Journal of Social and Personal Relationships
Learning and Individual Differences
Personal Relationships
Psychosomatic Medicine
Psychology of Learning and Teaching
Psychology of Men and Masculinity
Scholarship of Teaching and Learning in Psychology
Social Science and Medicine
Sex Roles
Teaching of Psychology
Society for Teaching of Psychology Conference & Health Psychology Conference Program Reviewer
Psi Chi Guilford Award Reviewer
Health Psychology Course _SIM University, Singapore