

# Registration

## Personal Information:

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Work Phone: ( ) \_\_\_\_\_ Home Phone: ( ) \_\_\_\_\_

Fax: ( ) \_\_\_\_\_

E-mail: \_\_\_\_\_

Organization Name: \_\_\_\_\_

Are you a certified Social Worker? [ ] Yes [ ] No

May we add your email address to the Alliance listserv, which will be used only to update you about our activities and programs? [ ] Yes [ ] No

## Register Me for

[ ] Borderline Personality Disorder, Fee: \$129

## To Register

Registration Deadline: November 6, 2009

Online: [www.uwgb.edu/outreach/profed](http://www.uwgb.edu/outreach/profed)

By Mail: Send registration form with payment to:

Outreach-CPE  
UW-Green Bay  
2420 Nicolet Drive  
Green Bay, WI 54311-7001

In Person: Register daily in the Outreach Office:

Cofrin Library 204, UW-Green Bay,  
7:45 AM - 4:30 PM, Monday through Friday

By Phone: (Credit Card Only): 920.465.2642 or toll free 800.621-2313

By Fax: (24-hour): 920.465.2643

## Payment

[ ] Fee Enclosed

Check No.: \_\_\_\_\_ Check Amount: \$ \_\_\_\_\_

[ ] Credit Card: [ ] Visa [ ] Master Card

Card No: \_\_\_\_\_

Exp. Date: \_\_\_\_/\_\_\_\_

Cardholder Name: \_\_\_\_\_

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Connecting learning to life



Critical Issues in Social Work and Counseling Practice

# Borderline Personality Disorder:

A Strength-Based Approach  
to Assessment and Treatment

## Workshop

Friday, November 13, 2009

9:00 a.m.-3:30 p.m.

## Presenter

Joan Groessl, MSW, LCSW  
MSW Field Coordinator  
and Lecturer  
UW-Green Bay

## Location

Holiday Inn, Manitowoc

## Conference Sponsors

Sponsored by the Northeast  
Wisconsin Alliance for  
Social Worker Continuing  
Education



A partnership of the  
UW-Green Bay and  
UW-Oshkosh Social Work  
and Outreach Departments.



## Workshop Overview

This workshop is designed to assist practitioners in further developing assessment and treatment planning skills, particularly with individuals diagnosed with borderline personality disorder.

The strength-based model uses a collaborative process to reinforce participant success. Material is presented with an awareness of Medicaid billable guidelines.

### Learning Objectives

#### Workshop participants will:

1. Recognize diagnostic and treatment issues related to borderline personality disorder.
2. Learn evidenced based strategies for intervention with people with borderline personality disorder.
3. Examine the benefits of collaborative process of assessment and planning which is a cornerstone of person-centered planning.
4. Develop service plans using effective/evidence-based interventions.
5. Be able to identify effective objectives for the various problematic behaviors associated with borderline personality disorder.

Find more programs designed to meet your social worker continuing education requirements on our website: [www.uwgb.edu/outreach/socialwork](http://www.uwgb.edu/outreach/socialwork)

## Workshop Outline

- I. Overview
  - a. History of Borderline Personality Disorder
    - diagnosis and behavioral review
  - b. Recent Research Related to the Disorder
    - risk factors, etiology
  - c. Research related to Treatment
- II. Change Process and Strategies
  - a. Levels of Change
  - b. Motivational Strategies
- III. Assessment and Planning
  - a. Benefits of Person-Centered Planning
  - b. Assessment and Intervention
    - i. Case Examples
    - ii. Problematic Behaviors
      - parasuicidal, cutting
- IV. Challenges and Opportunities

#### Workshop Fee: \$129

Includes CEU/CEH certificate, refreshment break, lunch, and handouts.

Cancellation Policy: A full refund, minus a \$25 processing charge, is given when cancelling 7 days or more before the event; an 80% refund, minus the \$25 processing charge is given when cancelling within 4-6 days of the event. No refund is issued 3 or fewer days prior to the event. A substitute may attend in your place. In case of low enrollments we reserve the right to cancel programs and return a full refund.

Please make your check payable to UW Green Bay Outreach-CPE. Unless otherwise requested, your cancelled check will be your receipt.

If you have a disability and desire accommodations, please advise us when you register. Thank you.

## About Our Presenter

**Joan Groessl, MSW, LCSW** is MSW Field Coordinator and Lecturer, UW-Green Bay



Ms Groessl serves students primarily in the UW-Green Bay graduate (collaborative)

social work program. She earned her Master's of Social Work from the University of Wisconsin – Milwaukee.

Joan's social work practice experience includes: Clinical Supervisor and previous Psychiatric Social Worker for the Brown County Human Services Department; Mental Health Coordinator for Kewaunee County Community Programs; and a Nursing Home Social Worker for Beverly Enterprises.

Joan has served as the President of the Wisconsin Chapter of the National Association of Social Workers and has held a number of other volunteer positions with WI-NASW. In addition, she is involved in local government (Algoma) and was voted the 2007 Volunteer of the Year by the Kewaunee County Human Services Department.



Continuing Education Units: Social Worker training programs sponsored by the Northeast Wisconsin Alliance for Social Worker Continuing Education are accepted by the State of Wisconsin as continuing education hours.

**6 CEHs/.5CEUs**