Empathy Connection Therapy
By Doug Smith and Jane Bartels

Empathy Connection Therapy openly challenges supposedly sacrosanct (one-size-fits-all) formulas of counseling, especially commonly accepted principles like the medical model, the 12-step program and cookie cutter pharmacological responses. It also openly challenges any system of therapy that emphasizes clinical distance or a therapist’s complete passivity. In clarifying the essence of Empathy Connection Therapy, Doug and Jane are relying upon over 75 years combined experience of being on both sides of the counseling relationship – counselee and counselor. They will explain, giving practical examples, how this form of counseling has helped them grow as both counselors and counselees, and how their clients have benefitted from this approach.

6.0 CEH’s in Social Work