

Mindfulness Educator Series



UNIVERSITY of WISCONSIN
GREEN BAY
Sheboygan Campus

Tuesday-Thursday, August 6-8, 2019
9-11 a.m.
UW-Green Bay, Sheboygan Campus

Sign Up Today!
\$125



100% of attendees
reported that the Mindful
Educator Series was
beneficial and they would
use what they learned
in their personal and
professional lives.

The Mental Health America (MHA) Mindful Educator Series is an engaging, interactive and comprehensive workshop for anyone who works with youth 18 and under. Created by a team of MHA Mindful Instructors, who have a culmination of various mindfulness educational backgrounds and certifications, the series encompasses different elements from their favorite evidence-based curricula. Workshop participants gain life-enhancing skills to develop their personal and professional mindfulness practice.



What participants are saying...

"I wish every teacher in our district would have attended this!"

"The energy and passion the MHA team delivered the information and practices with was super awesome... I know I will share with the people in my life."



MHA
Mental Health America
in Sheboygan County

Seating is limited. Reserve your spot today!

Visit www.uwgb.edu/profed or call 920-465-2642

Questions? Melissa Schleicher, Continuing Education Specialist | UW-Green Bay, Sheboygan Campus | 920-663-7337 or schleicm@uwgb.edu