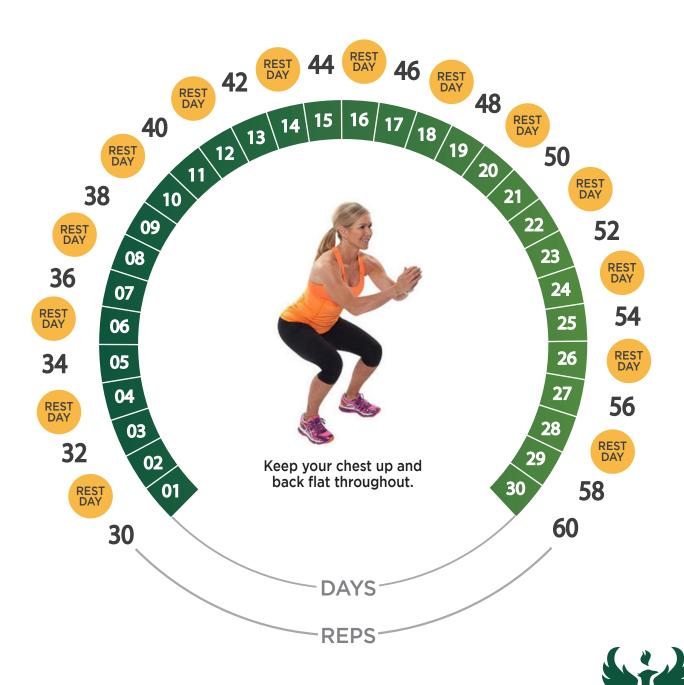
## **30 DAYS OF SQUATS**

If you want to start living a healthier life, a little movement goes a long way. Start building strong legs and glutes by committing to 30 days of squats.

New 30 day challenges offered each month!



UNIVERSITY of WISCONSIN GREEN BAY

