

**To Add a Class:** Please email the LLI office at LLI@uwgb.edu

After we receive your email, we will respond and let you know if there is still a spot available.

PLEASE NOTE: we will add people to the roster on a first come, first served basis. Thank you!

\*\*\*The LLI Office is open Monday-Thursday from 9:00am-2:00pm\*\*\*

Course #	Course Title	Date of First Class (some are multi-day)
129	Books and You	18-Aug
45	Yoga Basics For Better Living	30-Aug
91	Beginning Line Dancing	7-Sep
6	Recorders in Concert	12-Sep
9	It's a Mystery to Me	12-Sep
10	Slow Vinyassa Flow Yoga	12-Sep
11	60's: A Living History	12-Sep
48	Learn Sailing Right! Small Boat Series - Introduction	13-Sep
49	Clearing the Clutter from your Life	13-Sep
50	Continuing Issues	13-Sep
93	Healthcare Technology at Home: What Families Need to Know	14-Sep
95	You Have Something Beautiful to Share - Let's Talk	14-Sep
96	Zentangle : Blue & Gray	14-Sep
140	Botanical Gardens - Gardener's Delight Tour	15-Sep
142	Diabetes Mellitus 2022 - Pathophysiology & Pharmacotherapy Update	15-Sep
143	Group Piano	15-Sep
145	Silk Painting	15-Sep
	*New" Silarian Vineyards Tour	16-Sep
12	Interactive Alpaca Ranch Tour - Session B	19-Sep
13	Learn Sailing Right! Small Boat Series - Introduction	19-Sep
15	Wilderness Survival Series Part 1: WI Tracks, Scat, and Sign Identification	19-Sep
17	Conservation of Momentum	19-Sep
54	WWII Internment Camps	20-Sep
55	Lake Whitefish: the Fish That Made Door County Famous	20-Sep
99	Upcycling: It's Not a Trend	21-Sep
146	Birds of Prey in NE WI	22-Sep
147	Forces of Change in the Post Pandemic World	22-Sep
149	What Is An End of Life Doula?	22-Sep
150	U.P. Stories (Book Club)	22-Sep
151	Be a Blacksmith for a Day! Session B	22-Sep
152	5 Chef Secrets To Take Your Cooking From Fair To Fantastic	22-Sep
103	UW-Green Bay Golf: Competing with a Hot Team in the Cold Weather	28-Sep

104	Your Bicycle and You	28-Sep
153	The CIA and the Raising of the Soviet Union Submarine K-129	29-Sep
154	Sock Knitting	29-Sep
155	Forces of Change in the Post Pandemic World	29-Sep
158	Author of the Gospel of Matthew	29-Sep
201	iRest Introduction to Guided Meditation	30-Sep
202	Monarch Butterfly Biology and Conservation	30-Sep
60	Moose and Elk: They're Out There!	4-Oct
62	Healthy Living for your Brain and Body- Understanding Alzheimer's	4-Oct
63	Habitat Restoration and Bird Monitoring on the Oneida Nation Reservation	4-Oct
105	Climate Change and Energy Policy	5-Oct
107	Senior Living- Deep Dive Series: Senior Living 101	5-Oct
108	Your Home's Worth/Prepping for Sale	5-Oct
110	Spanish III	5-Oct
111	Basic Line Dancing	5-Oct
161	How Beethoven Changed Music Forever	6-Oct
163	Wisconsin English Dialect in the 21st Century	6-Oct
164	Habitat Restoration and Bird Monitoring on the Oneida Nation Reservation	6-Oct
64	Bay Beach Wildlife Sanctuary, Volunteering and You	11-Oct
65	Wings of Morning – Air War in Europe	11-Oct
66	Holidays! Organized Chaos	11-Oct
68	Gift Box Construction	11-Oct
69	Learning in Healthcare through Simulated Experiences	11-Oct
113	Why Should You Pre Plan and Pay For Your Funeral Ahead of Time?	12-Oct
114	Financial Wellness Empowerment - Session A	12-Oct
165	A Civil War Wonder!	13-Oct
166	Medicare: Open Enrollment Period (OEP) 2023	13-Oct
205	Songs and Fingerplays for Your Grandchildren	14-Oct
206	Skullduggery	14-Oct
28	Wilderness Survival Series Part 2: Fire Starting and Bowl Making	17-Oct
73	Myths to Allergies and Asthma	18-Oct
74	Zentangle Kaleidoscope	18-Oct
167	Nursing Role in a Changing Healthcare Environment	20-Oct
168	Prescription Drug Prices (2022 Update)	20-Oct
169	Piano Ensemble	20-Oct
170	Making Your Photos Pop Off the Page!	20-Oct
172	The 7 Ingredients Responsible For All Baking	20-Oct
208	Tour of the Automobile Gallery	21-Oct
209	The Power of Words: An Introduction to Poetry Therapy	21-Oct

210	Information and Misinformation: How Personalized Web Becomes a Web of Lies	21-Oct
31	Self Discovery With Soul Cards®	24-Oct
77	Experience the SS Badger Ferry	25-Oct
109	Writing Your Memoirs	26-Oct
116	Climate Change and Energy Policy	26-Oct
117	Your Bicycle and You	26-Oct
118	Ben-Hur and Gladiator: History or Hollywood	26-Oct
175	Great Omission of the Gospel of Luke	27-Oct
212	Before You Take A Stitch	28-Oct
213	Hospice 101 and Advance Directives	28-Oct
214	A Health Combo: A) Women's Health After 60; B) Ethnic Health Snacks	28-Oct
120	Robert Frost: America's Most Popular Poet	2-Nov
121	Advanced Line Dancing	2-Nov
176	One Quilter's Trunk Show	3-Nov
177	Financial Wellness Empowerment - Session B	3-Nov
178	Design Your Own Holiday Cards	3-Nov
179	Roadside Geology of Wisconsin	3-Nov
215	Wisdom Literature in the Hebrew Bible: Timeless Questions	4-Nov
34	From the Heart: Techniques for Reducing Stress and Building Resilience	7-Nov
35	Dirt, Sticks and Bricks 2.0: New Developments in Greater Green Bay	7-Nov
36	Tatting for the Holidays	7-Nov
80	Understanding Our Dreams: Jungian Dream Analysis	8-Nov
81	Using a Positive Approach in Dementia Care	8-Nov
82	You Have Something Beautiful to Share - Let's Talk	8-Nov
180	You Have a Hospice Benefit	10-Nov
181	Under the Robe: The Anatomy of a Criminal Trial	10-Nov
182	Tis the Season to Decorate	10-Nov
183	Any Last Words?	10-Nov
217	Putting the FUN in Functional Fitness	11-Nov
218	Solar Power in the 2020s	11-Nov
39	Running for Political Office	14-Nov
84	Karl Pflaume: A Manitowoc Immigrant Returns Home	15-Nov
85	Bullet Journaling	15-Nov
125	Winter Wildlife Survival	16-Nov
184	ADRC - Your Partner Through Life's Changes	17-Nov
185	Primacy of the Gospel of Mark	17-Nov
186	Music to My Ears	17-Nov
40	Women in World War II - Women's Air Force Support (WASP)	21-Nov
126	The Nutcracker: How an American Holiday Tradition Was Born	30-Nov
41	Look Homelessness in the Eye!	5-Dec

42	Festive Candy-Pooping Reindeer	5-Dec
43	Travelogue of South Africa	5-Dec
86	Manitowoc County Joint Dispatch Center Tour	6-Dec
128	The Nutcracker ... A Christmas Tradition	7-Dec
188	The Power of Meaning-Making: Transforming Pain into Purpose	8-Dec
221	Recorders in Holiday Concert	9-Dec