

Limit of 15 courses. Please only register for the number of classes you are able to attend, as you will be put on the roster right when you register. You may wish to have a few extra classes in mind in case your chosen classes are full and waitlisted when you register. Use the registration worksheet to help you select courses.

1	Safeguarding Our Communities
2	Brief History of the Byzantine Empire
3	Drugs in Brown County - Are Your Grandchildren at Risk?
4	It's a Mystery to Me
5	Finding Your Happy Place When the World Is On Fire
6	AmeriCorps Seniors, What's it all about?
7	Safeguarding Our Communities
8	Legal Issues in Retirement
9	Living With the Skin You're In
10	The Walleye and Musky Fisheries of Green Bay
11	1960's: A Living History
12	10 Tips for Arranging Furniture
13	Israel/Palestine Today
14	Gentle Yoga
15	Mystics of the Middle Ages
16	Tatted Flowers

17	Slow Vinyassa Flow Yoga
18	Geological Wonders of the Earth
19	Strength and Balance for Seniors
20	RV Life: "I Love It"
21	Safeguarding Our Communities
22	Women in World War II - Women's Air Force Support (WASP)
23	Healthy Living for your Brain & Body <i>canceled</i>
24	Simply Scrumptious Scones
25	Winter Tree Identification
26	Let's Talk Turkeys
27	Vegetable Gardening Tips
28	Know Your Movie Classics! A Second Look...
29	ASPIRO: Creating Opportunities for Individuals with Disabilities
30	Glass Fusion Jewelry - Session A
31	Robber Barons
32	From the Heart: Techniques for Reducing Stress & Building Resilience

33	Glass Fusion Jewelry - Session B
34	Wild Flowers of Wisconsin
35	Celebrate Spring Bounty with Chef Diana
36	Popular Songs of the Gershwin Brothers
37	Wild Edibles in Wisconsin
38	Understanding and Interpreting Aquifers and Water Quality
39	Uninvited Guests: Arthropods In Your House
40	BEER: Brewing and Packaging Beer with Stillmank Brewing Company
41	Continuing Issues
42	Volcanoes and Their Human Impact
43	Vision Board: 2022 and You!
44	Design for 3D Printing and Laser Cutting
45	You Have Something Beautiful to Share: Let's Talk
46	7 Step Chair Caning
47	Needle Felting a Pincushion
48	Make a Hanging Lamp
49	Your Bicycle and You
50	Zentangle Hearts

51	How Record Water Levels Impact Great Lakes Coastal Wetland Birds and Anurans
52	Upcycling: It's Not A Trend
53	Laser Cut Art Coasters
54	Low Carbohydrate Approach for Treating Diabetes
55	Under the Trench Coat
56	Decorating Outdoor Living Spaces
57	Digital Camera: Techniques for Web and Print
58	Sap to Syrup
59	Sugar Bush - Making Maple Syrup
60	Woodturning: How to Get Started
61	ESP Evaluation & Development
62	Birds of Prey in NE WI
63	Geocaching Adventure Lab
64	Manitowoc County Joint Dispatch Tour
65	Using Local, State, and Federal Laws to Protect the Waters of Northeast Wisconsin
66	Pastel Drawing
67	Re-districting and the Need to End Gerrymandering
68	Pollinators + Pollination + Plants = Life

69	Literary Cafes/Legendary Cafes: American Writers in Paris (continued)
70	Mixed Media Exploration
71	Wild About Waterfowl
72	Life of the Bay: The Connection of First Nations to Land & Water
73	Tour of Manitowoc's Sabbatical Brewing Company
74	Living Well with Jin Shin Jyutsu
75	Guided Walk in Baird Creek: Ecology and History
76	Behind the Scenes Look at the Weidner
77	Authentic 1850's Windmill Tour - B
78	Antarctica By Way of South Georgia
79	Zentangle in Black and White
80	Sharon S. Richardson Community Hospice Tour
81	Brewing and Sensory Analysis(tasting) A Primer
82	Health and Care of Birds and How to Attract Them to Your Yard
83	Group Piano
84	Zentangle! What is it?
85	PetSkull Brewing Company Tour
86	Any Last Words?

87	Snowshoe Walk at Woodland Dunes Nature Center
88	Snowshoe Walk at Woodland Dunes Nature Center
89	Writing Your Memoirs
90	Identifying the Drugs that are Affecting You, Your Family, and Your Community
91	Starting Your Genealogy & Getting Around the Brick Wall!
92	Your Homes Worth/Prepping for Sale
93	How Record Water Levels Impact Great Lakes Coastal Wetland Birds and Anurans
94	Of Toads and Cars: The Wind in the Willows
95	Mosquito Hill Lowland Snowshoe Hike
96	Zentangle 2.0
97	Beginning Line Dancing
98	Investigation and development of Drug Cases
99	Piano Ensemble
100	Painting With Encaustics (colored beeswax)
101	Sacred Mud: Native American Pottery Traditions
102	Shipwrecks of the Great Lakes
103	Basic Line Dancing
104	Zentangle 2.0

105	Searching Your Irish Genealogy From This Side of the Pond
106	Time to play Pinball and Video Games
107	Real Vietnam War
108	Tour Krueger International (KI): 100% Employee Owned
109	Cremation: A Hot Topic
110	Ukrainian Eggs
111	Social Isolation & The Adult Homeless Population; with Tour of St. John's Homeless Shelter
112	Elon Musk Chapter 2: Mission to Mars
113	Shipwrecks of the Great Lakes
114	Zentangles 2.0
115	Advanced Line Dancing
116	Climate Change and Energy Policy
117	Quilts of Western India
118	Climate Change and Energy Policy - Zoom
119	ESP Evaluation & Development
120	Financial Crimes Awareness & Prevention
121	Painting with Punch and Purpose
122	Woodlawn Cemetery Residents

123	A Survey of the Menominee, First Nation of What is Now Wisconsin
124	Botanical Gardens - Gardener's Delight Tour
125	Walking in the Shadow of History - Green Bay Fire of 1880 - Session B
126	U.P Stories (Book Club)
127	Books and You
128	Stand-Up Comedy: DIY at Any Age
129	Nearest Neighbors: Untangling Grief, Depression, Anxiety, and Trauma
130	Beginning Knitting: Two-Cable Hat
131	Knit a 'Top-Down' Sweater
132	Five Money Questions for Women
133	Leadership Through the Eyes of A Conductor
134	Real Vietnam War
135	The Menominee River: Past Practices, Current Conditions, Future Challenges
136	ADRC: Your Partner Through Life's Changes
137	Growing a Productive Vegetable/Herb Garden in Wisconsin
138	The DaVinci Diaries
139	Exercise as Medicine
140	Historic Homes of Manitowoc's Movers and Shakers in the Early 1900's

141	With Wings Like Eagles - The Battle of Britain
142	Health Benefits of Olive Oil and Balsamic Vinegar
143	Rise and Fall of Labor Unions in the U.S.
144	Spreading the Word, About Cheese Spread That Is!
145	Think Spring: Colorful Flower Pots
146	Power of Meaning-Making: Transforming Pain into Purpose
147	Dangers of the 21st Century World Population Bomb
148	Understanding the Basics: Social Security and Medicare
149	Biking Northeast Wisconsin
150	Protecting Our Water Resources: Planning for the Future
151	Understanding the Basics: Social Security and Medicare
152	Who was Jesus of Nazareth: Facts, Myths, & Misconceptions
153	Art of Calligraphy
154	Apostle Islands: Jewels of Lake Superior
155	Those Thrilling Days of Yesteryear: A Look At the Golden Age of Radio
156	Why Not Knot? Hand Embroidery
157	Authentic 1850's Windmill Tour - A
158	Green Armoire

159	America's National Debt Problem
160	Early History of the Green Bay Fire Department
161	Family of Jesus of Nazareth: Facts, Myths, & Misconceptions
162	Home Modifications to Keep You in Your Home Safer & Longer
163	Historical Tour of Franciscan Sisters Motherhouse in Manitowoc
164	Theatre with Readers: Very Fun to See and Do
165	Walking in the Shadow of History- Green Bay Fire of 1880 - Session A
166	Visit the Fibers & Textiles Studio at NWTC Artisan Center
167	Tour of Belgian Heritage Center
168	Spoon Bending 101
169	Astronomy: A Basic Overview for Beginner Stargazers
170	Guess Who's Coming to Dinner?
171	Green Bay Fisheries with a Focus on Northern Pike
172	D.I.Y. Stress Reduction
173	Is it Torture? Human Dignity and Solitary Confinement in American Prisons.
174	Nocturnal Animals of Wisconsin
175	Yoga Basics
176	Basic Weather: Mid-Latitude Cyclones

	177	Learn About Scams and Identity Theft
	178	Wisconsin's Best Kept Geological Secret: The Niagara Escarpment
	179	Acknowledging Wisconsin's First Nations People and Lands
	180	Life Transitions: Crisis and Opportunity
	181	UW-Green Bay Viking House
	182	Emergency Preparedness for Families
	183	STEM Innovation Center at UW-Green Bay
	184	Happiness, Hope and Healing
	185	Functional Fitness, Exercise and NKT
	186	Ethics and Biases in Artificial Intelligence
	187	Water Conservation & Pollution Prevention
	188	World's Greatest Churches Part 2

	189	Art of Thrift Store Shopping
	190	The Way We Do Death - Part 2
	191	Ending the Dropout Crisis
	192	Tour of Italy, Venice, Florence, Pisa and the Ancient Roman City of Pompeii
	193	Biking is Fun at Any Age
	194	Monarch Butterfly Spring Migration
	195	Racewalking for Lifetime Fitness
	196	Fun with Aromatherapy
	197	Creating Your Own Herbal Remedies
	198	Holy Land Holy Smoke

Information included in this catalog is accurate and current at the time of publication.

Lifelong Learning Institute reserves the right to make changes to the course schedule. Visit www.uwgb.edu/lii for the most updated course schedule.