

Comprehensive DBT Teams Collaborative, 2023 – 2024

REQUIRED MATERIALS

Below is a list of books that are mandatory for the training. The books will not be supplied and will need to be purchased prior to the training.

- 1) Cognitive Behavioral Treatment of Borderline Personality Disorder, (1993) M. Linehan
https://www.amazon.com/Cognitive-Behavioral-Treatment-Borderline-Personality-Disorder/dp/0898621836/ref=sr_1_7?dchild=1&keywords=DBT+Linehan&qid=1616596012&sr=8-7
- 2) DBT Skills Training Manual (2015), M. Linehan
https://www.amazon.com/DBT%C2%AE-Skills-Training-Manual-Second/dp/1462516998/ref=sr_1_5?dchild=1&keywords=DBT+Linehan&qid=1616595779&sr=8-5
- 3) DBT Skills Training Handouts and Worksheets, (2015), M. Linehan
https://www.amazon.com/Skills-Training-Handouts-Worksheets-Second/dp/1572307811/ref=sr_1_6?dchild=1&keywords=DBT+Linehan&qid=1616596012&sr=8-6
- 4) Doing Dialectical Behavior Therapy, (2012), K. Koerner
https://www.amazon.com/Doing-Dialectical-Behavior-Therapy-Individualized/dp/1462502326/ref=sr_1_1?dchild=1&keywords=Koerner&qid=1616596184&sr=8-1
- 5) DBT Teams: Development and Practice, (2019), J. Sayers & M. Linehan
https://www.amazon.com/DBT%C2%AE-Teams-Development-Practice-Guilford/dp/1462539815/ref=sr_1_5?crid=1IQ3L4VR9P6BZ&dchild=1&keywords=dbt+teams&qid=1616596348&sprefix=DBT+teams%2Caps%2C179&sr=8-5