

Northeast Region Crisis Grant - CAMS Learning Collaborative

For the second year, the BHTP is excited to offer this dynamic learning collaborative opportunity for behavioral health staff working in the **16 northeast region counties** who are participating in the Crisis grant. Attendees may be clinicians who deliver suicide-focused assessment and interventions, but they do not have to be. This training would be appropriate for mental health providers who are not working in this specific capacity but who would like to be "up to speed" on where the field of clinical suicidology is. It would also be appropriate for any administrators who would like to get more information about these topics as they consider the best approaches for their teams/clinics.

Participants will attend two and a half days of virtual training, and participate in 3 consultation calls, **at no cost to the county**. Receive up to 20.0 continuing education hours for participating in this opportunity!

Virtual Trainings:

Introduction to Suicidality and Collaborative Assessment and Management of Suicidality (CAMS) Care

Tuesday, January 18th, 2022 – 8:30am – 4:00pm (6.5 CEH)

The educational training is intended for any mental health provider who would like an overview of clinical suicidology and the CAMS framework. The content of the morning section of the educational training would first emphasize current epidemiology rates and commonly accepted theories of suicidal behaviors. Then, we would shift to discuss guidelines for suicide-specific assessments, suicide-focused intervention packages, and the benefits of each for addressing suicidal ideation and suicide behaviors. The afternoon section would then provide more information about the problems CAMS can specifically answer. We would first describe the CAMS philosophy and recommended practices in detail, and we'll use several video clips to demonstrate what CAMS looks like, how it hones in on "drivers," and what the average course of care entails.

CAMS Experiential Role Play

Tuesday, February 15th, 2022 – 8:30am – 4:30pm (7.0 CEH)

The experiential/role play training is especially ideal for clinicians who deliver suicide-focused assessments and interventions and who would like to foster practical skills in implementing the CAMS framework. An introduction to the CAMS philosophy and recommended practices would be offered, and the consultant would then demonstrate each with a volunteer from the audience. Participants would then have the chance to practice what was demonstrated in dyads and to get immediate feedback about any questions they might have. At the end of this training, attendees should feel comfortable administering the Suicide Status Form with patients during initial sessions.

CAMS-4Teens

Tuesday, April 26th, 2022 – 12:00 – 4:00pm (4 CEH)

The CAMS-4Teens half-day training, with Dr. Amy Brausch & Dr. Kurt D. Michael, covers multiple aspects of youth suicide risk and treatment. Participants will receive up-to-date information on prevalence rates and recent trends in youth suicide and self-harm, particularly for demographics with increasing rates and risk. Participants will also receive a brief review of the CAMS initial assessment and treatment framework, along with recommendations and numerous tips for implementing the CAMS model with teens. Issues specific to working with teens and their families are covered.

Consultation Calls:

CAMS 201: Common CAMS Troubleshooting

Tuesday, March 15, 2022, 9:00 – 10:00am (1.0 CEH)

Dr. Kevin Crowley will provide an overview of common conceptual, logistical, and practical implementation challenges reported by clinicians using the Collaborative Assessment and Management of Suicidality (CAMS) framework and offer strategies for addressing. Specific examples/questions and informal case discussion from participants are both strongly encouraged and can be discussed at length.

Writing Safety Plans and Using CAMS with Individuals Experiencing Co-Occurring Disorders

Tuesday, April 5th, 2022, 9:00 – 10:00am (1.0 CEH)

Dr. Kevin Crowley will provide an overview of safety planning/stabilization interventions. In doing so, he will compare/contrast versions of the intervention and offer practical suggestions for its implementation remotely and in person. He will also provide an overview of applying the Collaborative Assessment and Management of Suicidality (CAMS) framework in the context of co-occurring mental health and substance use presentations. Specific examples/questions and informal case discussion from participants are both strongly encouraged and can be discussed at length.

Using CAMS with Individuals with Complex Needs, Including those Living with Borderline Personality Disorder

Tuesday, May 10th, 2022, 9:00 – 10:00am (1.0 CEH)

Dr. Kevin Crowley will guide clinicians in considering the applicability and limitations of the Collaborative Assessment and Management of Suicidality (CAMS) framework for complex clinical presentations in and outside of standard outpatient settings. Research to date will be reviewed and considered through a practical, clinical lens. Specific examples/questions and informal case discussion from participants are both strongly encouraged and can be discussed at length.

Register: <https://www.uwgb.edu/behavioral-health-training-partnership/training/northeast-regional-crisis-grant-trainings/>

Meet your Instructors:



Kevin Crowley, Ph.D.

In addition to serving as a CAMS-care Senior Consultant, Dr. Kevin Crowley works as a Staff Psychologist at Capital Institute for Cognitive Therapy, LLC, and as an Adjunct Instructor at The Catholic University of America. He has conducted risk assessments, delivered suicide-specific treatments, and provided suicide-focused consultation and training through the VA Health Care System and outpatient private practices since 2010. He has also been involved in several suicide-focused program evaluations and formal research projects through The Catholic University of America's Suicide Prevention Laboratory (Washington, DC) and the Rocky Mountain MIRECC for Suicide Prevention (Denver, CO).

Dr. Crowley's research to date has emphasized brief interventions for reducing shame and suicide risk, understanding suicide "drivers," and considerations for optimizing the effectiveness of suicide-focused training. He has presented this

research and offered clinical workshops at the annual conventions of both the American Association of Suicidology and the Association for Behavioral and Cognitive Therapies.



Jennifer Crumlish, Ph.D., ABPP

Dr. Jennifer Crumlish received her Ph.D. in clinical psychology at The Catholic University of America in 1996. She completed her pre-doctoral internship at St. Elizabeths in Washington, D.C. Her interest in research started while working in the Biological Psychiatry Branch in the NIMH at NIH during graduate school.

She has taught courses in the graduate psychology program at Catholic University in psychopathology and diagnostic assessment, and supervised students in the psychotherapy program. From 2006 until 2017, Dr. Crumlish was a consultant to the D.C. Department of Human Services Adult Protective Services division and conducted capacity evaluations of adults throughout the city. Dr. Crumlish is currently an examiner for the Superior Court of D.C. Probate Division and has presented at several conferences on elder abuse in Washington D.C.

Currently, Dr. Crumlish is a partner in the Washington Psychological Center, where she provides therapy to adolescents, adults, and couples. In addition, she is the Assistant Director of the Suicide Prevention Lab at the Catholic University of America, where she has been a consultant on several randomized controlled trials of CAMS. As a Senior Consultant with CAMS-care, LLC., Dr. Crumlish has provided training in CAMS to mental health providers at multiple military posts, a state correctional organization, and local and state mental health suicide prevention organizations.



Amy Brausch, Ph.D.

Dr. Amy M. Brausch is an Associate Professor in the Department of Psychological Sciences at Western Kentucky University and is a Licensed Clinical Psychologist in Kentucky. She earned her PhD in Clinical Psychology from Northern Illinois University and has worked with issues of suicide and self-injury in adolescents and adults in both her clinical work and research program. Dr. Brausch's clinical experiences have included community mental health, public schools, university counseling centers, residential eating disorders treatment, and private practice. For a few years, she maintained a small private practice in Bowling

Green, KY for therapy and psychological testing. She has published numerous articles and book chapters related to suicide and self-injury risk factors in adolescents and young adults, as well as the overlap between self-harm and issues of body image and disordered eating. She has provided trainings for high school personnel on self-injury and suicide risk identification and prevention, as well as to staff members at university counseling centers. She also currently provides training to clinicians across the United States and internationally in the Collaborative Assessment and Management of Suicidality treatment framework as a Senior Consultant with CAMS-Care. Dr. Brausch is currently involved with two NIMH grant-funded research projects, one that tracks the development of self-injury and suicide behaviors in adolescents, and one that studies the progression of self-injury to suicide behaviors in young adults.



Kurt Michael, Ph.D.

Dr. Kurt Michael is the Stanley R. Aeschleman Distinguished Professor of Psychology at Appalachian State University (ASU). He is currently serving as the Assistant Chairperson of Psychology. He was trained at the University of Colorado – Boulder (B.A., cum laude), Utah State University (M.S., Ph.D.), and Duke University Medical Center (Clinical Psychology Internship). Dr. Michael teaches at the undergraduate and graduate levels, and his primary areas of research are school mental health, adolescent suicide assessment and prevention, psychotherapy outcome, depression, rural healthcare, and anxiety disorders.