UNIVERSITY *of* WISCONSIN
GREEN BAY

Mitigating the Harm of Minority Stress for LGBTQ Youth and Young Adults

Training Objectives:

- Review how we develop our early self-concept
  - Overview of early theorists
  - Explore ethical, cultural, psychological, and biological influences
- Discuss stress and its biological impact
  - Describe health disparities affecting LGBTQ youth and young adults and highlight the role of social determinants of health
- Introduce & Explore Minority Stress Theory
  - Explore the social, chronic and unique nature of minority stress
  - Review active & avoidant coping
  - Introduce concrete strategies for mitigating the harm of minority stress and creating inclusive and affirming space for LGBTQ healing

Fee: $35 (members); $135 (partial & nonmembers)

6.0 Continuing Education Hours

Training will be offered virtually via Blackboard Collaborate Ultra

April 19, 2021, 9:00am to 12:00pm
April 20, 2021, 9:00am to 12:00pm

Trainer: Katie Hamm, MSW

Katie Hamm, MSW is an adjunct faculty member of UW–Milwaukee's Helen Bader School of Social Welfare and consultant to nonprofits. Her teaching includes cultural diversity, human development across the lifespan, direct practice, and human sexuality among other courses. She began her human services career 27 years ago working with runaway and homeless youth in Los Angeles, California at the Los Angeles Youth Network. In 1994, Katie moved oversees to Rome, Italy, where she lived for 11 years. During that time, she worked for the American University of Rome and as an interpreter for the Rota Romana. She moved to Milwaukee in 2004 and served the community through positions at United Way, Diverse & Resilient, and Pathfinders. Her program work specializes in the areas of human sexuality, LGBTQ inclusion, youth development, and issues of racism and oppression. Katie has a solid theoretical background and extensive experience with translating research into practice. She has presented locally and nationally on issues of diversity, human sexuality, and community readiness.