

Psychopharmacology and Alternatives for Mental Health Disorders

June 15-16, 2022, 9:00am – 11:00am, daily

Virtual Learning via Zoom

Dr. David Mays

4.0 Continuing Education Hours

Day 1 – June 15, 2022

9:00am – 11:00am

The release of interesting, approved psychiatric medications has slowed considerably in the last few years. Pharmaceutical companies continue to focus on trying to find the next Prozac, but progress is slow. In the 2 hours of day 1, we will discuss the placebo effect and treatment adherence, client age and culture, and pharmacogenetic testing. We will then explore the latest research about antidepressants, including ketamine; and antipsychotics.

Objectives:

- 1) have reviewed the basic understanding of chemical treatments of depression and psychosis
- 2) be introduced to data concerning compliance with treatment and pharmacogenetic testing
- 3) learn about the possible new directions in treating depression and suicidality

Day 2 – June 16, 2022

9:00am – 11:00am

In day of this webinar on psychopharmacology we will look at drugs to treat bipolar disorder, substance abuse, ADHD, and some alternative medications in mental health, including street drugs.

Objectives:

- 1) become familiar with pharmacological treatments for bipolar disorder and substance use
- 2) understand the fundamental differences of treatments for ADHD
- 3) know how alternative medications and street drugs fit into psychiatric treatment research

\$15 members/ \$60 nonmembers



Dr. David Mays, M.D., Ph.D., is a licensed physician in the state of Wisconsin. He is Board Certified by the American Board of Psychiatry and Neurology. He has a dual appointment as a clinical adjunct assistant professor in the University of Wisc. Dept. of Psychiatry and Department of Professional Development and Applied Studies.

He is a Distinguished Life Fellow of the American Psychiatric Association, member the Wisconsin Psychiatric Association, and a member of the American Academy of Psychiatry and the Law. Over his career, Dr. Mays has practiced psychiatry in a variety of settings, including an HMO, an assertive community treatment program, private clinical and forensic practice, and as the clinical director of the forensic program at the Mendota Mental Health Institute.

Dr. Mays has received numerous awards for his teaching and clinical work, including the Distinguished Service Award from the Alliance on Mental Illness in Dane County, the Exemplary Psychiatrist Award from the National Alliance on Mental Illness, the Exceptional Performance Award from the Wisconsin Health and Family Services, the Outstanding Professional Award from the Wisconsin Association on Alcohol and Other Drug Abuse, and the Outstanding Mental Health Professional Award from the Wisconsin National Alliance on Mental Illness. He is a highly sought-after presenter on numerous topics in mental health, including psychiatric diagnosis and treatment, personality disorders, suicide and aggression risk management, mainstream and alternative treatments in psychiatry, and the biology of ethics