



The Wisconsin Trauma Project

Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) Learning Collaborative

Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)

TF-CBT is an evidence-based, short-term treatment model that effectively improves a range of trauma-related outcomes in children/adolescents, ages 3 to 18, and caregiver. TF-CBT is highly effective at improving youth posttraumatic stress disorder (PTSD) symptoms as well as many other trauma impacts, including affective (e.g. depressive, anxiety), cognitive and behavioral problems, as well as addressing the participating parent's or caregiver's personal distress about the child's traumatic experience, effective parenting skills, and supportive interactions with the child.

TF-CBT Learning Collaborative

The TF-CBT Learning Collaborative is a 12-month process comprised of:

- 5 in-person training days with TF-CBT national trainers
- 16 group consultation calls with a TF-CBT national trainer, one hour each
- TF-CBT webinar (10 hours, self-paced)
- Child Traumatic Grief webinar (6 hours, self-paced)
- TF-CBT data tracking (non-identifiable data collected by DCF) for the duration of the learning collaborative and at least one year following
- Read TF-CBT clinical implementation book: "Treating Trauma and Traumatic Grief in Children and Adolescents" provided by DCF as part of the learning collaborative

Clinicians participate in teams with a supervisor. Clinicians will learn and apply TF-CBT by implementing the treatment model with 3-5 clients. Supervisors implement the model with 1-3 clients, and participate in an additional monthly supervisor consultation call. The TF-CBT Learning Collaborative training aligns with eligibility requirements for national TF-CBT certification.

Requirements for participation in the TF-CBT Learning Collaborative

The following are requirements for participation in the learning collaborative:

- Master's-level, licensed mental health clinician (or in training)
- Routinely serve CPS-involved children and families
- Accept Medicaid and have openings for new Medicaid referrals
- Clinical focus or specialization in children and/or adolescents
- Willing and able to commit to learning collaborative requirements

Attendance at all trainings and consultation calls is mandatory. The Learning Collaborative process is interactive and requires active participation and implementation of the model. Supervisors must participate in clinical consultation calls and supervisory calls. Clinicians who treat children in the child welfare system, have demonstrated a strong interest in learning about trauma-focused and evidence based interventions, and who are prepared to make this commitment are ideal participants.



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Data Collection

Clinicians who participate in the learning collaborative are required to share non-identifying TF-CBT data with the Department of Children and Families through a secure, user-friendly database. Clinicians can expect to spend approximately 15 minutes per month entering non-identifying client data. DCF will use this data to better understand, evaluate and treat child traumatic stress and to enhance the availability, effectiveness and delivery of services statewide.

Participation Fee

DCF has secured funding to cover the majority of the costs associated with the learning collaborative. However, a fee of \$120 per clinician is required to participate in the training. This fee contributes to covering cost of two national trainers, textbooks, materials, continuing education credits, and logistics. Each participating agency (county, tribe or private) is required to pay this fee for its staff. Clinicians may incur travel-related costs, depending on the agency policies.

Wisconsin Trauma Project

The TF-CBT Learning Collaboratives are part of the larger Wisconsin Trauma Project at the Department of Children and Families. The Trauma Project works to strengthen trauma-informed care infrastructure throughout the state. The project has three components: TF-CBT training for mental health clinicians; Trauma-informed caregiver training for caregivers of children who have experienced trauma; and Organizational Systems Change. Counties and tribes can apply to participate in any component of the project.

2019 Learning Collaborative Sessions

Racine – Delta Hotel by Marriott

Learning Session Part I: March 13-15, 2019

Learning Session Part II: July 10-11, 2019

Eau Claire – The Lismore Hotel

Learning Session Part I: July 29-31, 2019

Learning Session Part II: November 13-14, 2019

Registration will be coordinated by the Milwaukee Child Welfare Professional Development System. If interested, please register via the attached link: <https://tinyurl.com/witfcbt2019>

DCF Contact:

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