### Career Exploration Badge Metadata

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| **Topic:** Understanding of major career development theories | This class includes the introduction of several major career development theories.                                                                 | Individuals who complete this class will understand and apply major career development theories.                                                                                                         | Individuals who complete this course will obtain the following knowledge and/or skills:  
- Understand how individuals make career decisions  
- Learn the specifics of major career development theories  
- Understand the historical progression of modern career development                                                                 | Individuals will be assessed using the following methods:  
- Discussion  
- Exercises  
- Quizzes                                                                 |
| Total hours: 2                                                                 |                                                                                                            |                                                                                                                                                                                               |                                                                                                                                                                                             |                                                                                                                                                                                                                     |
| **Topic:** Self-Assessment related to world of work        | This class will explore self-assessment and its relationship to career decision making and the world of work. | Individuals who complete this class will assess their own values, interests, personality, and skills as they relate to the world of work.                                                                 | Individuals who complete this course will obtain the following knowledge and/or skills:  
- Ability to understand and assess their own values, interests, personality and skills  
- Understand the role that family has influenced their interests and goals                                                                 | Individuals will be assessed using the following methods:  
- Strong Interest  
- MBTI  
- Career Locker  
- Discussion  
- Genogram  
- Career field analysis                                                                 |
| Total hours: 2                                                                 |                                                                                                            |                                                                                                                                                                                               |                                                                                                                                                                                             |                                                                                                                                                                                                                     |
| **Topic:** Academic programs & relationship with careers   | This class will explore academic programs, majors at UW-Green Bay and the relationship academic programs and majors have to careers and occupations. | Individuals who complete this class will learn more about academic options, and the relationship between education and careers.                                                                      | Individuals who complete this course will obtain the following knowledge and/or skills:  
- Better understanding of post-secondary academic programs  
- Ability to identify several occupations of interest                                                                 | Individuals will be assessed using the following methods:  
- Discussion  
- Exercises  
- Quizzes  
- Career field analysis                                                                 |
| Total hours: 2                                                                 |                                                                                                            |                                                                                                                                                                                               |                                                                                                                                                                                             |                                                                                                                                                                                                                     |
| **Topic:** Employment trends and occupational information  | This class will explore employment trends, how to use resources to research occupations and occupations that are available with a college degree. The value of internships for college students will also be explored. | Individuals who complete this class will understand employment trends in a global economy, and become familiar with the resources available to gather current occupational information. | Individuals who complete this course will obtain the following knowledge and/or skills:  
- Understand hiring & employment trends  
- Understand a global economy  
- Resources to use to gather occupational information                                                                 | Individuals will be assessed using the following methods:  
- Discussion  
- Exercises  
- Quizzes  
- Career field analysis                                                                 |
| Total hours: 2                                                                 |                                                                                                            |                                                                                                                                                                                               |                                                                                                                                                                                             |                                                                                                                                                                                                                     |
| **Topic:** Career decision making                            | This class will explore the career decision making process and how self-assessment, employment trends, career & occupational information and family history/background play a role in the process. | Individuals who complete this class will learn the elements of an effective career decision-making process that critically evaluates and synthesizes self-knowledge and options-knowledge. | Individuals who complete this course will obtain the following knowledge and/or skills:  
- Understand the career decision-making process  
- Understand and apply cognitive information processing model of career decision-making                                                                 | Individuals will be assessed using the following methods:  
- Discussion  
- Exercises  
- Quizzes                                                                 |
| Total hours: 2                                                                 |                                                                                                            |                                                                                                                                                                                               |                                                                                                                                                                                             |                                                                                                                                                                                                                     |