

THE 5 SERVICES

Academic Success Coaching

Organization & Time Management

GETTING ORGANIZED

Many students struggle with procrastination, organizing their calendars, and making sure they turn in their assignments on time.

We help students develop a weekly goal setting system, utilize a calendar effectively, and learn how to break assignments down into manageable steps to help them maintain success in their classes.

Test Taking & Study Skills

IMPROVING TEST TAKING

Test anxiety is something many students suffer from. We strive to help students develop better systems for studying, test-taking, and avoiding cramming it all in at the last minute. Students can book an appointment with us to learn some of our best tips and strategies.

ESL Support

GET ADDITIONAL ACADEMIC SUPPORT

Students who speak English as a second language may communicate at an advanced level but still struggle with managing academic content. We teach students how to take notes more effectively in lectures, use context clues to determine unknown language, and use skimming and scanning skills to improve their reading comprehension.

Technology & Education

MANAGE TECHNOLOGY WITHOUT THE OVERWHELM

We aim to help students declutter their digital life as well as learn how to use required software for their education and future careers. In recent times, online education has also been a struggle for many students so we help students get a grasp on independence and self-direction in online courses.

Navigating the Transition to College Level Learning

LEVELING UP ACADEMIC SKILLS

There is often a large gap in the level of work that students are required to do in high school versus the expectations of their university professors. We help students refine skills they may have missed in high school but are expected at the college level.

ACADEMIC SUCCESS COACHING @ UWGB

[BOOK A SESSION WITH A COACH HERE](#)