



Who We Are & What We Do

As Academic Coaches, we specialize in helping students achieve their academic goals during their time at UW-Green Bay. We help students who may feel like they are struggling to manage their course work due to challenges with time management, organization, study skills/ notetaking, or goal setting.

We also understand that many students feel overwhelmed with the transition to college or even the transition to studying remotely. Our goal is to help students make a smooth transition and receive extra support in managing technology related to academics and balancing course load.

Let's build a plan together and help you achieve your goals. Please click on the video and links below to access additional resources from our department or set up a meeting with one of us.

[Academic Success Coaching Page \(Links to an external site.\)](#)

MEET THE COACHES

Hi! My name is Kristin Espinar and I've worked with students for over 15 years. My focus has been on helping ESL students develop academic English skills, prepare for official English exams, as well as develop academic language skills to be successful at the university level. I also regularly help students create systems for managing their time and maximizing their productivity, especially in an online environment. I also believe setting a clear weekly goal-setting system can help students maximize their academic success.

[Book a Session with Kristin Espinar \(Links to an external site.\)](#)

ABOUT SAM

Hi! My name is Sam Lee and I've worked in education for over 10 years. I spent the majority of my time in the high school classroom teaching STEM courses. I helped students break down science concepts, increase science vocabulary, and develop lab skills. Also, I partnered with universities and organizations and served as a supervisor for students involved in STEM

programs. I also served as an advisor for students transitioning to college and helped students develop a growth mindset, advocate for their education, and improve study skills.

[Book a Session with Sam Lee \(Links to an external site.\)](#)

TUTORING INFO

The Learning Center (TLC) is where you can find academic tutoring, writing assistance and success coaching resources as you persist in earning a UW-Green Bay degree. All services are FREE and available for all campus locations

Student tutors will offer a blend of on-campus and virtual sessions via Microsoft TEAMS or Zoom to connect with you. Appointments are scheduled using Navigate Student <https://www.uwgb.edu/eab-navigate/student/download-navigate/> or for desktop <https://uwgb.navigate.eab.com/app/#/authentication/remote/>

Student tutors have successfully completed the courses they support and can help you navigate the course and can share best study tips

Additional online tutoring can be accessed through [Brainfuse](#) by registering for a free account

Check out [The Learning Center](#) to learn more about academic resources provided, scheduling tutoring/coaching appointments and specific hours and addresses for all four campus locations

Assistance in scheduling or accessing any of the above resources is available at The Learning Center sttutor1@uwgb.edu or 920-465-2958