

Who's Your REASON?

YOUR ADVENTURE PARTNER



On-site Health Screening Frequently Asked Questions

StayWell

1. WHO IS STAYWELL?

The State of Wisconsin has partnered with StayWell, an independent provider of health promotion programs and services. StayWell specializes in helping organizations improve the health and well-being of their participants. Since 1978 StayWell has designed and managed programs for employers throughout the United States.

On-site Health Screening

2. WHAT IS A BIOMETRIC HEALTH SCREENING, AND DO I NEED ONE EVERY YEAR?

You must complete the screening activity each year to earn the incentive. You may participate in an on-site health screening which includes measurements for:

- Blood Pressure
- Body Mass Index (BMI)
- Cholesterol: HDL, LDL and Total
- Triglycerides
- Glucose

Otherwise, if you're up-to-date with your primary care provider's preventive care recommendations, you may submit the Health Care Provider Form in place of attending an onsite health screening event.

3. WHO IS ELIGIBLE TO PARTICIPATE IN THE ON-SITE HEALTH SCREENING?

The Well Wisconsin Program on-site screening events are typically available to employees and their respective spouses who are currently enrolled in the State of Wisconsin and Wisconsin Public Employers Group Health Insurance Programs. Check with your employer or see the event details in the StayWell wellness portal for any restrictions that may apply to your location.

Employees not enrolled in the State of Wisconsin and Wisconsin Public Employers Group Health Insurance Programs are not eligible to participate in on-site health screenings.

4. WILL I HAVE OUT OF POCKET EXPENSES FOR THE HEALTH SCREENING?

On-site health screenings are provided at no cost.

If you complete the health screening activity with a visit to your health care provider, ask your health care provider and/or health care insurer if you are due for updated blood work for cholesterol and/or glucose screenings. If you are not, you may report results from a prior screening.

Be aware that copayments, deductibles and/or coinsurance may be charged to you if the screenings are not done for preventive reasons or if other health issues are discussed with your provider during your visit.

5. WHEN WILL A HEALTH SCREENING BE HELD AT MY PLACE OF EMPLOYMENT?

Availability of on-site health screenings are based on a request to StayWell from the hosting employer. If you don't see a health screening scheduled for your location, ask your employer about future plans to host an event.

6. HOW DO I REGISTER FOR THE ON-SITE HEALTH SCREENING?

To register for the health screening, create an account at wellwisconsin.staywell.com (returning visitors log into your existing account). Then click on the **Schedule Now** button located within the biometric health screening carousel slide on the dashboard.

Note: you must access the platform from the desktop site to register for a screening appointment.

7. HOW LONG WILL THE ON-SITE HEALTH SCREENING TAKE?

The on-site health screening will take approximately 20 minutes.

8. HOW WILL MY CHOLESTEROL AND GLUCOSE BE CHECKED?

The fingerstick method is used to collect a sample for cholesterol and glucose testing. This is easy and fast. You will receive immediate results and an on-site consultation with a certified health professional. The screener will "prick" your finger and place the blood sample into the CardioChek Plus analyzer. The machine automatically reads the blood and provides results within 90 seconds.

9. DO I HAVE TO FAST BEFORE THE SCREENING?

Fasting is not required but is recommended for more accurate results.

10. HOW ACCURATE IS THE SCREENING COMPARED TO A LAB TEST WITH MY DOCTOR?

Health screeners use a CardioChek Plus analyzer to process results at the screening. Results of the CardioChek Plus analyzer were compared to a direct blood draw (venipuncture), which is considered the gold-standard of patient testing. The statistical analysis showed the accuracy of the CardioChek analyzer to be very closely aligned to the gold-standard. It is important to note that it's common in both venipuncture and point-of-care (fingerstick) testing methodologies, such as the CardioChek Plus analyzer, that a participant's values can fluctuate and vary based on several factors including, but not limited to dietary, environmental and physiological factors.

Quality control checks are run on each machine prior to its use to ensure accuracy.

11. WILL I NEED TO FOLLOW UP WITH MY PHYSICIAN IF ANY OF MY SCREENING VALUES ARE ELEVATED?

At the on-site health screening, you may be asked to sign an Immediate Referral Form and you will be advised to follow up with your physician if your glucose or blood pressure values are abnormal.

Quest's physician network, PWN may also contact you via phone or via a letter (if you are unable to be reached by phone) to encourage you to follow up with your physician if your lab or on-site triglycerides or glucose values are abnormal.

12. IF I AM ADVISED TO SEEK IMMEDIATE MEDICAL ATTENTION AS A RESULT OF ELEVATED VALUES, WILL MY MEDICAL EXPENSES BE COVERED BY THE WELL WISCONSIN PROGRAM?

No. You will be responsible for all charges not covered by your health plan. The advice of the screening staff is a recommendation only and should not be treated as medical advice.

13. WHAT IF I CAN'T ATTEND A SCREENING?

If you are unable to attend an on-site health screening you may use results obtained from your health care provider by submitting a Health Care Provider Form. The Health Care Provider Form can be found at wellwisconsin.staywell.com. Click on the **Health Care Provider Form** link within the dashboard carousel or from the incentives page to download and print your form.

14. WHAT IF I HAVE A MEDICAL REASON FOR NOT BEING ABLE TO COMPLETE A HEALTH SCREENING?

Contact the StayWell HelpLine for assistance.

15. WILL I HAVE TO ENTER MY SCREENING RESULTS INTO THE HEALTH ASSESSMENT?

If you have not yet completed your 2020 health screening, you may self-report values. Once your screening has been completed, results will automatically be uploaded to your StayWell profile within 10 business days. Your screening data will be viewable in **Screening Records** section of the **Vitals** tab.

Credit from the on-site screening event will be reflected in the StayWell wellness portal within three business days.

Confidentiality

16. WILL MY SCREENING RESULTS BE KEPT CONFIDENTIAL?

Yes, all information is treated as confidential medical information. You allow StayWell, its vendors, and vendors of the group health insurance program to process this information by signing the Screening Consent Form. Your personal results will not be shared with anyone at your place of employment, Employee Trust Funds, or with the group health insurance board. StayWell administers the screenings to ensure confidentiality and is held to strict privacy and security laws.

17. WHAT IF I DON'T AGREE WITH LANGUAGE ON THE SCREENING CONSENT FORM?

You will need to sign a Screening Consent Form to participate in the screening. If you do not consent, you will not be allowed to participate. StayWell is required by law to receive employee consent prior to obtaining confidential medical information.

Additional Questions

For more information about the Well Wisconsin Program, including the \$150 incentive, on-site screenings and the free resources available to you from StayWell, visit <https://wellwisconsin.staywell.com> or contact the StayWell HelpLine at 800-821-6591.

The Well Wisconsin incentive program is a voluntary program available to employees, retirees and spouses enrolled in the State of Wisconsin Group Health Insurance Program, excluding Medicare Advantage participants who have incentives available through their health plan. The Well Wisconsin incentive will automatically be issued to eligible participants upon completing the applicable activities. All wellness incentives paid to participants are considered taxable income to the group health plan subscriber and are reported to their employer, who will issue a W2. In some cases, the Wisconsin Retirement System acts as the employer. Retirees, continuants and their spouses will have some taxes withheld from the incentive amount earned.