

# BIOMETRIC HEALTH SCREENING

## FREQUENTLY ASKED QUESTIONS

### **1. WHAT IS A BIOMETRIC HEALTH SCREENING, AND DO I NEED ONE EVERY YEAR?**

You may participate in an onsite health screening or submit a home test kit to fulfill the health check activity of the 2021 Well Wisconsin Incentive. Screenings include measurements for:

- Blood Pressure
- Body Mass Index (BMI)
- Cholesterol: HDL, LDL and Total
- Triglycerides
- Glucose

Otherwise, if you're up to date with your primary care provider's preventive care recommendations, you may submit the Health Care Provider Form in place of attending an onsite health screening event or submitting a home test kit.

### **2. WHO IS ELIGIBLE TO PARTICIPATE IN THE ONSITE HEALTH SCREENING?**

The Well Wisconsin Program onsite screening events are typically available to employees and their respective spouses who are currently enrolled in the State of Wisconsin and Wisconsin Public Employers Group Health Insurance Programs. Check with your employer or see the event details in the WebMD wellness portal for any restrictions that may apply to your location.

Employees not enrolled in the State of Wisconsin and Wisconsin Public Employers Group Health Insurance Programs are not eligible to participate in onsite health screenings.

### **3. WILL I HAVE OUT OF POCKET EXPENSES FOR THE HEALTH SCREENING?**

Onsite health screenings and home test kits are provided at no cost.

If you complete the health screening activity with a visit to your health care provider, ask your health care provider and/or health care insurer if you are due for updated blood work for cholesterol and/or glucose screenings. If you are not, you may report results from a prior screening.

Be aware that copayments, deductibles and/or coinsurance may be charged to you if the screenings are not done for preventive reasons or if other health issues are discussed with your provider during your visit.

#### **4. WHAT COVID-19 SAFETY ENHANCEMENTS HAVE BEEN PUT IN PLACE FOR ONSITE BIOMETRIC HEALTH SCREENINGS?**

- Participants are required to wear masks to their appointment
- The screening room will be limited to 10 people at a time
- Registration clerks will manage the event flow and sanitize the registration station throughout the event
- Screening providers will cleanse and sanitize supplies before and during the event, including high touch items between participants
- Screening providers will wear masks and gloves from the time of arrival through the event
- Screening providers will have temperature checks prior to the event.
  - If the screening provider has a temperature above 100.4°F, they will not work the event
- All tables will be spaced 8-10 feet apart in the screening room
- Spaces will be marked on the floor to ensure participants social distance while they wait

#### **5. WHEN WILL A HEALTH SCREENING BE HELD AT MY PLACE OF EMPLOYMENT?**

Availability of onsite health screenings are based on a request to WebMD from the hosting employer. If you don't see a health screening scheduled for your location, ask your employer about future plans to host an event.

#### **6. HOW DO I REGISTER FOR THE ONSITE HEALTH SCREENING?**

To register for the health screening, create an account at [webmdhealth.com/wellwisconsin](https://webmdhealth.com/wellwisconsin) (returning visitors log into your existing account) and click "Get Started" on the **Biometric Screening** card.

#### **7. HOW LONG WILL THE ONSITE HEALTH SCREENING TAKE?**

The onsite health screening will take approximately 20 minutes.

#### **8. HOW DO I REQUEST A HOME TEST KIT?**

To request a home test kit, create an account at [webmdhealth.com/wellwisconsin](https://webmdhealth.com/wellwisconsin) (returning visitors log into your existing account) and click "Get Started" on the **Biometric Screening** card.

#### **9. HOW WILL MY CHOLESTEROL AND GLUCOSE BE CHECKED?**

The fingerstick method is used to collect a sample for cholesterol and glucose testing. This is easy and fast. You will receive immediate results and an onsite consultation with a certified health professional. The screener will "prick" your finger and place the blood sample into the CardioChek Plus analyzer. The machine automatically reads the blood and provides results within 90 seconds.

#### **10. DO I HAVE TO FAST BEFORE THE SCREENING?**

Fasting is not required but is recommended for more accurate results. If you choose to fast, you will need to fast for 9 hours.

### **11. HOW ACCURATE IS THE SCREENING COMPARED TO A LAB TEST WITH MY DOCTOR?**

Health screeners use a CardioChek Plus analyzer to process results at the screening. Results of the CardioChek Plus analyzer were compared to a direct blood draw (venipuncture), which is considered the gold-standard of patient testing. The statistical analysis showed the accuracy of the CardioChek analyzer to be very closely aligned to the gold-standard. It is important to note that it's common in both venipuncture and point-of-care (fingerstick) testing methodologies, such as the CardioChek Plus analyzer, that a participant's values can fluctuate and vary based on several factors including, but not limited to dietary, environmental and physiological factors.

Quality control checks are run on each machine prior to its use to ensure accuracy.

### **12. WILL I NEED TO FOLLOW UP WITH MY PHYSICIAN IF ANY OF MY SCREENING VALUES ARE ELEVATED?**

At the onsite health screening, you may be asked to sign an Immediate Referral Form and you will be advised to follow up with your physician if your glucose or blood pressure values are abnormal.

Quest's physician network, PWN may also contact you via phone or via a letter (if you are unable to be reached by phone) to encourage you to follow up with your physician if your lab or onsite triglycerides or glucose values are abnormal.

### **13. IF I AM ADVISED TO SEEK IMMEDIATE MEDICAL ATTENTION AS A RESULT OF ELEVATED VALUES, WILL MY MEDICAL EXPENSES BE COVERED BY THE WELL WISCONSIN PROGRAM?**

No. You will be responsible for all charges not covered by your health plan. The advice of the screening staff is a recommendation only and should not be treated as medical advice.

### **14. WHAT IF I CAN'T ATTEND A SCREENING?**

If you are unable to attend an onsite health screening you may request a home test kit or use results obtained from your health care provider by submitting a Health Care Provider Form. Both options can be found by logging on to [webmdhealth.com/wellwisconsin](http://webmdhealth.com/wellwisconsin) and clicking "Get Started" on the **Biometric Screening** card. You may also choose to complete a routine dental cleaning visit or participate in a coaching call session to complete the health check activity.

### **15. WHAT IF I HAVE A MEDICAL REASON FOR NOT BEING ABLE TO COMPLETE A HEALTH SCREENING?**

You now have the option to also complete a routine dental cleaning visit or participate in a coaching session to meet the health check requirements to earn the Well Wisconsin incentive.

### **16. WILL I HAVE TO ENTER MY SCREENING RESULTS INTO THE HEALTH ASSESSMENT?**

If you have not yet completed your 2021 health screening, you may self-report values. Once your screening has been completed, results will automatically be uploaded to your WebMD profile within 10 business days. Your screening data will be viewable in the **Health Record** of your portal account.

**17. WILL MY SCREENING RESULTS BE KEPT CONFIDENTIAL?**

Yes, all information is treated as confidential medical information. You allow WebMD, its vendors, and vendors of the group health insurance program to process this information by signing the Screening Consent Form. Your personal results will not be shared with anyone at your place of employment, Employee Trust Funds, or with the group health insurance board. WebMD administers the screenings to ensure confidentiality and is held to strict privacy and security laws.

**18. WHAT IF I DON'T AGREE WITH LANGUAGE ON THE SCREENING CONSENT FORM?**

You will need to sign a Screening Consent Form to participate in the screening. If you do not consent, you will not be allowed to participate. WebMD is required by law to receive employee consent prior to obtaining confidential medical information.