

Mental health and safety at Aalborg University, Denmark

In Denmark, your health issues should usually be directed towards your GP. In special cases like assault or sexual assault, you should contact the police who will assist you to medical treatment.

Outside your GP's opening hours, you can contact the on-call GP, whose phone number will be provided upon calling your GP, or you can find it on www.laegvagten.dk

In case of acute emergency, call 112.

In our Survival Guide, attached above, you can find additional information regarding health and safety on pages 21-24.

Local Police Department Information

Campus Aalborg

Nordjyllands Politi (The Northern Jutland Police Department).

Tel: +45 96301448.

In case of emergency: 114.

Address: Jyllandsgade 27, 9000 Aalborg

Campus Esbjerg

Syd- og Sønderjyllands Politi

Kirkegade 76

6700 Esbjerg

Tel:+45 76111448

Campus Copenhagen

Københavns Politi

Polititorvet 14

1567 København V

Tel:+45 3314 1448

Dean of Students Information

We do not have deans of students. If students experience abusive behavior or witness it, they can turn to the university's central student guidance:

AAU STUDENT GUIDANCE:

Phone: +45 99 40 94 40 (Monday-Friday from 12-15)

Mail: studievejledning@aau.dk

<https://www.en.aau.dk/education/student-guidance/guidance/personal-issues/>

<https://www.en.aau.dk/education/student-guidance/guidance/offensive-behaviour/>

Students are also encouraged to contact an employee in their educational environment if they are more comfortable with that. All employees who receive inquiries about abusive behavior from students must ensure that the case is handled properly. Advice and help on how to handle specific cases can be obtained by contacting the central student guidance on the above contact information.

All inquiries regarding experiences of abusive behavior are taken seriously, and students can, of course, turn to them in confidentiality.

Students who need to process an experience are also encouraged to turn to the Student Priests (<https://www.chaplains.aau.dk/>), Student Counseling (<https://www.srg.dk/en>), Headspace (<https://www.headspace.dk/en>) or the Social Injury Center (<http://www.densocialeskadestue.dk/english>).

Campus Public Safety Information

Please consult our website: <https://www.hst.aau.dk/safety/emergency-first-aid/>

Counseling and Health Center Information

Normally, you should always contact your GP with any health issue, whether it is of a physical, sexual or mental character. If you do not wish to talk to your GP about sexual health, you can get free and anonymous STD testing at:

Hudlægecenter NORD - Sexsygdomme

Address: Sundheds- og Kvarterhuset, Fyrkildevej 7
9220 Aalborg Ø

Tel.: +45 98125455

Sexual Assault Center Information

We do not have sexual assault centers as such in Denmark. In case of sexual assault, call the police (Tel: 114). They will guide and assist you to the hospital, where there are counselors. The police is trained to handle victims of sexual assault.

Local clinics/hospitals with accessible psychologists or counselors

You need to contact your GP, who will then refer you to a specialist (whether it's a psychologist, a psychiatrist or other).