Register for classes at urec.uwgb.edu
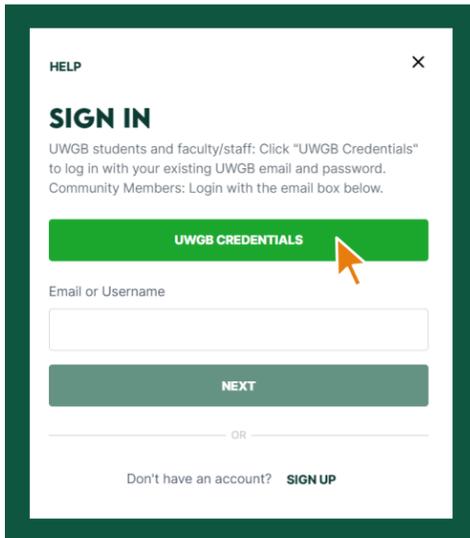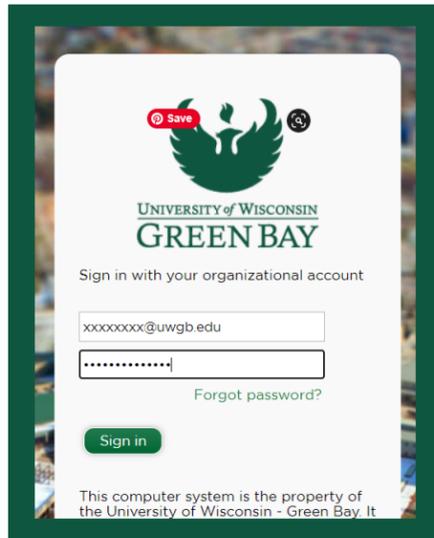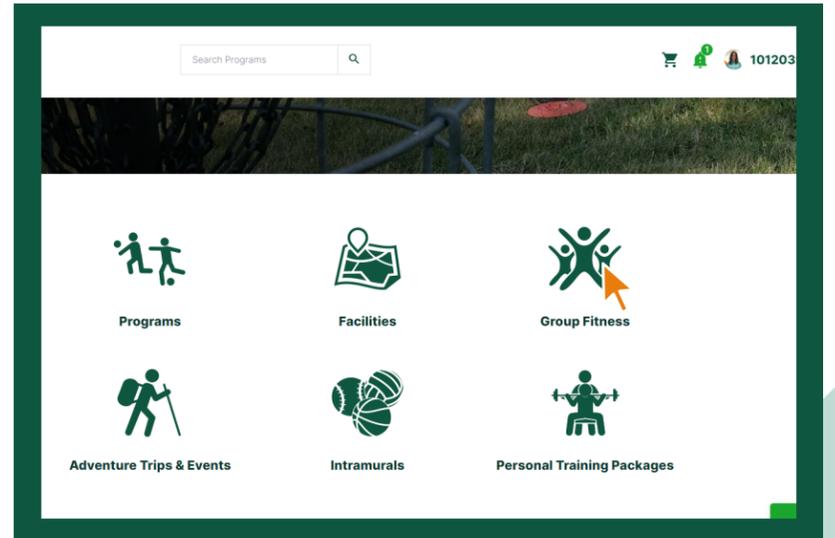
Click "sign in" and then "UREC CREDENTIALS"

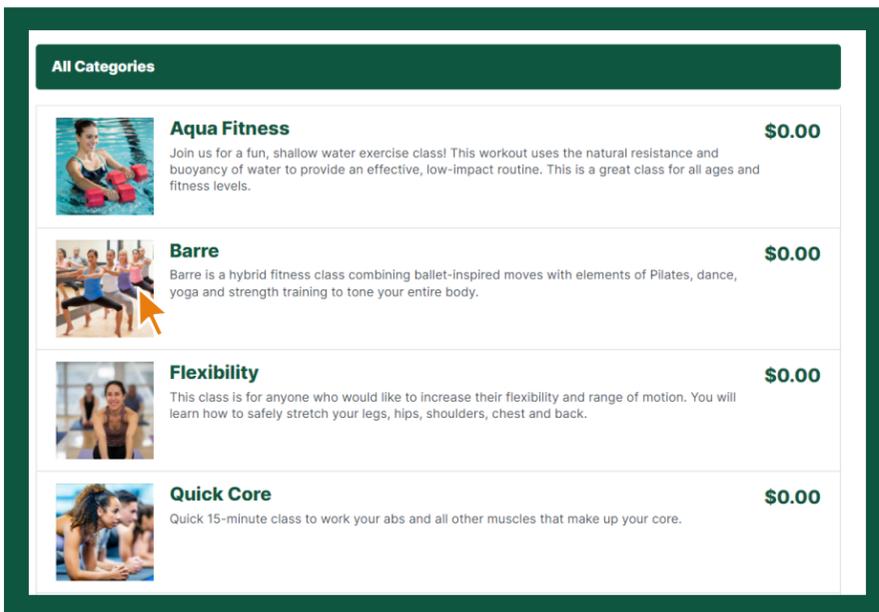Sign in with your existing UWGB email and password

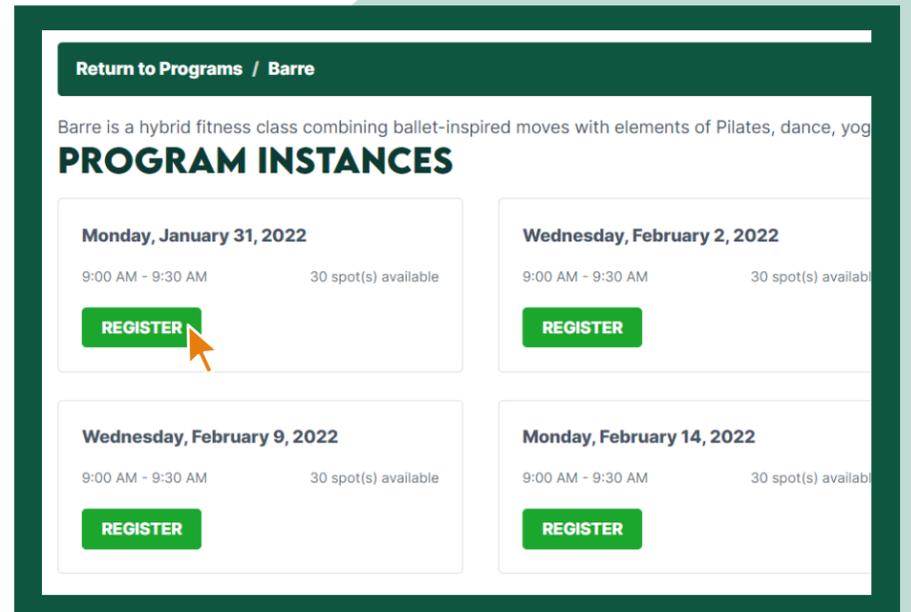Click the "Group Fitness" icon

HELP ✕

SIGN IN

UWGB students and faculty/staff: Click "UWGB Credentials" to log in with your existing UWGB email and password. Community Members: Login with the email box below.

UWGB CREDENTIALS

Email or Username

NEXT

─── OR ───

Don't have an account? **SIGN UP**

UNIVERSITY of WISCONSIN GREEN BAY

Sign in with your organizational account

xxxxxxxx@uwgb.edu

Forgot password?

Sign in

This computer system is the property of the University of Wisconsin - Green Bay. It

Search Programs 🔍   🛒 📍 👤 101203

Programs   Facilities   Group Fitness

Adventure Trips & Events   Intramurals   Personal Training Packages

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Click the class you wish to register for

Click "REGISTER" on your desired date

All Categories

Aqua Fitness $0.00
Join us for a fun, shallow water exercise class! This workout uses the natural resistance and buoyancy of water to provide an effective, low-impact routine. This is a great class for all ages and fitness levels.

Barre $0.00
Barre is a hybrid fitness class combining ballet-inspired moves with elements of Pilates, dance, yoga and strength training to tone your entire body.

Flexibility $0.00
This class is for anyone who would like to increase their flexibility and range of motion. You will learn how to safely stretch your legs, hips, shoulders, chest and back.

Quick Core $0.00
Quick 15-minute class to work your abs and all other muscles that make up your core.

Return to Programs / Barre

Barre is a hybrid fitness class combining ballet-inspired moves with elements of Pilates, dance, yog...

PROGRAM INSTANCES

Monday, January 31, 2022
9:00 AM - 9:30 AM   30 spot(s) available
REGISTER

Wednesday, February 2, 2022
9:00 AM - 9:30 AM   30 spot(s) availab
REGISTER

Wednesday, February 9, 2022
9:00 AM - 9:30 AM   30 spot(s) available
REGISTER

Monday, February 14, 2022
9:00 AM - 9:30 AM   30 spot(s) availab
REGISTER

Click "CONTINUE SHOPPING" to register for more sessions at once.
When all desired sessions are added, click "CHECKOUT" and confirm.

SHOPPING CART

ALEXANDRA WANDERSEE   **O-10307**

Item	Customer Name	Quantity	Unit Price	Total	
Program: Barre	Alexandra Wandersee	1	$0.00	$0.00	**REMOVE**
Program Instance: Mon, Jan 31 2022 9:00 AM to 9:30 AM					

Enter promo code...   **APPLY**

Subtotal: $0.00
Tax: $0.00
Total: $0.00

CONTINUE SHOPPING   **CHECKOUT**

UREC

UNIVERSITY of WISCONSIN GREEN BAY