Trauma Informed Practice

A significant majority of children and adults that become involved in our social service and behavioral health systems have been affected by trauma. Trauma can have a lasting impact on the well-being and functioning of children, adults and their families. For child welfare and behavioral health professionals, the ability to understand the effects of trauma on children, adults and families whom they serve, and to identify and address the specific trauma related needs of those children, adults and families, is critical to effective case and treatment planning and providing services to improve their lives.

This two day workshop defines trauma and its impact on the children, adults and families that are involved in child welfare and behavioral health service systems. Those attending will learn skills in integrating trauma informed case practice and trauma-sensitive interventions into their practice. The NEW Partnership and the Behavioral Health Training Partnership are partnering to present Trauma Informed Practice.

GOALS:

1. To educate child welfare and behavior health professionals about the impact of trauma on the development and behavior of children and adults
2. To educate child welfare and behavioral health professionals about when and how to intervene directly in a trauma-sensitive manner through strategic interventions, referrals and providing trauma informed case practice
3. To ensure that children and adults have access to timely, quality, and effective trauma-focused interventions and a case planning processes that supports resilience in long-term healing and recovery.

COURSE OBJECTIVES: Participants will be able to understand the term traumatic stress and know what types of experiences constitute trauma.

- Participants will be able to define the Essential Elements of a Trauma-Informed System.
- Participants will be able to understand how traumatic experiences affect brain and child development
- Participants will be able to understand how cultural factors influence how children and adults may identify, interpret, and respond to traumatic events.
- Participants will be able to identify coping responses, strengths, and protective factors that promote resilience among children and adults who have been impacted by trauma.
- Participants will be able to recognize the importance of trauma-informed practices
- Participants will be able to describe the core components of evidence-based trauma practices and treatment
- Participants will be able to identify potential strategies to support children and adults who have experienced traumatic events.
- Participants will be able to enhance child, adult and family well-being and resilience through trauma informed practices.