

**Behavioral Health Training Partnership  
Web-based Comprehensive Community Services (CCS) Modules**

Comprehensive Community Services Section:

<b>Module 1: DHS 36 Overview of CCS</b>	<b>1:18:23</b>
Chapter 1—Overview	9:26
Chapter 2—Program Requirements	11:17
Chapter 3—Consumer Services	19:40
Chapter 4—CCS Service Array	23:43
Chapter 5—Legal Considerations	7:30
Chapter 6—Client Rights and Confidentiality	6:47
<b>Module 2: Recovery Concepts and Principles</b>	<b>28:17</b>
Chapter 1—10 Guiding Principles of Recovery	12:12
Chapter 2—Recovery Oriented Systems of Care	16:05
<b>Module 3: Person-Centered Planning</b>	<b>1:20:01</b>
Chapter 1—Person-Centered Planning	30:45
Chapter 2—Writing the Plan	17:28
Chapter 3—Goals, Objectives, and Interventions	31:48
<b>Module 4: Trauma Informed Practice</b>	<b>55:18</b>
Chapter 1—Introduction to Trauma Informed Practice	6:02
Chapter 2—Types of Trauma	8:41
Chapter 3—Prevalence of Trauma	4:08
Chapter 4—Impact of Trauma/ACES	17:33
Chapter 5—Impact of Trauma on the Brain	10:05
Chapter 6—Trauma Informed Practice	3:32
Chapter 7—Trauma Informed Systems	5:17
<b>Module 5: Psychiatric (Psychosocial) Rehabilitation:</b>	<b>58:04</b>
Introduction to Psychiatric Rehabilitation	1:50
Chapter 1—Recovery-Oriented Care in Community Mental Health	3:42
Chapter 2—Overview of Psychiatric Rehabilitation	10:41
Chapter 3—Assessing Specific Areas of Adulting Skills	9:27
Chapter 4—Psychiatric Rehabilitation in Practice	32:24

Mental Health Overview Section:

<b>Module 1: Schizophrenia</b>	<b>39:04</b>
Chapter 1—Overview	7:17
Chapter 2—Anti-psychotic medications	13:12
Chapter 3—Other Treatment Approaches	10:09
Chapter 4—Crisis Considerations	8:26

<b>Module 2: Affective Disorders</b>	<b>40:10</b>
Chapter 1—Overview	12:59
Chapter 2—Treatment of Depression	11:55
Chapter 3—Treatment of Bipolar Disorder	11:56
Chapter 4—Crisis Response	3:20
<b>Module 3: Anxiety Disorders</b>	<b>19:14</b>
Chapter 1—Introduction	2:11
Chapter 2—Panic Disorder	7:30
Chapter 3—Phobias	5:58
Chapter 4—General Anxiety Disorder	3:35
<b>Module 4: Personality/Borderline Personality Disorder</b>	<b>44:39</b>
Chapter 1—Introduction	16:03
Chapter 2—Treatment Considerations	20:42
Chapter 3—Crisis Intervention	7:54
<b>Module 5: Trauma and Stressor Related Disorders</b>	<b>24:14</b>
Chapter 1—Trauma and Stressor Related Disorder	2:17
Chapter 2—Acute Stress Disorder	2:21
Chapter 3—Post Traumatic Stress Disorder	8:20
Chapter 4—Adjustment Disorder	2:45
Chapter 5—Reactive Attachment Disorder	4:28
Chapter 6—Disinhibited Social Engagement	4:03
<b>Module 6: Obsessive Compulsive Disorder</b>	<b>7:17</b>
<b>Module 7: Substance Use Disorders</b>	<b>38:10</b>
Chapter 1—Alcohol, Abuse and Dependence	18:03
Chapter 2—Cannabis	5:25
Chapter 3—Stimulants	8:17
Chapter 4—Opiates and Opioids	6:25

Children’s Mental Health Overview Section:

<b>Module 1: Anxiety Disorders</b>	<b>20:28</b>
Chapter 1—Introduction	3:05
Chapter 2—Generalized Anxiety Disorder (GAD)	2:18
Chapter 3—Separation Anxiety	3:32
Chapter 4—Specific and Social Phobias	6:32
Chapter 5—Panic Disorder	5:01
<b>Module 2: Children and Depression</b>	<b>14:34</b>
Chapter 1—Depression in Children and Adolescents	10:06
Chapter 2—Treatment and Recovery	4:28

<b>Module 3: Bipolar Disorder in Children</b>	<b>23:44</b>
Chapter 1—Bipolar Disorder	8:15
Chapter 2—What is it Like?	5:59
Chapter 3—Common Treatment Modalities	2:55
Chapter 4—Family and Caregivers	6:35

<b>Module 4: Disruptive, Impulse Control, Conduct Disorder</b>	<b>23:44</b>
Chapter 1—Introduction	3:50
Chapter 2—Oppositional Defiant Disorder	7:36
Chapter 3—Conduct Disorder	7:08
Chapter 4—Intermittent Explosive Disorder	5:10

<b>Module 5: Attention Deficit and Hyperactivity Disorder (ADHD)</b>	<b>17:46</b>
Chapter 1—Introduction	3:51
Chapter 2—Diagnosing ADHD	4:09
Chapter 3—Causes	2:44
Chapter 4—Co-existing Conditions	2:21
Chapter 5—Treatment	4:41

<b>Module 6: Obsessive Compulsive Disorder in Children</b>	<b>4:59</b>
--	-------------

Crisis Management:

<b>Module 1: Engage or Enrage – Crisis De-Escalation</b>	<b>1:44:39</b>
Chapter 1—What is a Crisis Situation?	16:39
Chapter 2—The Crisis Volcano	6:57
Chapter 3—Active Listening	16:51
Chapter 4—Active Listening Demonstration	4:52
Chapter 5—Supportive Strategies	17:21
Chapter 6—Be a SMaRti	16:38
Chapter 7—SMaRti Demonstration	8:39
Chapter 8—Cooling	16:42

<b>Module 2: Understanding Suicide Risk</b>	<b>57:04</b>
Chapter 1—Introduction	13:36
Chapter 2—Risk Assessment	8:37
Chapter 3—The Ones We Miss	17:50
Chapter 4—Voluntary and Involuntary Care	14:03
Chapter 5—Summary	2:58

Self-Care Section:

<b>Module 1: Secondary Traumatic Stress</b>	<b>42:48</b>
Chapter 1—Introduction	2:30
Chapter 2—Burnout	1:56
Chapter 3—Secondary Traumatic Stress	3:19
Chapter 4—Differentiating Between Burnout and STS	2:17
Chapter 5—Helping Professionals Vulnerable to STS	3:30
Chapter 6—Impact of STS	2:16
Chapter 7—Moral Injury	19:26
Chapter 8—Coping Strategies	3:52
Chapter 9—Other Resources	3:42

**Total time: 13:42:37 + Quizzes (140 questions)/Review: ~2:20:00 = Course Total: 16.0 Continuing Education Hours**