

**University of Wisconsin – Green Bay
University Staff Fall Conference Agenda
Friday, September 22, 2023
Tundra Lodge Resort Waterpark & Conference Center**

“Fostering Positivity in the Workplace”

7:30am – 8:00am	Registration	Outside the Michigan & Superior Rooms
8:00am – 8:30am	Breakfast-Incl	Michigan & Superior Rooms
8:30am – 9:00am	Introductions	Michigan & Superior Rooms – Sara Chaloupka & Jennifer Buhr
	Welcome	Michigan & Superior Rooms – Michael Draney SOFAS for UWGB
9:00am – 10:15am	Session I	Keynote Michigan & Superior Rooms – Liz Moldenhauer <i>The Positive Light</i>
10:15am – 10:30am	Break	
10:30am – 11:45pm	Session II	Breakout Sessions <ul style="list-style-type: none">• McKinley Room– Liz Moldenhauer <i>Hardwiring Positivity into Everyday</i>• Ontario Room– Fue Lee <i>Adapting Self-Compassion and Behavior Activation to Nurture Positivity in Your Environment</i>• Huron Room– Christine Smith <i>Positive Psychology: The Science of Happiness</i>
11:45pm – 12:45pm	Lunch-Incl	Michigan & Superior Rooms
12:45pm – 2:00pm	Session III	Breakout Sessions - <ul style="list-style-type: none">• McKinley Room– Jay Gubrud <i>Speed Traps, Pot Holes and Idiots – Eliminating everyday roadblocks to your success.</i>• Ontario Room – Chanel Bradford, Alexa Bentley & Rachel Zerona <i>Setting Physical Activity Goals to Achieve Positive Mental Health Benefits</i>• Huron Room – Brian Merkel <i>Paying it Forward</i>
2:00pm – 2:15pm	Break	
2:15pm – 2:30pm	Session IV	Michigan & Superior Rooms– Alex Wandersee <i>Reset Your Posture</i>
2:30pm – 3:45pm	Session V	2 nd Keynote Michigan & Superior Rooms- Jay Gubrud <i>Rev Up Your Relationships – Promoting Positivity</i>
3:45pm – 4:15pm	Closing	Michigan & Superior Rooms- UWGB, USPDC <i>Thanks for coming!</i>

Hope to see you next year <https://www.uwgb.edu/university-staff-governance/>