What our students say...

Growing up in a non-English speaking and single parent household living below the poverty line, Upward Bound propelled me to become the first person in my family to receive a BA and a MA degree and break the cycle of poverty that I was destined for. I now have an education and a great job and am buying my very own house this year! Thank you Upward Bound!

SENG VAJ
UB Class of 2006

I was clueless about college before Upward Bound. They helped me apply to school and receive financial aid. They were there to answer my questions and motivate me when things got hard in school. I was able to travel around Wisconsin and other states to tour different colleges. That's something I would have NEVER done if it weren't for Upward Bound.

ABI SOLANO
UB Class of 2013

Upward Bound really paved the way for my academic career, it taught me to give back to my community. I was lucky enough to help other students of color and low-economic status through other programs and draw from my personal experiences. With the right mind set, work ethic and determination Upward Bound can help you reach your goals! It was not easy but it was so worth it!

AMANDA RODRIGUEZ GARCIA
UB Class of 2009

Being a first generation college student was a complete mystery but Upward Bound guided me through the entire process. If it hadn’t been for everyone at Upward Bound I wouldn’t be at my dream school doing something I hadn’t even imagined before joining.

VICKI VILLARREAL
UB Class of 2015

As a first generation/low income student, who had absolutely no idea what I was going to do in life, UB gave me the tools and resources I needed to be empowered. I recently got accepted in the MSW program at UW-Green Bay, I deployed for 9.5 years in the Army National Guard. Do re to dream! Never let the naysayers bring you down. You can achieve the dreams you want through hard work, dedication and learning.

JOEL DINY
UB Class of 2009

Upward Bound helped me become a braver and more self-confident person...I would do this program all over again if I could go back!

MERISA MCCMICHAEL
UB Class of 2011

Upward Bound helped me more than I ever thought when in the program. I am looking at going into higher education so I can give back the knowledge I gained by going through Upward Bound.

JESSICA CONKLIN
UB Class of 2013

For further information:
Contact a guidance counselor at Green Bay East, West, Preble or Southwest High School

Contact us by mail:
Upward Bound, Student Services Building 1721, University of Wisconsin-Green Bay, 2420 Nicolet Drive, Green Bay, WI 54311-7001

Contact us by phone: 920-465-2989

Visit our website:
www.uwgb.edu/upward-bound

www.facebook.com/uwgbub
@UpwardBoundUWGB

The Upward Bound program is 100% federally funded at $330,000 as part of the federal TRIO programs sponsored by the U.S. Department of Education.
What is Upward Bound?

Upward Bound (UB) is a program that recruits academically focused high school students and prepares them to enter a college or university and successfully complete studies there. It succeeds when its graduates assume leadership roles in their own communities.

The University of Wisconsin-Green Bay’s Upward Bound program was founded in 1990 and functions under a TRIO grant from the United States Department of Education. It is one of nearly 1,000 Upward Bound programs in the United States and part of an even larger TRIO pipeline designed to help open up access to educational opportunities and college graduation to all capable students.

Who is eligible?

A student is eligible for the Upward Bound program at UW-Green Bay if he or she:
- is a U.S. citizen or permanent resident
- is from a home where the parents’ income meets the criteria defined by the U.S. Department of Education, OR where neither parent has completed a four-year college degree
- is in the process of successfully completing the 8th grade OR is in 9th or 10th grade at East, West, Preble or Southwest High School in Green Bay
- has a GPA of 2.5 or higher

What is the goal of Upward Bound?

College enrollment and graduation for students who would not otherwise go to college or receive a degree.

Enrollment in the Upward Bound program is limited.

Preference is given to students who demonstrate strong motivation to learn, a good record of academic achievement, and the desire to work hard to be successful.

What does Upward Bound offer?

**Tutoring** to help maintain good grades in high school.

**Campus visits** to universities to help you compare them and make an educated choice.

**College placement workshops** to prepare for university entrance examinations (ACT/SAT), assist with college applications and financial aid forms.

**Career development experiences** to help identify career goals and begin preparing to fulfill them.

**Personal counseling** to provide support for the social and academic problems you may encounter in high school or at home.

**Social/cultural activities and trips** to broaden your experience and enhance social and leadership skills.

Six weeks on campus each summer to introduce you to campus life, campus facilities, and precollege academic courses through a structured, residential experience.

**Summer instruction** in mathematics, science (including lab experience), reading and writing to accelerate your learning, help you prepare for college, and help you increase your GPA.

**Summer work study placements** to provide a paid opportunity to explore careers that require a college degree.

**College credit** sponsored by Upward Bound the summer following your high school graduation. As the final phase of your Upward Bound experience, you will enroll in the Summer Bridge program. During this time, the staff will assist your transition from high school to college. Assistance with earning dual enrollment credits.

What is your commitment?

**Student Commitments**

As an Upward Bound applicant, are you willing to give your very best at all times?

Each Upward Bound student should be willing to:
- make a commitment to participate in the program from the time of acceptance through high school graduation, and the goals of the Upward Bound program
- work hard to remain in good academic standing in high school
- fully participate in the six-week academic summer program at UW-Green Bay
- attend weekly after school tutoring labs, participate in monthly program events, and take pre-college courses

Getting into and staying in Upward Bound are not easy. But for students who want success, Upward Bound has a caring staff and challenging programs to help them achieve their goals.

**Parent/Guardian Commitments**

Parents/guardians must be willing to partner with Upward Bound staff to:
- help assure their student develops the strong foundation of self-confidence, responsibility, and self-discipline he or she will need to succeed in high school, college and life
- support and encourage their child’s participation in the program
- consider program schedules and needs as the family makes plans and schedules
- help to ensure the student’s success by monitoring academic progress, encouraging study time every day, and visiting schools and meeting with teachers
- assist with raising awareness of the Upward Bound program through events in the local community